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Ladda Thiamwong
University of Central Florida

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My historically disadvantaged background: Curation for Inspiration

Ladda Thiamwong, PhD., RN

College of Nursing, University of Central Florida, Orlando, FL
My historically disadvantaged background:

**Curation for Inspiration**

a first-generation college graduate, a rural low-income community, and a poorly rated school system

- To share my strategies and passion for nursing and inspire the minority students or nurses who are interested in being a faculty or researcher.

- **To enhance nursing students attitudes toward older adults care.**
I am a non-Hispanic Asian nursing faculty member, relocated from Thailand three years ago. According to the American Association of Colleges of Nursing, only 14 percent of full-time nursing faculty members are from racial or ethnic minority groups. From my knowledge, there are only a few full-time nursing faculty from Thailand and only I graduated outside the US educational system.
In 2050 one person in three will be over 65 and one person in ten will be over 80.

2012 - 11% of the world’s 6.9bn people are over 60.

2050 - 22% of the world’s 9bn people will be over 60.

Between now and 2050 the fiscal burden of the crisis will be 10% of the ageing-related costs. The other 90% will be extra spending on pensions, health and long-term care.
Should we worry?

- Every day, 10,000 people in the United States turn 65 (CDC, 2015).
- The U.S. Census Bureau estimates that 32.5% of Florida’s population will be 60 and older by the year 2030 (AOA, 2012).
- Whereas health care providers encounter the large number of older patients, there are limit healthcare professional trained in gerontology and geriatrics (Institute of Medicine, 2008).
To ensure that nursing students are competent in caring for the older adults.
Competence

Knowledge

Skills

Attitude
THINKING

ATTITUDES & BELIEFS

RESULTS

BEHAVIORS
KNOWLEDGE & SKILLS

ATTITUDE

KNOWN TO OTHERS

UNKNOWN TO OTHERS
Your attitude is like a price tag, it shows how valuable you are.
Nurses’ attitudes toward older adults impact quality of care and patient outcomes. Framing a positive attitude in nursing students during an education process is critical since it is the preparation of the workforce to meet the needs of the global aging population.

Nursing professionals are the largest segment of the nation’s health workforce and at the forefront of primary health care delivery. I want to expand my ability to improve health outcomes for underserved older adults through early screening and identification of individuals at risk for fear of falling and falls.
I am a first generation college graduate and had to deal with several challenges but I overcame these hardships and succeeded.
I was born at home with an uncertified midwife where high maternal mortality rates were prevalent. I was raised in a nuclear family when cultural norms suggested that girls had less opportunities to attend school than boys. I lived in a rural area with many difficulties such as no electricity, no clean drinking water, no public transportation, and no telephone.
Thailand has been ranked poorly among the ten ASEAN countries for school and education system. Students were spoon fed by teachers with less freedom in student’s decision-making. The shortages of resources and quality of teachers and teaching had important consequences to my life. I became a driven and motivated self-learner. I learned how to move on from negatively towards positively. The practice of dedicated, consistent self-study is the most important accomplishment of my personal development.

My mother believes in the power of education, supported me the best she could and sympathized with my struggles. She is my role model: an optimistic and a hard-working woman. She motivates me not to give up, believes in people and is always respectful to others.
I am pursuing an academic career because it is gratifying to influence not only the students in my courses, but all the patients they will care for and the next generation they will teach in the future.
A major challenge to nursing education is to find ways for engaging nursing students in the care of older adults in global aging.
My historical disadvantaged background keeps me rooted in a personality of strong work ethic, frugality, and diligence. For almost 20 years, I have been working with low income and illiterate Thai people in rural communities to meet their health needs.
To involve older adults in the low sodium diet cooking activities
Community service based on research results
Community service based on research results
A caring model of older adults and vulnerable persons on natural disaster
at Hauipan Village, Krungching Sundistrict, Noppitum District, Nakhon Si Thammarat, Thailand,
Area Based Collaborative Research (ABC).
Villagers band together to put up an improvised bridge after the concrete bridge which was in its place was swept away in floods and a mudslide.
Soldiers take an elderly person by stretcher to a helicopter, which airlifts the sick and the elderly from Krung Ching subdistrict.

Soldiers evacuate villagers by helicopter

http://www.bangkokpost.com/photo/photo/230014/helicopter-evacuate-villagers
Volunteers help with the distribution of dried food brought to landslide-stricken areas of Ban Krung Ching aboard an army transport helicopter.

Villagers band together to put up an improvised bridge after the concrete bridge which was in its place was swept away in floods and a mudslide. The bridge crosses Khlong Long, linking villages in tambon Krung Ching with the downtown area in Nop Phi Tham district.
Assessment needs and understanding perspectives on disaster preparedness
Action by training and creating community engagement
Cultural Sensitivity Issues: Sarong (ผ้าถุง) & Cloth CLOTH (เสื้อคอกระเช้า)
Thailand is a developing country rooted in hospital/specialist care, yet seeking ways to improve overall quality and cost-effective health care for its citizens. Low-income older adults have limited access to quality care. Working with limited healthcare resources and fragmented services, required several strategies and perseverance.

I consider myself a compassionate, enthusiastic, and collaborative team member who enjoys working with diverse cultures and the underserved population.
Encourages students to develop self-awareness of how they learn and adaptive attitudes toward older adults in their clinical practice and workplace.

I will provide inspiration to others who want to dedicate him/herself to excellence in gerontology and nursing research.
Working Transition from Thailand to USA
From Nursery care to Mercy hospital to Henderson State University, and then to UCF

I faced multiple barriers to entering nursing education and profession in Thailand and in the US. My goal is to share my success strategies and passion for nursing and inspire the minority students or nurses who are interested in being a faculty or researcher.


3. Est. (การเรียนรู้) จะมีการใช้ในทั้งหมดเกี่ยวกับกลไกการทำงานของระบบการยับยั้งการเรียนรู้และหลักการสำคัญในการเตรียมตัวสอบ NCLEX-RN.

Heart sounds: 53= Heart fall-fail (3 syllables); 54=Hyper-tension (4 syllables)

The effects of anticholinergics:

Can't see
Can't pse
Can't spit
Can't--defecate (Poop)
Given these circumstances, I am proud of the social and financial obstacles I have overcome to achieve the honor of being a nursing faculty. I feel that these experiences, while obviously challenging, have provided me with valuable opportunities for growth and insight into the plight of other socio-economically disadvantaged individuals in our healthcare system.

I am confident that my historical disadvantaged background enhances my vision and ability to improve the health of diverse and underserved older populations. Ultimately I hope to understand and eliminate health disparities.