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## CARA Quarterly Evaluation Report

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# CARA Quarterly Evaluation Report

November 20, 2020



UCF Institute for Social and Behavioral Sciences

Dr. Amy Donley  
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# Evaluation

- The grant has 3 overall goals each with measurable objectives
- Compiled data from a variety of sources to measure progress towards these goals
- Overview for presentation

# **Goal 1: Reduce the number of Opioid/Heroin overdoses in Orange County**



**Measurable Objective: Train and equip law enforcement/ first responders with FDA approved nasal spray naloxone and measure the impact of training law enforcement agencies to reduce opioid overdose deaths.**

76 Narcan doses were distributed to law enforcement in the third quarter of 2020.

1,880 Narcan doses were distributed to law enforcement in the first and second quarter of 2020.

**Measurable Objective: Enhance the existing first responder naloxone programs to measure the impact of providing additional doses of naloxone for agencies currently implementing the program.**

Project Narcan Leave Behind kits include a Narcan 4 mg dose and a Recovery Resource pocket guide.

The guide includes information on how to administer Narcan and community treatment resources.

750 Project Leave Behind Kits were distributed to Fire Rescue and hospital social workers in the third quarter of 2020.

**Measurable Objective: Increase the number of key community sectors training on opioid overdoses prevention and Naloxone and measure the impact of training stakeholders to reduce opioid misuse.**

- 10,000 postcards that promoted where to get Narcan were mailed to 18-25-year-old residents near the University of Central Florida main and downtown campuses in the third quarter of 2020.
- No data post February 2020 due to COVID-19—424 Orange County community stakeholders received training from the Drug-Free Office on how to administer Narcan in the first quarter of 2020

## **Measurable Objective: Increase community awareness on overdose prevention and the Good Samaritan law (1/2).**

- Several efforts were made to increase community awareness. These include:
- Information about the 911 Good Samaritan Law was disseminated through 15 and 30-second advertisements posted on media outlets in the third quarter of 2020.
- The *ACT because you Care* digital bystander intervention campaign aimed at young adults was developed in the third quarter of 2020. ACT is an information dissemination and skill building strategy to help recognize signs of acute intoxication.

## **Measurable Objective: Increase community awareness on overdose prevention and the Good Samaritan law (2/2).**

- 10,000 postcards that promoted ACT were mailed to 18-25-year-old residents near the University of Central Florida main and downtown campuses in the third quarter of 2020.
- 15,000 postcards that promoted securing prescription medications stored in homes were mailed to parents of teenagers in the third quarter of 2020.

**Goal 2: Reduce the number of  
opioid/heroine overdose deaths  
in Orange County.**

# Measurable Objective: Number of opioid/heroin fatalities and measure the reduction in morbidity rates.

Year	Heroin-Related Deaths	Fentanyl-Related Deaths	Fentanyl Analogue-Related Deaths	Total
2020 (to 10/26)	29	226	4	259
2019	56	235	28	319
2018	52	206	71	329
2017	55	125	87	267
2016	66	68	28	162

**Goal 3: Establish processes and protocols for appropriate referral to treatment.**

**Measurable Objective: Number of suspected opioid overdose individuals referred to treatment services by participating emergency department outreach coordinators/navigators and measure the impact of engagement in treatment reduces opioid/heroin related ED visits.**

- In July-September, Orlando Health and Advent Health reported seeing 475 patients.
- Of these, 218 engaged in treatment (45.9%).

**Measurable Objective: Number of suspected opioid overdose individuals contacted for follow-up services by outreach coordinator/navigator and measure the impact of engagement in treatment and reduction in opioid/heroin-related overdoses and measure the impact on behavioral health disparities among the disparate populations.**

- In July-September, Orlando Health and Advent Health reported seeing 475 patients.
- Of these, 311 received education on treatment options (65.5%).



**Measurable Objective: Number of first responders provided with treatment resource packets for suspected opioid overdose victims and families and measure the utilization of opioid treatment programs.**

- 500 Recovery Resource pocket guides were provided to Orange County Fire Rescue in the third quarter of 2020
- 250 Recovery Resource pocket guides were provided to area hospitals in the third quarter of 2020

**Measurable Objective: Number of calls and access to United Way's Information Helpline 211 and Opioid Texting Program for substance abuse treatment and measure impact on treatment services through Central Florida Cares Health System (1/2).**

**211 Contact Data for Orange County (includes phone, 2-way/live text, chat and email interactions):**

- Total estimated 211 substance use related calls for three quarters in 2019: 421
- Total 211 substance use related calls for three quarters in 2020: 374

**11% decrease in 211 call volume for substance use related services from 2019 to 2020**

**Measurable Objective: Number of calls and access to United Way's Information Helpline 211 and Opioid Texting Program for substance abuse treatment and measure impact on treatment services through Central Florida Cares Health System (2/2).**

**Opioid Automated Text Program Data for Orange county (includes one-way/automated text referrals):**

- Total estimated 211 opioid use related texts for three quarters in 2019: 37
- Total 211 substance use related calls for three quarters in 2020: 6

**84% decrease in 211 text volume for opioid use related services from 2019 to 2020**

**Thank you!**

