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Lochmede

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LOCHMEDEK

Vol. I.

WINTER PARK, FLORIDA, FRIDAY, JULY 29, 1887.

No. 5.

THE GARDENS OF THE HESPERIDES.

When the first frost paints, with singular fidelity, a Florida hamack on the window pane, the invalid and tourist searches his maps to learn some more about Florida. The stale legends of Ponce de Leon, and the much abused Melendez and his rival pall upon a fastidious appetite. "*Tonjours perdrix*," growled the French bon vivant over his hundred and forty-fourth partridge. Let us see if we cannot do a little generalizing about Florida that will help the traveler to an independent opinion of its character and climate.

From a central point in its interior, about the latitude of Cape Canaveral, a hundred and eighty degrees east or west puts the point of the compass a little south of Lucknow, on the sub-peninsula formed by the Ganges and Brahmapootra. The two countries are very much alike. As the earth heels upon itself on our Gulf, swinging the wide loop of the equatorial current north and east, the great Asiatic current turns from its counter point, about the Indian coast, into the Japan current. The co-tidal wave, from its remote origin in the southwest Pacific strikes, like a great clock, at the same hour on the coast of Hindostan and Florida. There is a corresponding physical likeness in the delta formed by these massive streams, to our Florida Everglades, that is repeated in the Run of Cutch at the mouth of the Indus. That these great alluvial plains should be characterized by a similarity in soil, climate and vegetation is the result of prime physical laws. Ninety degrees either way puts the point of the compass on the meridians of the Pacific Isles and the Mediterranean basin.

THE SOIL.

We may draw a more exact conclusion of the nature of the soil, in these favored latitudes, from the U. S. Consular reports on orange culture; for the vegetable production is the land's own expression of its nature. "The

orange does best," says the report from Porto Rico, "in a sandy soil." The soil of Valencia in Spain is described as "tribasic, cretaceous, with a strong admixture of sand, clay, loam." In Andalusia is "40 per cent. of sand." In Sidon, Asia, "light red, dark loam, sandy and clayey soils." In Morocco, "the orange grows luxuriantly in the sand." The soil of Florida is like that, cretaceous, tribasic, sandy, sometimes a loam and passing into a marl on the west coast or on low, shoaly rivers; but oftenest a sandy loam adapted to orange culture.

GEOLOGY AND TOPOGRAPHY.

The base of the system is the underlying secondary orbitoidal limestone, bearing fossils of the same species found on the Run of Cutch, at the mouth of the Indus. The formation is sand or marl, over the rotten limestone, superimposed by the characteristic orbitoidal limestone. The overlying loam or marl is strongly impregnated with iron and sulphurets. There is a strong likeness in this chalk, to the soil about Rome, even to the thermal springs, depositing travertin, found on Tampa bay, and sunken lakes and pools, like classic Fucinus. Julius Caesar was planning to drain when *Tu Brute* made a point against him. Shells, *Meandrina*, *Pyrula*, *Cyrena*, *Venus*, *Mercatoria*, are found in the chalk rim of the great basin of Okeechobee and the Everglades; and the fossils of the tertiary in the valley of Peace Creek, include mammoth, mastodon, with bones of the manatee and huge birds. The watershed, over hidden veins, permeating the dark underground aqueducts and corridors, with massive currents bursting out in full head at Wakulla, at Hoosier and Clay Springs in Orange, or disgoring at sea, suggests a curious resemblance, as if the surface reflected the scenes below. The dynamics of the system is very simple. The long peninsula, hung like an ear of Indian corn to the continent, is subdivided in low shallow terraces. On and over these the water drops and pools, permeating the light, spongy soil, and falling again to a second low plateau, or catch basin, to be again stored and dispersed. It has resulted in bodies of water so numerous, so

clarified by the light, porous soil, as to seem incredible for beauty and number. Each chosen area affects to be peculiarly blessed; yet, when we find 800 pools, from a surface of forty acres to several hundred square miles in Orange county alone, the peculiarity is less striking. But this characteristic is mainly limited to areas north of latitude 29° north. The general form of the State is that of a carpenter's square, fifty or sixty miles wide by 366 miles from Rio Perdido to Fernandina, and of a like depth to the Keys.

CLIMATE OF FLORIDA.

The same physical concurrents observed in treating of the soil of Florida have a comparative influence on the climate. The arrangement of the table of temperatures is by latitude and longitude of given centers in the great terrestrial Orange Belt. Here follows a table showing the mean temperature of Florida to be about the same as that of other countries, like Egypt and India, in about the same latitude, and not higher than some, like Spain and Portugal, which are 10° farther north; also one showing that the mean winter humidity is about the same as at Cannes and Mentone, in France, and at Duluth, Minn., all of which are the resort of people troubled with pulmonary diseases.

It is right to add to this, that it does not include the rainy season of the summer months, which is the peculiar and inestimable advantage of the fruit grower, sparing him that onerous labor of hand irrigation, which burdens orange culture in any other country, except Florida, India, and New Zealand. From what has been given, the humidity or dryness of the Florida atmosphere compares favorably with the high plains of Minnesota, and the delightful climates of Mentone, Cannes and Nice. It justifies the dictum of Dr. Forry, U. S. A., that "the climate of this Land of Flowers is in no way inferior as a winter residence to the notable resorts of Italy, Madeira and Southern France." The learned scientist and archaeologist, Dr. Brinton, of the same service, reporting on the arduous campaigning in the Everglades, compares the yearly mortality on the troops engaged, as but 27 per thousand, while in Texas it rose to 40, and in Lower Mississippi to 45 per thousand. A singular confirmation of this, is in the report of Capt. Menge, of Dredge Boat No. 1, engaged in the drainage of the Okeechobee, and R. E. Rose, on like labor on

the Upper Kissimmee. Having from twenty to forty laborers employed summer and winter, and up to their waists in the tepid water, not a case of malaria was reported in either gang. Something must be due in such striking examples, to physical hardihood and the genuine healthfulness of outdoor labor; but with all reductions, it disposes of all reports of malaria arising from Florida swamps. The climate has, in fact, been so beneficial in cases of asthma, bronchial and lung troubles as to give a curious justification to those earlier fables of the Elysian Fields, and fresh fountains of Living Water.—S. F. R. Pamphlet.

Winter Park and its Attractions.

Editor Lochmede:—When abroad, people ask us where we are from? We answer, Winter Park. Oh, yes! I have heard of Winter Park, that is where there is such a fine college; they say. We answer, yes, Rollins College. Do you wonder why Rollins College is becoming so noted? I will tell you the secret. Our own beloved pastor is the president—the fear of the Lord is the beginning of wisdom; the pupils first lesson for the day is prayer in chapel; the teachers are a corps of christian workers; the boys are the best behaved of any college I know of; who have never been known to take down the bell, or lock the faculty up, or bar the door with a cow tied to the knob, as boys often do in the North.

Education was the great drawback to persons coming to Florida with a family, but, not now with a second Harvard right here in our midst, and already letters of inquiry about furnished rooms and cottages for rent are pouring in on the president, Dr. Hooker. I understand a great many will come from Orlando, but let no one stand back, if not room for all at present, there will be a large building erected in the near future, and also a gymnasium building, where, I presume, the military drills will take place, but, Rollins College is not all of Winter Park; her society is considered the best; to say you live in Winter Park is a very good passport when abroad; and then our beautiful lakes whose banks are so fertile that instead of growing pine knots to feed our gators on, as a noted writer said in one of her books, we grow fruits and vegetables. It has always been a mystery to me what gators do live on, but guess it must be dogs. And the air, how fresh and pure out here on the highlands! Some of our most worthy townsmen come all the way from Sanford to spend the night here on account of this; and last but not least, are our

two fine churches where services are held every Sabbath—how I do pity the chairs this time of the year.

Some of our friends will spend the rest of the summer at Halifax beach paddling in salt water and digging clams.

I hear a certain young Prof. is very curious to know who wrote "An Enjoyable Affair." EVLYN.

Cuban Corn.

Mr. E. L. Bugbee, who would be a desirable acquisition to any community, and who resides near our town, showed us a specimen of the finest Cuban corn we have ever seen. The variety is something the *Cotton Belt*, an agricultural paper published at Memphis, Tenn., has been offering to southern farmers as the best kind of maize that can be grown in this latitude. When matured the kernel is of such a hard and flinty nature that the weevil, which is so destructive to other corn, cannot injure it, and hence should be largely cultivated. Mr. Bugbee got an envelope last April with 150 grains, which he planted; only 115 came up. Most of these stalks have two ears apiece, and average 1000 grains to the ear; and it will yield at the rate of eighty bushels to the acre.—Ocala Banner.

ROBT. WHITE, Jr.,

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A Live Text Book for Schools.

In the milder climes in which men began to lead studious lives, and where the first schools were instituted, there were no walls, nor windows, nor fires, nor special seats. An *academia*, that is a grove, was the resort of the teachers and their disciples. The silver-tongued Plato taught under the trees. Solomon taught of all manner of plants, from the cedars to the starved shrublets growing out of the wall. And our Savior's discourses seem to have been delivered in the open air, among the lilies of the field, or on the hillside, or while passing fields of growing grain. We have in our modern times invented great conveniences under the stress of climatic necessity; but we have become too entirely artificial; and, devoted to letters that are dead, we too much neglect the texts that are living. As these cannot mislead, being the imprints and facts of immutable nature, teachers cannot go wrong in adding to the dry paper and its inky impressions some notice of the developments of vegetable life, if only enough to habituate children to observing and comparing for themselves.

Very soon the early tree-buds and blossoms will put forth—the golden catkins of the willow, the curious bloom of the hazel with its crimson styles; and the clustered blooms of maples, elms, etc., all draped and veiled with beauty which charms the more as the examination grows closer, and is lovely beyond any art when full light and the aid of a lens are given to aid the eye in its inspection. These blossoms are abundant; it is easy to have enough for each pupil to hold one; so as, with his own hands, to separate and view its parts, synchronically with the teacher's dissections and descriptions, or blackboard illustrations. If only a single feature is taken at a time, it is perhaps enough. The petals, for instance, which attract us as they attract insects, and which assure us that the rough world has germs of beauty all through it which we shall sometime enjoy if we learn to regard them, or the finger-like or thread-like stamens which, like the petals, can often be counted and compared with the next day's and the preceding day's blossoms. These look weak and slender, but every blossom has more or less of them; for they hold the germs of the seed, and pour them down the styles to grow; there can be no seed without them. After a few talks, these and their stigmas, and the curious differences of shape, color, sizes, etc.,—such differences as we see in various kinds of dogs or fowls—will give unending interest to these saving lessons.—*Farm and Fireside.*

THE PIONEER STORE

[IN]

WINTER PARK,

A. H. PAUL, PROPRIETOR.

Would respectfully announce to the citizens of Winter Park and vicinity, that he has bought of Mr. J. R. Ergood his stock of

GROCERIES AND GENERAL MERCHANDISE,

and will aim to keep up the reputation of the store, by keeping a

LARGE AND WELL ASSORTED STOCK

of the best goods that can be bought, and at prices that defy competition, for the same quality of goods, and he hopes by gentlemanly and courteous treatment to merit his share of the public patronage. His facilities for getting

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and keeping it in cold storage, insure to his customers a good article in the best possible condition.

HAY, OATS AND GRAIN

at bottom prices. Come and see. Respectfully,

A. H. PAUL.

CHARLES J. LADD,

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WINTER PARK, - FLORIDA.

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L. H. DONKEL,

—) DEALER IN (—

HAY, GRAIN, ETC., ETC.,

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LOCHMEDE,

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Advertisements at reasonable rates.

Terms on application.

Communications by mail should be addressed to J. B. HENCK, JR., Longwood, Fla.

Office at Winter Park with Chas. J. Ladd.

Entered at the post-office at Winter Park as second mail matter.

WINTER PARK, JULY 29, 1887.

We often hear it said that scholarship and enterprise belong to cold climates, but let us remember, as suggested in an article reprinted in another column, that knowledge had its first beginnings in the world in warm countries. Greece and Rome, Egypt and India are all warm countries, and surely if these afforded the stimulus necessary to the first spontaneous development of a high order of civilization, and of the highest branches of science and art, we should not too easily accept the doom of indolence and unprofitable ease, that is so flippantly pronounced upon us by our neighbors of more rugged climes. Rather let us consider that the good fortune of our incomparable climate frees us from many of the cares of colder ones, and leaves us correspondingly increased opportunities for higher purposes.

A TIMELY article, which we copy in another column from the *Pacific Rural Press*, tells how to use our surplus grapes profitably and usefully without making alcoholic wines of them, and we think it probable that the juices of oranges and other fruits might be treated in the same way. That a taste for these fresh juices may take the place of the demand for alcoholic wines is certainly much to be desired, and if we consider how much more palatable, to one who has not acquired the taste for alcohol, the fresh fruit is than the wine, we shall not despair of thus leading the popular taste back to its natural and healthy direction. Lime juice is now commonly for sale—why not orange juice, sweet and sour, as well as the grape juice mentioned above and probably the juices of a large

number of other fruits. There is a big industry here waiting for some one to develop it, and a start may be made with very little capital. Thousands of people to-day would eagerly buy such preparations, if they were to be had at prices such as could be afforded by making them here at home, instead of importing in small quantities, as in the case of lime juice at present. Here is the chance for some one looking for profitable business. Let us see it started on this summer's grapes and next winter's oranges.

ADVERTISING FLORIDA.

Among the many schemes for advertising the attractions and advantages of various sections of the country, none are perhaps more effective than the tasty and alluring pamphlets issued by many of the railways. These are put into the hands of people who are already disposed to seek new homes, or routes of travel for pleasure, and thus a larger proportion of the seed falls into fertile and productive ground than in the case of advertising in the newspapers or other more generally diffused medium. The latter has its use in awakening interest and starting the first inquiries, while the former comes in to finally determine their direction and fix the attention upon the place or route which best suits the taste or needs of the inquirer.

One of the best of these pamphlets we have just received from the passenger department of the South Florida Railroad. It is attractively designed and printed by The South Publishing Co., of New York, and contains an attractive account of the country reached by this line. We give space to several extracts this week, and the pamphlet can be obtained by interested parties by addressing Mr. Wilbur McCoy, General Ticket Agent S. F. R. R., Sanford, Fla.

CARD OF THANKS.

Mr. Joseph A. Noble and family wish to express their appreciation of the kindness of the people of Winter Park, and of their assistance during the recent illness and burial of Mrs. Noble.

Winter Park, July 26, 1887.

FOR SALE.

A house in Winter Park, has eleven finished rooms, near Depot, Post Office, Churches, Stores, Schools, etc. A good bargain if applied for soon. Apply on the premises, to the proprietor,
5-1m R. J. D. LARRABEE.

Jottings.

Groves and crops look fine in this locality.

Prof. Davis has opened a restaurant in Quincy Market.

A letter from Mr. Forbes fixes his whereabouts at Alfred, Maine.

Mr. Paul is the possessor of a fine large alligator from Lake Irma.

Lottery tickets absorb the attention of some of our neighbors about this time.

Mr. Paul has rented the Gamwell house on New England Ave. and will move in at once.

Dr. Hooker and family go to Daytona beach, about August 1st, for a month or six weeks.

Mr. Hart is having his lovely villa on Lake Osceola all fixed up for occupancy early in the fall.

Many matrimonial maneuvers may materialize here in the early fall, we hope they are all true.

W. H. Ogburn, having acquired fame and fortune, has left Winter Park for his native hills of Georgia.

Rev. Henry J. Walker was in town a few hours last Saturday, looking after the interests of the M. E. Church.

J. C. Stovin's well known family horse, Dolly, got fractious Tuesday, ran away and left the buggy a total wreck, nobody hurt.

Low prices, extra quality and good variety in stationery at Ladd's. Have you tried that hand-somely illuminated paper?

Hon. J. F. Welborne, John R. Ergood, and the families of S. S. and J. S. Capen represented Winter Park at Pablo Beach on the 24th.

Mr. Scharringhausen left for a short run to New York last Friday night, his thoughtful, studious face will be missed from our streets.

A letter received from Gen. French, now at Columbus, Ga., expresses the wish that he might enjoy some of our cool, pleasant air.

Mr. Eckert is doing the tin work on Mr. Ergood's new house, for Messrs. Brumley and Harrison, of Sanford. We need a tin shop here.

The O. & W. P. R. R. have finished the bridges at the Canal and Lake Mizel run and are now hard at work on the trestle along John P. Morton's place.

We are in receipt of the cards of Messrs. Hall and White, real estate and loan agents. These gentlemen will undoubtedly build up a good business.

Mrs. Stovin brought a large wild cat, that she had caught in a trap, to the depot on the 26th and sent it to Sanford to have it taxidermatized.

Mr. Haresnape, mentioned in another place, was very enthusiastic over Winter Park, subscribed for LOCHMEDE and promised to come back in the winter.

Ladd has the Columbia Axle Oil, the very finest thing for carriage axles. This is also the place for the ladies to purchase an excellent Sewing Machine Oil that is unexcelled.

Among the directors of the new Citizens National Bank of Orlando we notice the name of our townsman, Mr. Henry S. Kedney.

Dalmatian Insect Powder, Roach and Rat Exterminators, Borax, Sulphur, etc. are indispensable in every family these summer days; and at Ladd's you will find them.

A fine business building with a good store room and a thoroughly equipped European hotel with about twenty rooms is one of the new enterprises that is a certainty here.

Mrs. Smith, whose stay with her father, Mr. Reid, has been shortened by news from her home in Scotland, will be much missed by the many warm friends she has made while here.

We are pleased to see Dr. Baker with us once more. The Dr. is an enthusiastic chemist and thinks that lots of good things can be made from the vegetable products of Florida.

Mr. Haresnape, of Wahoo, Nebraska, took a look at Winter Park on the 26th. Like everybody who comes here in the summer, he was greatly surprised at the cool weather we have here in comparison with the north.

Here is something to think of! Figure up the cost of all the papers and magazines you take, and see if it will not pay you to take them all at once at club rates—C. J. Ladd is a subscription agent and will save you more than ten per cent.

There is a revival of interest in horse racing among our English friends residing near Lake Maithland. Last Saturday evening there was a contest on the Orlando course, between the horses of Messrs. Hopwood, Oliver and Willett. Four horses ran, and we hear that Mr. Aubrey Hopwood won in two straight heats with his bay pony.

By the way, speaking of weather, I have just looked over the columns of a paper published in Illinois and find the reports of deaths by sunstroke and heat to be 450, this was for two days in the North and Northwest. Now we don't want to brag over so serious a matter, but, not one case has been traced to Florida. Better come to Florida, good people, and refrigerate.

Last Saturday the angel of death entered the home of Mr. J. A. Noble and took from him, and from our midst, his devoted wife. Several months ago he had the misfortune to have his arm broken in two places, not being very well off in this world's goods, it has since devolved upon her to nurse and care for him and to care for their large family, heroically has she battled during the long, hot summer months against odds that would have tried to the utmost the strongest constitution, and, now weary, and tired of the unequal strife she has folded her hands and gone to her long, well-earned rest. Truly if a life of self-sacrifice and of devotion to the wants of home and family entitles one to an eternal home of happiness and rest, right well has she earned her title to such a mansion. The funeral services were held at the Congregational Church on Sunday.

Our Jotter on a Jaunt.

A party of Winter Park people left here on a certain morning not long ago for an excursion to the various sea beaches on the Florida coast for health and recreation. A short run to Sanford, followed by a shorter one to Orange City Junction, another pleasant little ride on the B. S., O. C. & A. R. R. and New Smyrna was reached. Here it was ascertained that the Clara had quit running to Daytona, and after a light lunch, a part of which was turtles' eggs which some of the party had never tasted before, and which they found, to their astonishment, did not materially differ from the old orthodox hen fruit in taste, and we boarded the trim yacht Scud, Captain Peter Pauls, and started for Daytona. The sail up the river was delightful. We had a good breeze and comfortable accommodations, and Capt. Pauls took every pains to explain the working of the ship and the various objects of interest we passed. The first object of interest was the old sunken steamer which caught fire at the New Smyrna dock and was allowed to drift away until it sunk, about two miles from the dock. This was, I believe, the last trip ever made by a steamboat all the way from New York to New Smyrna. Just before reaching the light house we came to the inlet where our first view of old ocean was obtained, although we could hear its roar for a long distance back. Passing the inlet we came to the light house now nearly complete. It is a grand looking structure, and as we could see a man working at the top who looked not much larger than a fly, we were glad that we were so much nearer terra firma than he was. After passing the light house, we passed through very shallow water, almost grounding the boat. In front of us a large school of porpoises were sporting, jumping almost out of the water, diving down and seeming to enjoy their fun like a lot of school boys. To the right of us a large flock of white cranes were wading around gravely picking up fishes and snakes, which were soon disposed of, and then with equal gravity their teeth were picked by one claw while balancing upon the other. On either side of the river were dense forests of palmetto, live oak, sweet bay and other tropical foliage, and as the silence was only broken by the warnings of Capt. Pauls as the boom swung around, one could imagine himself as belonging to the "Forest Exiles" of Mayne Reid sailing up some grand South American river. At six o'clock Daytona beach was reached and bidding our captain good-bye, we set out for Mr. Stowe's "Cliff Cottage" with appetites ravenously sharp. The good meal set before us by Mrs. Stowe received close and ample attention, and we strolled down the beach to Mrs. Stovey's cottage, where we were to sleep. At five in the morning we took a fine dip in the salt water, followed at eleven by another, and that in turn followed by clam soup and fine sea fish served in fine style by Mrs. Stowe, and at four o'clock we left for Daytona.

Right here we want to make the first objection and probably the only one we shall make of our whole trip. The ferry across from the Peninsula to Daytona is only a poor excuse for a row boat, but its charges are extortionate to the last degree, and our party decided that sooner than submit to anything of the kind again they would wait until the tide was out and wade across. Soon we were comfortably situated at the Palmetto House. This place fills to the fullest a person's ideas of the large old-fashioned southern mansion, and the treatment received carried one back to the delightful stories written of life in the South and southern hospitality long, long before the war. Go there friends for you will be sure of the same large-hearted, generous treatment. Leaving there at 7:30 the next morning we could only get a vague impression of the city, but what we saw was beautiful. Grand old live oaks, covered with Spanish moss, interlock their branches with graceful palmettos, roses abound everywhere, and all around grow the most gigantic bananas our party had ever seen. Soon Ormond was reached, and here all is life and activity. The White road is extending into the town of Ormond, and will cross the Halifax to the beach. A large hotel is building on the peninsula, and Messrs. Wright, Anderson & Bostrom should feel happy over the success of their plans to make Ormond Beach a success. Well, I sincerely hope that each one of them will make a million at it. Leaving there we soon reach Rolleston, where with little delay we are taken by the next little ferry boat Louise to Palatka, and after ten minutes waiting we leave on the J. T. & K. W. for Jacksonville. A ferry transfer, a short, fast and comfortable ride, and the beauties of Pablo Beach burst upon us. Surely this is the Coney Island of the south. All is life and activity. Murray Hall shows beautifully by electric light. The pavilion is full of people bent on recreation, rest and courtizing. The fizz of the soda fountain is heard continuously, lights shine from dozens of lovely cottages, down there just a little ways to the left is neat, cosy "Hotel Pablo" and the roar of the breakers as they come racing over as perfect a beach as there is in existence, all form a picture, which, once seen, just as darkness gathers and the crowds are hurrying from the depot to their various places of resort, can never be forgotten. Well our party went to Hotel Pablo, are still there, and, if Capt. and Mrs. Ivory, so ably assisted by Mr. and Mrs. Lee, and the Misses Ivory, can't make them, or anybody else, just as comfortable as it is possible to be in this world, then there is no use in trying any other place. With bathing in the afternoon, music, dancing and lots of fun in the evening, quiet strolls along the beach, or enjoying the lovely breezes in the pavilion, while quietly smoking, or reading the newspaper, or the novel in the morning, the day is spent and the time of departure becomes a dread. We have met, since leaving Winter Park, a great many pleasant people, and, to anybody looking for rest, pleasure and recreation, we can confidently recommend a trip to the beaches as the most conducive of anything we can think of.

Unfermented Wine.

I noticed an item in your last issue soliciting correspondence from anyone who has had any experience in the manufacture, use or sale of unfermented wine. For the benefit of any who might wish to manufacture such wine, I cheerfully contribute what little knowledge I have.

In the first place, I stem the grapes and press out the juice into a tank, letting it stand over night to settle. In the morning I rack it off and then filter, thus rendering it free from all vegetable matter. I also take a quantity of black grapes and put them in a boiler, letting them come to a boil, in order to produce a dark juice. This juice I also filter. Now, by blending these juices any shade of wine I desire is produced, from a light pink to a deep claret color.

I then put the wine in a boiler (which should be copper, with a faucet at the bottom for convenience in bottling), and let it come to a brisk boil, skimming what rises to the surface. It is now ready to draw off into bottles, which should be standing in hot water to prevent breaking on the introduction of the hot juice. When the bottles are filled they should be corked immediately, and then dipped into melted resin, which seals them air-tight.

I think that wine made in this way and brought into notice would soon become the most popular beverage used, taking the place at dinner that coffee does at the breakfast table. Parents would not think, when offering it to their children, that they might create a desire for strong drink, as this is not stimulating but invigorating, regulating the system and producing a pure rich blood.

The young lady who would offer this wine to her New Year's caller would not feel that she was giving that which might be the beginning of a dissipated life; but, on the other hand, it would be like presenting the beautiful cluster of grapes. As a beverage for the sick room in cases of fever, it would be most refreshing.

As an article for culinary use, by boiling down one half nothing could be better for mince pies, or for making a dressing for puddings.

As to the marketing of unfermented wine, everything is in its favor; instead of having to hold it for three years before it is marketable, it can be offered immediately, and so save a great outlay of money.

Some say the cost of bottles would make it too expensive for common use. But I think the good housewife

[Continued on next page.]

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would, husband her wine bottles, the same as she does her fruit jars, for refilling, and so the same bottles would last an indefinite length of time.

I think if all our wine were manufactured in this way, the wine grape would not be regarded as it is to-day by large numbers of our population, as that which tends to ruin our boys, but would take its place side by side with our raisin grapes—one of God's richest and best gifts to man.—*J. Harmon in Pacific Rural Press.*

Easy Cure for Sleeplessness.

I had frequently noticed that when engaged in deep thought, particularly at night, there seemed to be something like a compression of the eyelids, the upper one, especially, and the eyes themselves were apparently turned upwards, as if looking in that direction. This invariably occurred; and the moment that, by an effort, I arrested the course of thought, and freed the mind from the subject with which it was engaged, the eyes resumed their natural position and the compression of the lids ceased. Now, it occurred to me one night that I would not allow the eyes to turn upward, but keep them determinedly in the opposite position, as if looking down; and having done so for a short time I found that the mind did not revert to the thoughts with which it had been occupied, and I soon fell asleep. I tried the plan again with the same result; and after an experience of two years, I can truly say that, unless when something specially annoying or worrying occurred, I have always been able to go to sleep very shortly after retiring to rest. There may occasionally be some difficulty in keeping the eyes in the position I have described; but a determined effort to do so is all that is required, and I am certain that if kept in the down-looking position, it will be found that composure and sleep will be the result.—*Chamber's Journal.*

Fresh and Dainty.

A young girl should learn how to get up her own linen if she desires immaculate neatness; nothing looks worse than dingy handkerchiefs, collars and cuffs. To be careless in these small matters takes the charm from the prettiest face. To see the neck encircled with a dingy ruche, which appears to have seen long service, or a rumpled collar which has its first freshness marred, entirely spoils the richest toilet. It is a great source of pleasure to a young girl to have her box or little collar drawer well stocked with these dainty trifles, which draw a decided line between the refined and neat and

those with opposite traits. Do not buy cheap ruffles; they will not wash. Add a few more cents and purchase a yard of pretty lace, and plait it in the neck of your dress; or a linen collar, which always looks well.—*Farm and Fireside.*

Goats in Florida.

A goat farm has been established at Anthony. It has been started with one hundred head, and now numbers four hundred. Only the male young are sold, all the females being kept to increase the flock. They find ready sale for the kids at from \$2.00 up to \$3.50 and \$4.00 per head to our local meat men. The proprietors are ambitious to increase their herd to 1,000 head, and from present favorable indications a year or two will see the realization of their efforts.

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