

Institute for Social and Behavioral Science (ISBS)

1-18-2018

Results of 2017 Eatonville Community Survey

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Recommended Citation

Donley, A. (2018). Results of 2017 Eatonville Community Survey. *Institute for Social and Behavioral Science* Retrieved from https://stars.library.ucf.edu/isbs/5



Results of 2017 Eatonville Community Survey

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Director

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Partners











Goals of Presentation

- Highlight the findings of the 2017 data collection effort
- Compare when possible to previous findings and external data sources
- Connecting data to create solutions through community conversation
- There are questions throughout the presentation. Please take notes to allow for a conversation at the conclusion of this presentation.

Methods

- Surveys conducted face-to-face using a structured questionnaire
- Data collected August 2017 December 2017
- Interviews conducted at several community events, at Hungerford Elementary School, the Eatonville library, Healthy Eatonville Place, and door to door in the community.
- Requirements: Eatonville resident, aged 18 or older.
- N=104



Sample Demographics

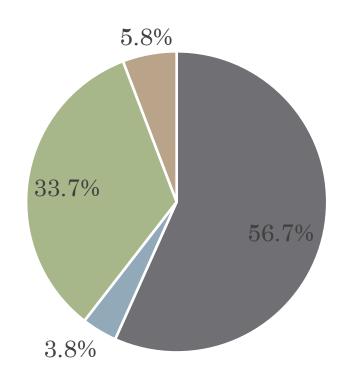
	Eatonville Residents
	N=104
Age	
18-24	4.8%
25-40	29.2%
41-54	24.3%
55-61	19.4%
62 or older	22.3%
Gender	
Male	43.3%
Female	56.7%
Race	
Black/ African American	74.0%
Caucasian/ white	19.2%
Latino/Hispanic	5.8%

Comparison to Eatonville

	Sample	Community Wide*
	N=104	N=2,168
Age		
18-24	4.8%	
25-40	29.2%	
41-54	24.3%	
55-61	19.4%	
62 or older	22.3%	
Gender		
Male	43.3%	45.3%
Female	56.7%	54.7%
Race		
Black/ African American	74.0%	76.8%
Caucasian/ white	19.2%	22.2%
Latino/Hispanic	5.8%	7.5%

^{*}American Community Survey 2016 Demographic And Housing Estimates. https://factfinder.census.gov/faces/tableservices/jsf/pages/productview.xhtml?src=CF

How the Community Has Changed in the Past Two Years



■ Gotten better ■ Gotten worse ■ Not changed much ■ Refused/ Can't Say

Making Positive Changes

- •80% report trying to change their diet to eat more healthy.
- •82% report trying to exercise more.



Overall Health

Would you say that, in general, your health is:	
Excellent	11.7%
Very Good	21.4%
$oxed{Good}$	27.2%
Fair	36.9%
\mathbf{Poor}	2.9%

Health Comparisons

Poor or Fair Health	
Eatonville	39.8%
Orange County	17%
Florida	17%

Health Conditions

Condition	Percentage Reporting "Yes"
Heart Disease	3.0
Stroke	7.9
Pre-diabetes or Borderline diabetes	23.1
Diabetes	23.5
High Cholesterol	25.7
High Blood Pressure	37.4

Diabetes Comparisons

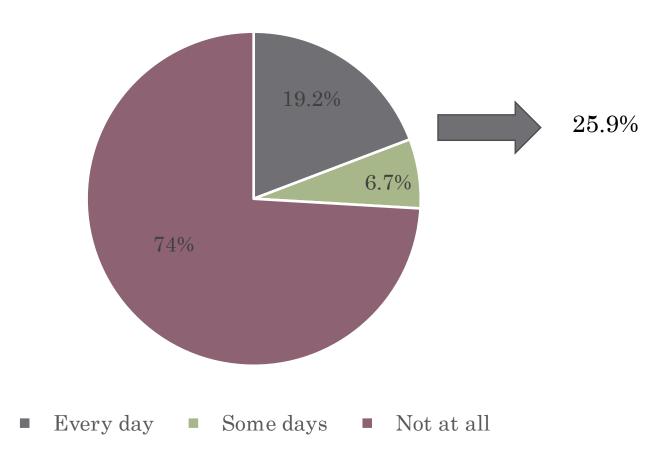
Diabetes	
Eatonville	23.5%
Orange County	9%
Florida	11%

Diabetes

- Rate remained unchanged from 2014 ISBS study.
- Thoughts:
 - Do not expect major changes over a short amount of time.
 - Once diagnosed may always be diabetic.
- Pre-diabetes is 23.1%
 - This could be a result of increased awareness.

• What are your thoughts on the diabetes findings?

Smoking



Smoking Comparisons*

$\mathbf{Smoking}$	
Eatonville	25.9%
Orange County	15%
Florida	15.8%

 $\frac{http://www.countyhealthrankings.org/app/florida/2017/rankings/orange/county/outcomes/over_all/snapshot}{all/snapshot}$

^{*} Robert Wood Johnson Foundation.

Smoking: E-cigarettes

- 3.8% of respondents report smoking e-cigarettes.
- The national average is 3.2%*
- Youth were not included in this study so the rates may be higher.
- Do you think e-cigarette use is a problem among youth in the community?

^{*}Quickstats: Percentage of adults who ever used an e-cigarette and percentage who currently use e-cigarettes, by age: National Health Interview Survey, United States, 2016. MMWR Morb Mortal Wkly Rep 2017

Weight

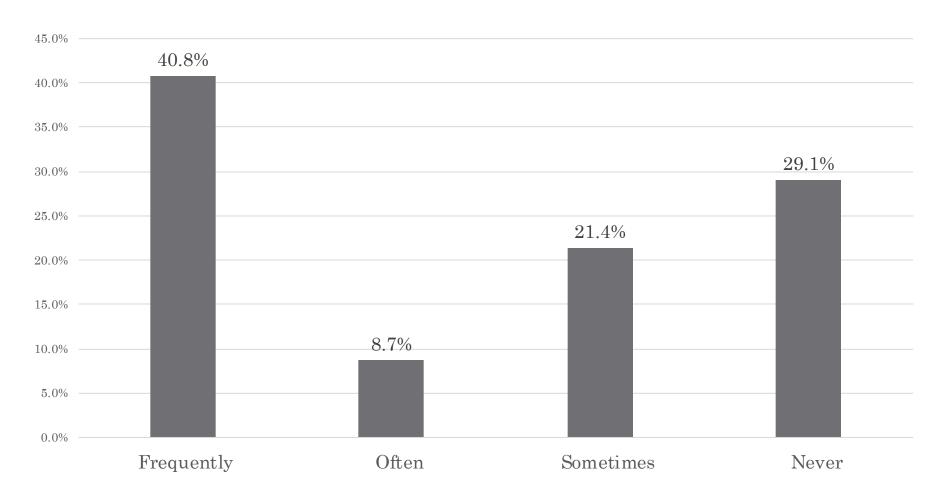
Category	BMI	Percentage
Underweight	Below 18.5	0.0%
Healthy weight	18.5-24.9	26.8%
Overweight	25-29.9	38.1%
Obese	Over 30	35.1%
Total		100%

BMI Comparisons*

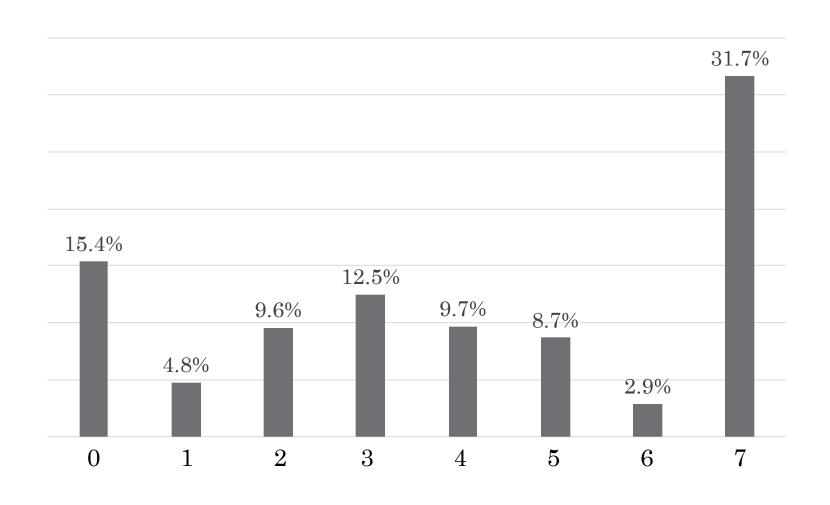
Category	Eatonville	Florida
Overweight (BMI 25+)	73.2%	64.2%
Obese (BMI 30+)	35.1%	26.6%

^{*} Florida State Nutrition, Physical Activity, and Obesity Profile https://www.cdc.gov/obesity/stateprograms/fundedstates/pdf/florida-state-profile.pdf.

Exercise



Number of Days Walked at Least 10 Minutes



Transportation

How often do you use a car for your commute to work, shopping, errands, etc.?	
Frequently	61.8%
Often	4.9%
Sometimes	8.8%
Never	$\boxed{24.5\%}$

Transportation: Busses

Frequency of Taking the Bus for Work or to Run Errands	Percentage
Frequently	15.5%
Often	3.9%
Sometimes	13.6%
Never	67.0%

Transportation Comparisons*

- Florida households with no cars = 7.2% in 2014.
- 24.5% of Eatonville residents report never using a car.

- 2.1% of Floridians use the bus or pother public transit to commute.
- 19.4% of Eatonville residents report using the bus frequently or often.

^{*} Florida Department of Transportation. Florida Transportation Trends and Conditions 2014. http://www.fdot.gov/planning/trends/archives/pg14.pdf

Food Insecurity

"I worried about whether our food would run out before we got money to buy more."	
Often True	16.3%
Sometimes True	21.2%
Never True	58.7%
Don't Know/ Not Sure/ Refused	3.8%
"My household has to decide between buying food and paying other bills."	
Always	8.7%
Frequently	5.8%
Sometimes	20.2%
Never	60.6%
Don't Know/ Not Sure/ Refused	3.8%

Food Insecurity

Running Out of Food	
Often or Sometimes True in Eatonville	37.5%
Deciding Between Buying Food and Paying Other Bills.	
Always, Frequently, Sometimes in Eatonville	34.7%
Food Insecurity	
Orange County	15.1%
Florida	17.0%

Summary

- We've reviewed lots of information:
 - Health assessment
 - Diabetes
 - Smoking
 - Weight
 - Exercise
 - Transportation
 - Food insecurity
- Now its time to have a discussion



Thank you!