

1985

University of Central Florida 1985 self study Southern Association of Colleges and Schools : Institute of Exercise Physiology self study report

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UNIVERSITY OF CENTRAL FLORIDA

1985
Self Study

SOUTHERN ASSOCIATION OF COLLEGES AND SCHOOLS

INSTITUTE OF EXERCISE PHYSIOLOGY

SELF STUDY REPORT

INSTITUTE OF EXERCISE PHYSIOLOGY
AND HEALTH

REPORT 78-79 THROUGH 82-83

PREPARED BY

FRANK D. ROHTER, INSTITUTE CO-DIRECTOR

1. PHILOSOPHY

1.1 Role of The University and The Community

The Institute contributes to "Health Awareness" for the University and the community, manifesting the physiological implication of exercise intervention to the prevention of degenerative diseases and the perpetuation of quality lifestyles.

1.2 Evaluation and Projections

The need for the Institute's service is evidenced by the reported health status of our society. One out of every four Americans will have coronary heart disease before the age of 60. Eighty percent of our society is overweight. Medical care is becoming prohibitive. The Institute helps perpetuate a prevention program to enhance the lifestyles of our peoples. We need a program to change our cultural norms so that we may live more healthy lifestyles.

2. ORGANIZATION

2.1 Duties and Staffing

The Institute is currently not staffed. Administrative support is needed to develop the program.

2.2 Projections

Administrative and community support is needed.

3. FINANCIAL RESOURCES

3.1 Funding

There is no available funding

3.2 Equipment

There is no expense money available.

4. PERSONNEL

4.1 Recruitment, Selection and Salaries

There are no hired personnel - only the two Co-Directors.

4.2 Security, Working Conditions and Projections

The Institute has adequate office space, but it needs monies for equipment. Future personnel is needed to start a physiological testing program. Graduate assistants would be the Institute's primary need.

5. PHYSICAL FACILITIES

5.1 The Institute will need office space (1 standard size room).

5.2 Provisions

Parking, loading and handicapped access is adequate. Safety problems do not exist.

6. COMPUTERS

6.1 Impact and Needs

The Institute desperately needs access to a graphics computer to structure informational slides for seminars, symposium and graduate classes as a means of conveying our Health Awareness Program to the community.