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## Geriatric Nursing Assistant: Advanced Training in Selected Competencies

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**Ziegler: Geriatric Nursing Assistant: Advanced Training**  
Geriatric Nursing Assistant: Advanced Training in Selected

Competencies. Dorothy Witmer. Brady, **Englewood** Cliffs, New Jersey, 1990, 350 pages.

Geriatric Nursing Assistant: Advanced Training in Selected Competencies is a training manual with 14 chapters that provides detailed information for the nursing assistant desiring advanced competency in geriatric care. The textbook also serves as a workbook; each page is serrated for easy removal when the learner is ready to submit written assignments. Emphasis is on the natural aging process and compensatory nursing responses to promote independence in the geriatric patient. The common diseases and disabilities of the elderly receive appropriate attention. There is also a chapter for the assistant on reducing job-related stress.

Strengths of the book lie in the competency-based format and the holistic, humanistic approach to the elderly person. **Competencies** are identified in the terminal and enabling objectives. Learning is enhanced with supplementary pictures and diagrams. Each chapter is organized to include: a review section, theoretical concepts, skill checklists, assignments for clinical application, worksheets, self-check questions, suggested activities and key points. This textbook meets the need for specialized advanced training of nursing assistants who care for the elderly. **An** instructor's guide is also available. This guide provides significant information on teaching adults and suggests strategies for increased learner involvement.

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