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Investigating The Association Of Demographic Factors On Methotrexate Delay-Clearance And Toxicity In Pediatric Oncology Patients: A Retrospective Chart Review

Belal Alabdul Razzak University of Central Florida, be527153@ucf.edu

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Alabdul Razzak, Belal, "Investigating The Association Of Demographic Factors On Methotrexate Delay-Clearance And Toxicity In Pediatric Oncology Patients: A Retrospective Chart Review" (2024). Honors Undergraduate Theses. 138. [https://stars.library.ucf.edu/hut2024/138](https://stars.library.ucf.edu/hut2024/138?utm_source=stars.library.ucf.edu%2Fhut2024%2F138&utm_medium=PDF&utm_campaign=PDFCoverPages)

INVESTIGATING THE ASSOCIATION OF DEMOGRAPHIC FACTORS ON METHOTREXATE DELAY-CLEARANCE AND TOXICITY IN PEDIATRIC ONCOLOGY PATIENTS: A RETROSPECTIVE CHART REVIEW

By

BELAL ALABDUL RAZZAK

A thesis submitted in partial fulfillment of the requirements for Honors in the Major Program in Pediatric Oncology in the College of Health Professions and Sciences and in the Burnett Honors College at the University of Central Florida Orlando, Florida

Summer 2024

Thesis Chair: Jacqueline Flores-Otero, Ph.D.

Abstract

High-dose methotrexate (HD MTX) is critical for treating pediatric malignancies such as acute lymphoblastic leukemia and neuro-carcinoma. However, its significant toxicity due to drug accumulation poses substantial risks. This retrospective study assesses the impact of demographic factors on MTX toxicity and clearance in pediatric oncology patients. Patient records from Saint Mary Hospital were analyzed, focusing on two MTX administration protocols: a 24-hour infusion followed by alkaline hydration and a 4-hour infusion followed by alkaline hydration. We hypothesize that factors such as age, body surface area (BSA), and body mass index (BMI) are associated with MTX clearance and toxicity. The study found no significant difference in clearance between genders, but females exhibited higher toxicity rates. Ethnicity comparisons showed Caucasians had the fastest clearance, followed by Hispanics, African Americans, and others, with Hispanics experiencing the highest toxicity rates. Patients with a BSA of less than one had a lower risk of delayed clearance, although toxicity levels were similar across BSA groups. BMI analysis indicated that patients with a BMI over 25 were at a higher risk of toxicity. Taken together, these findings suggest the need for personalized treatment plans in pediatric oncology to enhance therapeutic efficacy and reduce adverse effects. Future research should expand the sample size and develop a risk stratification guideline to identify patients suitable for outpatient treatment.

Keywords: Methotrexate, Pediatric Oncology, Toxicity, Clearance, Demographic Factors, Body Surface Area, Body Mass Index, Personalized Treatment.

Table of Contents

Table Of Figures

Introduction and Literature Review

Methotrexate (MTX) is a cornerstone chemotherapeutic agent widely used in pediatric oncology, notably for treating acute lymphoblastic leukemia (ALL), osteosarcoma, and other childhood cancers ^{[1,](#page-27-1)[2](#page-27-2)}. Its efficacy stems from its ability to inhibit DNA synthesis in rapidly proliferating cancer cells^{[3](#page-27-3)}. Despite its therapeutic benefits, the administration of high-dose methotrexate (HD MTX) is associated with significant toxicity, primarily due to drug accumulation in the body^{[4](#page-27-4)}. Understanding and mitigating these adverse effects are crucial for improving patient outcomes in pediatric oncology.

The pharmacokinetics and pharmacodynamics of HD MTX are critical for optimizing its therapeutic efficacy while minimizing toxicity^{[5,](#page-27-5)[6](#page-27-6)}. Recent studies have highlighted the role of genetic polymorphisms and renal function in MTX metabolism and toxicity, suggesting that individual variability significantly affects treatment outcomes^{[7,](#page-27-7)[8,](#page-27-8)[9](#page-28-0)}. For instance, polymorphisms in genes such as MTHFR, RFC1, and ABCB1 have been associated with variations in MTX toxicity and efficacy^{[10,](#page-28-1)[11](#page-28-2)}. Additionally, renal function, which is essential for MTX excretion, significantly influences drug clearance and toxicity risk; more than 90% of MTX clearance is mediated by the kidneys, while only about 10% is handled by the liver $8,12,13$ $8,12,13$ $8,12,13$. However, the association of demographic factors such as age, body surface area (BSA), and body mass index (BMI) on MTX clearance and toxicity remains underexplored, particularly in pediatric patients 14 14 14 .

Several studies have attempted to elucidate the impact of demographic variables on pharmacokinetics. Age has been shown to affect drug metabolism and clearance, with younger patients often exhibiting higher clearance rates^{[15](#page-28-6)}. Body surface area (BSA) is a critical factor in dosing calculations and has been linked to variations in pharmacokinetics^{[16](#page-28-7)}. Similarly, body mass index (BMI) can be associated with drug distribution and clearance, potentially affecting toxicity profiles^{[17](#page-29-0)}. However, the association of BMI and BSA is with drugs in general, not specifically with MTX.

Our study aims to fill this knowledge gap by investigating how demographic factors associate with MTX toxicity and clearance in pediatric oncology patients. We hypothesize that specific demographic variables, including ethnicity, sex, age, BSA, and BMI, associate with the rate of MTX clearance, thereby affecting the incidence of chemotherapy-related toxicity. This hypothesis is grounded in the understanding that physiological differences, associated with demographic factors, can significantly alter drug metabolism and clearance^{[18](#page-29-1)[,19](#page-29-2)}.

The study employs a retrospective chart review of pediatric patients treated with HD MTX at Saint Mary Hospital in collaboration with the University of Central Florida (UCF). Two MTX administration protocols are examined: a 24-hour infusion followed by alkaline hydration and a 4 hour infusion followed by alkaline hydration. By analyzing clearance patterns and toxicity data, we aim to identify trends and correlations that could potentially suggest personalized treatment strategies. Understanding these interactions is vital for refining treatment protocols in pediatric oncology, where the goal is to maximize therapeutic efficacy while minimizing toxicity.

Previous research has provided valuable insights into the pharmacokinetic variability of MTX and its clinical implications. Studies have demonstrated that delayed MTX clearance is a significant predictor of toxicity and adverse outcomes^{[20](#page-29-3)}. Monitoring MTX plasma levels and adjusting doses based on real-time pharmacokinetic data have been recommended to mitigate toxicity risks^{[21](#page-29-4)}. Furthermore, supportive care measures, including leucovorin rescue and enhanced hydration, are critical components of managing MTX toxicity 22.23 22.23 .

In summary, while genetic and renal factors are well-recognized determinants of MTX pharmacokinetics and toxicity, the role of demographic factors requires further investigation. Our study seeks to bridge this gap by exploring the association of ethnicity, sex age, BSA, and BMI on MTX clearance and toxicity in pediatric oncology patients.

Hypothesis and Aims

Hypothesis: We hypothesize that demographic factors like age, body surface area (BSA), and body mass index (BMI) induce faster clearance of methotrexate (MTX), leading to reduced chemotherapy-related toxicity in pediatric oncology patients.

Aim 1: To assess the correlation between MTX clearance rates and patients' demographic factors. **Hypothesis**: Demographic factors such as age, gender, and BMI significantly affect MTX clearance rates, with younger patients and those with smaller BSA exhibiting faster clearance.

1.1. Collect and analyze demographic data (age, gender, BSA, and BMI) from pediatric oncology patients treated with HD MTX at Saint Mary Hospital.

1.2. Analyze the incidence of Delay clearance of HD MTX across different demographic groups and identify any significant correlations

Aim 2: To compare the incidence of MTX-related toxicity across different demographic groups. **Hypothesis**: Demographic factors such as age, gender, BSA, and BMI significantly associate with the incidence of MTX-related toxicity, with specific groups showing higher toxicity rates.

2.1. Collect data on MTX-related toxicity (including mucositis, renal toxicity, and other adverse effects) from the same patient cohort.

2.2. Analyze the incidence of toxicity across different demographic groups and identify any significant correlations.

Additionally, this research is aimed at identifying individuals who belong to high-risk groups for delayed MTX clearance to determine if high doses of methotrexate can be administered to them as outpatients instead of inpatients. If it is found that patients who do not belong to high-risk groups can safely manage MTXHD administration as outpatients with follow-up bloodwork at 24 and 48 hours, it could significantly ease the burden on these patients and improve their quality of life. According to the current protocol, patients are required to stay in the hospital for at least three days during which MTX is administered, and bloodwork is conducted at 24 and 48 hours before discharge.

Methodology

Study Design: This study employs a retrospective chart review design. It examines pediatric patients treated with high-dose methotrexate (HD MTX) at Saint Mary Hospital in collaboration with the University of Central Florida (UCF).

Subjects: The study includes 54 pediatric patients, who received a total of 213 doses of HD

MTX their underlying diagnoses include: Acute Lymphoblastic Leukemia (ALL), T-cell

Lymphoma, Osteosarcoma (OS), and Non-Hodgkin Lymphoma (NHL).

Data Collection: Data were extracted from patient records, focusing on variables including:

- 1. **Subject Number**: Unique identifier assigned to each patient in the study.
- 2. **Diagnosis**: Type of cancer diagnosed in the patient.
- 3. **Year of Diagnosis**: Year in which the patient was diagnosed with cancer.
- 4. **Age**: Age of the patient at the time of diagnosis.
- 5. **Sex**: Biological sex of the patient.
- 6. **Race/Ethnicity**: Self-reported race or ethnicity of the patient.
- 7. **Body Surface Area (BSA)**: Body surface area of the patient in square meters.
- 8. **Number of HD MTX Treatments**: Total number of high**-**dose methotrexate treatments received by the patient.
- 9. **Delayed Clearance**: Whether the patient experienced delayed clearance of MTX. Delayed clearance occurs when MTX takes longer than expected to be removed from the patient's body.
- 10. **Toxicity**: Major toxic effects experienced by the patient.
- 11. **Action Taken**: Interventions implemented in response to delayed clearance or major toxicity.
- 12. **Creatinine Level at Time of Delay**: Serum creatinine level at the time of delayed MTX clearance.
- 13. **Baseline Creatinine Level**: Baseline serum creatinine level before MTX treatment.
- 14. **BMI > 25**: Whether the patient's body mass index (BMI) is greater than 25.

Statistical Analysis: Data will be analyzed using chi-square tests to determine associations between categorical variables. Significant figures will be calculated to identify meaningful differences. The p-value will be set at 0.05 for determining statistical significance.

- 1. **Chi-Square Test**: To analyze the association between demographic factors (age, sex, race/ethnicity, comorbidities) and outcomes (delayed clearance, major toxicity).
- 2. **Significant Figures**: To highlight significant results from the statistical tests.
- 3. **P-Value**: A p-value of less than 0.05 will be considered statistically significant - If the p-value is less than the significance level α we reject the null hypothesis. - If the p-value is equal or greater than the significance level α we fail to reject the null hypothesis.

Software: The statistical analysis will be performed using EXCEL, ensuring rigorous data handling and accurate results.

Ethics: This study was conducted following ethical guidelines and approved by the relevant institutional review board (IRB# STUDY00006186). Patient confidentiality was maintained throughout the study, and no personal identifiers were used in data analysis.

Results

A) Demographic Factors and Toxicity Frequencies:

1) Ethnicity and Toxicity Frequencies Chi-Square Calculation:

Table 1 Ethnicity and Toxicity Frequencies Observed Data

Table 2 Ethnicity and Toxicity Frequencies Expected Data

Table 3 Ethnicity and Toxicity Frequencies Chi-Square Contributions

Table 4 Ethnicity and Toxicity Frequencies Statistic Result

Table 5 Ethnicity and Toxicity Frequencies Implications

2) Sex and Toxicity Frequencies Chi-Square Calculation:

Table 6 Sex and toxicity Frequencies Observed Data

Table 7 Sex and toxicity Frequencies Expected Data

Table 8 Sex and toxicity Frequencies Chi-Square Contributions

Table 9 Sex and toxicity Frequencies Statistic Result

Table 10 Sex and toxicity Frequencies Implication

3) BMI and Toxicity Frequencies Chi-Square Calculation:

Table 11 BMI and Toxicity Frequencies Observed Data

Table 12 BMI and Toxicity Frequencies Expected Data

Table 13 BMI and Toxicity Frequencies Chi-square Contributions

BMI	No Toxicity	Toxicity	Total Contribution
BMI > 25	0.928	5.333	6.261
BMI \leq 25	0.186	1.067	1.253

Table 14 BMI and Toxicity Frequencies Statistic Results

Table 15 BMI and Toxicity Frequencies Implications

4) BSA and Toxicity Frequencies Chi-Square Calculation:

Table 16 BSA and Toxicity Frequencies Observed Data

Table 17 BSA and Toxicity Frequencies Expected Data

Table 18 BSA and Toxicity Frequencies Chi-Square Contributions

Table 19 BSA and Toxicity Frequencies Statistic Results

Table 20 BSA and Toxicity Frequencies Implication

B) Demographic factors and delay clearance

1) Ethnicity and MTX Delay Clearance Frequencies Chi-Square Calculation:

Table 21 MTX Delay Clearance Frequencies Observed Data

Ethnicity	No Delay Clearance	Yes	Total
African American			
Hispanic			
Caucasian			

Table 22 MTX Delay Clearance Frequencies Expected Data

Ethnicity	No Delay Clearance	Delay Clearance
African American	6.94	7.06
Hispanic	9.72	9.28
Caucasian	8.33	10.67

Table 23 MTX Delay Clearance Frequencies Chi-Square Contributions

Table 24 MTX Delay Clearance Frequencies Statistic Results

Statistic	Value
Overall Chi-Square	2.10
p-value	Ω 25 U.SJ

Table 25 MTX Delay Clearance Frequencies Implications

2) Sex and MTX Delay Clearance Frequencies Chi-Square Calculation:

Table 26 Sex and MTX Delay Clearance Frequencies Observed Data

Table 27 Sex and MTX Delay Clearance Frequencies Expected Data

Table 28 Sex and MTX Delay Clearance Frequencies Chi-Square Contributions

Table 29 Sex and MTX Delay Clearance Frequencies Statistic Results

Table 30 Sex and MTX Delay Clearance Frequencies Implication

3) BMI and MTX Delay Clearance Frequencies Chi-Square Calculation:

Table 26 BMI and MTX Delay Clearance Frequencies Observed Data

Table 27 BMI and MTX Delay Clearance Frequencies Expected Data

Table 28 BMI and MTX Delay Clearance Frequencies Chi-Square Contributions

Table 29 BMI and MTX Delay Clearance Frequencies Statistic Results

Table 30 BMI and MTX Delay Clearance Frequencies Implication

.

4) BSA and MTX Delay Clearance Frequencies Chi-Square Calculation:

Table 31 BSA and MTX Delay Clearance Frequencies Observed Data

Table 32 BSA and MTX Delay Clearance Frequencies Expected Data

Table 33 BSA and MTX Delay Clearance Frequencies Chi-Square Contributions

Table 34 BSA and MTX Delay Clearance Frequencies Statistic Results

Table 35 BSA and MTX Delay Clearance Frequencies Implications

Discussion

The chi-square analysis revealed no significant association between ethnicity and MTX toxicity, with a p-value of 0.347. However, the data indicated that Caucasians had the fastest clearance rates, while Hispanics experienced the highest toxicity rates. This finding aligns with previous research suggesting ethnic differences in drug metabolism, possibly due to genetic polymorphisms affecting MTX pharmacokinetics. The lack of statistical significance in this study may be attributed to the relatively small sample size $(N=54)$, which limits the power to detect significant differences across ethnic groups. The analysis indicated a higher incidence of toxicity in females compared to males, although the difference was not statistically significant $(p-value = 0.132)$. The lack of statistical significance suggests that while there may be a trend, it is not strong enough to be confirmed with the current dataset. Larger scale studies are needed to explore this potential sex-based difference further and determine whether specific adjustments in MTX dosing are warranted for female patients.

The study found a significant association between higher BMI and increased MTX toxicity (pvalue $= 0.039$). Patients with a BMI over 25 were at a higher risk of experiencing toxicity. This finding underscores the importance of considering BMI in treatment planning to optimize dosing and minimize adverse effects. It also reinforces the current practice and highlights the need for further research to develop specific dosing guidelines for patients with higher body weight. BMI. The chi-square analysis showed no significant association between BSA and MTX toxicity (pvalue $= 0.126$). Despite this, patients with smaller BSA were observed to have faster drug clearance rates, potentially leading to reduced toxicity. The findings were not statistically significant.

The analysis found no significant association between gender and delayed MTX clearance (pvalue $= 0.53$). Both males and females exhibited similar rates of delayed clearance, indicating that gender does not significantly associate with MTX clearance in this cohort. Consistent with our previous results, the absence of a significant relationship in this study could be due to the limited sample size, which may not adequately capture subtle differences. Larger studies are needed to confirm these findings and explore potential mechanisms underlying the observed differences.

The chi-square test showed no significant association between race and delayed MTX clearance $(p-value = 0.35)$. This finding suggests that race does not significantly affect MTX clearance in this patient population. The study found a significant association between BMI over 25 and delayed MTX clearance (p-value $= 0.039$). Patients with higher BMI were more likely to experience delayed clearance, consistent with previous findings that higher BMI can affect drug metabolism and excretion. This highlights the need for careful monitoring and potential dose adjustments for patients with higher BMI to prevent delayed clearance and associated toxicities. No significant association was found between BSA and delayed MTX clearance (p-value = 0.9361).

21

Limitations of Current Study and Future Considerations

- • **Increase Sample Size:** Future research should involve a larger sample size will improve statistical power and reliability of the results.
- Multi-Center Approach: Conducting the study across multiple centers will ensure a diverse patient population and enhance the generalizability of findings.
- **Incorporate Additional Variables:** Including other relevant variables such as genetic polymorphisms, renal function, and detailed dietary intake could provide a more comprehensive analysis.
- **Advanced Statistical Methods:** Utilizing advanced statistical techniques, such as multivariate analysis, will help control for potential confounding factors and better understand relationships between demographic factors and methotrexate outcomes.
- **Detailed Toxicity Assessments:** Performing more detailed and standardized assessments of methotrexate-related toxicities, including grading the severity of adverse effects, will facilitate more precise comparisons.

Endnotes

Since the data for the "Other" category is too small, we excluded it from the calculation in both Ethnicity and MTX Delay Clearance Frequencies Chi-Square Calculation and Ethnicity and MTX Toxicity Frequencies Chi-Square Calculatio

Appendixes

Institutional Review Board FWA00000351 IRB00001138, IRB00012110 Office of Research 12201 Research Parkway Orlando, FL 32826-3246

UNIVERSITY OF CENTRAL FLORIDA

APPROVAL

January 2, 2024

Dear Jacqueline Flores:

On 1/2/2024, the IRB reviewed the following submission:

The IRB approved the protocol on 1/2/2024.

In conducting this protocol, you are required to follow the requirements listed in the Investigator Manual (HRP-103), which can be found by navigating to the IRB Library within the IRB system. Guidance on submitting Modifications and a Continuing Review or Administrative Check-in is detailed in the manual. If continuing review is required and approval is not granted before the expiration date, approval of this protocol expires on that date.

When you have completed your research, please submit a Study Closure request so that IRB records will be accurate.

If you have any questions, please contact the UCF IRB at 407-823-2901 or irb@ucf.edu. Please include your project title and IRB number in all correspondence with this office.

Sincerely,

enea Couver

Renea Carver **Designated Reviewer**

Page 1 of 1

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