Principles and Techniques of Patient Care

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Book Review


Principles and Techniques of Patient Care provides knowledge and skills in patient-care activities to allied health students and health care providers. It could serve also as an excellent resource for care givers such as the patient’s family.

Basic principles and techniques of patient care are covered in 11 chapters: documentation; evaluation; patient and family education; communication; safety considerations; body mechanics; positioning and draping; transfers; ambulation aids, patterns and activities; wheelchair features and activities; vital signs, special equipment, patient care environments; infection control; and emergencies. Each chapter begins with objectives, followed by keywords and definitions, and ends with a summary, self-study questions, and activities. Each technique gives step-by-step instructions and discusses indications, precautions, and contraindications.

Overall, the comprehensive nature of the textbook makes it an ideal text for students enrolled in allied health programs such as occupational therapy, occupational therapy assisting, physical therapy, physical therapy assisting, respiratory therapy, and radiologic technology, etc. It also would serve as a valuable reference for allied health professionals.

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