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Human Diseases, A Systemic Approach

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Richards: Review: Human Diseases, A Systemic Approach

Human Diseases, A Systemic Approach. (2nd ed.), Mary Lou Mulvihi 1. Appleton & Lange, East Norwalk, CT., 1987, 384 pp., \$22.95.

Human Diseases, A Systemic Approach introduces students entering health careers at any level to the mechanisms of disease and its effects on the human body. Line drawings of concepts, photographs of disease states, a complete glossary of terms along with study questions at the end of each chapter will facilitate the students' understanding of the human body and diseases..

The book is divided into two parts. Part I explains the disease process and basic terminology. Inflammation, immunity, allergy, and neoplasia concepts are described as well as inherited diseases and diseases caused by excesses and deficiencies such as bulimia, obesity, and vitamin deficiencies. Part II includes the more commonly occurring diseases of each body system. Emphasis is placed on the pathology in contrast to the normal anatomy and physiology which is reviewed at the beginning of the chapter for each system.

Strengths of the book include the line drawings, photographs, study questions at the end of each chapter and the complete glossary of terms. One criticism of the book may center on the lack of chapter objectives but this should not discourage instructors to evaluate the book for their particular health occupation.

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