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and it's also the smell of laundry

BY

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A thesis submitted in partial fulfillment of the requirements for the Honors in the Major Program in English in the College of Arts and Humanities at the University of Central Florida Orlando, Florida

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Thesis Chair: Professor Terry Thaxton

ABSTRACT

This collection of poems brings to life the idea that in a poet's world, every day life and every single occurrence is a possible subject. Included are works brought on from the worst of circumstances, the youngest of memories, the happiest moments, and even the simplest of thoughts. The collection is autobiographical and reflective, a re-creation of the events taken place with the addition of present knowledge. The work here gives proof to the idea of cohesion between content and art form – it proves the notion that how something is being said is just as, if not more, important than what is being said itself. Concrete imagery full of sensory details, a distinct voice given through language and rhythm, and passionate, truthful emotion are only some of the specific interests found in the following pages.

and it's also the smell of laundry is a collection that celebrates the cohesion of content and form, interweaves experience and art itself. This collection embraces experience, gives reason to the past, and gives strength to the present. It is autobiographical, written from painful, colorful, miserable, ecstatic, and even mundane moments. But it is also carefully crafted, true to the form, and embodies perfectly the idea of art itself as it is the carefully constructed form and tools within each piece that bring to life the experiences themselves.

ACKNOWLEDGMENT

These words originated from every moment of my life but have been committed to paper only because of the few people who saw beauty in them and in me.

DEDICATION

Thank you Jennifer Elyse Karr for never leaving my side and always answering at 3 AM.

Thank you Sean Alexander Landolt for laughing, loving, and believing in me when I didn't.

Thank you Terry Thaxton for seeing in me something I couldn't.

And thank you Riley Cadence Miranda, for giving me a reason and a dream to strive for.

This is for you.

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Renovations

Breeze echoes and headlights rush past in waves. This will be new again. A baby born. Savior

caressed in yellow glow that remains familiar.

She is not the same as yesterday. I am naked in the sun.

How to Fake It

Convince him this won't matter in the morning. Shut the door, as breathing fills the room loud enough to cause a blush and his hand travels past your thighs, in.

Say something harsh.
Possessive terms go out the window,
"think about whoever you want" and the tables turn.
Stop looking into his eyes.

Smile. Don't force it as his lips touch your neck.
Close your eyes every minute or so.
Let him grab you, let him feel control. Remember, you are his saving grace.

He's not asleep so say it first, those three words don't matter.

Take weight in each step.
Screams and curses fill your ears, inaudible.
Break bread. Eyes downcast. Look repentant as last night's eyeliner smudges across your cheekbone.

Piano at Dawn

The notes are rhythmic, loud as you screech out of key as I misinterpret your eyes, make you my reason and fill you into holes that need patched.

My affection is misplaced in you, I know. I also know (remember?) this feeling as the sun beats down on flesh, as I watch you gracefully, comically drop off the side of that wave

you almost catch. You are his carbon copy, but opposite. Age hasn't turned you. No, age hasn't even begun.

You turn your head slightly left and I read names in cursive, six words that cause bonds to break. Your fingers glide onto the keys strong, porcelain and ebony begging for lyrical seduction.

Your mouth stays silent as I wish my bony form onto the cushion beside you.

There Are No Apologies Necessary

and seed. It got worse.

(1)
Your smile
in exchange for fine particles of crystallized leaves
scattered into the rifts of hard wood

Foreign language, from movies and TV shows I was never allowed to see spout from the mouth I ached for at some point, in a distant city from years I can barely remember, can't seem to forget, let go, forgive.

The inadequacy hung above sweat stained pillows as we slept.

You know, maroon and violet can't be hidden by NC20, NW25, Medium/Yellow-Green at \$30 a pop.

And then came: Slammed, the wall, Brandon Boyd under glass rushing toward my back. You have large pores, black heads in the crevice of your nose and up close, with clammy skin, you shake. (2)

I became senseless when our bodies intertwined. Please believe me when I say that this was real, and hollow.

The lisp of your words were memorized causing an ecstasy that refused re-entrance, causing a little girl to fall into restless sleep (pacify the needs that aren't shown while clinging to cotton, a faded purple, unrecognized face, and a mother who has already had her chance)

But the asphalt turned wet. Water ran through my veins, drenched the earth, the curb, your permanent grave.

No marigolds, lilies, yellow roses half open, just cigarette butts unwrapped, grit and shell. I wanted to bash my head into the parking block, 20 feet from the moment I pricked my finger and fell away from her.

You told me to never change

as I scraped nails and skin, repeatedly pleading the atmosphere to fill in gashes, wash out wounds with antiseptic. (3) The first day air raced up my nostrils, unbound,

Then suffocation from August, September, October, Times New Roman, 12 point font, and yellow tinted cuticles tumbled behind the carbon fiber break lines off US 1.

I spat confessions, spat devotion or hatred, scorched my lungs with Marlboro 27's on that porch off Sagola. You found your enemy, and a wolf spider lay in the corner, limbs drawn and quartered as punishment for potential espionage. "Let it be," you said, (I say now) as 2 A.M. came and passed, threat ticked in hours from behind two doors where your wife slept in denial, where we sat 3 feet from contact, and you taught me how to laugh again.

And now, and now this.
This felony of phonetics of syllables that call unto nostalgic times. Your eyes blaze blue, with no remorse in the soft-pink lips that disappear from your face.

Okaasan

Octaves higher with the left over taste of oil, oregano and my tongue lacks smoke.
Rain pierces the charade, happy charade, falling faster.

I speak to you like a child, enunciation on my vowel sounds and spitting "t's" like crosses. Bloated with syllables that coexist.

Mother—Mother—may I?

But you can't reply and believe there is something left off those words.

My father and fiancé step sideways to smother sound in droplets. My daughter cries for attention from inside the silver Jetta, the windshield darkens her skin, tints it gray.

You do not see that I am not her.

I cannot be her.

She wore a sundress from JC Penney's while three paychecks of silk hung in her closet

and walked down tile lined with patio furniture for you.

I will not amount to anything, you told me that night to the child you now pretend is yours, to the one you could never reach.

You caress her face when she calls out. You forget that face belongs to me.

She is not. She is not. She is not.

I sucked ice and pushed plastic, hard while you told me I wasn't a woman.

I grew and tore in diagonal lines, septic while you denied me for choosing modern medicine.

And living across from you, across the hall served as a prison cell. You did not see.

I blame you for this family, though you only knew love once. "Are you in love with him?"

I blame you for lying to the man with thick hair, the man I love. "I was."

I am not the little girl with braids, not the teenager who cowers in her room. I have formed breasts and coarse hair. I have from behind, on top and backwards. And what do you have? You have a cotton patched comforter and four pillows to warm where he should be. You have a man with long hair to beg at night when your groins ache.

The taste of chocolate dries my mouth. Your hair is braided long and gray. I will wear mine short.

In Vain I Cry Out to You

Let's countdown, speak destiny, Glory be to the Father, naive destiny, and to the son.

Itch our new eyes while we pine and bitch and nurture, nurture for only redemption.

Wash me thoroughly from my iniquity, cleanse me from my sin.

The emptiness overwhelms, begs forgiveness.

It blasts and bashes heads for calm.

Speak slowly with mindless minds, you know it is coming—the end, her ends as he raises her sins, that rush *But you were washed, you were sanctified.*

You were justified in the name of the Lord. Release as rockets fall collapse earth and metal. Shh, that quiet whisper, can you hear it grow, growing like winter arising; a memory. Speak soft, speak. Speak, and scream. It flashes before your eyes as bombs blaze. He knows it's you. He knows you stayed. Just you, you teased and carried her, lied for her, for her, for her. Glory be to the father

Find home. Find solace. And we agreed upon this didn't we? *In His holy name I pray*.

The end of all. The steel wall that haunts?

The violin that sounds sweetly—

It grows like night fire, wild fire, waits with anticipation grim and ghastly while you slip surely into the city you call home.

These pending colors in evergreen and orange. You call and call, no sound awakens. It stops and starts like rise, like fall. The trophies, the monsters from your inner child,

grow deeper as you find nothing but bleak, but gray.

With symbols crashing it sounds.
With piercing eardrums groups fly onto sand.
And I am left, a whistle in the wind.
It fades while your mother calls, *And to the son* empties her dishrag of soot and Satan; that rag you burned in a previous life.
Your father's blood, it reeks of you; your sin, your taste buds and that sweet scent, *and to the Holy Spirit*.
Commit. Commit and fly as you dull the knife and cut the surface with red ivory that once was time, white and melancholy, forgotten like the sea in you.

Can you hear it growing? Shooting fire and flame like wars and gods? This crown of thorns, adorned and set, pushed down on flesh, slippery with silence in the light of this fire.

As it was in the beginning.

Quiver with clenched fists and promise to take all the air I breathe in--*Is now.*

The light brings you down as rockets fall-And ever shall be.
Eye sight making dust on promise land-World without end.
And quiet pounding is all I have to offer, Amen.

Smoke & Mirrors

--an acrostic for you

Because vessels beat for longer than it took to unwrap each word laced with unfamiliar circular meanings and a grip, ash and grit that I find, still, under brown couch cushions. Because untamed (passionate or wild) and the vague resemblance of chivalry. Since then I have cleared, that cold I had for months Evaporated. As if your touch meant nothing. Your face is faded along with others in the distance of reality. I've decided it was innocence versus maturity. *Please*

understand, we don't know what we feel when we are immersed.

Each impulse crashes down over the next with no lifeline to grasp, to catch for breath, to grip for solace, in that summer of storms. And then laughter takes over in first meetings, infiltrates the noise of two years and counting. Knives cut smooth through each muscle and tissue falls softly onto the pillow beside me. I wake up to morning, to tangerine-grey sunrise and ocean blue, fixated. Because

ocean blue offers no excuses or altered meanings. Because it keeps no demons with each eyelash black and building on the one before. And because tan skin rushes over, creates blush pink fire and collapses nameless collages of face, head, hair, lips. Details of "girl meets boy" turn to smoke in the single moment of recognition, of touch. The last image releases. The man, the boy, and that reach toward the door, hands stretch outward and open, that reach toward a lighter, the cast iron table, the walk outside, no seats open, no introductions, racing heart, his face, his knowing smirk, the concrete stains of mud like mirrors.

What I Haven't (Have?) Said

I couldn't concentrate on words I had no interest in, involvement in.

A woman's history, a country's story, means nothing without a binding force.

I forgot. I never treaded back, refused re-entry.
The water is stagnant, breeds bacteria and larvae.

It's cold, vacant.
Sing-song voices repeat their daily chants, "It's okay, honey.
You're doing the right thing" an herbal tea to ease the pain.

And I haven't told you.

And I don't know why,
except that maybe I spoke too soon
or you did.

These things I write, have committed are not sins. They are a woman's history, a life's story.

There is Such Thing as Regret

I know that fairytale heroes live in her world. Running as her taffeta dress in rose circles around her, we bow before the princess as she anoints us with her chop-stick wand.

I know that tea time means Sleeping Beauty and Ariel deep in conversation, as the trays drain and fill with imaginary pastries and sugar cubes.

I know that true love exists in her dreams. Her eyes twitch and lips pacify to comfort held in colored plastic. A crutch that re-introduces itself each night I break my promise.

I know that beacons of light 10 feet away guide her to safety when the dragons creep in, when the witches in black capes offer poison. She wakes up in silent tears searching for my hand.

I know that mornings without too many kisses imprint permanently on the subconscious.

I know that her knights in shining armor are those with big smiles and strong arms, that praise when the peddles go in the right direction, coming just long enough for her to memorize names then fade into memories and longing for something she does not understand.

I know that her tears and "I miss you's" come far to frequent, that these fairytales will one day die-out. Rust gradually corrodes armor as gowns tear and fill black plastic with childhood. It's all yours for \$3 a pop.

For Him

She sits, half conscious (half the time)

letting down concrete walls, bricks and boards.

Breaking them, cracking them with every bone and stare.

Where he sits, calm (please be honest), inhaling her anxieties.

Where they sit together.

[A play on letters, words if combined. It's a mystery how lives intertwine with no purpose, but reason that has reached the surface when least expected.]

Vows made at ungodly hours in unprofessional words and contexts. "I just saw a shooting star." "Make a wish," and so it starts, has already begun.

His eyes are blue, the ocean begging her to release, exhale, dive in. His lips graze her hair (breathe she tells herself). His hand opens as her fingers find his. An invitation, a place, a home pleading.

Evenings I Can't Remember Happiness

Hands upraised, pull slowly through knotted strands of hair and I repeat *de-stress*, *de-stress*. These hands that don't realize lips don't feel the same any longer when pressed and shoved. Spit like ash, the after taste of rum. What should be meaningful, romantic or wanted turned forced and mechanical, No means no but words don't reach the inner ear, the left side brain, right side or cerebrum something, the technical term I never memorized in Biology four years before. The walls are empty while "Please" and "Thank you" notes lay in crumpled masses somewhere in a red suitcase.

You may be right, I don't win awards for the person I've been, become, but who made you God?

These hands in places they no longer belong, trespassing on territory and skin that is not claimed, never forged, not yours. These hands that should not still push down on hip bones, kneed bone to bone while my head turns leaving reddish brown curls on the pillow. My vacant eyes stare out the closed window. I plead, beg for you to stop, but your forehead creases harder. The window is already shut and closed while fingers pry, thrust. I see dust where you forgot to clean.

The Little Mermaid (part i)

I was young, 5 or 6. It was spring, summer. The grass was green as Southern California.

And on 13th street our house stood, brick. Three bedrooms and a playhouse on the split-level yard out back, white paint and black widows.

Back in the rectangle frame held my grandmother's room. White light poured in from the window, here I discover myself. Too young on a white day bed, wrought iron posts rusted at the bolts.

I was raised on Disney.

Fairytales and unrequited wishes (heroines and heroes I could never be) filled with passion and lust (am I remembering incorrectly?)

Do you remember The Little Mermaid? Do you remember Eric —?

Brawny, dark hair and muscular,

(I admit my memory may be tainted.) I pretended I was Ariel, jealous of her genetics in red.

My skin touched skin between layers of cotton panties and Gymboree overalls. My fingers forced themselves and wedged, face pressed hard against the pillow. Smashed, rhythmic, repeated, as stale saliva flowed onto white lace-trimmed pillowcases, vintage and ancient like she who caught me. My head pounding, heart beating, jet-black pigtails increase in sweat with each new find. I was she. I had him.

Rub, touch. Rub, touch, feel. And I was pretty for once. I was grown up, too fast, too soon (because it all started then) to a fictional being.

The Little Mermaid (part ii)

The unknown pulsing and aching-- it stopped. Calm, calm, calm while yellow-tan appendages slowed, savored the moment.

Wooden door creaked open fast, faster than I could cover up.

My triangle legs face down into white sheets. Printed pink roses and faded green leaves, her pastel pink blanket, crocheted, hand-made and desecrated. "What are you doing?" auburn hair, curled, shaking, her skin becoming veins, transparent.

As I stood from my sins, as I inhaled

the aura of store bought fragrance, the aura of age.
"Nothing Grandma," I turned.
I walked out. I headed toward dollhouses,
My Little Ponies and stuffed animals
all in a row. I learned to lie.

In Response

And I refused to hear unnecessary words, sounds, refused to listen when the calm turned to accusation, the audacity that you knew what she needed. She slept before your tongue pushed its way through. That voice reached the ceiling and she saw a war in your eyes when you told me leave.

I do not apologize for my lack of introductions, just as he never apologized for calling me a cunt.

You avoided words as electrons clustered above my window through the crack that fit your fist, reaching for me.

And you turned the key.

Two lights that could have promised me to you; blinding as I drove down empty streets, streets where millions of her lay in their beds.

I asked, *can you stop*, You replied, *I've given up everything*.

Two days from now wet earth's stench will rise. The sun will shine on my left as I drive away as I find myself not in tears.

The Current

Your jeans sit too low and your rage is wind.

Strong as debris, fists, and arms hurdle and crash into my drivers seat window, into my clutch, my hands. My key flies to the space below your feet.

Your hair is balding, old like a molester of children and the tattoo, that skeleton key of metal and blood, does nothing, reminds you that--

I never orgasmed with you.

Never knew love with him,
with you or anyone because he and you and they were not.

I wanted the ability to walk on my own, to stand.

Someone take me by the arm and lead me out into the open, a city where he doesn't exist.

Grit

Stains on the concrete sidewalk mimic palpitations-- frequent, scarce,

You: a muddy brown mixed with ashes and grit. The chairs are the same plastic, spotted and falling under weight.

But your body is no longer here. Your body has faded, just walked away, vanished, like the marked spots on gravel washed away by pressure.

and it's also the smell of laundry

I want to smile, be happy with people and absent of thought

silent while the world carries on just proving that it can

1573 Quinn St

Spider carcasses on the shower floor and in the back room unfinished wood lies across an uneven table.
Patchouli burned amidst pennies and colored stones with hand wraps and diagonal passions on the walls.

Red brick exterior off Quinn Street and lined with Swarovski crystal cabinets. News programs whispered the end of another day.

On the cobblestone driveway, "His and Hers" parking, curved to the left or straight in, mine behind, and blankets indulged in summer's heat.

Out back the lake stood between nature and stone, an altar of our sins, (our potential never met?) with fishing poles, stuck three inches in the ground. Spiderman or professional but the choice was always yours.

Cigarette butts, firm but giving from constant drags, flicked across a cracked shoreline with silence or laughter as the breeze brought rain, brought Fall.

You stand (contemplating?), and hard, with meaning, my hand twitching, my heart slowing to a stop on twisted metal.

Triggered and Triggering, this Enflamed City

Holy Crusade they call it, the name filled with justice, grace. Just enough to be valid, to mask or give reason to the boy in the crib, the girl in the corner to the ashes with shards and singed edges of clothing. Burnt flesh of mothers or fathers, suffocation in noses.

They bite, they cut, they bleed blood that pours, sharpens senses or paralyzes and seeps into earth, into dirt, into wet soaked with red.

These eyes of mud and power ruin ears, tongues from mouths and throats that beg on knees, that kiss or spit, spew and prepare for battle. They believe

their truth, preach their verses, and follow this man with snarled hair and downcast eyes, head bowed, not wanting to see his doing. Heritage (part i) -- Wade (1915 – 1992)

I believe he called her princess, *Come here honey, closer*. And she won't tell me the rest. She gasps for air as he rocks and rocks and rocks.

She won't tell me the rest, how he crawled into cotton sheets, rocks, rocked, kissed her neck as she turned her head, stared.

He crawls into sheets and the overhead fan whirs on. He kisses her neck as she turns her head and stares, as the sweat dries.

The overhead fan whirs as she gasps for air.
The sweat dries.
I believe he called her princes, *Come here honey, closer*.

Heritage (part ii)
-- HRM

And she gasps for air as he rocks and rocks.

There is silence

when it's over, when the sweat dries. There is the whir of the overhead fan,

the white and gray one I know.

There is No Window

Like an abuse victim, we are twins and sheltered.
Odds are you won this game, will win again and shelter that, it, her, the lucky one. Receiver of you/your.
Lucky is lose there and they call it survival.

Funny that I've been spit on, nearly killed --red, orange, blue, purple-- and you stuck with me, your words, lack of them.

Sweat on skin, faint scent of Curve Soul fingertips. You're covered in hair, but barely. Your body pregnant, a million specimens badly wasted. There is no champion here as we count our losses on fingers that wrinkle and ripple that longed to be touched at one point, that repeatedly crack, a tribute to the abuser.

Did you know I remembered that night?

The change of atmosphere, consciousness and red bricks, brown speckles, grout half emptied in its criss-cross pattern where ants work in lines, worked day in day out, back and forth. Your words

are thin, not forced, maybe.

Overlapping and evaporate into pounding sound waves; my outward silence.

I almost did that day and something stopped me. I need this, this space, to find the culprit, and you spoke like this.

Criss-cross applesauce on the floor while I inhaled hot air, separated by fabric from the outside. Captitivy? I'm sure the air was stale or burnt or shallow, (Was it the same for you? They call it scars or wounds and I refused the title, believed my Savior, our Savior, Saving Grace.)

and the earth and lake are wet and water has no iron stench, has no need for purifying. There is no resemblance to me, here, by the screen and its spider thin cloth.

333 Melody Estates, The First Week

This is her and he is sleeping and she smokes too many cigarettes while the wind blows. A chair full of rain water and ashes. She realizes that she has him is scared of him and frightened because the wants or needs and habits etched into her skin sometimes last till sunrise

You are different because you stayed. You are new and welcome with your sometimes gray or cadet or aqua, your inviting sweat and scratch, your rough as she pulls his head deeper with her hands, no air.

She has been a victim but hates to acknowledge it. She has called the others rapists and worse. She has scars and marks for days, let's call it years. And then he came

and she backs away. He takes a step and she counters; that perfect play he saw last night on ESPN, MLB, NFL something, when the door was closed with the TV on.

You don't stop your pleads for calm when the girl is sobbing, he does not flinch at eyes covered in wet and black flakes pouring, in past that reads like this when it rears its head.

The Dobermans in black and deep brown from behind the metal gate of her child hood. He stays

and she stares in fixation or confusion, a million fractures evoking syllables, 1 and four letters, C-U-... but instead 1,1,1 or 1,4,3. Seven letters, three spaces that don't make sense, that are constant. And she kneels

flows and up heaves her daily disorder, the one her body cannot handle because she was born without.

She adjusts and finds his hand,

solid leg and body already waiting for her in the room where the lights are dark.

Reflections on Readings, on Juarez, on Chihuahua, on Things I Do Not Know --after Valerie Martinez's Each and Her

If I understand correctly they used force and dark shades turn to winter tones on skin, like costumes. Blade and powder after organs and ropes, signature. This is all they know. (but she) speaks softly, translates for us.

The rising, the blockage in your throat, and a list of names. The names that bring reality, force recognition, 'humanization' you said, "What keeps the murderers from murdering."

They call this tragic, unknown. These murders and losses. These girls and women, "this way" you say, but don't know where to direct these masses, these people who call this an outbreak.

Outbreak? Epidemic? They call this unheard of and mysterious like a magic trick with no beginning or end. But this is dinner at 7 PM and the sun setting over aqua, over red flat dust, over an abundance of white, cold. This is everywhere.

This is Monday meatloaf, Tuesday chili, Wednesday stew, Thursday leftovers. On Friday it is pizza with pepperoni. This is every day and routine, these parties and desires, and this is

tradition, so where are your tears?

Sensing Sand

The fence between us is cold to the touch after a brief rain washes off the chalk landscape of yesterday. It stands in yellow peach sand with drying weeds, flowers. My skin is hot and sweat pours down my neck as the sun beats below to green clusters and dust covered mountains they call hills because they haven't grown enough. And I stare beyond Algae's and Alfie's house, the family of boys shot one day after lunch. Osie calls my sister's name and here I am still tied to the fence, hands behind my back and fastened with pink string connected to the plastic diamond that today is a black-iron ball and chain. Yesterday, pirates gold. And my toes sink, slide into grit that holds the fence, buried so deep its roots cannot feel this heat that burns down on its sister limbs, my wrists. The necklace around my wrists is tightly knotted, faded in spots from dirt on days when we are gypsies, kings.

My neighbor Osie's hair is black and sticks up straight, reminds me of electricity and the story my dad would tell every day before we went outside, those two brothers that stood on our fence, that touched the telephone wires and fell down, one lived because the pine needles jump started his heart, one didn't.

Our parents barely speak, and I think, how can it stand up like that, stand up in this heat.

The Mechanics of a Clothes Pin

When you are one we live with my parents, we don't use cloth diapers, bottle warmers, there is just enough for Wal-Mart brand and coloring books, just enough for us to make a haven in the living room. The carpet beneath us is cadet blue, curly-que stitch, not padded enough except to break your falls that are constant because your legs are new, it is covered by pink and white sheets with pillows stuffed between walkways, between the yellow, blue, yellow, blue, gray couch in stripes, serving as gates and trapping us in this tiny prison filled with blocks and color crayons. I'm sorry we could not afford Crayola, Tickle Me Pink.

The couch is a mountain you only climb when no one is here, when I step into my room for a quick call or for a cigarette out front, three minutes of peace in my day. There are no blinds on the window as I stare in after you; the sun puts shadows on your face, the usual gold, blue, and carnation pink, muted. With little hands turning every which way, determined to understand.

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