Instructional Strategies for Scenario-Based Training of Human Behavior Cue Analysis with Robot-Aided Intelligence, Surveillance, Reconnaissance

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INSTRUCTIONAL STRATEGIES FOR SCENARIO-BASED TRAINING OF
HUMAN BEHAVIOR CUE ANALYSIS WITH ROBOT-AIDED
INTELLIGENCE, SURVEILLANCE, RECONNAISSANCE

by

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A dissertation submitted in partial fulfillment of the requirements
for the degree of Doctor of Philosophy in Modeling and Simulation
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The U.S. Army desires to improve safety during Intelligence, Surveillance, Reconnaissance (ISR) operations by removing Warfighters from direct line-of-fire by enhancing ISR operational capabilities with unmanned systems, also known as Robot-Aided ISR (RAISR) (DOD, 2013). Additionally, RAISR presents an opportunity to fulfill ISR capability requirements of modern combat environments including: detection of High-Value Individuals (HVI) from safer distances, identification of baseline behavior, and interpretation of adversarial intent (U.S. Army, 2008). Along with the demand and projected acquisition of RAISR technology, there is the added need to design training requirements for system operation and task execution instruction. While documentation identifying specific training standards and objectives for ISR tasks utilizing unmanned systems is limited (DOD, 2013), simulation-based training has been identified as a critical training medium for RAISR (U.S. Army, 2008). ISR analysts will primarily conduct RAISR tasks via Indirect Vision Displays (IVD) which transition well into multimodal simulations (Salcedo, Lackey, & Maraj, 2014). However, simulation alone may not fulfill the complex training needs of RAISR tasks, therefore, incorporating instructional support may improve the effectiveness of training (Oser, Gualtieri, Cannon-Bowers, & Salas, 1999). One method to accomplish this is to utilize a Scenario-Based Training (SBT) framework enhanced with instructional strategies to target specific training objectives.

The purpose for the present experiment was to assess the effectiveness of SBT enhanced with selected instructional strategies for a PC-based RAISR training simulation. The specific task type was the identification of HVIs within a group through behavior cue analysis. The instructional strategies assessed in this experiment, Highlighting and Massed Exposure, have
shown to improve attentional weighting, visual search, and pattern recognition skills, which are critical for successful behavior cue analysis. Training effectiveness was evaluated by analyzing the impact of the instructional strategies on performance outcomes, including detection accuracy, classification accuracy, and median response time, and perceptions of the level of engagement, immersion, and presence during training exercises. Performance results revealed that the Massed Exposure strategy produced significantly faster response times for one subtle and one familiar target behavior cue. Perception results indicated that Highlighting was the least challenging instructional strategy and the Control offered the preferred level of challenge. The relationships between performance and perception measures revealed that higher levels of engagement, immersion, and presence were associated with better performance in the Control, but this trend did not always hold for Massed Exposure and Highlighting. Furthermore, presence emerged as the primary predictor of performance for select target behavior cues in the Control and Massed Exposure conditions, while immersion and engagement predicted performance of select cues in the Highlighting condition. The findings of the present experiment point to the potential benefit of SBT instructional strategies to improve effectiveness of simulation-based training for behavior cue analysis during RAISR operations. Specifically, the findings suggest that the Massed Exposure strategy has the potential to improve response time when detecting both familiar and novel targets. The results also highlight directions for future research to investigate methods to alter instructional strategy design and delivery in order to improve trainee perceptions of the instruction.
Dedicated with love and appreciation to my encouraging and supportive husband and parents.
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LIST OF ACRONYMS/ABBREVIATIONS

AAR  After Action Review
AOI  Area(s) of Interest
BEI  Biometrics-Enabled Intelligence
CCIR Commander’s Critical Information Requirements
COA  Courses of Action
CRT  Cathode Ray Tube
DOD  Department of Defense
HTA  Human Terrain Analysis
HVI  High-Value Individual
IKD  Intelligence Knowledge and Data
IO   Intelligence Operations
IP   Intelligence Personnel
ISR  Intelligence, Surveillance, Reconnaissance
IVD  Indirect Vision Display
I&W  Indications and Warnings
RAISR Robot-Aided Intelligence, Surveillance, Reconnaissance
SBT  Scenario-Based Training
SBT-AID Scenario-Based Training: Adaptive, Intelligent, Dynamic
UAS  Unmanned Aerial System
UCF  University of Central Florida
UGS  Unmanned Ground System
VE   Virtual Environment
CHAPTER ONE: INTRODUCTION

Since 2007, the U.S. Department of Defense (DOD) continues to revise and develop plans to increase the number of unmanned systems integrated into combat operations (DOD, 2013). This demand is spurred by desires to increase safety by removing Warfighters from direct line-of-fire and enhancing operational capabilities with technological support (DOD, 2013). Unmanned systems serve in several capacities including ordnance disposal, target acquisition, communications relay, persistent surveillance, air and ground reconnaissance, checkpoint assistance, and weapons delivery (Milburn, 2012; Army Research Laboratory, 2011; DOD, 2013; U.S. Army, 2008). Additionally, there is an emerging demand to enhance Intelligence, Surveillance, Reconnaissance (ISR) tasks with unmanned systems, herein referred to as Robot-Aided ISR (RAISR).

By 2024, the U.S. Army plans to modularize its force by reducing current Army divisions from 15,000 soldiers to brigades numbering 4000 soldiers, thus, increasing the overall number of units (U.S. Army, 2008). These changes in the organization of forces will necessitate the integration of systems that will support Joint ISR operations across more broadly dispersed units. The future modular force structure will require coordination and cooperation of ISR analysts across units to collectively analyze adversarial behavior to identify a baseline and implement preemptive, rather than reactive, actions in anticipation of attack (U.S. Army, 2008). A shift in modern warfare characteristics to irregular, urban combat situations presents specific requirements for emerging RAISR capabilities to enable detection of suspicious individuals from a safe position, distinguishing of behavioral characteristics indicating a suspicious individual’s intent, and interpretation of a suspicious individual’s behavior according to socio-cultural
characteristics (U.S. Army, 2008). Technological features to support these requirements may involve the employment of more sophisticated systems, cameras, and sensors to monitor the environment (DARPA, 2011; U.S. Army, 2008).

Along with the acquisition of new systems and capabilities, there emerges the added need to develop training requirements for instruction in system operation and specific task execution. There is limited documentation addressing specific training standards and objectives for ISR tasks utilizing unmanned systems (DOD, 2013). Much of the training doctrine that is well-defined addresses the air domain alone. The overarching focus of this research effort was to explore the utilization of unmanned systems in the ground domain to improve ISR quality and effectiveness for the identification of suspicious persons. Furthermore, the aim for this experiment was to investigate instructional solutions that promote effective and efficient RAISR task training.

The unmanned systems literature presents numerous concerns regarding the implications of incorporating unmanned systems on the evolution of ISR training. The U.S. Army’s Concept Capability Plan for ISR (U.S. Army, 2008) and the Unmanned Systems Integrated Roadmap distributed by the DOD (DOD, 2013) describe specific questions addressing gaps in the unmanned system training research, which include:

1. What are the training implications of emerging unmanned system technologies to support ISR tasks?
2. What format of training will enhance development across the full spectrum of unmanned ISR capabilities?
3. Which type and what frequency of training will support skilled unmanned ISR operations?
4. What simulation-based resources are necessary for unmanned ISR training?
While the novelty of these emerging RAISR capabilities may necessitate some level of live training experience, simulation-based training platforms designed to represent real-world operational environments with a high degree of realism and meaningful practice have already been identified as a critical training requirement for unmanned ISR tasks (U.S. Army, 2008). One method to accomplish this is Scenario-Based Training (SBT) within a Virtual Environment (VE). To further enhance the effectiveness of training, instructional strategies may be integrated in SBT. This experiment applied a SBT framework to virtual training of a RAISR task and assessed the effectiveness of selected instructional strategies by evaluating measures of trainee performance and perception.
CHAPTER TWO: LITERATURE REVIEW

Intelligence, Surveillance, Reconnaissance

According to the U.S. Army definition, ISR is an enabling operation involving the planning, collection, analysis, and dissemination of data pertinent to the fulfillment of a Commander’s Critical Information Requirements (CCIR) (U.S. Army, 2010). CCIR include any data needed to secure and retain situational understanding of an Area of Interest (AOI) and facilitate decision-making through informed selection of Courses of Action (COA) (U.S. Army, 2010). The U.S. Joint Forces definition expands the concept stating that ISR is a synergistic operation involving the coordination of available assets, sensors, and processing systems used to collect data (U.S. Army, 2008). ISR is considered a Combined Arms Operation utilizing an integrated network of assets from multiple echelons, both internal and external to the military, to actuate data collection efforts (U.S. Army, 2008; U.S. Army, 2009). As a collective term, ISR connotes an active process of gathering and interpreting information. However, to understand the full extent of ISR, it is befitting to discuss the distinct qualities of the individual terms (i.e., Intelligence, Surveillance, and Reconnaissance) comprising the acronym.

Intelligence

Intelligence is the more complex element of the ISR construct. Within the U.S. military context, Intelligence has a trifold definition, referring to Intelligence as a process, product, and personnel. As a process, Intelligence pertains to the actions involved to collect, integrate, analyze, and interpret data from the AOI, foreign nations, and hostile or potentially hostile forces (U.S. Army, 2010). The product of these processes is also called Intelligence and refers to the actual knowledge and data obtained (U.S. Army, 2010). Further, the term Intelligence is used to
designate the personnel, including analysts, Soldiers, and other assets, who execute ISR operations and manage data collected (U.S. Army, 2010). For the purposes herein, it is necessary to revise the labels of each definition in order to more readily identify intended meaning. Hereafter, Intelligence Operations (IO) will refer to the processes involved in the acquisition and management of data from the AOI. Intelligence Knowledge and Data (IKD) will refer to the knowledge and data products acquired as a result of IO. Finally, Intelligence Personnel (IP) will refer to individuals and organizations responsible for implementing IO and obtaining IKD.

Surveillance

The simple definition of Surveillance is the collection of data through observation. The specific U.S. military definition states that Surveillance entails employing visual, aural, and technological resources to systematically monitor locations, actors, and objects within designated space, surface, and subsurface areas (U.S. Army, 2007; U.S. Army, 2012b). The purpose of Surveillance is to support IO by maintaining persistent, uninterrupted observation of the designated AOI and by waiting for anomalies or changes in the environment to emerge (U.S. Army, 2012b). Surveillance aids the detection of critical changes in the state of the environment and status of entities of interest, thus enabling timely communication of Indications and Warnings (I&W) regarding adversarial actions, which may require shifts in tactical planning (U.S. Army, 2008; U.S. Army, 2012b). For the purposes of the present effort, the simplified definition of Surveillance as the collection of data through observation is sufficient.
Reconnaissance

Reconnaissance is similar to Surveillance in that it involves the collection of data through observation. However, unlike the passive and continuous observation of a designated AOI, which is characteristic of Surveillance operations, Reconnaissance operations involve active data collection from different locations within the AOI for a limited timeframe (U.S. Army, 2007; U.S. Army, 2012b). Additionally, while Surveillance operations often utilize a variety of visual, aural, and technological resources, Reconnaissance operations tend to heavily rely on human assets for gathering IKD (U.S. Army, 2007). However, with the increase in RAISR capabilities, the trend is shifting to incorporate more technological resources. IKD collected during Reconnaissance operations include information regarding the threat composition, strengths and weaknesses, capabilities, and resources of an adversary located beyond areas occupied by friendly forces (U.S. Army, 2008; U.S. Army, 2010). Additionally, CCIR may require collection of hydrographic, topographical, and meteorological data during Reconnaissance operations (U.S. Army, 2008).

ISR Perceptual Skills

ISR tasks are largely perceptual as they rely on the senses, primarily sight, to survey the environment. Visual perception involves the eyes’ sensation of reflected light to detect objects and events in the environment (Bruce, Green, & Georgeson, 2003; Yantis, 2001). Within a military ISR context, visual perception is a critical ability for perceptual tasks involving threat detection, tactical decision making, and situation awareness (Carroll, Milham, & Champney, 2009). Perceptual skills are the acts and processes related to the performance of a perceptual task (Carroll, Milham, & Champney, 2009). Examples of perceptual skills applicable to ISR tasks
include attentional weighting, visual search, and pattern recognition (Carroll, Milham, & Champney, 2009; Lackey, Maraj, Salcedo, Ortiz, & Hudson, 2013).

Attentional weighting involves directing more attention (i.e., more weight) to cues that align with specific criteria and directing fewer visual resources to cues that do not fit specifications (Eckstein, Abbey, Pham, & Shimozaki, 2004; Rezec & Dobkins, 2004). Visual search involves visually scanning the environment in search of specific objects or features (Neisser, 1964). Pattern recognition is the interpretation and synthesis of a set of perceived characteristics or cues to identify familiar or discernible patterns or phenomena (Tarr, 2000). In a military ISR context, development of these perceptual skills is imperative for effective detection and interpretation of I&W that may signify the presence of a threat. U.S. Army IP use these perceptual skills either directly by dismounted infantry or indirectly via RAISR technologies.

**Robot-Aided ISR**

RAISR involves the utilization of remotely-operated, autonomous, or semi-autonomous unmanned systems to support ISR operations. A critical purpose for RAISR is to provide sustained and persistent Surveillance and Reconnaissance in order to maintain and increase battlespace awareness, which requires understanding the AOI status and its implications on Commanders’ decision-making (DOD, 2013). The U.S. Army employs both Unmanned Aerial Systems (UASs) and Unmanned Ground Systems (UGSs) to conduct RAISR tasks. The current collection of U.S. Army unmanned systems with ISR support features spans a range of sizes, from compact, portable systems, such as the RQ-11B Raven UAS or Throwbot UGS which are rapidly deployable during short-term Reconnaissance missions, to much larger systems with
more advanced capabilities to support longer duration Surveillance operations, such as the RQ-7B Shadow UAS (Coba, 2010; Pearson, Moore, Ogdoc, & Choi, 2013; Voth, 2004).

Despite the size and peripheral features of each system, a common feature is the use of Indirect Vision Displays (IVD) consisting of cameras and sensors mounted on the unmanned system that relay video surveillance footage to displays so that users may view the AOI and maintain situational understanding of the environment (Chen, et al., 2013). Current unmanned system IVD varieties include hand-held mobile devices, portable ruggedized laptops, and large Ground Control Stations housing multiple Cathode Ray Tube (CRT) or widescreen digital monitors (Coba, 2010; Pearson, Moore, Ogdoc, & Choi, 2013; Voth, 2004).

An emerging feature undergoing research and development is Mind’s Eye, an intelligent camera surveillance system that assists in the detection and interpretation of threats (MIT, 2010). Through the combination of computer vision and machine intelligence, the Mind’s Eye system has the ability to detect objects and people in the environment, overlay visual aids such as a highlighted box to draw attention to cues, and apply meaningful text labels to describe what is “seen” (Bardu, et al., 2012; Bouma, et al., 2012; de Penning, den Hollander, Bouma, Burghouts, & d’Avila Garcez, 2012). One possible application of the Mind’s Eye technology is to mount the cameras and sensors on unmanned systems to support decision-making during ISR missions (DARPA, 2011).

RAISR Perceptual Skills

Ultimately, unmanned systems and their support features are intended to improve the quality, effectiveness, and efficiency of ISR operations by enhancing the perceptual capacities of IP conducting such tasks. RAISR increases accessibility to unsafe or inaccessible AOI, thus,
broadening IP’s perceptual scope and allowing them to get “eyes on the scene.” The result is a
greater quality and quantity of available IKD to support CCIR to obtain clear situational
understanding.

UASs are able to provide a broader, overall view of the AOI and have been the front
runner in Surveillance operations support for some time. However, due to an increasing shift
toward irregular and urban combat environments, UGSs will likely be more valuable to fulfill
emerging ISR capability requirements involving the detection and interpretation of suspicious
human behavior and adversarial intent. In fact, supporting ground Surveillance and
Reconnaissance with more UGSs has already been identified as a critical capability requirement
for detecting High-Value Individuals (HVI) concealed within complex environments and urban
populations (U.S. Army, 2008).

**High-Value Individuals**

HVIs are specific individuals whose presence, functions, and/or capabilities are critical to the
orchestration of enemy operations or adversarial attacks (Fautua & Schatz, 2010; U.S. Army,
2012a). CCIR regarding HVIs requires analysis of the human terrain, which may include human
behaviors, level of influence, location, physical description, function or rank within the enemy
network, and degree of hostility (Fautua & Schatz, 2010; Schatz, Reitz, Nicholson, & Fautua,
2010; U.S. Army, 2012b). IP employ Human Terrain Analysis (HTA) techniques to assess
physical geography and boundaries of HVI occupied areas, socio-cultural behavior, and
environmental influences within the AOI to better understand the capabilities and motives that
may impact HVIs’ COA (U.S. Army, 2012a; U.S. Army, 2012b). In order to confirm a HVI’s
identity, IP may collect IKD of measurable physical features and behavioral characteristics, a
procedure referred to as Biometrics-Enabled Intelligence (BEI) (U.S. Army, 2010; U.S. Army, 2012a). Together, HTA and BEI contribute to a better understanding of the HVI’s patterns of behavior which may contribute to I&W signaling the potential of a conflict or attack (Figure 1).

![Diagram of Human Terrain Analysis and Biometrics-Enabled Intelligence]

*Figure 1. Types of Human Terrain Analysis and Biometrics-Enabled Intelligence data.*

The U.S. Army identifies a need to advance RAISR technologies by incorporating HTA and BEI type capabilities (U.S. Army, 2008). However, these demands lack a clear theoretical foundation to delineate specific purposes and functions of HTA and BEI in ISR or RAISR operations. Interestingly, the elements of HTA and BEI closely align with another human terrain assessment strategy called Combat Profiling.
Combat Profiling

Combat Profiling is a strategy employed to analyze the human terrain through the appraisal of human behavior and interactions within the combat environment (Schatz, Reitz, Nicholson, & Fautua, 2010). This differs from the common notion of profiling, which is the appraisal of an individual’s identity, intent, or potential involvement in adversarial operations based solely on observable features such as race, ethnicity, gender, physical or cultural characteristics, or clothing. Unlike the traditional concept of profiling, Combat Profiling is a more holistic approach to identifying HVIs within the AOI. Initially, an environmental and behavioral baseline is established by collecting IKD through Surveillance and Reconnaissance type operations (Ross & Militello, 2013). Next, environmental and behavioral changes are compared to the baseline and analyzed to determine whether or not the anomalies indicate the emergence of a potential threat (Salcedo, et al., 2013). The baseline and anomaly comparison procedure of Combat Profiling is a proactive approach to threat detection and conflict avoidance referred to as operating “left-of-bang” (Figure 2). Rather than reactive responses after the occurrence of an attack, Combat Profiling assists Commanders in taking preemptive COA to eliminate, capture, detain, contact, survey, or release a HVI before the catastrophic incident, or the “bang” (Ross & Militello, 2013; Flynn, 2010; Schatz, Reitz, Nicholson, & Fautua, 2010).
There are six distinct domains employed during Combat Profiling in order to holistically analyze the human terrain. These domains include: Geographics, Atmospherics, Proxemics, Biometrics, Kinesics, and Heuristics (Gideons, Padilla, & Lethin, 2008; Ross, Bencaz, & Militello, 2010). To provide a complete illustration of the Combat Profiling strategy, each domain is briefly described.

*Geographics*

The Geographics domain involves the survey of an environment’s physical geography and the analysis of human interaction with that environment (Gideons, Padilla, & Lethin, 2008; Ross, Bencaz, & Militello, 2010). For example, physical features of the environment may allow for free access to all humans in some areas, while access to other areas is restricted by the physical terrain, such as mountain ranges, or by socio-cultural boundaries imposed by an organized group, such as insurgents who secure an area by force for tactical advantage.
Atmospherics

Atmospherics refers to the perceived mood or ambience resultant of environmental features and characteristics (Gideons, Padilla, & Lethin, 2008; Ross, Bencaz, & Militello, 2010). In general, atmospheric cues are detected by the senses including: sight, sound, smell, taste, and touch. Initially, atmospheric data contribute to the establishment of an environmental baseline. Afterward, atmospheric changes may signal the presence of an environmental anomaly, such as smelling a strong odor on a street where there previously was no such odor.

Proxemics

The Proxemics domain addresses the spatial relationships between the people within an environment (Gideons, Padilla, & Lethin, 2008; Ross, Bencaz, & Militello, 2010). Proxemics is the study of people within groups or networks. It focuses on the separation or closeness maintained by individuals and how that relationship influences socio-cultural interactions. For example, individuals may exhibit subservience by increasing the distance in the presence of a dominant or revered person in the community.

Biometrics

The Biometrics domain involves the analysis of involuntary physiological responses of the human body and the interpretation of those responses to identify an individual’s affective state, such as anger or shame, or other physical influence, such as drugs or alcohol (Gideons, Padilla, & Lethin, 2008; Ross, Bencaz, & Militello, 2010; Salcedo, et al., 2013). This differs from measurable physical features and behavioral characteristics of BEI data from ISR, which are used to verify a target’s identity. Examples of biometric cues in Combat Profiling include:
sweating and increased heart rate when nervous, protruding veins in the face or neck and facial
flushing when angry, dilated pupils when under the influence of drugs, blushing when
embarrassed, and facial pallor when frightened or ill. It is critical that context is carefully
considered when analyzing biometric cues as environmental factors, such as the weather or
climate, or other physiological factors, such as medical conditions, may influence the portrayal
of these cues.

Kinesics

Kinesics comprises the study of nonverbal body cues and actions that convey meaning
(Birdwhistell, 1970). Within Combat Profiling, the Kinesics domain involves the analysis of
body language, facial expressions, and gestures (Gideons, Padilla, & Lethin, 2008; Ortiz, Maraj,
Salcedo, Lackey, & Hudson, 2013; Ross, Bencaz, & Militello, 2010). Analyzing kinesic cues
assists in identifying an individual’s affective state, such as clenched fists signifying anger or
covering the mouth with one hand when lying (Ortiz, Maraj, Salcedo, Lackey, & Hudson, 2013).

Heuristics

Heuristics refers to the brain’s tendency to create generalizations and generate rules based
on perceived environmental patterns (Gideons, Padilla, & Lethin, 2008; Ross, Bencaz, &
Militello, 2010). Using Heuristics as a frame of reference can promote rapid decision-making.
For example, the heuristic domain is beneficial during initial baseline formation. Through the
combination of the other five domains of Combat Profiling, recognizable patterns begin to
emerge, which assist in the generalization of expected patterns of life (Figure 3). However, IP
must be vigilant because this cognitive phenomenon may also cause oversight of critical threat
cues, such as assuming an individual seen standing in the same place every day is not involved in the enemy network.

![Diagram of Combat Profiling domains]

Figure 3. The six domains of Combat Profiling.

Role of Combat Profiling in ISR

The Combat Profiling domains are considered culturally agnostic, meaning the types of data cues observed are applicable in any cultural or warfare setting from current rural Middle Eastern conflicts to anticipated conflicts in more urbanized, irregular environments (Lackey & Salcedo, 2014; Spiker, Williams, Johnston, & Lethin, 2010). Incidentally, cue data observed and collected via Combat Profiling, regardless of culture or terrain, closely aligns with the categories of HTA and BEI data for ISR operations (Figure 4).
Figure 4. Alignment of ISR data types for HVIs and the six Combat Profiling domains.

Geographic cues contribute to the identification of the physical geography and boundaries of areas inhabited by HVIs. Atmospheric and proxemic cues are indicators of socio-cultural behavior and environmental influences. Physical features, behavioral characteristics such as affective state, and HVI identity may be determined by employing the Biometrics, Kinesics, and Proxemics domains. Finally, by combining all six domains, patterns of behavior emerge, thus, promoting the generation of Heuristics to support the Commander’s selection of COA.

Extensive Combat Profiling research and development efforts have primarily focused on the application of the strategy from the perspective of a remote observation post (Colombo, Dolletski-Lazar, Coxe, & Tarr, 2012; Schatz, Folsom-Kovarik, Bartlett, Wray, & Solina, 2012; Schatz, Reitz, Nicholson, & Fautua, 2010). However, there is no evidence suggesting that
Combat Profiling is not applicable to other observational perspectives, such as dismounted infantry or IVDs. Combat Profiling even utilizes the same perceptual skills required for ISR and RAISR tasks as the tools to detect cues and threats in the human terrain. Clearly, the similarities support leveraging Combat Profiling as a strategy to define HTA and BEI criteria when collecting HVI data during ISR or RAISR tasks (Figure 5).

More recent empirical investigations have applied the Kinesics domain of Combat Profiling to define the criteria for identifying potential HVIs during a RAISR behavior cue analysis task, which employs attentional weighting, visual search, and pattern recognition skills to detect specific behavior cues (e.g., kinesic cues) and classify those cues to determine a HVI’s affective state (e.g., aggressive, nervous, fear, anxiety, etc.) (Lackey, Maraj, Salcedo, Ortiz, & Hudson, 2013; Lackey & Salcedo, 2014; Salcedo, Lackey, & Reinerman-Jones, 2014). Select kinesic cues representing aggressive or nervous affects were depicted virtually using animated virtual character models in a simulation-based platform for the purpose of training the behavior...
cue analysis task. Behavioral indicators of aggressiveness included clenching the fists and slapping the hands together. Clenched fists are evident by the curling and squeezing of the fingers into the palms of the hands signifying a stress response to feelings of anger (Givens, 2002). Slapping the back of one hand into the palm of the other hand is a sign of emphasis that may be evidence of agitation (Lackey, Maraj, Salcedo, Ortiz, & Hudson, 2013). The selected nervousness cues included wringing the hands together and check six behavior. Wringing the hands involves repeatedly alternating the clasping and squeezing of one hand and fingers with the other hand (Navarro & Karlins, 2008). “Check your six” originated as a warning to fighter pilots when enemy aircraft approached them from behind (Dalzell, 2009). The phrase has evolved as a slang reference for looking behind oneself (Lackey, Maraj, Salcedo, Ortiz, & Hudson, 2013). People may look over their shoulders and turn around if they feel nervous or anxious that someone may be watching them or their actions (Coover, 1913).

Identifying aggressive and nervous behavior cues may indicate the presence of suspicious persons with malicious intent and signify the threat of an impending attack from adversarial forces. Individuals may exhibit aggressive cues when encountering a situation or other individual that is displeasing, such as a civilian angered by the presence of adversarial forces in the area. Nervous cues may indicate individuals who are in distress due to hostile behavior nearby or even those attempting to conceal deceptive actions, such as an adversary worried about being revealed prior to an attack. The ability to accurately detect and classify aggressive and nervous behavior cues may provide valuable insight concerning a HVI’s influence within an AOI.

These prior experiments assessed behavior cue analysis ability when presented with a series of training events consisting of individual targets exhibiting the behavior cues (Lackey, Maraj, Salcedo, Ortiz, & Hudson, 2013; Lackey & Salcedo, 2014; Salcedo, Lackey, &
Reinerman-Jones, 2014). Individual targets were detected at 94% accuracy and classified at 85% accuracy with an average response time of 3.56 seconds. While this method was necessary in order to establish an empirical baseline for the behavior cue analysis task and the selected kinesic cues, it is unrealistic that IP will monitor and assess one individual at a time during real-world RAISR operations. Therefore, a logical progression is to provide a more realistic level of complexity by increasing the number of entities per training event, thus, creating groups of potential targets. Past research suggests that competitive behaviors more often arise in groups of at least four, or tetrads, opposed to smaller groups (Benenson, Nicholson, Waite, Roy, & Simpson, 2001). Further, individuals participating in competitive activities have a greater potential of demonstrating hostile or aggressive behavior in larger groups, such as tetrads and six-person groups, opposed to smaller groups, such as dyads (Eastin, 2007). Therefore, within the context of behavior cue analysis, aggression may be more relevant during the observation of tetrads opposed to smaller groups or individuals. Additionally, tetrads are applicable for the presence of nervous behavior cues, which are a realistic counter response to aggressive behavior. Aggressive or hostile behaviors are often met by submissive, nervous, or evasive responses from subordinates, targets of the adverse behavior, or individuals located near the aggressor(s) (Orford, 1986; Potegal & Knutson, 1994).

In RAISR operations, picking out specific behavior cues from a group via an IVD will require IP to rely even more on their perceptual skills. Realistic and focused training has shown to improve perceptual skill performance during task execution (Hale, et al., 2012; Seitz & Dinse, 2007). Therefore, in order to provide more realistic skill application opportunities, IP utilizing RAISR technologies would benefit from training that provides the same perspective as the IVD of the system. The current and emerging varieties of IVDs transition well into simulation-based
training utilizing digital displays such as mobile devices, laptops, and desktop PCs (Salcedo, Lackey, & Maraj, 2014). However, simulation-based training environments alone will not fulfill the complex training needs of RAISR tasks.

**Training**

Whether the simulated environment is live, virtual, or constructive, the term *simulation-based training* simply denotes the utilization of a simulated environment for instruction and skill practice, not a specific instructional approach (Martin, Hughes, Schatz, & Nicholson, 2010). Past research found that the use of simulations without appropriate instructional strategies often results in negative training due to ineffective and inefficient simulation training quality (Oser, Gualtieri, Cannon-Bowers, & Salas, 1999). The shortcomings of early simulation-based training attempts spurred research addressing the structure of content within simulation exercises (Martin, et al., 2009). While traditional classroom instruction consists of a series of lessons, it was found that effective simulation-based training should consist of a series of related training exercises in which trainees apply their acquired knowledge and skills (Oser, Cannon-Bowers, Salas, & Dwyer, 1999; Lyons, Schmorrow, Cohn, & Lackey, 2002). This led to the foundation of the Scenario-Based Training (SBT) approach to simulated training.

**Scenario-Based Training**

SBT emerged as a design approach for simulations involving the purposeful instantiation of learning and practice opportunities that elicit desired psychological states during scenario events (Martin, et al., 2009; Martin, Hughes, Schatz, & Nicholson, 2010; Martin, Schatz, Hughes, & Nicholson, 2010). Scenario content is planned based on skill inventories and archived
performance data or desired performance outcomes, which are used to develop a task list. The task list informs the composition of learning objectives and critical competencies, which are in turn utilized to derive scenario events and scripts. Scenario events are developed through the combination of pre-defined triggers and adaptations to generate scenario vignettes, which are sequenced together to create a training scenario. Then, performance measures and standards of skill mastery, linked directly to the objectives and events, are developed and implemented during the training exercise. Performance is diagnosed during scenario execution and subsequently analyzed to identify trainee strengths and weaknesses. Results of performance analysis are used to formulate assessment feedback for After Action Review (AAR) and archived for reference during future training instances. A benefit of SBT is that all stages of the training process from planning to execution to assessment are closely linked so that the objectives, content, and desired performance outcomes are consistent (Figure 6).
Previous research indicates that the SBT approach increases training effectiveness when applied to the development of simulation content for training procedural tasks (Dunne, Schatz, Fiore, Martin, & Nicholson, 2010). Since training objectives are directly linked to specific scenario events and desired performance outcomes, the systematic and prescriptive design approach of SBT works well in domains with predictable, repeatable events. However, the dynamics of modern warfare have increasingly shown that “unpredictability is the most predictable characteristic of military operations” (Fletcher, 2004). This unpredictability has necessitated an expansion and diversification of training requirements beyond procedural tasks to
include individualized strategies for higher-order thinking and perceptual skill development (Carroll, Milham, & Champney, 2009; Dunne, Schatz, Fiore, Martin, & Nicholson, 2010). Formerly, such skills were acquired over time on a domain specific basis through the apprenticeship of junior officers with knowledgeable senior ranking mentors (Becker & Schatz, 2010). While it is effective, apprenticeship is inefficient considering the rapid evolution and escalation of the modern warfare climate (Becker & Schatz, 2010; Nicholson, Schatz, Stanney, & Lackey, 2009). Therefore, to account for the intricacies of emerging demands and training requirements, the SBT framework received further refinement through the development of the Scenario-Based Training: Adaptive, Intelligent, Dynamic (SBT-AID) approach.

**Scenario-Based Training: Adaptive, Intelligent, Dynamic**

SBT-AID extends the SBT model to include “intelligent tutoring components, scenario-based instructional simulations, dynamic scenario generation capabilities, content authoring support, and an integrated pedagogical framework” (Nicholson, Schatz, Stanney, & Lackey, 2009). The SBT-AID approach divides the training timeline into pre-, during-, and post-training activities (Figure 7). Pre-training includes completion of a task analysis, access of stored trainee profiles, selection of training objectives and instructional strategies, delivery of initial instruction, selection of the simulated environment, and generation of training scenarios. The during-training phase is where execution of the scenario occurs, which involves in-simulation performance assessment and diagnosis, real-time adaptation of the scenario to meet changing trainee needs, and presentation of instructional assistance to guide learning. After the trainees complete the scenario, the post-training activities commence with the diagnosis of overall

Figure 7. Components of Scenario-Based Training: Adaptive, Intelligent, Dynamic. Adapted from (Nicholson, Schatz, Stanney, & Lackey, 2009).

SBT-AID follows a systematic structure similar to SBT with the added attempt to embed the process with instructional supports that foster more rapid acquisition and improvement of higher-order thinking and perceptual skills formerly developed through apprenticeship (Nicholson & Schatz, 2010; Nicholson, Schatz, Stanney, & Lackey, 2009). SBT-AID introduces the importance of incorporating instructional strategies to enhance the effectiveness of the SBT framework when applied to training within simulated environments. Therefore, instructional
design research should respond with empirical evidence to support the selection and implementation of targeted instructional strategies to address specific skill needs.

Instructional Strategies

There are numerous instructional strategies described in the training and education literature from various domains; however, there are a limited number of empirical investigations assessing the integration of selected instructional strategies within a SBT setting. SBT has primarily been implemented for the training of procedural skills (Dunne, Schatz, Fiore, Martin, & Nicholson, 2010). More recent evidence supports the application of SBT for training higher-order cognitive skills, such as decision-making, planning, problem solving, and metacognition, with the Metacognitive Prompting and Contrasting Cases instructional strategies (Nicholson, Fiore, Vogel-Walcutt, & Schatz, 2009; Nicholson & Schatz, 2010; Becker & Schatz, 2010; Dunne, Schatz, Fiore, Nicholson, & Fowlkes, 2010; Fiorella, Vogel-Walcutt, & Fiore, 2012).

Metacognitive Prompting involves questioning or cueing learners to reflect on or self-monitor their own thought processes or metacognition (Fiorella, Vogel-Walcutt, & Fiore, 2012). The Metacognitive Prompting instructional strategy has been shown to improve Call for Fire decision-making performance in a U.S. Marine Corps Fire Support Team (Fiorella, Vogel-Walcutt, & Fiore, 2012). In medical training research, Metacognitive Prompting has been shown to improve visual search ability (Nodine, Mello-Thomas, Kundel, & Weinstein, 2002).

Contrasting Cases involves comparing and contrasting a set of related examples, or cases (Fowlkes, Norman, Schatz, & Stagl, 2009). The Contrasting Cases strategy has also been assessed for effectiveness in Call for Fire training resulting in recommendations to incorporate the strategy to support procedural skills associated with the task (Vogel-Walcutt, Marshall,
Schatz, Dolletski-Lazar, & Nicholson, 2011). Analyzing related cases may also support the
development of pattern recognition skills because it requires the identification of commonalities,
or patterns, across examples.

Regarding SBT for perceptual skills, Carroll, Milham, and Champney (2009) conducted
an in-depth review of instructional strategies applied to perceptual skills training in the military
domain and identified several strategies applicable to the development of attentional weighting,
visual search, and pattern recognition including: Scaffolding, Massed Exposure, Minimum
Stimulus, and Highlighting.

Scaffolding involves the decomposition of a task into its basic steps and the gradual
release of task responsibility to the learner (Carroll, Milham, & Champney, 2009; Lackey, Maraj,
Salcedo, Ortiz, & Hudson, 2013; van de Pol, Volman, & Beishuizen, 2010). In other words, the
Scaffolding strategy helps learners construct knowledge by mastering basic skills first, and then
gradually adding more complex skills until the task can be executed independently. The gradual
progression from skill to skill may promote the recognition of familiar patterns (Lackey, Maraj,
Salcedo, Ortiz, & Hudson, 2013). Scaffolding has been linked to Lev Vygotsky’s concept of the
Zone of Proximal Development, which is the difference between a learner’s actual performance
and his/her potential performance achieved via instructor guidance (Sanders & Welk, 2005; van
de Pol, Volman, & Beishuizen, 2010; Vygotsky, 1978). In the military domain, instructor
modeling and guidance of visual search skills assists in scaffolding learners to apply expert
techniques for visual search (Carroll, Milham, & Champney, 2009).

Massed Exposure refers to exposure to a high volume of stimuli or training events
concentrated within one or a few exposure sessions (Carroll, Milham, & Champney, 2009;
Hirumi & Stapleton, 2009). Military training research has identified Massed Exposure as a
perceptual skills training strategy to improve attentional weighting for threat cues by engaging soldiers in a variety of practice environments containing high volumes of threat events presented within a condensed timeframe (Carroll, Milham, & Champney, 2009). Empirical investigations have primarily applied the strategy to the training of motor skills with a majority of the studies reporting that Massed Exposure, also called Massed Practice, is ineffective at improving motor skill development (Donovan & Radosevich, 1999). However, some theories suggest that Massed Exposure may have a more positive impact on cognitive and perceptual skill development (Donovan & Radosevich, 1999). There is also evidence from sports psychology research to support the use of Massed Exposure to improve pattern recognition skills (Williams & Ward, 2003).

Minimum Stimulus is somewhat of an antithesis to the Massed Exposure strategy. As the inverse to Massed Exposure, Minimum Stimulus involves the presentation of a reduced number of target stimuli and/or non-target distractors (Fiore, Scielzo, Jentsch, & Howard, 2006; Kass, Herschler, & Companion, 1991). In a battlespace awareness context, saliency of cues intended to promote development of pattern recognition has shown to be greater when the Minimum Stimulus strategy is applied in a simulation-based training environment (Carroll, Milham, & Champney, 2009; Kass, Herschler, & Companion, 1991). The Minimum Stimulus strategy may also present a more realistic level of difficulty by reducing the volume of target stimuli to be consistent with actual or estimated target probabilities in the real-world environment (Lackey, Maraj, Salcedo, Ortiz, & Hudson, 2013).

Highlighting, also called Exogenous Orienting, is used to orient trainees’ visual resources to identify the emergence of a cue, object, image, or other event significant to the training context (Carroll, Milham, & Champney, 2009). Sports psychology often applies Highlighting as
an attentional weighting method to improve reaction time or anticipatory behaviors by directing players’ attention to specific cues, events, or actions that arise during game play (Fuchs, McNevin, Ritter, Toole, & Wulf, 2000; Hagemann, Strauss, & Canal-Bruland, 2006; Jackson & Farrow, 2005; Poulter, Jackson, & Berry, 2005). Highlighting cues with the addition of a non-content feature, such as a spotlight or circle on the target object, has been shown to improve visual search skills in driver training (Chapman, Underwood, & Roberts, 2002; Underwood, 2007) and human anatomy learning (de Koning, Tabbers, Rikers, & Paas, 2010; de Koning, Tabbers, Rikers, & Paas, 2007).

Training Effectiveness Evaluation

In order to identify which SBT instructional strategy is optimal for training a specific task domain or task type, training effectiveness should be assessed along relevant and measurable factors. The enduring standard for training effectiveness evaluations across multiple training domains is Kirkpatrick’s four level evaluation framework (Salas & Cannon-Bowers, 2001; Arthur, Jr., Bennett, Jr., Edens, & Bell, 2003; Kotnour, Landaeta, & Lackey, 2013). Kirkpatrick’s model identifies learning, reaction, behavior, and results as the critical factors, or levels, for evaluating the effectiveness of training programs (Kirkpatrick, 1959; Kirkpatrick, 1976; Kirkpatrick & Kirkpatrick, 2006). The learning level assesses trainees’ skill and knowledge acquisition by conducting performance tests (Kirkpatrick & Kirkpatrick, 2006; Arthur, Jr., Bennett, Jr., Edens, & Bell, 2003). The reaction level includes the trainees’ perception and level of satisfaction with the training experience (Kirkpatrick & Kirkpatrick, 2006; Swanson & Sleezer, 1987). Evaluating the behavior level involves assessing trainees’ application of the new knowledge and skills acquired during training to the real-world setting.
(Kirkpatrick & Kirkpatrick, 2006; Schumann, Anderson, Scott, & Lawton, 2001). The final level evaluated is the results level, which assesses the impact of the training experience on improving performance quality of the organization, usually over a longer period of time (Arthur, Jr., Bennett, Jr., Edens, & Bell, 2003; Schumann, Anderson, Scott, & Lawton, 2001). Although assessment across all four levels provides a thorough evaluation of training effectiveness for fully developed training systems, an initial focus on only the reaction and learning factors during exploratory instructional design research may provide sufficient data to generate recommendations for conceptual, undeveloped, or future training systems.

Performance

One intention of training is to improve a trainee’s ability to conduct a specific task, an obvious factor to assess is the impact of the training on performance, or the learning level of training effectiveness evaluation. For a RAISR task, such as behavior cue analysis, critical performance criteria involve the level of accuracy and speed at which targets are detected and classified (Lackey & Salcedo, 2014; Salcedo, Lackey, & Reinerman-Jones, 2014). In an actual combat environment, the accuracy and speed of identifying HVIs affect the success and safety of the mission (Lackey & Salcedo, 2014). Accurate and early analysis of HVI behavior aligns with the emerging ISR capability requirement to identify threats from a safe distance and to distinguish and interpret behavioral and socio-cultural indicators of intent (U.S. Army, 2008). Accuracy may be measured objectively by calculating the percentage of correct responses during performance testing. Speed of performance may be measured by recording trainees’ response time, or the amount of time it takes to correctly respond to test items or events.
When conducting evaluations at the learning level, it may be necessary to reduce the risk of confounds due to the performance test design. For example, difficulty levels may affect trainee workload, which in turn may impact performance and skew evaluation results. Easy performance tests may not be sensitive enough to adequately assess the impact of the training on learning, while excessively challenging tests may risk the assumption that the training was ineffective. Therefore, a moderate level of difficulty may be appropriate for performance tests. In SBT, increasing or decreasing the number of training events often alters the level of difficulty (Martin, Schatz, Hughes, & Nicholson, 2010). Recent evidence from workload research found that a scenario event rate of 30 events per minute may induce a moderate level of workload during a threat detection task (Abich, Taylor, & Reinerman-Jones, 2013).

Engagement, Immersion, and Presence

At the reaction level, evaluation criteria must address trainee perception or satisfaction factors that are relevant to the task domain and desired training experience (Kirkpatrick & Kirkpatrick, 2006). In SBT platforms, relevant constructs for trainee reaction evaluation include engagement, immersion, and presence.

Engagement is defined as the level of involvement pursuant of a learner’s degree of interest in the task, content, or media (Charlton & Danforth, 2005). Findings from training and education research suggest that learner engagement is positively correlated to learner satisfaction (Van den Berg, et al., 2007; Scott, 2008; Wefald & Downey, 2009; Lin, 2009; Havice, Davis, Foxx, & Havice, 2010; Levett-Jones, et al., 2011). Therefore, higher levels of engagement may be an indicator of greater satisfaction with the training.
In virtual simulation research, immersion often refers to the level of sensory fidelity provided by the simulation technologies (e.g., displays, rendering software, etc.) (Slater, Linakis, Usoh, Kooper, & Street, 1996; Bowman & McMahan, 2007). Measures of immersion characterize the construct as the sensation of “losing oneself” in an experience due to highly focused attention on the task (Jennett, et al., 2008; Witmer & Singer, 1998). The assumption is that this cognitive absorption in the task is induced by the technology (Jennett, et al., 2008; Slater, Linakis, Usoh, Kooper, & Street, 1996; McMahan, 2003). Simulation and game-based training research indicate that immersion and engagement are highly related constructs and together may impact satisfaction (Douglas & Hargadon, 2001; Murphy, 2011).

Presence, in simulation-based environments, is described as the sense of experiencing the simulated environment versus the physical environment (Witmer & Singer, 1998). In other words, presence is a conscious state of feeling as if one is a part of, or present in, the simulated environment to the exclusion of the real-world environment (Slater, Linakis, Usoh, Kooper, & Street, 1996; McMahan, 2003). Results from distributed learning and virtual world research suggest that a greater sense of presence increases learner satisfaction with the experience (Zhang & Zigurs, 2009; Bulu, 2012).

Common methods to assess perceptions and satisfaction include self-reporting measures, such as surveys and questionnaires, to collect trainees’ personal evaluation of the experience (Arthur, Jr., Bennett, Jr., Edens, & Bell, 2003). Previous studies assessing SBT for behavior cue analysis of individual targets utilized modified versions of the engagement scale by Charlton and Danforth (2005), the immersion measures by Jennett et al. (2008), and the presence questionnaire by Witmer and Singer (1998) to evaluate perceptions of the training experience (Ortiz, Maraj, Salcedo, Lackey, & Hudson, 2013; Salcedo, Lackey, & Maraj, 2014; Lackey, Maraj, & Barber, 2013; Salcedo, Lackey, & Maraj, 2014; Lackey, Maraj, & Barber, 2014).
Engagement, immersion, and presence have shown to impact performance (Csikszentmihalyi, 1990; McNamara, Jackson, & Graesser, 2009; Jennett, et al., 2008; Witmer & Singer, 1998). Therefore, SBT instructional strategies that promote higher levels of engagement, immersion, and presence may correlate to better performance outcomes.

**Purpose of Present Experiment**

The purpose for this research effort is to investigate the use of a UGS to assist in ISR tasks. As research and development regarding RAISR capabilities continues to expand, the demand for training and education solutions will emerge. Therefore, the goal for this study was to expand the SBT and instructional design literature related to the training of perceptual skills involved in RAISR operations. The specific RAISR task was the identification of HVIs within a group through behavior cue analysis. Furthermore, due to a lack of substantial empirical evidence evaluating the effectiveness of specific instructional strategies for SBT, this experiment assessed two instructional strategies, Massed Exposure and Highlighting, identified to improve attentional weighting, visual search, and pattern recognition skills. Massed Exposure was selected due to its expected capacity to improve attentional weighting and pattern recognition of specific cues. There is also a substantial gap in the instructional strategy literature investigating the application of Massed Exposure for perceptual skills training that this experiment addressed. Highlighting was selected for its ability to improve visual search skills when identifying a specific cue, object, or signal from a group or cluster of items or information. Also, the use of non-content features in Highlighting to orient learners’ attention during a practice scenario may be designed for consistency with the indication features applied in intelligent surveillance systems, such as Mind’s Eye. Therefore, the specific objective of the present experiment was to
empirically assess the effectiveness of the Massed Exposure and Highlighting strategies applied to SBT for behavior cue analysis training. Effectiveness was evaluated by analyzing the impact of the instructional strategies on post-test performance outcomes, including detection accuracy, classification accuracy, and response time, and on perceptions of the level of engagement, immersion, and presence during training exercises. Due to a lack of sufficient theoretical and empirical evidence to support any significant advantage in effectiveness of one strategy over the other, the following null hypotheses (H0) were tested:

- There is not a significant difference between the Massed Exposure and Highlighting instructional strategies versus a Control for post-test performance outcomes.
- There is not a significant difference between the Massed Exposure and Highlighting instructional strategies versus a Control for training perceptions.
- There are no significant relationships between post-test performance outcomes and training perceptions for the Massed Exposure and Highlighting instructional strategies versus a Control.
CHAPTER THREE: METHODOLOGY

Participants

Participation was restricted to individuals between 18 and 40 years of age with U.S. Citizenship status. Since the task involved visual discrimination, normal vision or corrected to normal vision when wearing prescription lenses was required. Additionally, to maintain consistency with prior experimentation and current U.S. Army vision requirements, participation required full color vision as indicated by the Ishihara’s Tests for Colour Deficiency (Ishihara, 2013). Finally, individuals who participated in the preceding experiment (Lackey & Salcedo, 2014; Salcedo, Lackey, & Maraj, 2014) were restricted from volunteering due to the similarity of the training content and experimental task.

Total participants included 123 volunteers from the University of Central Florida (UCF) campus and affiliated organizations. The data of five participants were excluded due to technical issues, failure to meet the proficiency requirement of the experimental task, and electing to discontinue participation. The remaining sample of 118 included 58 females and 60 males, ages 18 to 33 years ($M = 22.13, SD = 3.15$). Participants were randomly assigned to one of three group conditions: Control ($n = 39$), Massed Exposure ($n = 39$), and Highlighting ($n = 40$).

After fulfilling institutional consent requirements, participants were asked a series of pre-experiment questions to record use of alcohol, sedatives, anti-psychotic drugs, or anti-depressants within 24 hours or caffeinated substances within two hours prior to the experiment start time. Responses to these questions did not contribute to exclusion criteria, but were documented for reference during performance data analyses to account for potential outliers, if needed.
Compensation included a choice between monetary payment at a rate of ten U.S. dollars per hour or class credit in approved UCF courses awarded at the discretion of the associated course professor. The experiment duration was approximately four and one-half hours.

**Experimental Testbed**

A series of VE scenarios were developed using the Virtual Battlespace 2 (VBS2) version 2.0 software. VBS2 is a VE development software program currently used by the U.S. Army for simulation-based training and mission rehearsal (Ortiz, Maraj, Salcedo, Lackey, & Hudson, 2013; Bohemia Interactive, 2014). VBS2 2.0 provides a 3D virtual model library of objects, buildings, vehicles, animations, and geotypical terrains for customizable scenario development.

The VE scenarios were designed to simulate camera surveillance footage from an autonomous UGS collected during an ISR mission to detect and classify human behavior cues. Scenarios were displayed on a 22 inch (16:10 aspect ratio) computer monitor. The VBS2 2.0 customizable camera functionality allowed for the designation of a specified camera height and movement along predetermined waypoints in a specified direction and speed. For consistency with current and emerging robotics technologies, the virtual UGS camera height was set to one meter above the ground surface and traveled forward at one and a half meters per second (Mykoniatis, Angelopoulou, Soyler, Kincaid, & Hancock, 2012; MARCbot, 2010).

Scenario terrains included two settings: Middle Eastern and Culturally Agnostic (Figure 8). Culturally Agnostic refers to a non-geotypical setting that is representative of environments that may be found in many urbanized areas around the world. Building and virtual character models placed in the Middle Eastern setting are consistent with those found in real-world counterparts. Additionally, building and virtual character models placed in the Culturally
Agnostic setting are representative of what may be found in many developed countries other than those in the Middle East.

*Figure 8. Examples of scenario terrains.*
Human behavior cues were presented using 12 distinct virtual character models of identical height, similar size, and representing four skin tones: fair, light, medium, and dark. Since the theoretical foundation of the behavior cue analysis task domain is applicable in any cultural setting, the selected skin tones are representative of the diversity in human skin types as categorized by the Fitzpatrick Scale for skin pigmentation (Sachdeva, 2009). Virtual character skin tone was treated as a feature of the terrain. The fair, light, and dark models, including one male and one female per skin tone for a total of six different model types, appeared in training and practice scenarios portraying the Culturally Agnostic terrain. Middle Eastern terrain training and practice scenarios included only male models with medium skin tone. The female medium skin tone models provided by the VBS2 2.0 3D virtual model library all included garments that partially or completely veiled the faces and bodies of the models. The texture maps used to model the garments inhibited the proper depiction of animated behavior cues, therefore, the female medium skin tone models were unusable for this experiment. In order to provide the same number and variability of models as the Culturally Agnostic terrain, there were six different male medium skin tone model types included in the training and practice scenarios portraying the Middle Eastern terrain. All 12 models appeared in the pre-test and post-test scenarios as a means to control for potential effects of model type.

During scenarios, the virtual character models exhibited selected target or non-target behavior cue animations (Table 1). The Autodesk® MotionBuilder® 2011 3D animation software was used to create custom behavior cue animations of four target and two non-target behavior cues which were then imported into VBS2 2.0. The remaining two non-target behavior cues were selected from the existing VBS2 2.0 animations library.
Table 1.
Target and non-target behavior cues for experimental stimuli.

<table>
<thead>
<tr>
<th>Behavior Cue</th>
<th>Description</th>
<th>Source</th>
<th>Classification</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Target</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Slap Hands</td>
<td>Back of one hand strikes the palm of the other hand repeatedly</td>
<td>Custom</td>
<td>Aggressiveness</td>
</tr>
<tr>
<td>Clench Fists</td>
<td>Fingers are curled and squeezed into the palms</td>
<td>Custom</td>
<td>Aggressiveness</td>
</tr>
<tr>
<td>Wring Hands</td>
<td>Alternate clasping, squeezing, and rubbing fingers and palm of one hand with the opposite hand repeatedly</td>
<td>Custom</td>
<td>Nervousness</td>
</tr>
<tr>
<td>Check Six</td>
<td>Head turns to look over the shoulder followed by the body turning nearly 180º</td>
<td>Custom</td>
<td>Nervousness</td>
</tr>
<tr>
<td><strong>Non-Target</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Check “Watch”</td>
<td>Head angles down and one arm is raised slightly as if checking the time on a watch</td>
<td>Custom</td>
<td>N/A</td>
</tr>
<tr>
<td>Rub Neck</td>
<td>Palm and fingers of one hand rubs the nape or side of the neck</td>
<td>Custom</td>
<td>N/A</td>
</tr>
<tr>
<td>Idle Talking</td>
<td>Conversational behavior indicated by subtle hand and arm gestures</td>
<td>VBS2 2.0</td>
<td>N/A</td>
</tr>
<tr>
<td>Cross Arms</td>
<td>Arms are bent at the elbows and overlap each other across the front of the body</td>
<td>VBS2 2.0</td>
<td>N/A</td>
</tr>
</tbody>
</table>

The virtual character models were arranged in tetrads with each position placed one meter from its adjacent position(s) and one meter from a central focal point (Figure 9). In each position, the virtual character models were angled to face the focal point of the tetrad. Distance from the route was set at two meters between the focal point of each tetrad and the center point of the UGS route. Consecutive tetrads alternated between left and right sides of the route and were placed at three meters between the focal points.
Figure 9. Example of virtual model positioning within a tetrad.

Virtual characters depicted only one behavior cue type at a time per position. The distribution of virtual character models and behavior cues was randomized and counterbalanced so that every model and cue combination was equally represented in each of the four tetrad positions. Tetrads contained either four non-target cues or one target cue with three non-target cues. During each scenario, behavior cue animations were triggered when the virtual UGS was 12 meters from the tetrad focal point, which is an acceptable distance for ISR ground operations (U.S. Army, 2007). Once triggered, animations looped repeatedly until all models in the tetrad were no longer in the UGS field-of-view. During pilot testing, synchronous animations within the same tetrad were determined to be distracting and less realistic. Therefore, upon triggering, the animation start times were randomly offset between a range of 68 to 840 milliseconds to limit the synchronicity.

Each instance that the behavior cue animations of a tetrad were triggered represented a single scenario event. With the virtual UGS speed of one and a half meters per second, the three
meter distance between tetrads, and the 12 meter animation triggering distance, the scenario event rate was approximately 30 events per minute. Theoretically, an event rate of 30 events per minute provides a moderate level of workload (Abich, Taylor, & Reinerman-Jones, 2013).

The experimental task required participants to monitor the simulated UGS surveillance footage, detect target behavior cues within each scenario event, and classify each detected target behavior cue as portraying aggressiveness or nervousness. The interface included two classification buttons labeled “Aggressiveness” and “Nervousness” (Figure 10). The experimental task procedure entailed using a computer mouse to click either classification button followed by clicking on the virtual character exhibiting the detected target behavior cue.

![Figure 10. View of the VE display for experimental scenarios.](image)

**Experimental Design**

This experiment followed a between groups design with one independent variable and three conditions. This experiment compared the effectiveness of two instructional strategies,
Massed Exposure and Highlighting, versus a Control condition in SBT for behavior cue analysis. Differences between the Massed Exposure and Highlighting conditions compared to the Control include variations in the number of target versus non-target events (Table 2) or the addition of an instructional support feature during training scenarios. Participants completed a total of two training scenarios, one each of the two scenario terrains (i.e., Middle Eastern and Culturally Agnostic) with corresponding virtual character models.

Across conditions, participants completed identical practice, pre-test, and post-test scenarios (Table 2). Participants completed a total of two practice scenarios, one of each scenario terrain with corresponding virtual character models. The pre-test and post-test scenarios depicted the Culturally Agnostic terrain and included all 12 virtual character models appearing in the training and practice scenarios.

Table 2.
*Number of target versus non-target events per scenario type per condition.*

<table>
<thead>
<tr>
<th>Scenario Type</th>
<th>Control</th>
<th>Massed Exposure</th>
<th>Highlighting</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre-Test Scenario (576 total events)</td>
<td>192 target events</td>
<td>192 target events</td>
<td>192 target events</td>
</tr>
<tr>
<td></td>
<td>384 non-target events</td>
<td>384 non-target events</td>
<td>384 non-target events</td>
</tr>
<tr>
<td>2 Training Scenarios (288 total events each)</td>
<td>96 target events</td>
<td>192 target events</td>
<td>96 highlighted target events</td>
</tr>
<tr>
<td></td>
<td>192 non-target events</td>
<td>96 non-target events</td>
<td>192 non-target events</td>
</tr>
<tr>
<td>2 Practice Scenarios (288 total events each)</td>
<td>96 target events</td>
<td>96 target events</td>
<td>96 target events</td>
</tr>
<tr>
<td></td>
<td>192 non-target events</td>
<td>192 non-target events</td>
<td>192 non-target events</td>
</tr>
<tr>
<td>Post-Test Scenario (576 total events)</td>
<td>192 target events</td>
<td>192 target events</td>
<td>192 target events</td>
</tr>
<tr>
<td></td>
<td>384 non-target events</td>
<td>384 non-target events</td>
<td>384 non-target events</td>
</tr>
</tbody>
</table>
Independent Variable

Control Condition

The Control condition represented a traditional SBT method. The training scenarios of the Control condition employed the baseline target event probability of one target event out of every three scenario events (Mogg & Bradley, 2002; Mogg & Bradley, 1999). Additionally, there were not any specific instructional supports included during training scenarios.

Massed Exposure Condition

The Massed Exposure condition followed the traditional SBT method of the Control, but presented a greater number of target events compared to the Control. During the Massed Exposure training scenarios, the target event probability was two target events out of every three events (Table 2).

Highlighting Condition

The Highlighting condition also followed the traditional SBT method of the Control with the addition of a non-content feature in the form of a translucent blue box overlaid on each virtual character model exhibiting target behavior cues (Figure 11). The target event probability was the same as the Control condition.
Dependent Variables

Performance Metrics

Performance variables were collected during each scenario via a custom data logging program. Performance variables were calculated for overall performance and performance per target behavior cue type in the post-test scenario.

Detection Accuracy

Detection accuracy was calculated as the percentage of correctly detected targets out of the total number of targets presented during the scenario. Each model exhibiting a target behavior cue that the participant clicked was logged as a correct detection.
Classification Accuracy

Classification accuracy was calculated as the percentage of correctly classified targets out of the total number of targets presented during the scenario. If the selected classification button corresponded with the target behavior cue of the model clicked immediately following the button, then the response was logged as a correct classification.

Median Response Time

Response time was logged as the time, in milliseconds, between the moment a behavior cue animation was triggered and the time the participant clicked on the model exhibiting that cue. The value reported for data analysis was the median response time, which was calculated as the median response time value out of all the response times for only detected target behavior cues.

Percent Change

To assess the relative increase or decrease in performance scores from the pre-test to post-test scenarios, the percent change in detection accuracy, classification accuracy, and median response time was calculated for both overall performance and performance per target behavior cue type (Equation 1).

\[
\text{Percent change} = \left( \frac{X_{\text{post}} - X_{\text{pre}}}{X_{\text{pre}}} \right) \times 100
\]  

Questionnaires

The following questionnaires were administered and logged using a customized software program. Participants responded to questionnaire items by selecting the numerical value for the desired response from a rating scale slider.
Engagement Measure

The Engagement Measure (APPENDIX A) assessed the participants’ perceived level of engagement and involvement during the training scenarios. The Engagement Measure consists of seven items ($\alpha = .822$) selected from the engagement scale originally used by Charlton and Danforth (2005). Vocabulary regarding the specific experimental task was modified from the original scale to make the item verbiage relevant to the present experiment. Participants rated each item on a one to five scale, where one indicated strong disagreement and five indicated strong agreement with the statement. The engagement score was computed as the sum of the responses to each item, which included two reverse scored items.

Immersion Measure

The Immersion Measure (APPENDIX B) evaluated participants’ sense of immersion during the training scenarios. The Immersion Measure includes eight items ($\alpha = .698$) selected from the immersion questionnaires created by Jennett, et al. (2008) for game-based experiences. The questionnaire items were tailored to the content of the present experiment by changing terms such game or game events to scenario or scenario events. Participants rated items along a one to five scale, where one indicated strong disagreement and five indicated strong agreement with the statement. The immersion score was computed as the sum of the responses to each item.

Presence Measure

The Presence Measure (APPENDIX C) measured participants’ perceived level of presence experienced during interactions within the VE. The Presence Measure consists of 20 items (Total, $\alpha = .848$) selected from the original questionnaire developed by Witmer and Singer.
(1998). Each item corresponds to one of four subscales including: Involvement and Control ($\alpha = .758$), Natural Interaction ($\alpha = .779$), Resolution ($\alpha = .684$), and Interface Quality ($\alpha = .677$). Participants responded to items with a one to seven point scale to indicate low to high presence respectively. Scores are computed as the sum of items per subscale.

**Procedure**

Upon arrival to the laboratory space, the participant was instructed to turn off all cell phones and portable devices, remove watches or other time-pieces, and place them along with any other personal belongings in a secure area in the room away from the participant station. Then, the participant read and signed the Informed Consent form (APPENDIX D) which described the participant’s rights as a study volunteer and the purpose, tasks, risks, and benefits of the experiment. Next, the participant verified that he or she fulfilled the study restrictions including a screening for color blindness using the Ishihara Test for Colour Blindness (Ishihara, 2013). All participants passed the color vision requirement. Next, the participant completed a paper-based demographics questionnaire (APPENDIX E) where he or she recorded information age, sex, highest level of education, military experience, current health state, and computer and video game proficiency. Then, the participant was randomly assigned to one of the three group conditions.

Next, the participant viewed a narrated slide presentation which familiarized him or her with the VE interface and the process to conduct the experimental task including monitoring the virtual UGS, selecting classification buttons, and clicking on detected targets. Following the slide presentation, the participant completed a familiarization scenario which allowed the participant to practice the target detection and classification procedure. To avoid priming effects,
the stimuli and classification categories during the familiarization scenario were unrelated to the stimuli appearing in the pre-test, post-test, training, and practice scenarios. The familiarization scenario stimuli consisted of colored barrels randomly placed along the route (Figure 12). Target barrels included six red and six yellow barrels; non-target barrels included eight brown, eight green, and eight white barrels. The participant detected as many target barrels as possible and classified each by color using the classification buttons labeled “Red” and “Yellow.” If the participant received a proficiency score of at least 75% detection accuracy, then he or she proceeded to the next phase of the experiment. Participants were provided up to two opportunities to achieve the minimum proficiency score. Four participants had to complete the familiarization scenario a second time. Only one participant did not fulfill proficiency requirements the second time and was dismissed.

*Figure 12. Example view of the interface training scenario.*
After becoming familiar with the detection and classification procedure, the participant viewed another narrated slide presentation describing the task for the following pre-test scenario. The pre-test scenario task required the participant to monitor the virtual UGS display and detect and classify targets that appeared to be exhibiting aggressiveness or nervousness based on his or her personal experience. The participant was permitted to take a five minute break to use the restroom and drink water after completing the pre-test scenario.

Next, the participant viewed a narrated, computer-based content training slide presentation that aligned with current Combat Profiling curriculum and ISR training doctrine (Colombo, Dolletski-Lazar, Coxe, & Tarr, 2012; U.S. Army, 2012a). The content training presented the purpose of behavior cue analysis in an ISR context, briefly explained the Kinesics domain, described the target behavior cues and the associated classifications, and provided example photographs of each target behavior cue. The photographs (APPENDIX F) included male and female models representing each of the four skin tones depicted within the VE. Models stood in front of a white background and their attire was standardized in order to minimize the risk of visual bias that may result from variations in color or style of clothing. The photographs were taken with a Canon EOS Rebel XTi 10.1 megapixel digital camera positioned 3.5 meters away from each model. Each target behavior cue was represented by a pair of poses to demonstrate the gesture movements. All poses were photographed from two angles, one with the model facing the camera and one with the model angled 45° to the model’s right. These angles were similar to those of the virtual character models appearing within the scenarios. The photographs of each model, behavior cue, and pose angle was balanced throughout the presentation.
The content training slide presentation included a brief review where the participant viewed additional photographs depicting the target behavior cues and verbally classified each cue as exhibiting aggressiveness or nervousness. The participant’s responses were recorded on a paper-based score sheet (APPENDIX G). After the review, the slide presentation provided a brief reminder of how to conduct the target detection and classification procedure within the VE. If the participant was assigned to either the Massed Exposure or Highlighting group conditions, a brief explanation of the instructional strategy applied to the following training scenarios was also included at the end of the slide presentation. The Massed Exposure condition slides stated that the training scenarios would present twice as many target events as opposed to non-target events. The Highlighting condition slides stated that during the training scenarios the targets would be highlighted by a translucent blue box, but the participant must still complete the detection and classification procedures. The Control condition did not include an instructional strategy explanation.

Following the content training slide presentation, the participant completed the two training scenarios, one depicting the Culturally Agnostic terrain and one depicting the Middle Eastern terrain. The order of the scenarios were randomized and counterbalanced. Upon completion of both training scenarios, the participant completed the Engagement Measure and the Immersion Measure. After completing the questionnaires, the participant was permitted another five minute break if needed to use the restroom and drink water.

The experiment resumed with the participant viewing a short, narrated slide presentation to introduce the practice scenarios to follow. The participant completed the two practice scenarios, one for each terrain. The order of the terrain types for the practice scenarios were the
same as the order of terrain types for the training scenarios. After the practice scenarios, the participant was offered one final five minute break to use the restroom and drink water if needed.

After the final break, the participant viewed a narrated slide presentation introducing the post-test scenario. The participant completed the post-test scenario followed by the Presence Measure. Finally, the participant was debriefed and dismissed. If the participant elected to receive monetary compensation, then he or she was provided a receipt signed by the experimenter. If the participant opted for course credit, then the experimenter notified the course professor after the participant was dismissed.
CHAPTER FOUR: RESULTS

Outliers

Upon review of frequency distributions, boxplots, and experimental log notes, two outliers were removed due to the participants’ apparent lack of attentiveness during the task. This reduced both the Massed Exposure and Highlighting sample sizes by one. The revised sample sizes included: Control $n = 39$, Massed Exposure $n = 38$, and Highlighting $n = 39$.

Data Transformations

A constant of one was added to the detection accuracy, classification accuracy, and median response time scores for the pre-test and post-test. The purpose of this transformation was to avoid undefined values for the percent change variables due to a division by zero error.

Review of the frequency distributions for detection and classification accuracy scores revealed a substantial negative skew in each group condition. As a result, these distributions violated the assumption of normality. Therefore, to obtain a more normal distribution, scores were reflected to obtain a positive skew and a logarithmic transformation was applied. Equation 2 provides the transformation formula where $k$ equals the largest value plus one.

$$\log_{10}(k - X_i)$$  \hspace{1cm} (2)

Percent change variables also violated normality assumptions. Therefore, a logarithmic transformation was also applied to normalize the distributions. Due to several negative values, a large constant of 100 was added before logarithmic transformation (Equation 3).

$$\log_{10}(X_i + 100)$$  \hspace{1cm} (3)
Analyses of Performance Metrics

Detection Accuracy

A one-way between-groups ANOVA revealed no significant difference in the effect of instructional strategy on overall detection accuracy, \( F(2, 113) = .802, p = .451, \eta^2 = .014 \).

Further, one-way between-groups ANOVAs revealed no significant differences in detection accuracy per target behavior cue type including: clenched fists, \( F(2, 113) = .880, p = .417, \eta^2 = .015 \), slapping hands, \( F(2, 113) = .992, p = .374, \eta^2 = .017 \), check six, \( F(2, 113) = 2.15, p = .122, \eta^2 = .037 \), and wringing hands, \( F(2, 113) = .371, p = .691, \eta^2 = .007 \).

A repeated measures ANOVA with Greenhouse-Geisser correction for sphericity in SPSS (\( \epsilon = .935 \)) was conducted to assess the effect of target behavior cue types on detection accuracy. There was a significant effect of cue type on detection accuracy across conditions, \( F(3, 113) = 463.93, p < .001, \eta^2 = 0.79 \). Bonferroni pairwise comparisons revealed that the clenched fists (\( M = 56.77, SD = 23.06 \)), slapping hands (\( M = 97.54, SD = 5.13 \)), check six (\( M = 93.95, SD = 11.09 \)), and wringing hands (\( M = 85.92, SD = 14.49 \)) cues differed significantly from each other at a significance level of \( p < .001 \) with clenched fists having the lowest detection accuracy scores (Figure 13).
Figure 13. Mean detection accuracy across conditions per target behavior cue type. Error bars indicate standard error.

Classification Accuracy

A one-way between-groups ANOVA revealed no significant difference in the effect of instructional strategy on overall classification accuracy scores, $F(2, 113) = 1.09, p = .338, \eta^2 = .019$. Additionally, one-way between-groups ANOVAs revealed no significant effect of instructional strategy on classification accuracy per target behavior cue type including: clenched fists, $F(2, 113) = 1.04, p = .356, \eta^2 = .018$, slapping hands, $F(2, 113) = 1.69, p = .189, \eta^2 = .02$, check six, $F(2, 113) = 2.21, p = .115, \eta^2 = .038$, and wringing hands, $F(2, 113) = .391, p = .677, \eta^2 = .007$.

A repeated measures ANOVA with Greenhouse-Geisser correction for sphericity in SPSS ($\epsilon = .866$) was conducted to assess the effect of target behavior cue type on classification accuracy across conditions. There was a significant effect of cue type on classification accuracy across conditions, $F(3, 113) = 220.19, p < .001, \eta^2 = .72$. At a significance level of $p < .001,$
Bonferroni pairwise comparisons indicated that classification accuracy scores for the clenched fists ($M = 52.35$, $SD = 23.22$), slapping hands ($M = 92.19$, $SD = 11.45$), check six ($M = 89.78$, $SD = 15.19$), and wringing hands ($M = 81.16$, $SD = 16.49$) cues differed significantly from each (Figure 14).

![Figure 14. Mean classification accuracy across conditions per target behavior cue type. Error bars indicate standard error.](image)

**Median Response Time**

One-way between-groups ANOVAs were conducted to assess the impact of instructional strategy on median response time. While there was no significant difference in overall median response time, $F(2, 113) = 2.93$, $p = .058$, $\eta^2 = .049$, between groups, there was a significant effect of instructional strategy on median response time for target behavior cues in the aggressiveness classification. There was a significant effect of instructional strategy on clenched fists median response time, $F(2, 113) = 4.36$, $p = .015$, $\eta^2 = .071$. Post-hoc tests using the Bonferroni correction revealed that participants in the Massed Exposure group ($M = 6.69$, $SD = \ldots$)
.807) correctly responded to the clenched fists cue significantly faster than participants in the Control group ($M = 7.23, SD = .746$), $p = .013$ (Figure 15). However, median response time in the Highlighting group did not differ significantly for the clenched fists cue ($M = 6.89, SD = .847$).

![Figure 15. Median response time means for the clenched fists cue. Error bars indicate standard error.](image)

Likewise, there was a significant effect of instructional strategy on slapping hands median response time, $F(2, 113) = 3.44$, $p = .035$, $\eta^2 = .057$. Post-hoc tests using Bonferroni corrections indicated that participants responded to slapping hands cues faster in the Massed Exposure group ($M = 5.36, SD = .547$) than those in the Control group ($M = 5.71, SD = .675$), $p = .043$ (Figure 16). Median response time in the Highlighting group did not differ significantly for the slapping hands cue ($M = 5.43, SD = .587$).
Median response times of the target behavior cues in the nervousness classification did not differ significantly between groups for check six, $F(2, 113) = 2.91, p = .058, \eta^2 = .049$, and wringing hands, $F(2, 113) = 2.58, p = .080, \eta^2 = .044$.

A repeated measures ANOVA with Greenhouse-Geisser correction for sphericity in SPSS ($\varepsilon = .866$) was conducted to assess the effect of the target behavior cue types on median response time. A significant effect of cue type on median response time was revealed across conditions, $F(3, 113) = 220.19, p < .001, \eta^2 = .83$. Bonferroni pairwise comparisons indicated a significant difference between cue types at the $p < .05$ level for median response time including: clenched fists ($M = 6.94, SD = .824$), slapping hands ($M = 5.50, SD = .619$), check six ($M = 5.40, SD = .722$), and wringing hands ($M = 5.89, SD = .689$). Clenched fists had the highest median response time indicating that it took longer for participants to detect this cue compared to other cue types (Figure 17).

![Figure 16. Median response time means for the slapping hands cue. Error bars indicate standard error.](image)
Percent Change

The impact of instructional strategy on the percent change in performance scores (i.e., detection accuracy, classification accuracy, and median response time) from the pre-test scenario to the post-test scenario was assessed with a series of one-way between-groups ANOVAs. There was not a significant effect of instructional strategy on the percent change for overall detection accuracy, $F(2, 113) = .018, p = .982, \eta^2 < .001$, overall classification accuracy, $F(2, 113) = .144, p = .866, \eta^2 = .003$, nor overall median response time, $F(2, 113) = 2.15, p = .122, \eta^2 = .039$. Percent change variables also did not differ significantly per cue type.

A series of repeated measures ANOVAs revealed a significant effect of cue type on the percent change of each performance metric. A significant effect of cue type on the percent change for detection accuracy, with Greenhouse-Geisser correction in SPSS ($\varepsilon = .883$), was found across conditions, $F(2.68, 308.18) = 48.56, p < .001, \eta^2 = .30$. Bonferroni pairwise
comparisons indicated that clenched fists cue ($M = 1930.64, SD = 2746.67$) had a significantly greater increase in detection accuracy at the $p < .001$ level compared to slapping hands ($M = 178.93, SD = 1009.31$), check six ($M = 1003.44, SD = 2243.58$), and wringing hands ($M = 802.09, SD = 2018.77$). The increase in detection accuracy was significantly lower for the slapping hands cue compared to the check six and wringing hands cues, $p < .001$. The check six and wringing hands cues did not differ significantly for the percent change in detection accuracy, $p = .072$. Figure 18 illustrates the average detection accuracy percent change between target behavior cue types.

![Figure 18. Percent change in detection accuracy per target behavior cue type across conditions. Error bars indicate standard error.](image)

Cue type also had a significant effect on the percent change for classification accuracy with Greenhouse-Geisser correction in SPSS ($\varepsilon = .893$), $F(2.73, 314.38) = 46.83, p < .001, \eta^2 = .48$. Bonferroni pairwise comparisons indicated that the increase in classification accuracy for the slapping hands cue ($M = 244.21, SD = 1310.42$) was significantly less at the $p < .001$ level than
the clenched fists ($M = 2316.42, SD = 327.52$), check six ($M = 5063.04, SD = 3996.48$), and wringing hands ($M = 2713.07, SD = 3499.19$) cues. The clenched fists and wringing hands cues did not differ significantly, $p = 1.00$. Figure 19 illustrates the differences in the average classification accuracy percent change between target behavior cue types.

![Figure 19. Percent change in classification accuracy per target behavior cue type across conditions. Error bars indicate standard error.](image)

Finally, a significant effect of cue type also was also found for the percent change in median response time with Greenhouse-Geisser correction in SPSS ($\varepsilon = .606$), $F(1.82, 209) = 36.56$, $p < .001$, $\eta^2 = .24$. Bonferroni pairwise comparisons revealed that the increase in median response time for the clenched fists cue ($M = 201.42, SD = 327.52$) was significantly different at the $p < .001$ level from the slapping hands ($M = -9.04, SD = 52.21$), check six ($M = 15.99, SD = 126.89$), and wringing hands ($M = 21.53, SD = 142.51$) cues. The slapping hands, check six, and wringing hands cues did not differ significantly from each other (Figure 20).
Analyses of Questionnaires

Engagement Measure

A one-way between-groups ANOVA revealed no significant difference in the effect of instructional strategy on the level of engagement as assessed by the Engagement Measure, $F(2, 113) = 2.03, p = .136, \eta^2 = .035$. However, a series of one-way between-groups ANOVAs were conducted to compare the ratings per survey item. There was a significant difference in ratings for survey item seven, *I like the challenge that using a virtual environment for behavior cue detection training provided*, $F(2, 113) = 4.78, p = .010, \eta^2 = .008$. Post-hoc tests with Bonferroni correction revealed a significantly lower rating in the Highlighting group ($M = 2.95, SD = .887$) versus the Control group ($M = 3.59, SD = 1.04$), $p = .011$. This difference indicates that the preferred level of challenge during training scenarios occurred in the Control condition. The
rating on survey item seven in the Massed Exposure group ($M = 3.11$, $SD = .924$) did not differ significantly, but was still less than the Control group. Figure 21 illustrates the results for survey item seven of the Engagement Measure.

![Figure 21. Engagement Measure means between conditions for item seven, I like the challenge that using a virtual environment for behavior cue detection training provided. Error bars indicate standard error.](image)

**Immersion Measure**

A one-way between-groups ANOVA revealed no significant difference in the effect of instructional strategy on the level of immersion as assessed by the Immersion Measure, $F(2, 113) = 1.71, p = .185, \eta^2 = .029$. Another series of one-way between-groups ANOVAs were conducted to compare the ratings per survey item revealing a significant difference in ratings for survey item eight, *The scenarios were challenging*, $F(2, 113) = 8.13, p = .001, \eta^2 = .013$). Bonferroni correction post-hoc tests revealed a significantly lower rating in the Highlighting group ($M = 2.05$, $SD = .857$) versus the Control group ($M = 2.87$, $SD = 1.11$), $p = .002$, and the Massed Exposure ($M = 2.87$, $SD = 1.12$), $p = .002$. This indicates that the training scenarios in
the Highlighting condition were perceived as less challenging than training scenarios in the Control and Massed Exposure conditions as illustrated in Figure 22.

![Figure 22](image)

*Figure 22. Immersion Measure means between conditions for item 8, The scenarios were challenging. Error bars indicate standard error.*

**Presence Measure**

A one-way between-groups ANOVA revealed no significant difference in the effect of instructional strategy on the level of total presence as assessed by the sum of items on the Presence Measure, $F (2, 113) = .117, p = .890, \eta^2 = .002$. Further, there were no significant differences between instructional strategy groups for each Presence Measure subscales including: Involvement and Control, $F (2, 113) = .113, p = .893, \eta^2 = .002$, Natural Interaction, $F (2, 113) = .162, p = .850, \eta^2 = .003$, Resolution, $F (2, 113) = .647, p = .526, \eta^2 = .011$, and Interface Quality, $F (2, 113) = .852, p = .429, \eta^2 = .015$. There were also no significant differences between conditions in the ratings for individual survey items.
Correlates of Performance Metrics and Questionnaires

For each condition, a series of Pearson’s r correlations were conducted to assess the relationships between performance and questionnaire scores. Due to the reverse scoring of the detection and classification accuracy variables prior to log transformation, the signs indicating the correlation direction for these variables have been reversed.

Control Group Correlates

There were significant, moderately positive correlations between detection accuracy and engagement, measured by the Engagement Measure, and between detection accuracy and immersion, measured by the Immersion Measure. Per target behavior cue, only the clenched fists cue had a significant, moderately positive correlation between detection accuracy and engagement and between detection accuracy and immersion. The significant relationships indicate that greater detection accuracy scores were correlated with higher engagement or immersion ratings both overall and for the clenched fists cue. Table 3 lists the correlation results for detection accuracy, engagement, and immersion for the Control group.

Table 3.
Control group correlates between detection accuracy, engagement, and immersion.

<table>
<thead>
<tr>
<th>Performance Metrics</th>
<th>Engagement Measure</th>
<th>Immersion Measure</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overall Detection Accuracy</td>
<td>.319*</td>
<td>.358*</td>
</tr>
<tr>
<td>Clenched Fist Detection Accuracy</td>
<td>.334*</td>
<td>.442**</td>
</tr>
<tr>
<td>Slapping Hands Detection Accuracy</td>
<td>.153</td>
<td>.215</td>
</tr>
<tr>
<td>Check Six Detection Accuracy</td>
<td>.286</td>
<td>.171</td>
</tr>
<tr>
<td>Wringing Hands Detection Accuracy</td>
<td>.146</td>
<td>.137</td>
</tr>
</tbody>
</table>

*Note. Correlation directions have been reversed due to data transformation.

*p ≤ .05; **p ≤ .01
Classification accuracy was positively correlated to both engagement and immersion. Significant, moderately positive correlations between classification accuracy and engagement were also revealed for the clenched fists, check six, and wringing hands cues. Between classification accuracy and immersion, only the clenched fists and wringing hands cues had significant, moderately positive correlations. Similar to the preceding detection accuracy correlations, these significant relationships indicate that greater classification accuracy scores were correlated with higher engagement and immersion ratings both overall and for select cues. Table 4 lists the correlation results for classification accuracy, engagement, and immersion for the Control group.

Table 4. 
Control group correlates between classification accuracy, engagement, and immersion.

<table>
<thead>
<tr>
<th>Performance Metrics</th>
<th>Engagement Measure</th>
<th>Immersion Measure</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overall Classification Accuracy</td>
<td>.400*</td>
<td>.386*</td>
</tr>
<tr>
<td>Clenched Fist Classification Accuracy</td>
<td>.377*</td>
<td>.447**</td>
</tr>
<tr>
<td>Slapping Hands Classification Accuracy</td>
<td>.310</td>
<td>.271</td>
</tr>
<tr>
<td>Check Six Classification Accuracy</td>
<td>.325*</td>
<td>.245</td>
</tr>
<tr>
<td>Wringing Hands Classification Accuracy</td>
<td>.345*</td>
<td>.326*</td>
</tr>
</tbody>
</table>

Note. Correlation directions have been reversed due to data transformation. *p ≤ .05; **p ≤ .01

Neither engagement nor immersion were significantly correlated to overall and per cue median response time. Additionally, engagement was not significantly correlated to any percent change performance variables. However, the percent change in detection accuracy and percent change in classification accuracy were both significantly correlated to immersion. Per cue, percent change in detection accuracy and percent change in median response time were
significantly correlated to immersion for the wringing hands cue only. These positive relationships indicate that higher immersion ratings were correlated to increases in overall detection and classification accuracy, as well as, increased wringing hands response time. Table 5 lists the significant overall and wringing hands correlations between the percent change performance scores and immersion for the Control group.

Table 5. Control group correlates between percent change performance metrics and immersion.

<table>
<thead>
<tr>
<th>Immersion Measure</th>
<th>Performance Metrics</th>
<th>( r )</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overall % Change Detection Accuracy</td>
<td>Overall % Change Classification Accuracy</td>
<td>.353*</td>
</tr>
<tr>
<td>Wringing Hands % Change Detection Accuracy</td>
<td>Wringing Hands % Change Median Response Time</td>
<td>.329*</td>
</tr>
<tr>
<td></td>
<td>Wringing Hands % Change Detection Accuracy</td>
<td>.319*</td>
</tr>
<tr>
<td></td>
<td>Wringing Hands % Change Median Response Time</td>
<td>.381*</td>
</tr>
</tbody>
</table>

*\( p \leq .05; **p \leq .01 \)

There were several significant correlations between presence, assessed by the Presence Measure, and performance. Overall detection accuracy was positively correlated to total presence in addition to the Involvement and Control, Natural Interaction, and Interface Quality subscales. The Resolution subscale did not correlate significantly to detection accuracy. These relationships were also consistent for several of the target behavior cue types where higher presence or subscales of presence were correlated to greater detection accuracy performance. Notably, the correlations between clenched fists detection accuracy and presence were similar in strength and direction to the correlations between overall detection accuracy and presence. Table 6 provides a list of the presence and detection accuracy correlations for the Control group.
Table 6.
Control group correlates between detection accuracy and presence.

<table>
<thead>
<tr>
<th>Performance Metrics</th>
<th>Total Presence</th>
<th>Involvement and Control</th>
<th>Natural Interaction</th>
<th>Resolution</th>
<th>Interface Quality</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overall Detection Accuracy</td>
<td>.505**</td>
<td>.448**</td>
<td>.338*</td>
<td>.189</td>
<td>.391*</td>
</tr>
<tr>
<td>Clenched Fists Detection Accuracy</td>
<td>.485**</td>
<td>.410**</td>
<td>.397*</td>
<td>.186</td>
<td>.348*</td>
</tr>
<tr>
<td>Slapping Hands Detection Accuracy</td>
<td>.363*</td>
<td>.265</td>
<td>.225</td>
<td>.259</td>
<td>.381*</td>
</tr>
<tr>
<td>Check Six Detection Accuracy</td>
<td>.369*</td>
<td>.390*</td>
<td>.131</td>
<td>-.045</td>
<td>.377*</td>
</tr>
<tr>
<td>Wringing Hands Detection Accuracy</td>
<td>.394*</td>
<td>.377*</td>
<td>.207</td>
<td>.173</td>
<td>.270</td>
</tr>
</tbody>
</table>

Note. Correlation directions have been reversed due to data transformation.
*p ≤ .05; **p ≤ .01

Overall classification accuracy also positively correlated to total presence and the Involvement and Control, Natural Interaction, and Interface Quality subscales. There was not a significant correlation between the Resolution subscale and classification accuracy. Correlations between classification accuracy and presence per target behavior cue type also revealed several significant relationships where higher presence or subscales of presence were correlated to greater classification accuracy performance. The strength and direction of the correlations between classification accuracy and presence for the clenched fists and wringing hands cues were similar to those for overall classification accuracy. The correlations between classification accuracy and presence are listed in Table 7.
Table 7.
Control group correlates between classification accuracy and presence.

<table>
<thead>
<tr>
<th>Performance Metrics</th>
<th>Total Presence</th>
<th>Involvement and Control</th>
<th>Natural Interaction</th>
<th>Resolution</th>
<th>Interface Quality</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overall Classification Accuracy</td>
<td>.505**</td>
<td>.424**</td>
<td>.369*</td>
<td>.160</td>
<td>.456**</td>
</tr>
<tr>
<td>Clenched Fists Classification Accuracy</td>
<td>.478**</td>
<td>.400*</td>
<td>.389*</td>
<td>.165</td>
<td>.374*</td>
</tr>
<tr>
<td>Slapping Hands Classification Accuracy</td>
<td>.342*</td>
<td>.229</td>
<td>.286</td>
<td>.118</td>
<td>.432**</td>
</tr>
<tr>
<td>Check Six Classification Accuracy</td>
<td>.429**</td>
<td>.403*</td>
<td>.280</td>
<td>.120</td>
<td>.305</td>
</tr>
<tr>
<td>Wringing Hands Classification Accuracy</td>
<td>.495**</td>
<td>.426**</td>
<td>.326*</td>
<td>.167</td>
<td>.449**</td>
</tr>
</tbody>
</table>

Note. Correlation directions have been reversed due to data transformation.
*p ≤ .05; **p ≤ .01

Total presence, Resolution, and Interface Quality scores on the Presence Measure were each positively correlated to the pre-test to post-test percent change for both detection and classification accuracy (Table 8). Therefore, increases in overall accuracy performance were moderately correlated with higher presence ratings.

Table 8.
Control group correlates between overall percent change in detection and classification accuracy and presence.

<table>
<thead>
<tr>
<th>Performance Metrics</th>
<th>Total Presence</th>
<th>Resolution</th>
<th>Interface Quality</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overall % Change Detection Accuracy</td>
<td>.292</td>
<td>.356*</td>
<td>.385*</td>
</tr>
<tr>
<td>Overall % Change Classification Accuracy</td>
<td>.354*</td>
<td>.352*</td>
<td>.356*</td>
</tr>
</tbody>
</table>

*p ≤ .05; **p ≤ .01
Per target behavior cue, only the check six and wringing hands cues revealed significant correlations between presence and percent change metrics. For the check six cue, increases in detection accuracy performance correlated with higher ratings on the Interface Quality subscale. Increases in check six median response time also correlated to higher ratings for total presence and Interface Quality. The percent change in check six classification accuracy did not significantly correlate to presence. Table 9 lists select correlation results between the check six percent change performance metrics and presence scores.

Table 9.
Control group correlates between check six percent change metrics and presence.

<table>
<thead>
<tr>
<th>Performance Metrics</th>
<th>Total Presence</th>
<th>Interface Quality</th>
</tr>
</thead>
<tbody>
<tr>
<td>Check Six % Change Detection Accuracy</td>
<td>.292</td>
<td>.371*</td>
</tr>
<tr>
<td>Check Six % Change Classification Accuracy</td>
<td>.315</td>
<td>.208</td>
</tr>
<tr>
<td>Check Six % Change Median Response Time</td>
<td>.318*</td>
<td>.397*</td>
</tr>
</tbody>
</table>

*p ≤ .05; **p ≤ .01

For the wringing hands cue, increases in both detection accuracy and median response time were moderately correlated to higher Interface Quality scores. An increase in wringing hands classification accuracy was also positively correlated to higher total presence and Involvement and Control scores. Table 10 lists selected correlations between the percent change performance metrics and presence for the wringing hands cue.
Collectively, the Control group correlations described above indicate that higher engagement, immersion, or presence ratings moderately correlated to better detection and classification accuracy. Furthermore, these relationships reveal that higher engagement, immersion, and presence scores were correlated to percent change increases in performance. However, the results were not universally consistent across target behavior cue types.

**Massed Exposure Group Correlates**

The Massed Exposure condition had several significant correlations between performance metrics and questionnaire variables that were uniquely distinct compared to the Control and Highlighting groups. There was only one significant correlation between performance metrics and engagement; greater check six detection accuracy was positively correlated with higher engagement, $r = .357$, $n = 38$, $p = .028$. Note that the reported correlation direction has been reversed to account for data transformation. Immersion did not significantly correlate with any performance metrics for the Massed Exposure condition.

The remaining significant correlations for Massed Exposure were between performance and presence. There was a positive correlation between greater overall detection accuracy scores

---

**Table 10.**

*Control group correlates between wringing hands percent change metrics and presence.*

<table>
<thead>
<tr>
<th>Performance Metrics</th>
<th>Total Presence $r$</th>
<th>Involvement and Control $r$</th>
<th>Interface Quality $r$</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wringing Hands % Change Detection Accuracy</td>
<td>.193</td>
<td>.123</td>
<td>.355*</td>
</tr>
<tr>
<td>Wringing Hands % Change Classification Accuracy</td>
<td>.339*</td>
<td>.325*</td>
<td>.285</td>
</tr>
<tr>
<td>Wringing Hands % Change Median Response Time</td>
<td>.283</td>
<td>.235</td>
<td>.410**</td>
</tr>
</tbody>
</table>

*$p \leq .05$; **$p \leq .01$*
and higher ratings on the Resolution subscale of the Presence Measure, \( r = .322, n = 38, p = .049 \). Also, greater wringing hands detection accuracy positively correlated with higher ratings on the Interface Quality subscale of the Presence Measure, \( r = .364, n = 38, p = .025 \). Once again, the direction of these correlations have been reversed to account for data transformation.

Correlations between Massed Exposure percent change performance variables and presence revealed moderately negative relationships only in select cases. Increased percent change in detection accuracy correlated to lower total presence ratings. This relationship also held for the slapping hands and wringing hands cues only. Increased detection accuracy for the slapping hands cue was also correlated with lower scores on the Involvement and Control subscale, while increased wringing hands detection accuracy was correlated with lower Natural Interaction scores. Table 11 lists the correlations between percent change in detection accuracy and presence for the Massed Exposure condition.

*Table 11.*

**Massed Exposure correlates between percent change in detection accuracy and presence.**

<table>
<thead>
<tr>
<th>Performance Metrics</th>
<th>Total Presence</th>
<th>Involvement and Control</th>
<th>Natural Interaction</th>
<th>Resolution</th>
<th>Interface Quality</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overall % Change Detection Accuracy</td>
<td>-.320*</td>
<td>-.286</td>
<td>-.221</td>
<td>-.078</td>
<td>-.244</td>
</tr>
<tr>
<td>Clenched Fists % Change Detection Accuracy</td>
<td>.037</td>
<td>.065</td>
<td>-.015</td>
<td>.261</td>
<td>-.158</td>
</tr>
<tr>
<td>Slapping Hands % Change Detection Accuracy</td>
<td>-.333*</td>
<td>-.337*</td>
<td>-.099</td>
<td>-.173</td>
<td>-.235</td>
</tr>
<tr>
<td>Check Six % Change Detection Accuracy</td>
<td>.053</td>
<td>.056</td>
<td>.015</td>
<td>.077</td>
<td>.003</td>
</tr>
<tr>
<td>Wringing Hands % Change Detection Accuracy</td>
<td>-.338*</td>
<td>-.272</td>
<td>-.353*</td>
<td>-.015</td>
<td>-.251</td>
</tr>
</tbody>
</table>

*\( p \leq .05; **p \leq .01 \)
Percent change in classification accuracy and presence correlations revealed some consistency with the preceding percent change in detection accuracy results. Increased percent change in classification accuracy negatively correlated to lower total presence ratings, in addition to lower Involvement and Control subscale ratings. These significant relationships held for the slapping hands percent change in classification accuracy. Two significant positive correlations emerged between increased check six classification accuracy and higher Interface Quality and increased wringing hands classification accuracy and higher Resolution scores. Table 12 lists the correlations between percent change in classification accuracy metrics and presence for the Massed Exposure condition.

Table 12.
*Massed Exposure correlates between percent change in classification accuracy and presence.*

<table>
<thead>
<tr>
<th>Performance Metrics</th>
<th>Total Presence</th>
<th>Involvement and Control</th>
<th>Natural Interaction</th>
<th>Resolution</th>
<th>Interface Quality</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overall % Change Classification Accuracy</td>
<td>-.385*</td>
<td>-.373*</td>
<td>-.284</td>
<td>-.101</td>
<td>-.197</td>
</tr>
<tr>
<td>Clenched Fists % Change Classification Accuracy</td>
<td>-.047</td>
<td>-.019</td>
<td>-.054</td>
<td>.128</td>
<td>-.158</td>
</tr>
<tr>
<td>Slapping Hands % Change Classification Accuracy</td>
<td>-.343*</td>
<td>-.345*</td>
<td>-.115</td>
<td>-.180</td>
<td>-.233</td>
</tr>
<tr>
<td>Check Six % Change Classification Accuracy</td>
<td>-.012</td>
<td>-.106</td>
<td>-.136</td>
<td>-.014</td>
<td>.380*</td>
</tr>
<tr>
<td>Wringing Hands % Change Classification Accuracy</td>
<td>-.088</td>
<td>-.061</td>
<td>-.255</td>
<td>.328*</td>
<td>-.118</td>
</tr>
</tbody>
</table>

*p ≤ .05; **p ≤ .01

Finally, there were only two significant correlations between the percent change in median response time metrics and presence. Decreased clenched fists median response time was
moderately correlated with higher ratings on the Interface Quality subscale, \( r = -.367, n = 38, p = .023 \). Conversely, decreased slapping hands median response time was also moderately correlated with lower Involvement and Control ratings, \( r = .322, n = 38, p = .048 \).

**Highlighting Group Correlates**

Although the Highlighting group had the fewest significant correlations of all the conditions, the relationships that emerged were exclusive to the Highlighting condition only. Further, only performance variables for the clenched fists cue revealed significant relationships with engagement and immersion scores. Engagement was negatively correlated with the percent change in detection accuracy and the percent change in median response time for the clenched fists cue. Likewise, immersion was negatively correlated with the percent change in detection accuracy and the percent change in median response time for the clenched fists cue. Altogether, these relationships indicate that greater engagement and immersion scores were moderately correlated with decreases in detection accuracy and median response time of the clenched fists cue. Table 13 provides a list of the significant correlation results between performance and questionnaire variables in the Highlighting condition.

*Table 13. Highlighting group correlates between percent change performance metrics, engagement and immersion.*

<table>
<thead>
<tr>
<th>Performance Metrics</th>
<th>Engagement Measure</th>
<th>Immersion Measure</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clenched Fists % Change Detection Accuracy</td>
<td>( -.339^* )</td>
<td>( -.318^* )</td>
</tr>
<tr>
<td>Clenched Fist % Change Median Response Time</td>
<td>( -.479^{**} )</td>
<td>( -.368^* )</td>
</tr>
</tbody>
</table>

\( ^*p \leq .05; ^{**}p \leq .01 \)
Regressions

A series of multiple regression analyses were conducted to assess if participants’ ratings on the questionnaires significantly predicted performance. Two sets of predictor variables were tested for each instructional strategy condition. The first set of predictors included total scores on the measures of engagement, immersion, and presence. The second set of predictors consisted of the total engagement and immersion scores, and the individual subscale scores of the Presence Measure.

Control Group Regressions

The majority of all significant regression models emerged in the Control group. The first set of predictors, including engagement, immersion and total presence, explained approximately 26% of the variance in overall detection accuracy, $R^2 = .263, F (3, 35) = 4.16, p = .013$. It was found that the total presence score was the significant contributor to overall detection accuracy, $\beta = .442, p = .021$. Between target behavior cue types, the engagement, immersion, and total presence predictors explained approximately 27% of the variance in detection accuracy for the clenched fists cue only, $R^2 = .271, F (3, 35) = 4.33, p = .011$, however, none of the individual predictors were significant.

The engagement, immersion and total presence predictors explained nearly 29% of the variance in overall classification accuracy, $R^2 = .288, F (3, 35) = 4.71, p = .007$, and indicated total presence as the significant contributor, $\beta = .401, p = .033$. Between target behavior cue types, this relationship held for clenched fists, $R^2 = .274, F (3, 35) = 4.39, p = .010$, check six, $R^2 = .213, F (3, 35) = 3.15, p = .037$, and wringing hands, $R^2 = .261, F (3, 35) = 4.12, p = .013$. 

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However, total presence was the significant contributor to classification accuracy for only check six, $\beta = .410$, $p = .037$, and wringing hands, $\beta = .446$, $p = .020$.

The final significant regression model including the first set of predictor variables indicated that engagement, immersion, and total presence explained nearly 21% of the variance in the percent change in detection accuracy for the slapping hands cue only, $R^2 = .206$, $F(3, 35) = 3.02$, $p = .043$. The greatest significant contributor was engagement, $\beta = -.556$, $p = .009$, and the secondary significant contributor was immersion, $\beta = .534$, $p = .021$.

The second set of predictor variables, including engagement, immersion, and the presence subscales, explained approximately 31% of the variance in check six detection accuracy, $R^2 = .315$, $F(6, 32) = 2.45$, $p = .046$. The Involvement and Control subscale was the greatest significant contributor, $\beta = .440$, $p = .041$. The Interface Quality subscale was the secondary significant contributor, $\beta = .379$, $p = .026$.

The engagement, immersion, and presence subscales predictors also explained approximately 35% of the variance in overall classification accuracy, $R^2 = .354$, $F(6, 32) = 2.93$, $p = .022$. Interface Quality was the significant contributor, $\beta = .363$, $p = .028$. This relationship also held for the wringing hands cue with approximately 33% of the variance in wringing hands classification accuracy explained by engagement, immersion, and the presence subscales, $R^2 = .334$, $F(6, 32) = 2.68$, $p = .032$. Once again, the Interface Quality subscale was the significant contributor to wringing hands classification accuracy, $\beta = .384$, $p = .022$.

Massed Exposure Group Regressions

In the Massed Exposure condition, the second set of predictor variables, including engagement, immersion, and the presence subscales, revealed significant regression models for
the wringing hands cue only. Engagement, immersion, and the presence subscales explained approximately 35% of the variance in wringing hands detection accuracy, $R^2 = .351, F(6, 31) = 2.79, p = .027$. It was found that the Interface Quality subscale was the greatest contributor, $\beta = .502, p = .003$, and immersion was the secondary contributor, $\beta = .460, p = .047$.

Nearly 34% of the variance in the percent change in wringing hands classification accuracy was explained by the engagement, immersion, and the presence subscale predictors, $R^2 = .339, F(6, 31) = 2.65, p = .034$. The greatest significant contributor was the Natural Interaction subscale, $\beta = -.427, p = .035$, and the secondary contributor was the Resolution subscale, $\beta = .400, p = .032$.

Highlighting Group Regressions

There were also few significant multiple regression models in the Highlighting condition. The first set of predictor variables indicated that engagement, immersion, and total presence explained nearly 27% of the variance in the percent change in check six detection accuracy, $R^2 = .268, F(3, 35) = 4.28, p = .011$. Immersion was the greatest significant contributor, $\beta = -.570, p = .011$, and total presence was the secondary significant contributor, $\beta = .406, p = .017$. Using the second set of predictor variables, it was revealed that engagement, immersion, and the presence subscales explained nearly 32% of the variance in the percent change in check six detection accuracy, $R^2 = .318, F(6, 32) = 2.49, p = .043$, and indicated immersion as the significant contributor, $\beta = -.613, p = .008$.

Finally, engagement, immersion, and total presence also explained approximately 25% of the variance in the percent change in clenched fists median response time, $R^2 = .254, F(3, 35) = 3.97, p = .015$, with engagement as the significant contributor, $\beta = -.515, p = .026$. 

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CHAPTER FIVE: DISCUSSION

Instructional strategy literature purports Massed Exposure as a viable method to improve attentional weighting and pattern recognition (Carroll, Milham, & Champney, 2009; Williams & Ward, 2003) and Highlighting as a means to improve visual search skills (Chapman, Underwood, & Roberts, 2002), but there is no theoretical nor empirical evidence indicating that one strategy is better than the other. Unfortunately, the lack of significant detection and classification accuracy results did not provide sufficient evidence to assert any advantage of either strategy over the Control for RAISR tasks. However, negative skews of detection and classification accuracy toward higher scores indicate there was a tendency for participants in all three groups to perform well, regardless of training condition. The lack of significant differences and skew toward higher scores may have been driven by the quality of the computer-based content training provided to all participants prior to training scenarios. The content training in the present experiment was aligned with objectives and standards found in current Combat Profiling curriculum and ISR training doctrine (Colombo, Dolletski-Lazar, Coxe, & Tarr, 2012; U.S. Army, 2012a). Therefore, these findings may also serve as a testament to the quality of the content and presentation of information in current behavior cue analysis resources. Further, these results suggest that a computer-based training medium may be sufficient for training IP to accurately detect and classify behavior cues.

The only significant performance results between conditions were revealed for the median response time metric. Sports psychology research indicates that Highlighting may improve reaction time to recognize specific cues (Hagemann, Strauss, & Canal-Bruland, 2006; Jackson & Farrow, 2005); however, in the present study, Massed Exposure, not Highlighting,
yielded response times that were 0.54 seconds faster for the clenched fists cue and 0.37 seconds faster for the slapping hands cue compared to the Control. Given the small effect sizes, the magnitude of impact evident in these findings may seem insufficient to warrant immediate adoption of the Massed Exposure strategy into training systems design requirements for RAISR, thus supporting retention of the null hypothesis. However, variations in response time may impart noticeable consequences on rapid decision-making when attempting to identify HVIs or an impending attack (Lackey & Salcedo, 2014). Although RAISR removes Soldiers and IP from direct line-of-fire (DOD, 2013), as little as half a second may mean the difference in saving the life of an innocent bystander or mitigating the potentially catastrophic impact of an attack. Therefore, Massed Exposure may be a viable SBT strategy to improve response time during behavior cue analysis.

Analyses across conditions revealed a significant effect of cue type on performance. The clenched fists cue had the lowest detection and classification accuracy scores and slowest response time. The slapping hands cue had the highest detection and classification accuracy scores and one of the fastest response times. These cue type effects suggest that the clenched fists cue was the most difficult to distinguish, while the slapping hands cue was easier to identify. Perhaps the clenched fists cue was more subtle because when curling and squeezing the fingers into the palms, the arms are extended downward with the hands held near the body (Givens, 2002). The slapping hands cue may have been more conspicuous because the arms are raised above the waist and the hands are slapped together in front of the body (Lackey, Maraj, Salcedo, Ortiz, & Hudson, 2013).

For percent change performance outcomes, the clenched fists cue had the largest increase in detection accuracy and median response time versus the slapping hands cue which had the
smallest increase in detection accuracy and a decrease in median response time. Notably, the increase in median response time for the clenched fists cue was likely driven by the considerable increase in detection accuracy. The clenched fists cue also had a greater increase in classification accuracy compared to the slapping hands cue, however, the check six cue showed the greatest improvement in classification accuracy. These significantly different changes in performance per cue type suggest that the sample population had varying amounts of prior knowledge about each cue. It appears clenched fists may have been a more novel cue to detect, while the minimal change in performance for the slapping hands cue indicates participants may have been more familiar identifying and interpreting this cue prior to the experiment. Also, the larger increase in classification accuracy for the check six cue indicates participants were likely less familiar with the meaning of this cue prior to the experiment.

High levels of engagement, immersion, and presence have been associated with greater learner satisfaction (Wefald & Downey, 2009; Levett-Jones, et al., 2011; Douglas & Hargadon, 2001; Murphy, 2011; Zhang & Zigurs, 2009; Bulu, 2012). In the present study, perception results revealed very little difference in engagement and immersion and no significant difference in presence between conditions suggesting that the level of satisfaction with the training was consistent across conditions. An analysis of individual items on the Engagement Measure indicated that the Control offered the preferred amount of challenge during training scenarios over the Massed Exposure and Highlighting conditions. Additionally, an analysis of individual items on the Immersion Measure revealed that training scenarios in the Massed Exposure condition were rated equally as challenging as those in the Control, while the Highlighting training scenarios were rated significantly less challenging than the Control. Perhaps participants in the Highlighting group felt the training was too easy and those in the Massed Exposure group
felt the training was more difficult. Despite the plausibility of this explanation, there was only a marginal difference in these item scores between groups, which affirms retention of the null hypothesis for perception measures.

Results of the correlation and regression analyses between training perception and post-test performance were aligned with current VE, simulation, and game-based research claiming that engagement, immersion, and presence during a simulated experience often impact performance (McNamara, Jackson, & Graesser, 2009; Jennett, et al., 2008; Witmer & Singer, 1998). However, the degree to which each perception measure correlated or influenced performance outcomes varied between conditions.

Correlation analysis generally revealed that higher levels of engagement, immersion, and presence were associated with better and improved performance for several performance metrics in the Control. However, these correlations did not hold for the Massed Exposure and Highlighting conditions. In the Massed Exposure condition, improvement in detection and classification accuracy performance were primarily associated with lower ratings of perceived presence. The Highlighting condition revealed a similar relationship with improved clenched fists detection accuracy associated with lower engagement and immersion ratings. These findings suggest that perceived levels of engagement, immersion, and presence during Massed Exposure and Highlighting training exercises imparted little impact on performance outcomes. Therefore, SBT without additional instructional support, as in the Control, may be sufficient for training behavior cue analysis with RAISR. However, the correlations between a reduction in clenched fists response time and higher engagement and immersion in the Highlighting condition point to the potential of the Highlighting condition to improve response times when detecting subtle and novel cues.
Regression analysis results suggest that presence was the predominate predictor of performance. Control group regression analyses revealed that higher perceived presence, specifically higher Involvement and Control and Interface Quality, made a positive contribution to better detection and classification accuracy overall and for select target behavior cues (i.e., clenched fists, check six, and wringing hands). Massed Exposure regressions revealed that higher Interface Quality contributed to better detection accuracy for the wringing hands cue only, but higher Natural Interaction made a negative contribution to wringing hands classification accuracy. In the Highlighting condition, although it was not the primary predictor, presence contributed to improved detection accuracy for the check six cue.

Engagement and immersion appear to have made a negative contribution to performance. Higher engagement did not improve slapping hands detection accuracy in the Control, nor did it improve clenched fists detection accuracy in the Highlighting condition. Furthermore, immersion did not improve check six detection accuracy in the Highlighting condition.

Collectively, results of the correlations and regressions partially supported the alternate hypothesis pertaining to the relationships between performance and perception outcomes with most of the significant relationships revealed in the Control group. Although the difference in presence ratings was not significant between groups, the high frequency of significant, positive correlations and regressions between presence and performance in the Control group suggests that presence, opposed to engagement and immersion, is the more critical subjective aspect of effective SBT for behavior cue analysis during RAISR. Furthermore, the limited and inconsistent presence and performance relationships for Massed Exposure and Highlighting suggest there may be some inherent phenomena of these strategies or the present application hindering the perception of presence during training. In a perceptual skills training context, Massed Exposure
involves increasing the frequency of practice opportunities in a shorter timeframe (Carroll, Milham, & Champney, 2009; Hirumi & Stapleton, 2009) and Highlighting involves orienting the learner’s attention to critical content during skill acquisition and practice opportunities using a non-content feature (Carroll, Milham, & Champney, 2009; Chapman, Underwood, & Roberts, 2002). In simulated experiences, presence is characterized as a feeling of being part of the simulated environment to the extent that awareness of the real-world is limited (Slater, Linakis, Usoh, Kooper, & Street, 1996; McMahan, 2003). In the present study, perhaps the higher volume of targets and, consequently, greater difficulty of the Massed Exposure training scenarios induced some degree of distress that prevented participants from feeling fully present, thus causing participants to maintain consciousness of the real-world. Additionally, while the translucent blue box applied in the Highlighting training scenarios seemed to simplify the task, perhaps its depiction in the simulated environment felt unnatural and distracting in the context of the behavior cue analysis task and caused participants to maintain a heightened awareness of the non-content feature, thus inhibiting a feeling of presence. Ultimately, it may not be the strategies themselves that are the issue, but the current format that is preventing a feeling of presence.
CHAPTER SIX: CONCLUSION

The objective of the present experiment was to assess the effectiveness of the Massed Exposure and Highlighting instructional strategies versus a Control for SBT of behavior cue analysis via RAISR. The analyses of participants’ performance and perception outcomes provide a foundational evaluation of the relative and potential effectiveness of the strategies. Results of the present study were limited in their capacity to definitively esteem one strategy above the other, however, several unique findings still emerged.

Although Massed Exposure and Highlighting may not contribute to markedly improved detection and classification accuracy nor offer a substantially more positive training experience than standard SBT, neither strategy appears to pose a significant detriment to performance outcomes. However, it was the Massed Exposure strategy that revealed the most compelling utility and extended the very limited instructional design theory regarding its applicability in perceptual tasks. The collective performance results, for both between and across condition analyses, suggest that Massed Exposure has the potential to improve response times when detecting a variety of cues, from the subtle to the conspicuous and from the novel to the familiar. This is evidence of the advantage of Massed Exposure in an ISR context because faster response times contribute to safer operations by enabling early identification of threats. In application, the time and cost to incorporate Massed Exposure into the SBT framework of a PC-based simulation for behavior cue analysis training is minimal; it simply requires the instructional designer or scenario developer to increase the amount of target events when defining the input parameters for the training scenario. Therefore, based on the criticality of response times in ISR and given the performance results and simplicity of implementation, Massed Exposure is the more practical
and accessible SBT strategy recommendation to improve IP ability to detect and classify human behavior more quickly than a standard SBT method.

There were several limitations that may have impeded the ability of the experiment to provide a fully comprehensive assessment of the impact and effectiveness of each strategy on performance and perception. Types of limitations included those related to the content of the experiment and those regarding the analysis of data. These limitations indicate opportunities for further investigation to extend and refine the findings of the present experiment.

One content limitation was that only four target behavior cues from the Kinesics domain were included in the training content and scenarios of the experiment. Since the range of human behavior in the Kinesics domain is extensive, it may be necessary to replicate the assessment conducted in the present study to determine if the results hold for 3D animations developed and validated for other cue types.

Another content limitation involves the means of implementation of the Massed Exposure and Highlighting strategies during training scenarios. The results suggest that the tested strategies did not produce particularly positive training perceptions, which may be attributed to the ratio of target versus non-targets in the Massed Exposure scenarios and the design of the non-content feature in the Highlighting scenarios. This potential limitation presents an opportunity to further investigate the design and delivery of instructional strategies for SBT to improve trainee perceptions. Empirically assessing variations in target to non-target ratios and the design of non-content features will provide a more comprehensive understanding of the utility and optimal delivery methods of each strategy.

A limitation with the analysis of the percent change in classification accuracy variables presents an opportunity to employ an alternate method to calculate the type of performance data.
collected during behavior cue analysis or similar tasks. Values for the percent change in classification accuracy variables were driven by the pre-test and post-test detection accuracy scores. In the present experiment, the pre-test and post-test classification accuracy scores used to compute the percent change in classification accuracy were calculated by dividing the number of correctly classified targets by the total number of targets in the scenario. In order to provide a more definitive assessment of the change in classification accuracy, follow-on analyses should adjust the classification accuracy scores to account for the differences in detection accuracy between the pre-test and post-test. This may be achieved by dividing the number of correctly classified targets by the number of correctly detected targets. The resulting values would be adjusted pre-test and post-test classification accuracy scores, which, when used to compute the percent change variables, will result in a value that will be more descriptive of participants’ classification ability.

The final limitation concerns both the content and analysis of the experiment. It is possible that the duration of the pre-test and post-test scenarios may have impacted the validity of the performance outcomes. Scenario durations were a consequence of the number of scenario events required to equally balance all the possible model type, cue type, and tetrad position combinations throughout the scenario. Scenario duration may have confounded the impact of the instructional strategies on performance and increased the risk of a type II error. A recommendation for follow-on analyses entails chunking performance data into smaller intervals by time or number of scenario events and assessing behavior cue analysis performance by comparing the differences and changes in accuracy and response time from one interval to the next. An interval analysis may also help to determine the minimum duration or number of training events required to achieve mastery of the behavior cue analysis for each cue type.
Ultimately, the findings of the present experiment derived three implications regarding the theory, application, and further investigation of SBT instructional strategies. The theoretical implication is that the results provide a refined understanding of the utility of the Massed Exposure strategy to improve response time during training of perceptual tasks, which had been previously unassessed. Notably, the present experiment is among the first to identify this unique advantage of the Massed Exposure strategy. Also, the simple implementation of the Massed Exposure strategy by increasing the probability of targets versus non-targets in the present experiment has implications on the instructional design of future SBT for behavior cue analysis with RAISR because it provides an empirically assessed, easily executable, and cost-effective method to apply the Massed Exposure strategy. Finally, empirical implications resulting from the limitations of the present experiment petition the instructional design community to respond with viable solutions to address these gaps and continually expand the body of work related to SBT instructional strategies for training perceptual tasks.
Engagement Measure

INSTRUCTIONS
For each statement, select the number that indicates how much you agree or disagree with the statement.

<table>
<thead>
<tr>
<th></th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Strongly disagree</td>
<td>Disagree</td>
<td>Neutral</td>
<td>Agree</td>
<td>Strongly Agree</td>
</tr>
</tbody>
</table>

1. It would not matter to me if I never use a virtual environment for behavior cue detection training in again.

2. I felt happy at the thought of using a virtual environment for behavior cue detection training.

3. The less I have to do with using a virtual environment for behavior cue detection training, the better.

4. I want to spend more time using a virtual environment for behavior cue detection training.

5. It was important to me to be good at behavior cue detection.

6. I experienced a “buzz of excitement” while using the virtual environment for behavior cue detection training.

7. I like the challenge that using a virtual environment for behavior cue detection training provided.

SCORING

Items 1 and 3 are reverse scored. Sum the responses for all items to derive the total Engagement Measure score.

APPENDIX B: IMMERSION MEASURE
Immersion Measure

INSTRUCTIONS
For each statement, select the number that indicates how much you agree or disagree with the statement.

<table>
<thead>
<tr>
<th></th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Strongly disagree</td>
<td>Disagree</td>
<td>Neutral</td>
<td>Agree</td>
<td>Strongly Agree</td>
</tr>
</tbody>
</table>

1. I was interested in seeing how the scenario events would progress.
2. I was in suspense about whether I would perform well or not in the scenarios.
3. I sometimes found myself to become so involved with the scenarios that I wanted to speak to the scenarios directly.
4. I enjoyed the graphics and imagery of the scenarios.
5. I enjoyed completing the scenarios.
6. I was unaware of what was happening around me.
7. I feel that I tried my best during the scenarios.
8. The scenarios were challenging.

SCORING

Sum the responses for all items to derive the total Immersion Measure score.

APPENDIX C: PRESENCE MEASURE
INSTRUCTIONS
Select a value on the scale in accordance with the question content and descriptive labels.

1. How much were you able to control events?
   1   2   3   4   5   6   7
   Not at all Neutral Very much

2. How responsive was the environment to actions that you initiated (or performed)?
   1   2   3   4   5   6   7
   Not at all responsive Neutral Very responsive

3. How natural did your interactions with the environment seem?
   1   2   3   4   5   6   7
   Not at all natural Neutral Very natural

4. How much did the visual aspects of the environment involve you?
   1   2   3   4   5   6   7
   Not at all Neutral Very much

5. How natural was the mechanism that controlled movement through the environment?
   1   2   3   4   5   6   7
   Not at all natural Neutral Very natural

6. How compelling was your sense of objects moving through space?
   1   2   3   4   5   6   7
   Not at all compelling Neutral Very compelling

7. How much did your experiences in the virtual environment seem consistent with your real world experiences?
   1   2   3   4   5   6   7
   Not at all Neutral Very much

8. Were you able to anticipate what would happen next in response to the actions that you performed?
   1   2   3   4   5   6   7
   Not at all Neutral Very much
9. How completely were you able to actively survey or search the environment using vision?
   1  2  3  4  5  6  7
   Not well  Neutral  Very well

10. How compelling was your sense of moving around inside the virtual environment?
    1  2  3  4  5  6  7
    Not at all compelling Neutral Very compelling

11. How closely were you able to examine objects?
    1  2  3  4  5  6  7
    Not at all closely Neutral Very closely

12. How well could you examine objects from multiple viewpoints?
    1  2  3  4  5  6  7
    Not well Neutral Very well

13. How involved were you in the virtual environment experience?
    1  2  3  4  5  6  7
    Not at all involved Neutral Very involved

14. How much delay did you experience between your actions and expected outcomes?
    1  2  3  4  5  6  7
    Not at all Neutral Very much

15. How quickly did you adjust to the virtual environment experience?
    1  2  3  4  5  6  7
    Not at all Neutral Very quickly

16. How proficient in moving and interacting with the virtual environment did you feel at the end of the experience?
    1  2  3  4  5  6  7
    Not at all Neutral Very proficient

17. How much did the visual display quality interfere or distract you from performing assigned tasks or required activities?
    1  2  3  4  5  6  7
    Not at all Neutral Very much
18. How much did the control devices interfere with the performance of assigned tasks or with other activities?

1 2 3 4 5 6 7
Not at all Neutral Very much

19. How well could you concentrate on the assigned tasks or required activities rather than on the mechanisms used to perform those tasks or activities?

1 2 3 4 5 6 7
Not well Neutral Very well

20. How easily did you adjust to the control devices used to interact with the virtual environment?

1 2 3 4 5 6 7
Not at all Neutral Very easily

SCORING
For each subscale, sum the responses for the items listed. Note that items 17 and 18 are reverse scored.

- Involvement/Control: Items 1, 2, 4, 6, 8, 9, 10, 13, 14, 15, 16, 20
- Natural Interaction: Items 3, 5, 7
- Resolution: Items 11, 12
- Interface Quality: Items 17r, 18r, 19

APPENDIX D: INFORMED CONSENT FORM
STRIVE 2: Systems Training Research in Virtual Environments 2

Informed Consent

Principal Investigator: Stephanie Lackey, Ph.D.
Co-Investigator: Julie Salcedo
Sponsor: ARL – U.S. Army Research Laboratory
Investigational Site: Institute for Simulation and Training
University of Central Florida
3100 Technology Parkway, Orlando, FL 32826

Introduction: Researchers at the University of Central Florida (UCF) study many topics. To do this we need the help of people who agree to take part in research studies. You are being invited to take part in a research study which will include up to 150 people at UCF. You must be 18 to 40 of age, have U.S. citizenship, have normal or corrected to normal vision, and must not be colorblind to be included in the research study. Your participation is voluntary and you may withdraw at any time. The people conducting this research are Stephanie Lackey and Julie Salcedo from the Institute for Simulation and Training at UCF.

What you should know about a research study:
- Someone will explain this research study to you.
- A research study is something you volunteer for.
- Whether or not you take part is up to you.
- You should take part in this study only because you want to.
- You can choose not to take part in the research study.
- You can agree to take part now and later change your mind.
- Whatever you decide it will not be held against you.
- Feel free to ask all the questions you want before you decide.

Purpose of the research study: The purpose of this research is to understand the application of Unmanned Ground Systems (UGSs) for Intelligence, Surveillance, and Reconnaissance (ISR) missions. The focus is on virtual training technologies and strategies for Tactical Operations Center operators to monitor, prioritize, and coordinate UGS video and communication sources. The objective of this experiment is to compare the effects between various Simulation-Based Training strategies for a human behavior analysis task.

What you will be asked to do in the study: You will view instructional PowerPoint presentations demonstrating how to detect and classify various human behavioral cues from the perspective of an UGS. You will complete several training scenarios within a simulated
environment presented on a desktop computer monitor. You will use a computer mouse to practice the detection and classification tasks by selecting targets. You will be asked to complete a variety of questionnaires throughout the experiment including: demographics, immersive tendencies, current health status, and your perceptions of immersion, engagement, flow, presence, technology acceptance, intrinsic motivation, and workload.

**Location:** This study is being conducted in the ACTIVE Lab (Rooms 306H or 337) at the Institute for Simulation and Training: 3100 Technology Parkway Orlando, FL 32826.

**Time required:** The expected duration of this study will not exceed 5 hours.

**Funding for this study:** This research study is funded by the U.S. Army Research Laboratory (ARL).

**Risks:** There are no foreseeable risks or discomforts other than those normally encountered in the daily lives of healthy persons. There is minimal risk that you may develop what is referred to as simulator sickness. It periodically occurs after exposure to prolonged, continuous testing in simulated environments. Symptoms consist of nausea, disorientation, and a visual disruption. The Simulator Sickness Questionnaire will be used to monitor you for symptoms. The risk is minimized as a result of the short duration of each session within the simulated environment. If you experience any of the symptoms mentioned, please tell the researcher and remain seated until the symptoms subside.

**Benefits:** We cannot promise any benefits to you or others from your taking part in this research. However, possible educational benefits include a better understanding of human behavior.

**Compensation:** You will be compensated $10 per hour of the session OR course credit at the discretion of your professor. For paid participants, a receipt of completion will be provided at the end of the session which may be redeemed at the IST SONA cashier located on the 3rd floor at 3100 Technology Parkway, Orlando, FL 32826. For credit participants, credit will be awarded on the IST SONA System upon completion of the study and will be applied as course credit at the discretion of your course professor. If you choose not to participate in the study at this time, then you will not receive compensation. If you consent to participate, but later withdraw or must be dismissed, then you will be compensated for the amount of time you participated.

**Confidentiality:** We will limit access to data collected in this study to people who have a need to review this information. We cannot promise complete secrecy. The principal investigators, co-investigators, and research assistants working on this project will have access to your data. Additionally, there is a possibility that the U.S. Army Human Research Protections Office (AHRPO) will also review the records related to this study. Data will be secured in locked cabinets at the Institute for Simulation and Training (IST) following UCF IRB protocol. Please note that your name will not be associated with any of the data collected during this study. Once you sign this Informed Consent document, it will be kept in a locked cabinet separate from your data.
Study contact for questions about the study or to report a problem: If you have questions, concerns, complaints, or think the research had a negative impact on your well-being, contact the Principal Investigator, Stephanie Lackey at slackey@ist.ucf.edu or 407-882-2427 or the Co-Investigator, Julie Salcedo, at jsalcedo@ist.ucf.edu or 407-882-0037.

IRB contact about your rights in the study or to report a complaint: Research at the University of Central Florida involving human participants is carried out under the oversight of the Institutional Review Board (UCF IRB). This research has been reviewed and approved by the IRB. For information about the rights of people who take part in research, please contact: Institutional Review Board, University of Central Florida, Office of Research & Commercialization, 12201 Research Parkway, Suite 501, Orlando, FL 32826-3246 or by telephone at (407) 823-2901. You may also talk to them for any of the following:

- Your questions, concerns, or complaints are not being answered by the research team.
- You cannot reach the research team.
- You want to talk to someone besides the research team.
- You want to get information or provide input about this research.

Once all of your questions about the study have been answered and if you want to continue your participation in this study please sign below.

The researcher will then take this entire informed consent and place it in a locked cabinet separate from your data. You will be given another copy of the exact same informed consent for you to keep.

__________________________________________
Participant printed name

__________________________________________  ____________________
Participant signature       Date

__________________________________________
Printed name of person obtaining consent

__________________________________________
Signature of person obtaining consent       Date
Demographics Questionnaire

1. Age: _________

2. Sex: (Circle one) FEMALE MALE

3. Which is your predominate hand? (Circle one) RIGHT LEFT

4. Are you color blind? (Circle one) YES NO

5. Do you have normal/corrected vision? (Circle one) YES NO
   If YES, are you wearing corrected lenses now? (Circle one) YES NO

6. Are you in your usual state of health? (Circle one) YES NO
   If NO, briefly explain: _______________________________________________________________

7. Approximately, how many hours of sleep did you get last night? _____________________________

8. What is your major? (If applicable) ____________________________________________________

9. Have you ever served in the military or ROTC? (Circle one) YES NO
   If YES, when and/or what branch? _____________________________________________________

10. What is your occupation? ____________________________________________________________

11. What is your highest level of education completed? (Circle one)
    High School or equivalent Less than 4 yrs of college Completed 4 yrs of college
    More than 4 yrs of college Other: ______________________________________________________

12. When did you use computers in your education? (Circle all that apply)
    Grade School Jr. High High School Technical School College
    Did Not Use

13. Please estimate the number of hours you use a computer per week (If none, write “0”): ____________
14. Where do you currently use a computer? (Circle all that apply)

| Home | Work | Library | Other: ___________ | Do Not Use |

15. How would you describe your degree of comfort with computer use? (Circle one)

| Poor | Fair | Average | Above average | Proficient |

16. For each of the following questions, circle the response that best describes you.

How often do you:

- Use a mouse?  
  Daily, Weekly, Monthly, Once every few months, Rarely, Never
- Use a joystick?  
  Daily, Weekly, Monthly, Once every few months, Rarely, Never
- Use a keyboard?  
  Daily, Weekly, Monthly, Once every few months, Rarely, Never
- Use a touchscreen?  
  Daily, Weekly, Monthly, Once every few months, Rarely, Never
- Use a game controller?  
  Daily, Weekly, Monthly, Once every few months, Rarely, Never
- Use icon-based program/software?  
  Daily, Weekly, Monthly, Once every few months, Rarely, Never
- Use graphics/drawing features in software programs?  
  Daily, Weekly, Monthly, Once every few months, Rarely, Never
- Use email?  
  Daily, Weekly, Monthly, Once every few months, Rarely, Never
- Operate radio/remote controlled vehicle/device (e.g., RC car, boat, or plane)?  
  Daily, Weekly, Monthly, Once every few months, Rarely, Never
- Play computer/video games?  
  Daily, Weekly, Monthly, Once every few months, Rarely, Never

17. Please estimate the number of hours you play video games per week (If none, write “0”): ____________

If you play video games, which types of games do you play? (Circle all that apply)

| First-person shooters | Strategy | Sports | Racing | Other: ___________ |
Slap Hands (Aggressiveness)

Clench Fists (Aggressiveness)
Wring Hands (Nervousness)

Check Six (Nervousness)
Kinesic Cue Review Score Sheet

INSTRUCTIONS
Circle the participant’s response. For Other, write in the response.

1. Aggressiveness Nervousness Don’t Know Other ____________
2. Aggressiveness Nervousness Don’t Know Other ____________
3. Aggressiveness Nervousness Don’t Know Other ____________
4. Aggressiveness Nervousness Don’t Know Other ____________
5. Aggressiveness Nervousness Don’t Know Other ____________
6. Aggressiveness Nervousness Don’t Know Other ____________
7. Aggressiveness Nervousness Don’t Know Other ____________
8. Aggressiveness Nervousness Don’t Know Other ____________
APPENDIX H: INSTITUTIONAL REVIEW BOARD APPROVAL LETTER
Approval of Human Research

From: UCF Institutional Review Board #1
FWA00000351, IRB00001138

To: Stephanie Jane Lackey and Co-PI Julie N. Salcedo

Date: January 14, 2014

Dear Researcher:

On 1/14/2014, the IRB approved the following modifications / human participant research until 06/11/2014 inclusive:

Type of Review: IRB Addendum and Modification Request Form
Expedited Review Category #7

Modification Type: The following research assistants are being added to the study:
Veronica Prisco, Heidi Buehler, and Eric Ortiz

Project Title: STRIVE 2: Systems Training Research in Virtual Environments 2

Investigator: Stephanie Jane Lackey
IRB Number: SBE-13-09424

Funding Agency: US Army Research Laboratory
Grant Title: 
Research ID: 1052585

The scientific merit of the research was considered during the IRB review. The Continuing Review Application must be submitted 30 days prior to the expiration date for studies that were previously expedited, and 60 days prior to the expiration date for research that was previously reviewed at a convened meeting. Do not make changes to the study (i.e., protocol, methodology, consent form, personnel, site, etc.) before obtaining IRB approval. A Modification Form cannot be used to extend the approval period of a study. All forms may be completed and submitted online at https://iris.research.ucf.edu.

If continuing review approval is not granted before the expiration date of 06/11/2014, approval of this research expires on that date. When you have completed your research, please submit a Study Closure request in IRS so that IRB records will be accurate.

Use of the approved, stamped consent document(s) is required. The new form supersedes all previous versions, which are now invalid for further use. Only approved investigators (or other approved key study personnel) may solicit consent for research participation. Participants or their representatives must receive a signed and dated copy of the consent form(s).

In the conduct of this research, you are responsible to follow the requirements of the Investigator Manual.

On behalf of Sophia Dzgielewski, Ph.D., L.C.S.W., UCF IRB Chair, this letter is signed by:

Jennie Marutaka
IRB Coordinator
LIST OF REFERENCES


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