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The Sandspur

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David Horowitz Sets Off Debate about the State of Higher Education

by John Ferreira

the sandspur

Controversial conservative activist David Horowitz spoke at Rollins on November 1 to an audience of locals, students, faculty, and administrative staff. Horowitz spoke on the current state of academic freedom on college campuses. Horowitz said that universities are "the most intellectually un-free places in America" and that they have been "intellectually cleansed of conservatives."

Horowitz defends strict political neutrality of professors and claims it is their "professional obligation" to teach a student "how to think and not what to think."

Throughout his address he listed examples in which he felt Rollins faculty had overstepped the bounds of academic freedom. He mentioned: A chemistry professor calling on students to write their congressmen to approve the Kyoto Protocol, an Art History professor telling students to avoid the draft and move to Canada,



BRETT HEINEY/The Sandspur

LECTURER DAVID HOROWITZ: This impassioned speaker talks about academic freedom on college campuses that has stirred debate among members of the Rollins College community.

blatantly bias RCC required readings, and a Dean who posted political campaign signs on campus. Horowitz also said that professors should not require students to go to political lectures on campus.

Horowitz concluded his address by commenting on the War in Iraq saying that

WMDs were not the central rationale for the war, and that the spread of democracy was an important security interest of the United States.

President Lewis Duncan, who attended the lecture, an effort lauded by Horowitz, when asked if Rollins supports freedom of speech within the educational

framework he said, "Personally I support freedom of speech within limits discussed tonight" and that "based on everything I've heard the vast majority of faculty are extremely sensitive to this issue."

Professor of Anthropology Robert Moore when asked to comment on

Horowitz's lecture said that he agreed that students and faculty should not have an antagonist relationship, but that Horowitz was wrong about prejudice against conservative professors. Moore feels that there are more liberal faculty members because of the nature of academia. Moore asserted that conservatives are judged on merit just like liberals.

Kathryn Norsworthy, a faculty member who works for graduate studies in counseling said she was "disturbed" by the presentation for Horowitz has placed all of the ailments of society on liberals and progressives. She believed that many of the comments were "polarizing, provocative, and inflammatory." She believes the present argument about academic freedom is occurring because people are now questioning the "dominant paradigm" of society, and that many are threatened by that.

Joshua Benesh contributed to this report.

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Alternate teaching methods are getting a new look and have many wondering if grades are necessary.

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Vatican Observer Visits Rollins

Archbishop Celestino Migliore discusses Vatican's views on sovereignty and rights.

by Brett Heiney

the sandspur

On Thursday October 27, 2005 His Excellency Archbishop Celestino Migliore, Apostolic Nuncio and Permanent Observer of the Holy See to the United Nations, spoke at Knowles Chapel about the rights of nations. This speech was in celebration of the tenth anniversary of Pope John Paul II's speech to the UN concerning the rights of nations on October 5, 1995. Archbishop Migliore talked on several issues enveloped by the rights of nations, such as human rights, state sovereignty, international cooperation, and the ideals of the French Revolution.

The Archbishop has worked for the Vatican's diplomatic service since 1980 after graduating the Pontifi-

cal Academy for Ecclesiastical Diplomacy. He has served in many countries such as Angola, the USA in Washington D.C., Egypt, Poland, and then for the Council of Europe in Strasbourg France before being named the Holy See's Permanent Observer three years ago.

Archbishop Migliore works in part to establish diplomatic relations with nations with which none currently exist. The Vatican currently maintains diplomatic relations with 174 countries, and the Archbishop has worked with several Asian countries such as China to establish official relations. The Holy See expressing interest in developing diplomatic ties with as many nations as possible is indicative

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BRETT HEINEY/The Sandspur

ARCHBISHOP CELESTINO MIGLIORE: The Holy See's Permanent Observer to the UN speaks to members of the Rollins and Catholic communities about the rights of nations.

Halloween Art Exhibition Displayed on Campus

■ Cloaked, the Halloween art exhibition, is currently on display in Darden Lounge.

by **Jess Scharf**

the sandspur

It wouldn't be unfair to say that you will not find most Rollins students entranced by a piece of artwork while the smell of lunch wafts by their nose. Well, that's about to change. Cloaked, the Halloween art exhibition in the Darden Lounge will have your eyes glued to the walls no matter how vehemently you deny that you're "just not one of those artsy types."

Until I walked into the Darden Lounge Friday night, the Halloween spirit had not yet entered my blood. The first thing you see is a large table with (free, of course) food such as fruit, appetizers and candy. But all it took was one step before

the artwork dragged me away. Masks, sculptures, 3-D paintings and an actual black booth fill the room as DJ Professor KillJoy spun tracks of chill electronics, IDM, triphop and synthpop music. The oddness of the music combined with a few interesting costumes were the first indication that this art exhibition was going to be different.

With titles such as "Doll with Skull" and "Wild Galactic Beast" the paintings were all but ordinary. Some even sent a chill down my spine, including "Organ Donor"- a monochromatic painting of a corpse on a surgical table with three hooks on either side of his chest, pulling the skin taught and exposing his organs. Random splashes of red graze the canvas. An example of the three dimensional works would be "Drowning" which is a painting of a skull with actual barbed wire across it.

The center of attention tended to be a black booth

decorated with a gargoyle on it who forewarns, "Abandon all hope ye who enter here." Inside is a single chair and a set of headphones. You are instructed to sit down in the chair, put the headphones on, and look upward. Hanging from the ceiling are glow in the dark stars that glisten and twinkle as meditation music plays softly. "Curiously Listin" is its name and is the only piece made by a Rollins student. Junior Jennifer Jaffe describes her masterpiece as "an escape from the spook."

Despite having already looked at it, "Chains That Bind Us" would not let me leave its side. Although I had seen it mere minutes ago, as I left the Campus Center it still remained on my mind. This sculpture is by John Petrey who was responsible for creating a large portion of the works on display. It depicts a small child with wings is mummified with its hands bound by heavy rusted chains. As if that symbol-

ism isn't dramatic enough, the child's face had a wax mask over the shrouds.

Other highlights included "Blind Prophet" which is similar to Edvard Munch's "The Scream" in its depiction of a featureless figure with its mouth wide open as it holds its eyeballs in its hand.

The artists hailed from Rollins, Holt and UCF as well as independent adult ones such as Henry Antes who was present to revel in the success of his work, pictured below. Antes created "Bipolar Spooks", two masks who appear the same but are slightly different. Both are white with faces that looked like carved pumpkin visages. They have painted stitches on them and plastic hair spewing out in front of their faces. One of them has blue hair and stitches, the other green. The subtle difference is that the blue mask's mouth is sloping downward while the green one is smiling. "I didn't even think of Halloween while

creating these," says Antes. "They're theater masks to me, representing the difference between comedy and tragedy."

Antes almost gives his masks a story, telling me that it's as if broken fragments were sutured back together by a doctor. What happened, he explains, is that the sutures are so permanent that hair grew out of them. Antes threaded each strand of hair himself and wasn't afraid to admit that it took tremendous amounts of time to do so. The question becomes whether the difference between happy and sad is merely exterior or changes an entire entity.

Approximately fifty people attended the opening Friday night but the art will be posted in the Darden Lounge until Friday, November 11. Commendations go to Abby Herz who organized the exhibition single handedly and donned an adorable costume.

Interview with Horowitz

■ A one-on-one interview with David Horowitz about academic freedom.

by **Jami Furo**

the sandspur

David Horowitz came to campus to speak about his Academic Bill of Rights on Tuesday, and The Sandspur got a chance to sit down and talk with him beforehand in an exclusive interview at his hotel.

Horowitz came to Rollins to highlight two main aspects on which the Academic Bill of Rights is based. The first is an element that he calls "academic manners."

The concept of academic manners, according to Horowitz, is the appropriate behavior of professors in a classroom with regard to their expression of political agendas. Horowitz holds that professors are hired based on their expertise in a particular subject matter, whether that is English, math, history, or whatever, and they are not hired to preach their own personal political ideas. Horowitz believes that such behavior is inappropriate in a classroom setting.

"If you go to a [medical] doctor for an examination,"

he stated, "you don't expect to get a lecture about the war in Iraq...If we expect this kind of professional behavior from our doctors, why don't we expect it from our math teachers and our English teachers?"

Horowitz found it significant that he encountered several professors who expressed "hostility" toward him and toward the students organizing the event, saying that it concerned him to find that kind of opposition toward his push for "academic freedom," as he calls it.

The other major point in his Academic Bill of Rights is "intellectual diversity," which allows students to access different points of view. Horowitz believes that professors are in a position to preach to and demand from their students a particular political idea, having the power to alter those students' grades based on their agreement with or opposition to that idea.

"[Professors] should have enough self-control not to leak their political prejudices into their classrooms," Horowitz asserted.

He went on to say that it can harm students' educations to only hear one viewpoint. However, he said it may not be in the way that the professors expect.

"Ironically, conservative

students are getting a better education because they are being challenged all the time. It is the liberal students that suffer."

Horowitz got involved in academic freedom as a result of his own educational experience. Growing up in the McCarthy era, his parents were members of the Communist party. As a 17-year-old, he went to Colombia where there was a perceived opposition to Communism.

As a student, he wrote several papers supporting Marxism, yet he maintains that he was "not singled out the way Republicans at Rollins are."

Horowitz says he reflects on his experience and thinks about how he would have felt if he were made an "adversary" by his professors in that manner, and he says that that personal educational experience has motivated his efforts.

Horowitz suggests that students form a nonpartisan academic freedom organization, that administrators adopt the Academic Bill of Rights for their schools, and that administrators and department heads hire more conservative professors. These are the steps that Horowitz feels are necessary in adopting his principles of academic freedom.

Family Weekend

■ Rollins students and their families enjoy the various activities over Family Weekend.

by **Lindsey Chang**

the sandspur

Rollins Family Weekend 2005 was a success as students integrated their parents into their world for three days. The integration process started with parents coming to classes and experiencing the teachers' lessons. It was probably the first time in a long time parents didn't have to ask their child how school or class was. They could see it for themselves.

Later, parents and their children had lunch together, which turned out to be a good opportunity for parents to meet many of their children's friends. Some parents even hung out with their children and their children's friends at The Grill; other parents took in the sun at the pool with their child, listening to the relaxing live steel band player and singer and watching the swim meet.

At 2:00 on Friday, the weather was perfect for the Ice Cream Social. Parents and children took off their shoes and laid on the grass.

Everybody was in a good mood, conversing with faculty members, administrators, students and other Rollins families. The ice cream was also delicious and served with an array of toppings from which to choose. Many people lounged around near the library steps, listening to the live piano music and talking.

Mocktail Fest ended the night sweetly as parents and students walked around sampling different creative and tasty drinks. The music created a fun atmosphere and even created a large dancing crowd when the song Electric Slide was played.

On Saturday, parents were able to attend sessions made specifically for them. The sessions focused on Student Success and Classroom Success. Then, they could take a tour of campus sculpture and architectural detail with Dr. Arthur Blumenthal, Director of the Cornell Fine Arts Museum at Rollins. Later, parents even had the chance to get a behind the scenes look into Rollins' dining services.

All in all, it was nice to see the parents getting into their child's daily activities and into the "Rollins experience" and most of all having a great time doing it.

Weapons of Mass Destruction Forum

■ **Renowned speakers discuss issues and threats in a world with nuclear weapons.**

by **Kelsey Field**

the sandspur

On Thursday, October 27th, the Rollins College Thomas P. Johnson Distinguished Visiting Scholar and Artist Fund, the Global Connections Foundation, UCF's Global Perspectives Office and the Orlando Sentinel joined together to bring to Rollins three renowned speakers to speak about Weapons of Mass Destruction. President Duncan opened up the forum, which was moderated by John C. Bersia of UCF, and spoke of our future as students in a world of nuclear and chemical weapons.

The first speaker, Gerald Epstein, is currently a Senior Fellow for Science and Security in the Homeland Security Program. He began the discussion by illustrating the threat that biological weapons hold for the world, a threat that is reinforced by the fact that there are not huge amounts of intelligence regarding biological weapons. Unfortunately, that lack of intelligence has resulted in a broad spectrum

of opinions in just what kind of threat these weapons hold, ranging from an extremely high threat to absolutely no threat. Gerald Epstein feels that biological weapons pose a large threat for numerous reasons, including that the materials that are used in biological weapons are used legitimately throughout most countries, and to assemble biological weapons does not require large amounts of capital. A scary fact about biological weapons is that they are easily transported through countries, and due to globalization attacking another country with biological weapons will spread like a ripple to those who may have previously been unable to assemble a weapon for whatever reason.

The next speaker, Sanam Vakil, a professor at the John Hopkins University School of Advanced International Studies, spoke of the threat of Iran becoming a nuclear power. Although Iran has had a clandestine nuclear program since 1979, the election of a new president has resulted in a resurgence of Iran's demand to become a nuclear power. During the Iran/Iraq war, Iran became isolated from the international community, and as a result of that Iran is denying intelligence officials into the

government. With the rise in the nuclear weapons program in Iran has also come a rise in nationalistic fervor, which continually backs the government in demanding nuclear rights. A major rift that has become between the US and Iran is that Iran feels it has a right to have a nuclear power plant, as that is part of the contract in the Non Proliferation Treaty that Iran signed. However, the US is now arguing that Iran's intentions have been covert, and that they are in fact planning to convert their plants to be capable of building nuclear weapons.

Sanam Vakil presented the historical background of Iran and how it arrived at the political state it is in right now, defending her position that Iran is a very large and present threat to US homeland security.

The third speaker, Jack Mendelson, a professor of security studies at George Washington University, closed the forum by discussing why nuclear weapons are such a tremendous threat to the world for three reasons. The first reason is that nuclear weapons are the only weapon that truly threatens the survival of a country, nuclear weapons only face partial restrictions under international law and they are unimag-

inably destructive. He compared the Nagasaki explosion during World War II to the Britain Blitz, the latter killing 43,685 over an eight month period, dropping a rough total of 18 kilotons of explosives on the city. However, the atomic bomb that led to the end of the war was about the same size and immediately killed twice the amount of deaths from the Britain Blitz. He discussed a major flaw in the international code, which is that whereas chemical and biological weapons are under strict international law, the only real law under international code applying to nuclear weapons is that a nu-

clear state cannot spread the weapons to non nuclear states. However, those that signed the non proliferation treaty are welcome and encouraged the access the technology.

The weapons of mass destruction ended with a question and answer from both Rollins and UCF students and members of the community. Despite the realistic aspect of the forum, in which facts about how nuclear and biological weapons threaten the future, the discussion ended on a hopeful note, the speakers were all optimistic that a peaceful conclusion eventually would be found.



KELSEY FIELD / The Sandspur

WEAPONS FORUM: Three renowned speakers discuss and lecture students about today's nuclear weapons issues.

Hurricane Wilma Cleanup Begins

■ **Restoration efforts begin and supplies are brought in after Hurricane Wilma.**

by **Kim Lyon**

the sandspur

Hurricane Wilma, the most intense Atlantic storm on record, pounded South Florida and did a whirlwind of damage to Mexico, Cuba, Jamaica, Haiti, and the Dominican Republic. It was the 21st tropical storm and 12th hurricane for the season with a death toll of 38 and still growing.

With gusts up to 115mph, Wilma caused immense structural damage and knocked out power for more than 6 million people in South Florida. Florida Power & Light claim that it may be Thanksgiving week before power is fully restored. The company has deployed more than 11,000

workers to assist in the restoration, but until then, residents continue to cook on charcoal grills and buy groceries everyday to avoid spoiling. The total cost of the damage is estimated to be between \$4 billion and \$8 billion, with more than a billion of which likely to be seen in the agricultural sector.

After complaints about the federal relief effort, the president officially declared Florida as a major disaster area and federal funds were released to complement the recovery efforts of local and state authorities.

The American Red Cross is also showing great support to the victims of Hurricane Wilma even though they are spread thin along the Gulf Coast, still helping communities that suffered the wraths of Katrina and Rita. "This year's hurricane season has presented unprecedented challenges for the Red Cross," said Pat Mc-

Crummen, spokesperson for the organization. "It's been a long and busy hurricane season, but our staff and volunteers continue to rise to the challenge daily."

In Brevard County, dozens of boats were torn from their docks and smashed against rocks. Many people were displaced from their homes in the flood-prone county and have been staying in shelters with the few possessions they arrived with. Residents waited anxiously as the federal government did its assessment on the damage which ultimately led to an allocation of funds from FEMA.

People continue to drive north in search of supplies which run short in the southern parts of Florida. Stores such as Home Depot have been suggesting to shoppers to go as far north as Gainesville or even Georgia for supplies.

Down in Mexico, the in-

surance association refers to Wilma as the country's costliest disaster ever. The storm, which stayed and battered the Yucatan peninsula for two days, left behind major damage which will pose a huge dilemma for Mexico's tourism industry as many of the hotels will remain closed until the end of the year. In addition, it destroyed more than a million acres of trees; locals fear the potential for forest fires in the approaching dry season.

The Bahamas was also devastated by the storm which passed through the island as a Category 2 hurricane. The Salvation Army is working intensively to assist the hundreds of victims left homeless with hot meals and emotional support. Hurricane Wilma resulted in a back-track in the island's recovery from the damage still present from last year's hurricanes Frances and Jeanne.

This storm continues to make history in other ways. For the first time, Cuba's president Fidel Castro has accepted U.S. aid. Hundreds of thousands of Cubans were forced to evacuate, and many homes along the west coast were destroyed by storm surge and high winds. Flooding and power losses stretched throughout Cuba, and parts of the Malecon, Havana's famous seaside walk, collapsed.

Nearly half of the deaths associated with Wilma, a monster of a storm, happened in Haiti, and heavy rainfall and flooding caused severe road damage in Jamaica. The Cayman Islands were also affected, but all businesses have reopened and are fully operational.

Even with a month to go of this record-breaking hurricane season, it is difficult to conceive of any more destruction that can occur this year due to tropical storms.

Lewis Libby Indicted in CIA Leak Investigation

■ The Chief of Staff to Vice President Dick Cheney is charged.

by **Kelsey Field**

the sandspur

Last Friday, Lewis Libby Jr., chief of staff to Vice President Dick Cheney, was indicted in the CIA leak investigation. Libby has been accused of lying about his efforts to gather information on Joseph C. Wilson IV, a critic of the Bush administration's use of intelligence to justify the Iraq War. He has since been charged with perjury, obstruction of justice and false statements, but the prosecution definitely has its work cut out. In order to prove perjury, a prosecutor not only has to show a grand jury that a falsehood was

made but also that it was made knowing it was a lie. If it is proven that the lie was made due to an error in poor memory, it is not considered perjury. However, a leading investigator, Patrick J. Fitzgerald, has amassed a large collection of details regarding the case against Libby, according to the New York Times. According to the indictment, Libby had discovered sometime in May or June that Valerie Wilson, an employee of the CIA whose employment was classified information, and then continued on to discuss her identity with other governmental officials.

In addition to the indictment of Lewis Libby has also come sharp criticism of Vice President Dick Cheney, whose role in the perjury charges are beginning to un-

ravel. If the indictment proves to be true, Libby and Cheney knew that Valerie was a covert agent and that they then used that information in their campaign to hinder the discrediting by the Wilson's of the war in Iraq.

Notes taken by Libby during a conversation with himself and Cheney on June 12, 2003, place Dick Cheney in the middle of an effort by the White House Office to discover information about Valerie's husband Joseph. These notes show that Cheney knew that Wilson worked for the CIA more than a month before her identity was made public. Although it is not illegal for Cheney and Libby to know of a CIA member's identity as they are top governmental officials, any effort by Libby

to steer investigators away from his conversations between Cheney and Libby is considered impeding the inquiry, which is illegal.

Although the notes do not show that Cheney knew Wilson's wife's name, they do show that Cheney knew and revealed to Libby that Ms. Wilson was employed by the CIA. The day of the conversation between Bush and Cheney occurred also on the day that The Washington Post published a four page spread on how the CIA sent a retired American Diplomat to investigate claims that Iraq had been seeking to buy Uranium ore from Niger. Although the article did not name Mr. Wilson, it did report that the mission had not supported the claim that Iraq was attempting to purchase Uranium, contradicting the

White House's claim in the 2003 State of the Union address.

In addition to charges brought against Libby, it is unclear whether prosecutor Fitzgerald will be bringing charges against Cheney as well. Unfortunately for the White House Office, these charges come during a week of high anxiety as the Bush administration has been wrought with criticism. In addition to these charges, the Bush administration is facing a filibuster from the Democratic Party in retaliation of the newly published list of Supreme Court nominees, mounting deaths in the Iraqi war, and according to the New York Times, one of the lowest approval ratings the Bush has faced thus far in his presidency.

Archbishop Migliore

CONTINUED FROM PAGE 1

of the Archbishop's emphasis on collective good and international cooperation. To achieve an all inclusive global community Archbishop Migliore exclaimed, "Let's globalize solidarity!"

The Archbishop's idea of solidarity is expressed in John Paul II's 1995 speech to the UN. "Foremost among these duties is certainly that of living in a spirit of peace, respect, and solidarity with other nations. Thus the exercise of the rights of nations, balanced by the acknowledgement and the practice of duties, promotes a fruitful 'exchange of gifts', which strengthens the unity of all mankind." This issue of global peace and collective human interests was central to the Archbishop's anniversary speech and to the Pope's speech.

The ideals of the French Revolution, liberty, equality, and fraternity, were also important ideals that the Archbishop expressed to get to a place where the world can have peaceful, respectful, and unified relations among all nations. Archbishop Migliore said that liberty and equality are important to international relations, but are not good enough by themselves. He stressed that fraternity; a spirit of brotherhood that transcends national, ethnic, and religious boundaries, that arises out of our common humanity must be realized to achieve global peace and cooperation.

Archbishop Migliore made clear in his speech of the importance and interconnectedness of

human rights and state sovereignty. Pope John Paul II expressed his advocacy of the UN's human rights stance ten years ago, and the Archbishop reaffirmed the Pope's feelings by saying, "We need to strengthen the human rights mechanism and create a human rights council with more political clout." He also commented that bringing up the rights of nations shifts the focus from human people to the sociopolitical order, but pointed out the Pope John Paul II said that sociopolitical concerns are human rights concerns on a community level.

The problem in international relations and specifically for the UN that the Archbishop mentioned was the difficulty of deciding how much the UN should impose itself on nations for human rights concerns, and how much the UN should respect state sovereignty. He indicated the difficulty that is inherent to walking the fine line of advocating human rights and respecting national sovereignty. Archbishop Migliore impressed upon the audience that to create a global sense of fraternity, all nations and organizations like the UN must respect state sovereignty to the point where human dignity is maintained, and neither destroyed. As Pope John Paul II said and Archbishop Migliore confirmed, "We can build in the next century [the twenty first century] and the next millennium a civilization worthy of the human person, a true culture of freedom."

Hundreds Mourn the 2,000 Mark

■ Code Pink's Candlelight Vigil brings onlookers into the action.

by **Issac Stolzenbach**

the sandspur

The Orlando chapter of Code Pink: Women for Peace, a "woman initiated grassroots peace and social justice movement," gathered on the Rosalind St. side of Lake Eola on Oct. 26 at 6:30 p.m. to bring attention to the 2,000 American service members who died in the Iraq war.

Though only 16 people RSVP'ed for the event, citizens walking and exercising around Lake Eola stopped to help. By the end of the event, there were close to 200 people holding up the string of names of the fallen troops—doubled up in most places—that stretched from Central Ave. to Robinson St. and around the corner to Broadway St. Their motto for the day: 2000 TOO MANY—\$200B TOO MUCH!

The same question was on everyone's lips: How many more before an exit strategy?

The facilitator of the candlelight vigil, Becky Murphy, maintained her focus on a single event, "An exit strategy is the first step towards peace, which is what we want, an exit strategy with measurable results . . . we feel this is the best way to honor our troops. We're not speaking of any of the other conflicts going on

right now, specifically Iraq."

Facilitators of the vigil believe that there is growing decent in America against the war in Iraq, but ordinary people are scared to say anything in fear that they are part of a fringe ideology. "We're here to give everybody a chance to express themselves . . . to allow people who think the same way we do to have a voice," stated Chris Field whose son is in the Army. She continued, "Individuals are afraid to speak up by themselves. Hopefully, if enough people start yelling then they'll stop the killing."

President George W. Bush stands firm and repeatedly calls for diligence in the Iraq war. "Each loss of life is heartbreaking," he said. "The best way to honor the sacrifice of our fallen troops is to complete the mission and win the war on terror."

Sandy Adams, a facilitator of the event and member of both Code Pink and Move On.org, commented on President Bush's current talking-point campaign, "The fact that we have to

fight and continuing killing our troops to honor those who have died is ludicrous!"

One veteran, refused to be named here because he is still on active duty, vomited at the scene after finally giving in to reading the names of the dead, "It's an absolutely vulgar sight; perhaps this will help people wake up to the toll this war is taking . . . on everyone."

October was the deadliest month in Iraq since last January with the death toll exceeding 90 troops. The White House is struggling for support as it is already under siege from the indictments of Vice President Dick Cheney's chief of staff, I. Lewis "Scooter" Libby, and House majority leader Tom DeLay (R-Texas). Both support for the president and his handling of the war are slipping. The latest ABC poll shows disapproval for the president at an all-time high: 61%, and an AP poll shows disapproval for the president's handling of the war at 62%.

The question remains: How many more before an exit strategy?



ISSAC STOLZENBACH/The Sandspur

Stupidity, The New Beauty Secret: Women and Intelligence in Society

■ All that's bad about intelligence and its ability to change the image of female beauty.

by **Tanisha Mathis**

the sandspur

Christina Aguilera gets demonized for being a bad role model for girls but I should want my daughter to be like Jessica Simpson? Why? Because she says she waited for marriage to have sex? As commendable as that is, Simpson is the last person I would ever want a daughter of mine to imitate because I don't want my daughter pretending to be stupid for cuteness' sake.

It has become chic to be dense, and young Hollywood is leading the way. Simpson has Paris Hilton, Nicole Ritchie, and a host of others and unfortunately some girls will follow. I'm sure there are some pop tarts walking around this campus whose IQs lower a bit and

whose voices raise an octave in the presence of testosterone. In fact, I've had the displeasure of a few of these annoying in a couple of my classes. What burns me the most is that they aren't stupid; they just think it's cute.

Why do we accept this behavior? Why haven't we demanded Simpson pick up a book as strongly as we have demanded bare-bellied singers cover up? She is just pretending? It's only an act of stupidity? Well, do we really think Aguilera walks around the frozen food section in chaps and Spears wears that red cat suit to the local Starbucks? We accept the entertainment of stupidity, laughing as Simpson finds out Buffalo wings aren't from buffalo and pretend we don't see the correlation with her newly gained popularity.

After all the sacrifices and battles women such as Sojourner Truth, Elizabeth Cady Stanton, and Margaret Sanger endured so women could have equal rights,

there are the Simpsons of the world, famous and unknown, sauntering around disrespecting their legacy. Women couldn't vote, weren't allowed to be educated, were denied careers and these pop tarts wear stupidity like it's the latest fashion piece. Unlike Jessica Simpson, these girls won't get a pay raise for being a dumb, hot chick.

According to the U.S. General Accounting Office, women, on average, make 76 cents for every dollar that men earn, which is down from a record high 77 cents on the dollar in 2002. Let me get this straight. We're already not seen as the equal of men and you want to set us further behind so you can get a date? It's easy to blame men for the lack of respect and money women receive in the workplace, and the members of the boys' club deserve the blame they receive, but women are becoming an even bigger enemy.

I don't need to hear Paris Hilton and her friends de-

bate the pros and cons of a higher federal minimum wage (I do expect that from a woman on a college campus) nor do I want them to stop having fun. I want them to exhibit a bit of common sense. And I want women in the real world to know they owe it to the women who came before them and the young girls who will come after them to continue the battle. Of course, there is no battle if you don't mind going to school the same number of years as your male counterpart, incurring the same debt after law or medical school and earning over \$8,000 a year less. The gap only increases as you continue in your career. By the time she reaches retirement age, a woman with a professional degree will earn \$61,176 while a man earns \$91,105.

Outside of Nike, The United Negro College Fund has, arguably, the most recognized slogan ever: a mind is a terrible thing to waste. Don't waste it trying to be cute.

US For UNrestricted Internet...

■ There is a necessity to keep control of the net in the hands of the United States.

by **Brett Heiney**

the sandspur

A foul game is afoot in the international community...Recently there has been a move in the international community away from supporting the US control of the core addressing system of the internet towards a more controlled internet. Whoever controls the central addressing system could effectively censor the content of the internet. There are two sides to this issue that are emerging as the two polarized arguments. If two camps existed in this debate there would be the US camp and the Chinese camp.

The US, or more correctly a nonprofit organization Internet Corporation for Assigned Names and Numbers, controls the core addressing system of the internet, and keeps it competitive. It is not a perfect system, but then again what is.

The US stance is that to protect freedom of expression and information on the internet, ICANN should indefinitely maintain its control. We have made no laws abridging the first amendment right to freedom of speech and expression on the internet, and mean to keep it that way. Of course we limit access to certain material on the internet and add disclaimers, but that is simply for the moral wellbeing of internet users.

I believe in the importance of our First Amendment that protects the freedom of speech and of expression. But I also believe that it is morally reprehensible to allow people of all ages to access controversial topics such as pornography or hate groups. These people have a right to place their content on the public forum that is the internet, but we as a society have a responsibility to teach our children when it is acceptable to view such websites.

China on the other hand is well known for its strict control of internet content within its borders. Of course it would try to get as many

nations on its side to wrest control of the internet away from the US to an international organization like the United Nations so that it can exert influence on internet content outside of its borders and thus increase its relative power. Europe has until recently been in the US camp advocating US control and internet freedom. Europe now is moving towards the China camp for international control of the internet that seems that it would be less friendly to freedom of expression.

I don't mean that China is bad or that Europe is bad or that any country that favors a more Chinese stance on the internet is bad. I value the UN for all that it does for the betterment of the world, and acknowledge that it too, like ICANN is not perfect. The fact is that not every nation that is a part of the UN has a legally defended freedom of expression and would therefore have no qualms about censoring the internet's content. Why should the world and specifically America suffer the censorship imposed on the internet by those member

countries in whatever UN subsidiary or separate organization that would have the power to impose their point of view.

The only way I see, in today's world, that different and possibly controversial opinions would have a guaranteed space on the internet would be to let the freest nation in the world, that would be ours, control it. What is inherently wrong with letting the ICANN maintain its control? It is working just as well as any international organization could possibly hope to. I say if it ain't broke don't fix it.

Until the sentiment in the international community moves towards the mindset that freedom in the internet is absolutely important and absolutely necessary to the world's free access of information, then the core addressing system should remain within US borders. We as an American people, a sovereign nation have the right to freely express ourselves and who are these countries opposed to our control to have control over the information available to us.

The Sandspur

*The Oldest College
Newspaper in Florida*

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Letters to the Editor

Dear Editor,

Scott Biancani grossly exaggerates the potential risks associated with nuclear power. In the extremely unlikely event of a serious reactor accident, some radioactive material would be released into the atmosphere, but there is no possibility that large areas will be rendered "inhabitable" for long time periods. Even around Chernobyl, radiation levels have already fallen to within the range of natural background in most areas. Western nuclear plants are not capable of releasing more than a tiny fraction of the radiation that was released by Chernobyl, under ANY circumstances. It is therefore unlikely that even a worst-case accident at a US plant would result in any land area having radiation levels outside the range of natural background, for any significant period of time. Thus, it is very unlikely that any long-term evacuation would be required.

Nuclear plants are already known to among the least effective targets a terrorist could choose. Analyses show that a direct hit with a large aircraft would not cause a significant release of radioactive material.

A commando raid is also extremely unlikely to succeed, and the amount of damage (release) that could be caused by even a successful attack has been greatly overestimated. The US is filled with "soft" targets where terrorists could cause as much or more damage, with an infinitely greater chance of success.

The containers used to transport nuclear waste are among the strongest ever constructed by man, and can easily withstand any of the accidents Mr. Biancani discusses without releasing any radioactive material. Even in the event of an extreme accident or a terrorist attack the worst possible result would be a small release and a cleanup operation over a small, local area around the container. A small, local evacuation, similar to those which routinely occur with chemical spills, may be required. No deaths would result. Worldwide, over ~70,000 tons of nuclear waste (roughly equal to the total amount of waste that will be shipped to Yucca Mtn.) and there has never been a release of radioactive material.

Due to the limitations of (intermittent) renewables, and the high cost and limited supply of natural gas, Flori-

da will need to build either a coal plant or a nuclear plant to meet its increasing (base-load) power needs. In terms of overall risks to public health and the environment, there is absolutely no comparison between the two. In addition to being the leading single cause of global warming, EPA estimates that in the US alone, coal plants cause ~25,000 premature deaths every single year, under normal operation. By contrast, US nuclear plants do not pollute, and have never had any measurable impact on public health. Even the worst conceivable accident (or attack) at a US nuclear plant would not cause more than a tiny fraction of the health effects caused ANNUALLY by coal. Based on the actual historical record over the last 40 years, as opposed to wild speculation and imagination, the safety of nuclear power, relative to other energy choices, couldn't be more clear.

James E. Hopf

James Hopf is a nuclear engineer, and is a member of the Public Information Committee of the American Nuclear Society.

Dear Editor,

The massive landscaping renovations begin approximately two months before parents' weekend. It begins quite suddenly, when one morning the campus is swarming with a force of "horticultural engineers" that is roughly equivalent in number to that of the students, and every green space on campus is populated by workers on their hands and knees, plucking meticulously from the earth every foreign object—be it unwanted weeds, beer bottles, or condom wrappers. It begins innocently enough, and the few students who are cognizant of the purpose (or even presence) of these workers toss around light-hearted comments about the misdirection of a \$40,000 tuition being spent on palatial palms as opposed to progressive policies.

However, as the weeks become days, the rapid changes on campus become increasingly alarming. Not only does the landscape suffer a facelift as drastic as

Joan Rivers', but suddenly campus comes alive with flags as multi-colored as they are multi-culti, claiming to advertise the so-called diversity of the students. About a week before the acclaimed event there is a notable change in the cafeteria food. Scrambled eggs morph miraculously from their usually semi-viscous state and leave smaller puddles of tepid yolks on the mass-produced plates, and at dinner time there are a great deal fewer bread-stick related injuries.

When the fated Friday finally arrives, campus is officially transformed. Every piece of grass is clipped as if with scissors so that it is equidistant from the ground. Hundreds of flags billow, proudly displaying countries that the bulk of students could not even locate on a labeled map. The cafeteria offers chocolate Belgian waffles, only revealing their inexperience with such delicatessens by the charred flesh of the pastry that is impregnable (unlike the female student body) even to the stock forks built for such un-

appetizing victuals. Students who can usually be found sprawled around campus with cigarettes perched between their lips are suddenly escorting family members with sweaters draped across their shoulders. Classes are full and no one is hung over. Saturday night is as eerily quiet as a club where the music that rattled spleens seconds ago is suddenly extinguished. What was once likable to the playboy mansion is now as sedate as a retirement home birthday party.

In the end, campus will regain its ornaments of non-recycled liquor bottles, the cafeteria will resume the distribution of Laodicean provisions, and students will undress to their usual levels of quasi-nudity before relighting the cigarettes that are as much a part of their appearance as the Chanel sunglasses and popped collars.

Jessica Jarrett

Jessica Jarrett is an Arts and Sciences student.

"RIGHT" ANSWER



by Jami Furo



political columnist

WHO WAS INDICTED: LIBBY OR BUSH?

It's lonely at the top. Since I. Lewis "Scooter" Libby (what a fantastic name) was indicted for leaking the name of covert CIA officer Valerie Plame after a two-year investigation, the focus has only been placed on the supposed perpetrator as a byproduct. The real focus is on President Bush. I have been reading the news. I have been following the story. I have read the stories about the charges and the indictment. However, in all of those stories, not once did I see anything about George Bush revealing Plame's identity, and not once did I see anything about George Bush trying to cover it up. In fact, not once did I see proof that George Bush knew anything about the situation until it was too late.

Why, then, is it that almost every story I read eventually turns to how it will affect George Bush's presidency? Editorials are flying about the connection between Libby's actions and the war in Iraq. Polls are circulating about whether or not Bush should resign.

Let's be reasonable for just a minute. Logic suggests that the person convicted of a crime should be the person who is punished for the crime. That is always how I understood the legal system. How, then, does that relate to George Bush?

Bush has not shown any signs that he knew about or was involved in the issue of covering up the leak. And why should he be? Why would he even need to know about it? It is likely, given the circumstances and given political strategy that anyone who was involved in this scandal would not even want to tell the president.

Plausible deniability goes a long way. The more people that know a secret, the higher the risk that that secret will get out eventually—especially if one of those people is a figure as public as the president of the United States.

This is not a situation like Nixon's. First of all, President Bush is not being accused of aiding and abetting the cover-

up. As I said, there is really no clear evidence that the president was involved at all. There is a fair chance that he did not even know about it. Also, this is a completely different kind of crime. Nixon's misdeeds involved trespassing and invasion of privacy in order to unethically gain information about his opponent to give him the upper hand in the election.

That is quite different than the vice president's chief of staff leaking the name of a CIA agent and then later denying it. The main difference between Nixon's situation and Libby's situation is just that: Nixon's situation was about Nixon, and Libby's situation is about Libby.

Libby's misdeeds are his own and not the president's. I think it is probably a little rash, however, to start talking about the president resigning for a crime that he did not commit—for a crime that he did not even know about, most likely. People have been quick to compare this issue with Watergate, but that logic is non-sequitur. I know that whenever there is trouble in Washington, the fingers start pointing directly at the president. That is part of the job.

When President Bush was elected, he knew that part of being the man on top is being considered responsible for everything that happens in this country under his watch. People have also been comparing Bush to Clinton and criticizing him for his promise to "restore honor to the White House" after the messy little fiasco in the Oval Office during the Clinton administration.

He has not contradicted that promise in this case because he is not the one that committed the crime. I don't know how many ways I can say it. It's true that it's lonely at the top. That will likely never change about the position of president. However, when a guilty man was found, it is a shame that the blame has to point to an innocent one.

The Problem With the Office of Residential Life

■ One student's critique of the Residential Life Office's policies and procedures.

by Nick Tanturri

contributing writer

Many students see the office of Residential Life as the place to pick up their key or change their roommate, but many also feel that it is the office that polices the hallways in residence halls. If you read ResLife's mission statement it implies that their goal is to create an enriching environment that is focused on community building and aiding the students. However, if an examination is made of what actually happens in practice, it can be seen that their actions drastically contradict their credo.

What is ResLife's goal? It seems that the fundamental idea behind their practice is based on controlling students. This frame of mind among their staff is so prominent that they tend to forget many other fundamental ideas that should be the basis of a Residential Life program, such as student safety and adhering to federal law.

One example where student safety was completely neglected concerns an incident that occurred this year when ResLife staff found a sick individual vomiting in a bathroom stall. The staff member never alerted the student to his presence, but wrote him up for alcohol anyway because he knew who the student was, and assumed that he was sick from drinking because there was a party in close proximity.

The sick student's peer

mentor was notified the next day that one of his students was written up, and was very confused after confronting the student and learning that he had no knowledge of being written up, or that a ResLife staff member saw him vomiting.

Further research done by the peer mentor and a Rollins staff member found that the student was recently diagnosed with mononucleosis, and was therefore the reason he was vomiting. ResLife was contacted with the student's health records and the judicial was destroyed.

This incident displays the negligence that occurs when ResLife values control and policy enforcement above student safety.

Why did the ResLife staff member never make his presence known to that sick student?

Why did the ResLife staff member fail to see if medical attention was needed?

Why is writing a student up for underage drinking more important than ensuring their health and safety?

Another example of ResLife behavior that contradicts their mission statement, involves the questionable tactics they have been employing when entering students' rooms, which could be viewed as illegal search and seizure.

One student approached me and explained to me how he had his room searched by ResLife. He said, "Basically they came in my room and asked me if they could search my refrigerator, and at first I told them no. They argued with me and told me that they had every right to search my belongings because they

had probable cause. It was only after they threatened to call Winter Park Police did I give in and they proceeded to search my refrigerator and my back pack."

After hearing his story I spoke with a Winter Park police officer about situations like this, and his opinion was that the police department would never come to campus to search a room for alcohol because a warrant is needed in almost all cases to search a room, and getting an instant warrant over the phone would be out of the question because it is expensive and involves waking up a judge.

The bottom line everyone should remember is that ResLife can enter a room if they have probable cause, but under no circumstances can they search personal belongings. This student is not alone because I have spoken to several others who have had similar experiences, and I myself can also attest to witnessing this coercive behavior.

So is ResLife training their staff to be detectives instead of valuable resources for the students? I've lost count of how many times a Hall director has knocked on my door before quiet hours because it "sounded like there were more than six people in a room", or because it "sounded like there were bottles clanking" from behind the door and that indicates that policy is being violated.

Are these excuses to come in my room to try and write people up? They seem to be concerned about catching people who violate policy more than the well being, and overall experience students are receiving living on campus.

In all cases student safety and community building should be the primary concern, and staff should never in any circumstance threaten students with inaccurate claims involving the police department, or feel that they have the authority to search an individual's private property.

It seems that a fundamental change is needed in ResLife to create the community that they claim they are aiming towards.

THE OFFICIOUS OMBUDSMAN



by Issac Stolzenbach

the sandspur

There's a slew of poo in the headlines this week—I. Lewis "Scooter" Libby dove on the Plamegate grenade; Karl Rove, aka Turd Blossom, still smells like a rose; Bush uses Sco-tus pick to clear the headlines... business as usual in Washington—but it seems the Democrats are finally growing a backbone. Finally!

Senate minority leader, Harry Reid, took a Howard Dean-type stand on November 1st and forced a close session of the Senate. All nonessential personnel were escorted out of the building and the doors to the Senate were closed.

Reid justified his fervor before the closure, "The Libby indictment provides a window into what this is really about, how this administration manufactured and manipulated intelligence in order to sell the war in Iraq and attempted to destroy those who dared to challenge its actions."

Surprised by the swift and aggressive move by Reid, Republicans fell back on their usual activity of trying to convince the public that the Democrats are on the fringe; using dramatics rather than answering the tough questions. Drama queen and Senate majority leader, Bill Frist embodies this notion, "The United States Senate has been hijacked by the Democratic leadership... they have no convictions, they have no principles, they have no ideas."

Indeed... they have no ideas, huh? Seems to me they have a great idea: Finally exposing the real deal behind the Valerie Plame case; America fighting a war based on fabricated intelligence.

The Democrat's request for an investigation came about last May after the secret "Downing Street Memos" from Britain revealed that President Bush was set on war with Iraq with or without justification.

From the memo of 23 July 2003: Bush wanted to remove Saddam, through military action, justified by

the conjunction of terrorism and WMD. But the intelligence and facts were being fixed around the policy.

Republicans were backed into a corner and instructed to answer why six months have passed—without answer or action—since Democrats requested an investigation into the intelligence that brought the United States into war with Iraq.

Funny how Intelligence Committee Chairman, Republican Senator Pat Roberts, let the investigation requests sit stagnant on his "to-do list." Funny a Republican would do that, real funny... like funny bone funny... funny like we have a war crime president sitting in the White House with no party having enough backbone to dethrone the little monkey. I can see him up there farting and giggling at himself as he flings his fetes at the television.

War Crimes, monkey-boy, pure and simple: the invasion of one sovereign nation by another without justification is a war crime. By the time the full force of Plamegate bowls through your administration there won't be any of your buddies left to pardon you. And you know what that means...

That means Laura's replacement will be a mountain of masculinity named "Bubba," and after he's done making you his life-partner you'll have to wear a butterfly clip across your mudring to keep your guts from falling out. You will repeatedly ask him to remove his rings, and then sit rankled and shivering in the corner of the shower room when you find out it was actually his watch leaving your innards ripped and scarred.

This administration is doomed, I just hope we have enough pride and spirit left in us after this fiasco to pick up and piece together our great nation. Better dig in folks, the fight for America has just begun.

- Tschüß!

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Ukraine Education System vs. United States

by **Oksana Baker**
contributing writer

Being a student for many years now, I cannot help but compare the education of United States and Ukraine. I started my education when Ukraine was part of the USSR—now Soviet Union. I went through five years of pre-school followed by eight years of formal schooling, that is, the equivalent of elementary, middle, and high school in United States.

Then, I enrolled into cultural school, a vocational school and earned my degree in library research. After three years of vocational school I passed the entrance exams to Sumy Pedagogical University where I studied foreign language. Now, I am a student of Hamilton Holt School at Rollins College and I think it would be interesting for other students to learn about education in other countries, especially in Ukraine.

The education in Ukraine starts with a four-year pre-school education or kindergarten. Then, a 10 to 12 year term of compulsory secondary education takes a student all the way through high school. Finally, a four to five-year term of undergraduate studies pave the way to graduate studies. By the age of 15-16, Ukrainian students graduate high school and go to, technical colleges, vocational schools, or undergraduate studies.

Ukrainian schools have a 12-year term of study. However, a student has the option of completing a 10-year term and goes to vocational school or technical college. The financial situation in Ukraine forces students to graduate high school by the age of 16 and go to technical colleges or vocational schools to acquire professional skills. Students who excel in high school continue their education through undergraduate studies.

Undergraduate studies are offered by universities and academies. They are state owned institutions with the exception of a few private ones. The good thing is that the state owned institutions are free of charge to students. However, prospective students must be a Ukrainian citizen with outstanding academic records in order to get the free education.

The admission to colleges, universities, and academies is very competitive. The entrance exams comprise of

written and verbal questionings. There are no multiple choices. A prospective student has an option to answer everything he or she knows about the question asked, and an instructor decides whether a question was fully answered.

Generally, there are three questions and a student is given fifteen to twenty minutes to answer them. A prospective student can get a list of topics or questions (study guide) prior to the entrance exams. Students who do not meet the requirement and those who fail the entrance exams can still enroll to state or private institutions and pay for their education.

As the curricula are designed in the best interest of the students, all subjects are required. When I started my education in United States, I had the choice of subjects, knows as electives to satisfy my major requirement. At first that was very confusing, but I am familiar with it now. The students are not allowed to choose their subjects in Ukraine.

If you believe it to be a drawback, think about a foreign language program in Ukraine; Students must study Latin during their first year, which prepares them for the study of German. It is important because Latin-derived words make up a large percentage of the German vocabulary. Students are expected to maintain good academic standing or they will be put on probation, forced to pay tuition or expelled from the institution.

As far as I can recall an "F" does not exist in the Ukrainian grading system, and a "D" is not a failing grade. If a student fails a class, this marks the end of his or her education. Unlike in the United States, books are free in Ukraine; they are lent to students by their appropriate institutions. If the number of books is limited, students can use them in the library. It is probably not an easy and wise thing to do in the United States since it would put most of campus bookstores out of business.

Instructors encourage students to work in groups while create a competitive environ-

ment among students. They are encouraged to excel and the higher one's grades, the higher the stipend one receives from the state. Stipend is similar to scholarship, but it is on a regular basis and varies with grade point average (GPA).

Usually, it is not enough to live on, but it helps greatly.

There is no standardized test system in Ukraine. An instructor or a group of instructors usually makes the tests. The drawback of education in Ukraine, I would say, is the absence of diversity among students. It is not custom to see a forty-year old or higher enrolling into undergraduate study, as opposed to the United States.

Since we are talking about education, acquiring knowledge, let me share with you some information about my native city-Sumy. Sumy is located in the north-eastern part of Ukraine. The city was founded in 1652 by the Cossacks who had migrated here from the areas on the right bank of the Dnipro River. In the very early years of its existence Sumy turned out to be a bulwark against the Tatar invasions. Voskresenskaya (Resurrection) Church is the earliest surviving architectural monument in Sumy. It was built in 1702 and it served a double purpose of a place of worship and of a defensive structure in the north-western part of the fortress into which Sumy had gradually turned.

A lot of Russian and Ukrainian writers visited and wrote about Sumy and Sumy Region. For example, a Russian novelist Kuprin Aleksandr Ivanovich lived in Sumy in 1899. He was an actor in Sumy theatre and wrote a novel about it, *How I was an Actor*. Nikolai Gogol, a Russian dramatist, visited Sumy region in 1832 and wrote about Sumy region in *Sorochinsky Fair*.

I would like to thank my Professors of Sumy Pedagogical University Dudchenko Mikhail Nikolaevich, Kovalenko Andrey Nikolaevich, and Bondarenko Viktor Aleksandrovich for their dedication, help, and hard work. Visit the following website for more information:

<http://www.artukraine.com/travel/sumy.htm>.



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The
**CAREER
COACH**
Marian Cacciatore

STRATEGIES FOR NETWORKING

Dear Marian:

I have been reading your column and you seem to continually make references to the importance of networking. Since I work full time and go to evening classes I do not have much time to attend networking meetings. I am also pretty shy and am not really comfortable talking to people. Any advice for me?

~Sandra '07

Dear Sandra,

Thanks for bringing up one of my favorite topics! You have highlighted some common misconceptions and I appreciate the opportunity to bring clarity to this valuable tool.

Many people cringe when I recommend networking. For some, it has a shady connotation resembling "used car sales tactics". However, at a basic foundational level, networking is *about building relationships with others*. It's an openness and desire to learn about other people and discover how interconnected or interrelated we may be.

So why do I preach the importance of networking in the job search? Statistics show that 3 out of 4 jobs are filled through networking. Think about your own career transitions. How many of your jobs did you get as a result of a friend or acquaintance telling you about it? I have informally surveyed Holt students and discovered that the "3 out of 4" statistic appears to be valid on our campus!

To make "networking" more palatable, I encourage you to consider specific action steps:

Begin with the people in your classes!

The Hamilton Holt School is full of successful professionals. Take advantage of the group projects or class breaks to get to know your peers. I worked with one Holt student who credits her Holt peers for helping her find her last **THREE** jobs! (each with increasing levels of responsibility and pay) What was her secret?

She took the time to get to know and build relationships with the other students in her classes. It is important to note that along the way she was also instrumental in passing on job leads to others as well!

Get over thinking that "networking means using."

Networking does not mean that you "use" the other person. It's about taking the time to get to know other people. Look for opportunities to offer ideas, suggestions or your expertise with others. Effective networking requires a reciprocal relationship.

"Fake it till you make it"

Some people find it difficult to walk into a room (even a classroom) and begin a conversation with "strangers". All it takes is a smile and genuine interest to learn something about the other person. Don't be discouraged and take it personally if you encounter someone who does not respond warmly. Chalk it up to a bad day and move onto to someone else.

Increase your confidence so that you'll be ready for the formal networking discussions.

Getting to know the other students in your classes will provide the foundation for more formal networking tools including the "informational interview". Action items for more formal networking might include:

Developing your 60-90 second intro

Identifying who you should be talking with

Uncover strategies to get in the door!

Sandra, hopefully these strategies have given you ideas on how to begin networking today. Remember that I am available to work individually with you if the obstacles refuse to budge!

Do you have a question for Marian? E-mail her at mcacciatore@rollins.edu. She guarantees that all questions will be responded to individually or in this column.

A Summer Teaching In Southeast Asia

■ A Holt student's insights and reflections on experiencing different cultures.

by **Alexia Brooks**

contributing writer

This summer I had the opportunity to do something out of the ordinary. I was headed for Nonongthum Village in rural Thailand to teach English at a local middle and high school while living with Phad, one of my students, and her family.

I was ecstatic, excited, and terribly anxious; I hadn't had a clue of what was in store for me. How were the locals going to perceive me? Would I be able to tolerate the food? Would my presence create any problems for the villagers? And, would there be a bathroom acceptable to my standards?

In retrospect, these were some of the silly questions that arose from my unfounded trepidation and lack of experience living within a culture so different from my own, albeit a brief-stint. The knowledge gained and personal growth and transformation that I took from my experience is indescribable.

I am still incredibly moved by the kindness and interest the people of Nanongthum showed me. The children saw me as a curious foreign element, the teenagers admired me, and the adults found great entertainment in me.

Frequently, I could infer enough from conversations that elicited bouts of laughter, and that the good time was at my expense. For them, I was a sight to be seen; whenever I passed by on foot or on Phad's motorbike, the villagers would cry "*farang*" (foreigner), and I would reply with my minimal Thai. Together we would attempt to have what was a fragmented and virtually incomprehensible exchange.

As my stay in Nanongthum ended, my energy had been tapped—constant involvement in a radically foreign environment is taxing—but at the same time, I was melancholy about pushing on. I had made so many friends while teaching, eating with the locals, talking to vil-

lagers of all ages, planting rice, riding bikes with my students, walking along the *klongs* (irrigation canals); part of me was profoundly reluctant to leave. Speeches were made, a feast was cooked, and as I left the village the family I stayed with shared my tears as we said good-bye.

The two-month remainder of my summer was spent touring Bangkok, Cambodia, Laos, and Northern Thailand. From Bangkok, I took a bus to Poi Pet, which is the border crossing on the Thai-Cambodian border. From developed Thailand, the marked radical difference in Cambodia was startling. Perhaps, the most vivid and impressing experience of the entire summer was my stay in Cambodia. There is an air about Cambodia that is enticing and frightening, energetic and sad.

Although it seemed most of the time in Cambodia was spent on interminable public bus rides over practically impassible roads while looking at the unending rice fields dotted with lanky sugar palms which reached to the sky, I stayed weeks in Siem Reap, Phnom Penh, and Battambang cities. I saw the great ruins of the Angkor civilization, visited the Khmer Rouge genocide prison and killing fields where bones and clothing still lay on the soil surface, went to a great many markets, walked in orange orchards, and ate plenty of fresh coconut.

Cambodia affected me because in Cambodia corruption is rife, landmine amputees roam city streets, begging kids are charming and irresistibly cute, cities are filthy, the people are pleasant and pragmatic, the food is delicious, the level of poverty forces organic farming, infrastructure is abysmal, and a minimal standard of living according to an American is out of reach for most citizens. Cambodia humbled me.

Laos too encouraged me to examine my place in the world. Shamefully, I was not aware of Laos' history of the Vietnam era and the lingering consequences of the Vietnamese infiltration into the country and acute damaging intervention of the US. Considering the extent to which



COURTESY OF ALEXIA BROOKS

A SUMMER TO REMEMBER: Alexia Brooks shares a smile with her adventurous students in the rural Thai village of Nonongthum.

Laos was bombed and consequently crippled during the Vietnam War, Lao are forgiving and pleasant people. The countryside is breathtaking. I haven't seen a place as natural and untouched by industrialization as Laos.

The mountains are green, massive, and multiple; the air is sweet and crisp. I crossed into Laos from Thailand at Vientienne, the capital of Laos, and took a long bus ride through the night to the French colonial city of Luang Prabang. I visited

the Plain of Jars—hundreds of ancient stone vessels arranged on a plain—in Phounsavan. The trip back to Luang Prabang on the ancient Korean bus was startling when the bus stopped to let two men who had climbed down from the forested-jungle slope onto the bus armed with automatic weapons.

To travel out of Laos, I took an eight-hour trip up the Mekong to the northern Thai border on a fast boat—a most uncomfortable mode of transportation. Laos was beautiful,

but less provocative than Cambodia. The impact of my stay in Laos was a tremendous feeling of guilt and embarrassment for what the US had done to the Lao people.

Back in Thailand, I traveled around the north visiting tribal peoples, riding elephants, rafting, and hiking to waterfalls. The train back to Bangkok was time spent reflecting. What had my summer given to me? Another perspective. To borrow the cliché, the world is a big and wondrous place!

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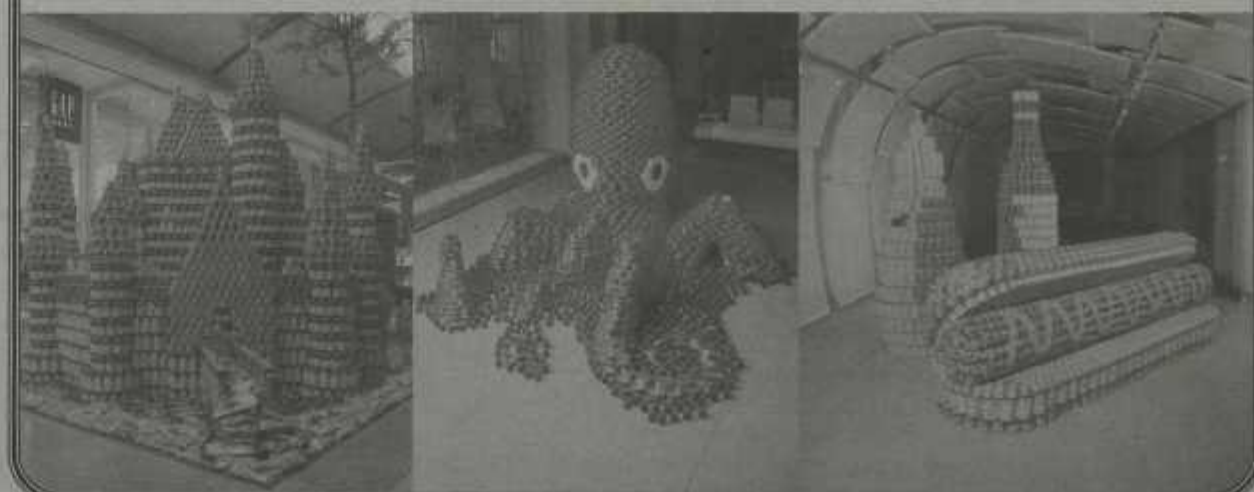
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"Stay" Keeps Audiences In Their Seats

by Sophia Koshmer

the Sandspur

■ This supernatural thriller allows audiences to make their own conclusions as to the ending.

"Stay" is described as a film which "focuses on the attempts of an Ivy League professor to prevent one of his students from committing suicide" by the Internet Movie Database. This is probably the only way to describe the movie without giving it away or causing confusion.

The movie does enough of that for a lifetime. Just the description of the plot in

comparison to the tag line, "Between the worlds of the living and the dead there is a place you're not supposed to stay," is all that is needed to indicate the world of confusion that director Marc Forster has put together beautifully.

Starring such brilliant talent as Ewan McGregor (*Moulin Rouge*, *Star Wars*, *Big Fish*), Ryan Gosling (*The Believer*, *The United States of Leland*, *The Notebook*), Naomi Watts (*The Ring*, *21 Grams*) and Bob Hoskins (*Vanity Fair*, *Beyond the Sea*), this film could not have had a more perfect cast of actors with which to put such a difficult screenplay onto the big screen.

"Stay" follows Ivy League professor and psy-

chologist Sam Foster (Ewan McGregor) who has been passed down a very challenging case in the young, troubled Henry Letham (Ryan Gosling) who also seems to have the visions of the future that range from hail storms to predicting peoples deaths. Such instances trouble begin to terrify Foster and begin to have an effect on his perceptions of other aspects of his own life.

Pushed beyond his comprehension of reality and struggling with psychological issues of his own in formerly suicidal girlfriend, Lila (Naomi Watts) an art professor, Foster begins to question his own seemingly crumbling sanity.

This psychological thriller has its audience's attention from beginning to end. But unlike most film of the same formula, the conclusion to "Stay" is neither brilliant, nor ridiculous but merely up to interpretation as is fitting for the rapidly racing psycho-drama of the entire film before it. It is highly reminiscent of similar psychological and supernatural thrillers that leave the conclusions entirely up to the audience.

Beautifully filmed and directed with symbolism around every corner, this film is filled with tiny details



Stay / Copyright 20th Century Fox

"STAY" THRILLS AUDIENCES: This supernatural thriller provides audiences with breathtaking photography.

that mean the world when it comes to understanding a very complex set of situations that never unravel to explain themselves. Such imagery leaves the audience engaged throughout the film.

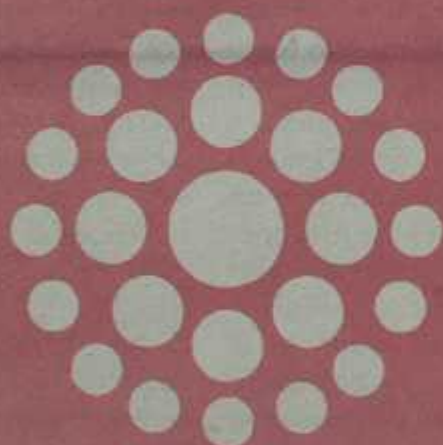
Each character, no matter how small their role seems in the majority of the film, play a major role in the coming together of the entire screenplay. The tagline is more indicative of the story than "Stay" is really trying to tell.

But it only breaks the surface of a highly complex group of events that set the mind racing throughout the entirety of the film and actually come to a fairly simple conclusion which is also revealed softly, but not spoiled by its perfect tag line.

As would be expected from an A-list cast, the actors in this film were brilliantly cast. Gosling gives a heart-breaking and incredible performance, something which seems to be a pattern evident in his amazing filmography. Watts for her rather brief performance is also very well done. McGregor of course gives an equally terrific performance, keeping the audience on their toes until the very end.

This film cries Oscar in so many ways including screenplay, acting, director of photography and film direction in general. It is brilliant in its almost painfully simplistic complexity and is definitely worth the time to go out to the movies.

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WEEKLY HOROSCOPES



Aries (March 21-April 19): Go find yourself a quiet place to get away from it all this week. You'll find that your semester has gotten more stressful lately. Don't panic. Instead, you need to be focusing on activities that help you stay calm and enjoy yourself. Maybe you need to get off campus to do this. If any case, make relaxing plans this week.



Taurus (April 20-May 20): This is a week for standing up for yourself. Don't let people in your life step all over you. You need to sit down and seriously consider what your priorities are when you make yourself the center of your attention. Don't let anyone else steal your thunder this week. Be strong and be assertive.



Gemini (May 21-June 21): You need to stay calm this week. You may feel like you want to fly off the handle at any little incident this week. Don't let small mishaps cause you to become an emotional wreck. Ignore the little stresses in life this week in favor of being a calm and collected individual.



Cancer (June 22-July 22): You need to watch what you say and do to others this week. Lately you've had no tolerance or patience with others in your life. You need to recognize that everyone has their bad weeks and you should support others during these times rather than hurting them. Bad karma comes back just as much as good does.



Leo (July 23-Aug. 22): You should go out to celebrate life this week. You've been doing well in most of your classes and in your personal life too. This is definitely a cause for joy.

Take everyone you love with you to revel in your good fortune. People love to celebrate together.



Virgo (Aug. 23-Sept. 22): You've really had it together in your personal life these last few months. Unfortunately, your academic life may be suffering as a result. Try to focus a little less on your pursuit of the perfect love life this week. Instead, you should focus on classes and make a steady plan for getting through the rest of the semester successfully. It will make your last few weeks an easier transition.



Libra (Sept. 23-Oct. 22): What's the point of enjoying life if you can't share it with somebody else. If you've been putting off telling that special someone how you feel then get out there and speak up. If you've already found your honey then take them out and remind them just how special they make life for you.



Scorpio (Oct. 23-Nov. 21): Did you make it through last week intact? You may be feeling some residual stress from all the drama you've been forced to endure or observe recently. Don't let this get you down. You should focus instead on finding positive activities in your life which will help you deal effectively with stress in a healthy manner. Exercise may be especially vital to making you feel human once again this week. Don't work out by yourself, though, take a buddy.



Sagittarius (Nov. 22-Dec. 21): You should use the downtime you find yourself having this week to appreciate the finer points of life around you. Seek out and appreciate the sights of your surrounding community this week by visiting new locations and experiencing

new attractions in your area. If you'll allow yourself to experience the depth and scope of your surrounding community you will come away from the experience feeling enriched.



Capricorn (Dec. 22-Jan. 19): You should be more aggressive in your dealings with others this week. Don't let anybody boss you around. If you're considering a course of action then you should go for it no matter what area of your life it entails. In romantic ventures be bold, in academic ventures be brilliant, and in personal endeavors be willing to give it your all. At times like this it is best to remember that if you will not venture anything in a pursuit then you will not gain either.



Aquarius (Jan. 20-Feb. 18): Try avoiding any fiery characters in your life this week. You will find that confrontation does not agree with your emotional state this week. If you do find yourself in a confrontational situation then attempt to diffuse the situation using cool logic. Whatever you do you should avoid emotional and fiery arguments. Such confrontations this week will only lead to conversations you don't mean and will hurt the feelings of others you care about. Play it cool and you will find yourself in a healthy emotional state that is soothing to others and is attractive to the opposite sex.



Pisces (Feb. 19-March 20): You've been keeping to yourself lately with good reason. This week finally provides you with an opportunity to step outside that comfort zone and enjoy yourself for once. You need to branch out this week and become more transient. If you don't then you will soon find yourself stagnating in whatever relationship or friendship you find yourself most engaged in. Don't let this happen!

Concert Review: Lifeline

Lifeline was back in Orlando on Friday night, and their show at Hard Rock Live was a live performance that tamed the wildest of hearts. The show began with The Click Five, a band impressive only in its mediocrity. They had all of the makings of a great live act—style, charisma, catchy melodies, fun. All they were missing was talent, and that deficit led to their demise. After a long half hour of that, it was on to the big boys. In this case, the big boys were led by a 25-year-old skinny blond rock star from California with a voice like an angsty angel.

The set began with "Spin," a hit from the band's second album, "Stanley Climbfall." It was a perfect beginning to the concert—recognizable to most fans, fun, upbeat, and a great introduction to Lifeline's classic rock sound. They then continued with several songs from their new self-titled album, including "Come Back Down" and "Blind." Their performance of "Blind" was one of the best parts of the show. Jason Wade's voice held all of the pain and desperation of a man begging for forgiveness, as the lyrics suggest. When he implored, "I'll love you more than you'll ever know / and part of me died when I let you go," listeners could feel his hurt through his absolutely breathtaking voice.

The band, of course, included many songs from their first album, "No Name Face," which was a monstrous hit in 2001. These included hits "Sick Cycle Carousel" and "Breathing," which produced a huge response from the crowd. Probably the best part of the evening was Lifeline's performance of their ballad "Everything." The instrumentation was even more remarkable than it is on the album. The heavy bass drum on every downbeat of the first section gave the impression of Wade's pounding heart as he expressed both devotion and desperation in his song of utmost passion. His angelic voice trembled slightly to make the performance painfully beautiful. After the opening section of the song, which is slow and contemplative, it all broke loose. The heavier rock second section emitted so much feeling that it was almost difficult to bear, except that it was so beautiful. If anyone in the audience was not melted into a puddle at the end of the song, they simply had no heart.

The band left the stage after the first set and returned for an encore of their two most popular songs: "You and Me" and "Hanging by a Moment." For both songs, the audience was singing so loudly that it was almost difficult to hear Jason Wade singing. Lifeline does not exude the typical stage presence of a rock band. They do not run around much. They do not even speak much. Jason Wade even sings with his eyes closed most of the time, separating himself from the audience. If a punk band exhibited such behavior, it would be said that they had a bad rapport with the audience. However, with Lifeline, it was perfect. Wade's pensive presence displays the raw emotion that his music suggests. Between his inspiringly beautiful voice, perfectly balanced instrumentation and instrumental performances, poetic lyrics, mournful melodies, and a serious stage presence, Lifeline conveyed the beauty of passion in a way that could leave a person awed. The only disappointment was that the 70 minutes that they played were far too short.

Jami Furo

Bach Festival Returns to Rollins College

■ The choir's performance never lost the intensity within the story and the music.

by Jami Furo

the sandspur

On Saturday night and Sunday afternoon, the Bach Festival Society of Winter Park performed Mendelssohn's "Elijah" in the Knowles Memorial Chapel. It was a fabulous performance, as is expected of the Bach Festival Choir and Orchestra, which consistently delivers spectacular concerts every season. True to form, they performed the classic oratorio beautifully. The 182-piece choir and 41-piece orchestra were under the masterful baton of Dr. John Sinclair.

Dr. Sinclair's expressive conducting drew the sound, energy, and emotion out of the performers in an absolutely captivating manner. The conductor, orchestra, choir, and soloists all seemed completely engaged in the work, and that excitement and focus produced a breathtaking sound.

The choir's dramatic interjections between the arias and recitatives created the effect of an earth-shattering event, giving the already powerful story even more weight and significance. The choir's loud, full dynamics were not unrivaled by their soft dynamics. As their volume fell, they never lost the intensity present within the story and within the music itself.

The orchestra also shone in their performance. The cello section played particu-

larly well, swelling with the haunting melodies with such finesse that the four instruments sounded like one. The Bach Festival Society took great pride in bringing in fine professional vocalists to sing the solos throughout the oratorio.

Soprano Sharla Nafziger, who sang the part of the widow, performed with both force and grace. Her voice projected in such a way that it filled every inch of the chapel, but she also sang with angelic elegance and poise. Mezzo-soprano Adriana Zabala sang that part of the angel and the alto arias. She sang with such a sweet sound that when she sang "Woe unto them who forsake Him! Destruction shall fall upon them," it made even the violence and melancholy of the text utterly appealing.

Tenor Robert Bracey's voice soared as he sang the part of Obadiah in the work. His remarkable voice added a refreshing brightness to the overall dark color of the work. Baritone Richard Zeller sang the part of none other than Elijah himself. Zeller sang some of the finest aria performances of the oratorio. His warm tone and overwhelming expression captured both the heroism and desperation of Elijah's character perfectly.

What qualities the four soloists possess alone were only magnified and strengthened when they sang together. At one point in particular, Nafziger, Zabala, Bracey, and Zeller sang in an acappella quartet only accented by orchestra. It truly showcased the immense talent of the four singers as they blended

beautifully, while still maintaining their own individual charms.

Not all of the soloists and small ensembles were professionals, however. Caroline Ogle, a sophomore at Rollins, sang the part of the youth in Part I. She wowed the audience by singing with the maturity and mind-blowing sound of a professional at the mere age of 20. Ogle returned as a part of a sextet later in the work, which also included Rollins students Esther Fraser, Leslie Newport, and Shannon Ryan, plus Krystal Nowak and Lauren Lester.

The Bach Festival Choir and Orchestra will be back in the chapel on December 11 for their annual "Holiday Choral Masterworks" concert. Rollins students, as always, get in free by showing their R-cards.

Before Punk Was Ever Pop Music The New York Dolls Were Making History

by Angela Gonzalez

the sandspur

In this day and age, the music scene is dominated with fresh-faced youngsters where nothing more than model looks can propel you to the top of the charts. But before the Good Charlottes and Green Days, the New York Dolls were there, giving punk music a name before it even had one.

Last night, they came to the House of Blues to prove that they can still do what they did so well back in the 70's: rock.

Back in 1971, the New York Dolls formed in the bowels of New York City. They played regularly at the cornerstone for American punk rock, down on Bleeker and Bowery, CBGB's, in the midst of such legends as Blondie, The Ramones, and The Patti Smith Group.

The Dolls original drummer Billy Murcia died in 1972, while they were on tour in England, and was replaced by Jerry Nolan. As a result of the common ailments of a music career: drugs, alcohol, and inflated egos, the band broke up in

1977 to pursue other things.

Lead singer David Johansen and guitarists Sylvain and Johnny Thunders, along with Jerry Nolan, all went on to spawn solo careers. Thunders and Nolan formed the Heartbreakers and found success, but both died tragically in 1991.

With only two of the original members, the New York Dolls took the House of Blues by storm and provided classic punk rock to a motley crowd of young and old. All glammed up, Johansen pranced about the stage with a Mick Jagger-esque swag-

ger.

They certainly resembled the Rolling Stones as they fired out such classics as "Jet Boy", "Trash", "Personality Crisis" and "Puss 'N' Boots." Current guitarist Steve Conte injected some screeching solos from two of the most beautiful guitars I've ever seen: both Gibson Les Paul Customs.

Considering the elderly status of the Dolls, I didn't quite expect such a high energy show. There were teenagers alongside adults who had dusted off their studded jean jackets and

hip-hugger jeans, and all were pumping their fists in the air and dancing along to the music. The crowd even broke out into some mild moshing at one point during "Jet Boy." After the band exited, they came back out for an encore and played the crowd favorite "Human Being." Then the entire band took a bow before exiting for the last time.

Overall it was a glamorous affair. Although the days of the CBGB era are numbered, for one evening the New York Dolls kept the punk rock glam alive.

Masquerade Attendees Transcend Time

by Jami Furo

the sandspur

On Friday, October 28, the Rollins Role Playing and Gaming Society (RPGS) hosted a masquerade ball in celebration of Halloween in the French House. The event, which took place from nine p.m. to one a.m., was patterned after a traditional masquerade ball. Those attended were encouraged to either dress in costume or in formal wear, and, of course, masks.

The masquerade, however, also contained an element of role playing, reminiscent of the organization's purpose. A cast of eight

unique characters attended the masquerade and mingled with the crowd throughout the night. They improvised their parts and only prepared a basic outline of their characters' personalities and a general story line. Each character contained pronounced and exaggerated personality traits, and they interacted with each other and with the attendants of the masquerade according to their own characters' traits.

In the story that goes on throughout the night, the ceremonial mask becomes missing, and everyone is a suspect. Eventually, it is discovered that the butler and

the board of trustees conspired together to take the mask.

The story was not like a typical play, however, except when the characters are in front of the crowd performing for them. The characters mixed in with those attending the ball, making everyone a part of the story. While only eight of the people at the masquerade were in character, all became involved in the story because of the format. Like a traditional masquerade ball, there was an unmasking at midnight. Much like New Year's Eve, there was a countdown until midnight, when everyone then re-

moved their mask.

Atypical of traditional masquerades, however, was another event that took place at midnight. After the masks were removed, "Time Warp" from the "Rocky Horror Picture Show" came over the speakers, and the crowd performed the dance, along with the music.

In addition to "Time Warp," the ball featured a variety of music. The music was intended to fit the mood of a traditional masquerade with somewhat of an eerie, circus feel. The play list also included traditional Halloween favorites like the "Monster Mash"

and "The Addams Family Theme Song."

The Role Playing and Gaming Society typically organizes role playing games, including live action role playing and table top role playing games.

This masquerade, in part, was a venture outside usual activities for the club. "Hopefully," says Becky Adams, sophomore and president of the Role Playing and Gaming Society, "the point of the masquerade is to put ourselves out there to the rest of campus and prove that we're not just a bunch of dorks that sit around and roll dice all the time."

A Healthy Diet Can Boost Energy Levels

by **Rochelle Siegel**
the sandspur

After a long day of classes the first thing most students want to do is jump into bed, but napping is not always the best thing to do in the middle of the afternoon since it disrupts nightly sleeping patterns. It is hard to study though when the feeling of exhaustion slowly takes over.

A proper diet can definitely contribute to a good energy level and better health. It all starts in the morning, don't skip breakfast. A light meal is the ideal wake-up call for the brain. After being asleep for 6 to 8 hours the brain and body need a new supply of glucose (blood sugar).

For clear-headed thinking and sustained energy, eat a combination of carbohydrates, protein and fat—like a bowl of cereal with low-fat milk and a banana. Instead of eating just three large meals a day it is better to eat several small meals. A steady supply of nourishment prevents the laziness that is brought on by low blood sugar.

Eating about every three hours can help a person stay on track. Keeping the me-

tabolism working produces more energy in the body causing a person to feel more energized.



COURTESY OF KRT CAMPUS
EATING FRUITS: People of all ages are beginning to include more fruit in their diets.

Iron-poor blood can cause a person to feel exhausted after minimal activity, like walking up a flight of stairs or just walking across a college campus.

A moderately active woman should consume at least 18 milligrams of iron daily. If a person has low levels of iron in their body then will end up suffering from chronic fatigue. Kidney beans, spinach, lean beef, pumpkin seeds, and canned salmon are all good sources of iron.

Foods that contain dietary fiber make their way through the stomach slowly, helping you feel full and energized longer. Try eating apples, pears, strawberries, dried figs, Brussels sprouts,

baked potatoes with skin, bran cereals and oatmeal. A sprinkle of oat bran or wheat germ over yogurt, salads or desserts adds vital B vitamins as well as fiber. Try counting in at least 20 grams of fiber daily.

Water; never leave home without it. Starting the day with a full 32-ounce or one-liter bottle of water that you carry with you helps you keep track of your water intake and also serves as a reminder to drink. Dehydration can cause fatigue and poor performance of daily activities.

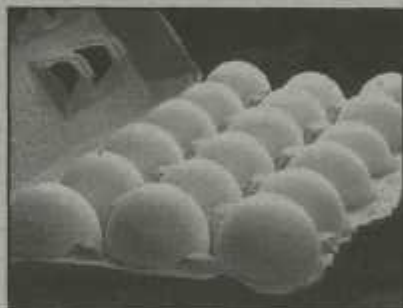
Three common minerals—sodium, chloride and potassium—are collectively known as electrolytes. It is very important to always keep current on your electrolytes. When a body lacks certain electrolytes a person can feel extremely drained of energy, light-headed, or even unable to focus.

They get their name because they transmit electrical currents in our bodies. Their job is to maintain the water balance in cells and to help muscles contract and reflex. As a person sweats during a workout, their body loses small amounts of electrolytes, mostly sodium. This is where bottled sports

drinks come into play. Their mix of salt and sugar helps to renew your strength and energy.

Eating natural foods such as whole grains instead of processed foods is important not only for overall health but also to maximize energy levels.

Protein is important to include in a daily diet because it is broken down into amino-acid during digestion. One amino-acid, tyrosine, increases the production of the chemicals that are also released when you are under acute mental physical stress and are well known for their ability to increase levels of alertness and energy.



COURTESY OF KRT CAMPUS
NEED FOR PROTEIN: A good way to stay fit and energized is to eat protein.

There is no need to starve your body. When calorie intakes become too low it can cause you to feel extremely tired and result in

poor mental functioning. When people start skipping meals they slow down their metabolism, thus creating less energy. Keeping pick-me-up snacks on hand is a good idea. Healthy, well-planned snacks can "add zip when you're zapped."

Smart snacks are dense with nutrients, especially carbohydrates, and light on calories, usually no more than 250. Veggie sticks such as carrots, peppers, celery, and zucchini with a low-fat dip work well. Yogurt and fresh fruit are also good.

When looking for energy there are certain foods to try to avoid. Cookies, baked goods, candy bars, sodas and fruit drinks are loaded with simple sugars that cause a quick energy boost and, because of rising insulin levels, just as quick decline, often leaving you more drained than before.

Caffeine also is only a short-term solution, it can also have a negative rebound effect. Caffeine habits should try to be slowly eliminated from a person's diet, so a person can get in touch with more natural energy levels.

Stay on top of a healthy and balanced diet to stay energized throughout the day.

Getting to Know Rollins With Rollins R-Journals

by **Lori Lipkin**
the sandspur

Wow, I just finished reading one of the most interesting additions to the Rollins site, full of great information about Rollins living and interacting that I could have ever asked for.

What I know so far is that this is called R-Journals which is a program developed for students, by students.

When you go to the home page and click on the arrow for 'Search Rollins' and go down to the R's, click on R-Journals.

When the page appears you will be given pictures of five first year students who share through journal type entries about what it is really like to be a Rollins student.

This is the perfect way to highlight those intimate details no one else tells you about and first hand experiences of what to expect, where to go, what is available to do.

Throughout the journals are connections to the

places, programs, other Rollins tidbits talked about with pictures and more information.

I love Rollins, have always loved it since I first came to stay with my brother in Lyman Hall in the early eighties. It used to be the Theater Dormitory!

From having the experience of staying in his dorm for weekends at a time and really being able to experience the parties and the places to hang out and meet people, I was able to learn a great deal about the aura of the college.

These R-Journals really do the same. Each student shares their take on what is good, better, and sometimes worse on campus. It is all their first hand experience of what goes on on the campus.

But the best part is you can ask questions directly to the person who you are getting information from and about. It is the place to go to find answers on anything that has to do with student experiences on campus. There are e-mails available

at each person's journal entry; open to comments and questions.

With all of my own research into the rich history of Rollins this has been an awesome eye opener to the present history being created.

This is truly a virtual experience into the world of students who live on campus and what they are afforded as well as what they would change. They offer their views and opinions on the changes that take place on campus and in their lives throughout the semesters.

A good portion of the entries revolve around describing what it is like being a freshman staying on campus at Rollins. The entries are all about the first year from beginning to end.

Sure, most of us have more than enough to read about and many have already established opinions about Rollins whether on campus or off.

But this seems like a great way to get to know the necessary details, the ones most of the adults, parents

and staff, don't know or care to know about.

Most newcoming freshman do not know exactly what to expect when stepping out of their house and into the college environment for the first time, but this is a way to get them more ready for college so it will not end up being a complete shock.

Most college booklets do not give highschoolers the inside scoop of what actually goes on around campus, but this is a way for students to get that firsthand experience.

This provides a connection to someone to talk to about many topics when first arriving, and it gives prospective students pretty much everything they may want to know before deciding on a college.

As you read the entries you are given a tour of the campus without realizing it. You are also given a history lesson that can become valuable information if you are the one who has it!

I believe that through reading only a few entries of each student that I have

been given a better session of information than in any other officially provided production.

Each entry brings you to new places to learn about the Rollins College experience, the culture, and the options available.

You begin to wonder if you will ever finish learning - a deal clincher to many!

As small as it seems to be, Rollins has layer upon layers of depth when it comes to a well-rounded experience but with a nice addition: a classy campus, unbeatable weather most of the time, and upper-echelon expectations to become your best.

As I continue to read the different entries I am given more information that I otherwise may not have learned about.

I advise perusing each student and reading at least one or more entries of each. They actually are very good informational sources. Then you can e-mail each of them or a main e-mail address to comment on your experience.

McDonald's Nutrition

by **Rochelle Siegel**
the sandspur

Due to pressure from many health advocates in the United States, who increasingly blame fast food for America's expanding waistline, McDonald's says that it will now begin to provide information about the nutritional content of its food. This is McDonald's latest push to improve its image in health issues.

The CEO of McDonald's, Jim Skinner, says that the company will begin placing easy-to-read charts on food wrappers and packaging, listing calories, fat, carbohydrates and sodium. The new packaging will be introduced in North America, Europe, Asia and Latin America starting in the first half of 2006.

McDonald's has been blamed for the unhealthy nature of Americans, especially after the 2003 documentary "Supersize Me," which focused on the health risks of an all fast-food diet, and then hit the company with a lawsuit blaming the company for obesity of teenage customers, that suit was later dismissed.

Michael F. Jacobson, executive director of the Center for Science in the Public Interest, called it "a useful step" but said McDonalds could probably do more.

He wishes that McDonald's would distinguish between the different types of fats, such as trans fats and saturated fats. If Americans knew the differences between these types of fats then they would be able to reduce their risk of heart disease.

Most of McDonald's food is very high in saturated fat and trans fat because it is all fried in a partially hydrogenated oil blend of course. McDonalds has refused in the past to reduce and ultimately eliminate the

trans fats in its cooking oils.

Many hope that soon McDonald's will soon begin to go towards making the healthier foods.

McDonald's customers should know that the delicious quarter-pounder with cheese has 730 calories and the Sausage & Egg Biscuit contains nearly half of an adult's recommended fat for the day.

People can find the nutrition information already in McDonald's restaurants, listed in brochures, or it is also available on the company's website. And McDonald's is not the first fast-food restaurant to list the nutritional information for their food. Subway restaurants have a chart listing the nutritional data of their sandwiches at the counter, where customers place their orders.

However, Subway uses these nutritional charts as a marketing tool, since their food tends to be significantly lower in calories and fat than the typical fast-food restaurant.

It does seem more effective for restaurants to place the nutritional information on menu or counter so that people can read the information before they order. "A far better step would be to provide calorie counts right on the menu board, so consumers would have that one critical piece of information before they placed their order," Jacobson said.

Skinner believes that by putting the nutritional information up on the menus at McDonald's could end up slowing down service. He feels the packaging will work.

McDonald's claims that its food can be part of an active, balanced lifestyle. Daily eating habits may change once people see nutritional information on food.

No Grades in College?

■ An inside look at an alternative way of running the college grading system.

by **Nicole Fluet**
the sandspur

Ever wondered what college would be like without grades? Ever sit around while studying and wish grades were not important? Recently, a number of colleges have adapted a different system of grading, where grades are less important, and education is the highest emphasis.

At New College of Florida in Sarasota, for example, students are "graded" at the end of the semester with a grade of between one and three. This way, more focus is put on how much they have learned, rather than how they can take tests. They also do not put focus on credit hours, but rather, "mastery of the subject," according to NCF's Dean of Admissions, Jake

Hartvigsen.

At Evergreen College in Olympia, Washington, students are given written assessment evaluations at the end of the semester, rather than grades, which is quite similar to the approach taken by New College. This is meant to focus more on the individualistic personality of the student and the growth of that student throughout the course of the semester.

In this new form of grading, there are "no multiple choice tests, no 500-person lecture classes, no graduation honors, and no cram sessions the night before," says msn.com researchers. Discussion-based classroom styles and "boatloads of faculty attention" are what this new system is all about. Evaluations at the end of the semester are a reflection of the growth a student has made, and how much they have learned, rather than the traditional testing style. This forces the student to focus on learning, rather than memorizing.

However, there are drawbacks to this type of grading. Since the evaluations replace grades, grad schools will be forced to read pages of evaluations rather than viewing the normal GPA or list of letter grades. On one hand, as msn.com has found, "last year The Wall Street Journal ranked the New College of Florida as the second-best public college or university in the country for sending grads to the nation's leading law, medical, and graduate schools." On the other hand, students fear this new system will cause grad schools to turn their heads at the detailed evaluations. Tradition, they have found, is hard to break free of.

It all comes down to the style that suits a student's individual needs. Since every student learns differently, we are forced to find a way that fits us the best. Whether it be the traditional test and grade system, or the new discussion and evaluation form of grading, college is a place to learn and have the best experience possible.



EVERGREEN COLLEGE: Evergreen professor Peter Bohner, left, and his students discuss course work in Political Consciousness and Social Movements.

What's On the Art Up and Up?

The 27th Annual Christmas in the Park!

Hosted by the Morse Museum of American Art

Thursday, December 1, 2005

The tradition continues with the lighting up of the Morse Museum's Tiffany windows and the sponsoring of the concert performed by the Bach Festival Choir. This celebration has been held for twenty seven years and will continue through Saturday the 24th when the museum opens up to the public for an annual open house from 9:30am to 4pm. This once a year momentous occasion is not one to be missed!



PUT A SMILE ON: Laughter comes freely to Tamelia Cormier in the workplace at a McDonald's in Seattle.

Best Places To Experience A Ghostly Sighting

by **Erika Batey**

the sandspur

Halloween might be over, but for some people this does not mean an end to seeking out ghosts.

Mankind has believed in ghostly sightings for hundreds of years. For those who did not experience the phenomenon, however, proof was always wanted. It wasn't until the invention of photography and recording devices (both audio and video) that tangible proof was possible.

Are they definitive proof? Of course not, since photos and recordings can be hoaxed, and many are open to interpretation.

In many photos where ghosts have later appeared, the pictures were taken of objects and the ghosts or apparitions were there unexpectedly.

In a recent Gallup poll, it was found that 38 percent of Americans believe in the existence of ghosts. But how does one see a ghost? Many people claim they have photographic "proof," but many of these turn out to be hoaxes, or the result of a camera strap or scratched lens.

How certain can anyone

truly be of the presence of a ghost?

People who call themselves ghost hunters claim that you have to believe in ghosts in order to see them. They have turned the phrase "seeing is believing" around into "believing is seeing." While this deepens the belief of those who already believe in ghostly spirits, skeptics see this as a problem that adds to their doubt.

"If you go in to a place that's supposed to be haunted, you're tuned up [to believe] already," explains world-famous skeptic James Randi. He has promised \$1 million to anyone who can show evidence of the supernatural under controlled circumstances. So far no one has won the prize money. Yet, for those who do believe, ghost hunting is a serious endeavor. Beyond just believing, ghost hunters have various methods to see ghosts.

First, it is important to know what you are looking for. Contrary to popular belief, ghosts "are not fragmented souls cursed to roam the land. They're here by choice," says Dave Oester of the International Ghost Hunting Society. They also rarely look like see-through people. Ghost

hunters say that, in motion, ghosts look like strands of vapor called ectoplasm. Standing still, they resemble balls of light. Sometimes they can even resemble shadows.

Once you know what you are looking for, ghost hunters say you need to look in the right places. "A cemetery is a good place to start—especially an old one," Oester says.

He recommends bringing a tape recorder, and turning the volume up high to record any cemetery noises. However, it is not always necessary to go as far as a cemetery. Oester says that most homes are haunted. Around new and full moons is the best time to listen for strange voices and events, because it is during this time that geomagnetic fields are at their strongest.

Ghosts also absorb heat, which can be picked up by infrared thermometers and infrared night vision camcorders. Nevertheless, these tools do not sway the beliefs of skeptics. James Randi calls tools useless for proving the existence of ghosts. "It's like proving the existence of Santa Claus by measuring chimneys," he says. Some chimneys might be big enough to fit a man resembling Santa Claus,



COURTESY OF KRT CAMPUS

WALKING AMONGST THE DEAD: Cemeteries are among the best places to experience paranormal activity.

but that does not mean he exists.

"For every thing that supposedly proves there is a ghost," Randi says, "there's another explanation for it." There have been several cases when he has proven the non-existence of a ghost. He once stayed in a castle in Scotland where nightly bumps and noises were said to be the rattling of a ghost. Randi traced the noises back to a loose water pipe. "They were a little disappointed [that] I removed their ghost," he said. He also refutes recorded cemetery noises, saying they could be from other people wandering

in the area or AM radio broadcasts that are sometimes picked up.

Whether believer or skeptic, many people have said that the possible existence of ghosts adds mystery and interest to life. Ghosts have always played major roles in historical accounts, literature, and popular culture. Just as the belief in Santa Claus makes Christmas more fun, the belief in ghosts provides a comfort of life after death for some people.

What is ultimately important is to keep an open mind and to keep asking questions. Happy ghost hunting!

Discovering the Mysteries of the Planet Venus

by **Sophia Koshmer**

the sandspur

Many ancient civilizations as early as 1600 B.C. have kept detailed records on the planet Venus showing a great interest in its bright and cloudy surface. However, little interest has been shown in the slowest revolving planet in our solar system with only three missions dedicated to its study to date.

However, The European Space Station has now decided to launch the cleverly named, "Venus Express Satellite" which is filled with instruments to take such measurements as temperature and surface to search for magnetic fields and other speculated happening within this mysterious planets boundaries. This satellite will basically bounce radio waves off of the surface of the planet to take pictures and measure such information.

It is said that Venus resembles early Earth before its "evolutions" and may hold the key to existing life on other planets. This information is also hoped to

be included in that which will be gathered by the satellite over a two year period. Interestingly, this "young Earth" is a far cry from the typical status of the Earth as we know it.



COURTESY OF NASA

Venus is covered in thick, dense clouds which are 40 miles thick and its surface is so dense that it is equivalent to 3,000 feet of water on Earth. In Layman's terms, one of human physiological make-up would be crushed if venturing upon the Venus atmosphere.

The temperature on Venus is unlivable at a massive 860 degrees Fahrenheit due to the 95 percent carbon dioxide which soaks in the suns heat and radiation. Winds in Venus' atmosphere can equal up to 200 miles per

hour and because of the density of the planet would be like being hit by a truck.

Venus has been very lucky in that it is a very young looking 4.6 Billion-year old, appearing only about 500 million years of age. This is speculated due to a lack of craters on the planets surface in comparison to other planets about its age. Rotating counter-clockwise the years on the planet Venus are inhumanly long, equaling about 243 Earth days. It has been suggested by scientists that an asteroid may have been the cause for this massive slow in planet rotation sometime in its years of existence.

The "Venus Express Satellite" is expected to be launched in the near future and will take approximately less than a half of a year to reach the planet. It is very strange that there have been so few missions to a planet that could possibly harbor life in its clouds, as is explained by CNN reporter, Bjorn Carey. But it is felt that a deeper exploration than simply orbiting the mysterious plan-

et is in order if we want to have a greater understanding of it and to an interest in finding life within its dense, cloudy atmosphere.

Perhaps this will be an endeavor in the near future as well with the age of science and space exploration at hand. Such new mone-

tary interest in the space program over the past years should definitely jump-start research on such important contributors to exploration as Venus. Thanks to such programs the mystery which lies within her bounds may soon be resolved.



Calling all future Public Relations Professionals!!

Want to learn how to write a professional resume?
Want to meet contacts that could lead to your future employer?
Are you a student that wants to be involved in the Rollins College student body?

If this sounds like you, you should join

Communiqué

Next Meeting Date: Tue. Nov 8, 2005
Location: CSS230
Time: 5:30- 6:30
Join us for refreshments and pizza.

Questions? Email rollinscommuniqué@hotmail.com

Ask The Fox!



Dear Fox,

I've been having dreams about an ex boyfriend of mine for about two weeks now. At first he was just popping up the background of my dreams, but now the entire dream is about him. I dated this ex for about 2 years a long time ago, and we had a messy breakup. Now, I'm dating someone else who I'm madly in love with. I consider my ex my first love, but I don't love him like that anymore. The latest dream I had I was calling this guy my ex boyfriend, but it was really my current boyfriend. I'm so confused as to what this all means. Are dreams something I should be worried about? I can't stop having them! Help!

~Dream Weaver

Dear Dream Weaver,

In my personal opinion, dreams are everything you set aside in the back of your mind, and didn't fully address, slammed into one moment or vision. Dreams are a combination of everything we didn't want to think about, didn't think about enough, or didn't realize we had come across, all rolled into one. That's why they're so confusing. However, that is just my opinion.

Did you recently see something that reminded you of your ex boyfriend? Did the date of your "anniversary" pass? If you consider this guy to be your first love, you will love him forever, just in a

different way. True, real love lasts forever, whether in one form or another. So, somewhere buried deep in your heart is a special spot for this guy. Every time you find someone that reminds you of him, it's going to bring up memories that you thought you had forgotten, but you had just placed in the back of your memory.

The last dream you spoke of, the one where you called your new boyfriend by your old boyfriend's name, could be your mind's way of telling you that your ex was your old love, but now this new guy is your current love. It could be your heart's way of working it all out.

If you're really concerned about these dreams, talk to your current boyfriend about it if you think it wouldn't freak him out. Talk to him about it and see if he can help you work through it. However, if you don't feel like you can talk to him about it, talk to a close friend. Bounce the specific dreams off of them and see what they say about it. Sometimes hearing others give an explanation, really makes something click.

Remember, dreams are just dreams. You can't help having them but you shouldn't feel guilty for them either. Let these dreams run their course and try not to stress too much. You know you love your current boyfriend, and that's what matters!

~Daisy Fox

The Fox returns to answer this weeks social and relationship questions from Rollins students. If you have any questions that you would like The Fox, to answer, then send an email to fox@thesandspur.org

Hollow-ween in the UK

■ **London Times:**
A look at the holidays in the UK that are different from America.

by **Lara Bueso and Jessica Estes**

study abroad columnists

Expecting to brainstorm for days for creative costumes to adorn for Halloween, we were incredibly disappointed on All Hallows Eve abroad. We were truly spooked to find no one dressed in costume. In fact those running through the wet streets Monday night in tutus, fairy wings, and witch hats were clearly Americans just as surprised as we were.

Thankfully they redeem themselves for the inadequacies with this holiday over the next two weekends with the ever-popular Guy Fawkes Day and the Lord Mayor's Show.

Commemorating the capture of Guy Fawkes, a Catholic revolutionary who attempted to blow up Parliament and the King, the British gather around bonfires and marvel at a sky full of fireworks on 5 November.

After the death of Elizabeth I, her successor James I claimed the throne. Many expected that he would return the motherland to a Catholic country, especially since his mother was a Catholic. Instead, James I was just as intolerant as Elizabeth in terms of persecuting Catholics. This inspired thirteen young men to create

the infamous gunpowder plot, attacking the government with violent actions.

The terrorists/revolutionaries collected 36 barrels of gunpowder, stored them in a cellar under the Houses of Parliament and prepared to take over the government. Just one problem; in an attempt to save the few remaining Catholic members of Parliament, they wrote a letter warning some to stay away from Parliament on 5 November. This letter was immediately taken to the King and the gunpowder plot was thus exposed. Guy Fawkes was caught in the cellar with the barrels and was subsequently tortured and killed in the Tower of London.

Parliament set alight bonfires to celebrate the saving of the King and his government - and the tradition has continued since 1605. Today, thousands of people gather to watch extensive firework displays, dance around bonfires and drink to Guy Fawkes. The irony is that people have yet to discern whether the British celebrate the capture and execution of Guy Fawkes or his attempt to dismantle the government.

The November festivities do not end there. The annual Lord Mayor's Show is one of the oldest and most renowned holidays in London. The name refers to the mayor of The City of London, a small historic area that previously defined the entire city (now it houses the financial district). The pa-

rade celebrates the inauguration of a new Lord Mayor, which was once one of the most prominent positions in England. Today the title is mostly symbolic with the administrative duties being carried out by the elected head of the Greater London Authority.

On the day of the inauguration the Lord Mayor makes his way from the City of London to the Royal Courts of Justice in the City of Westminster. Elaborate floats, bands and military groups accompany the Mayor on his route through the city. Along the way he stops at St. Paul's Cathedral to receive a blessing from the Dean. Then upon arriving at the Royal Courts of Justice he takes an oath, swearing his allegiance to the crown.

The event is held on the second Saturday of November. The three mile parade route takes about four hours to complete, beginning around 11 am and ending around 3 pm. The festivities, however, last all day. Fireworks conclude the celebration later that evening.

Despite the fact that Halloween officially began hundreds of years ago in the UK and Ireland, the holiday has since dwindled into virtual extinction. While some children still trick-or-treat, adults and college students do not enjoy the freedoms of costume or the deliciousness of candy. Hopefully these historic festivities will make up for our disappointment in the lack of candy on Halloween.

Psychology Speaker:

Dr. Richard

Wednesday, November 9, 2005

@ 6:30 pm - Everything you need to know about graduate school in Psychology!

@ 7:30 pm - All the help you need with graduate school issues!

Where: Bush 151

Great for students who need questions answered or who are interested in going to graduate school for Psychology eventually!

Week Ten in Photos: Spring Break Part 2



QUAD BIKING: Karina McCabe and Arial Harrington, '07, pose for a photo.

Everything seems to be going well so far on spring break. The trip to the Daintree Rainforest and Cape Tribulation for the first weekend was a perfect way to recover from midterms in time for the full-packed week that lay ahead: white-water rafting, quad biking (ATV's), three days on Fitzroy Island, and meeting more Australians.

Thankfully, even though we only met few Australians, most of the tours we took were comprised of non-Americans, so we had an opportunity to meet so many people from all over the world. Over the first weekend alone, I met people from South Africa, New Zealand, Canada (hey, it still counts as a different part of the world!), England, China, and Australia (okay, that was just the tour guide, but I think I will count that too!). In addition, by just traveling in a group of two for the first week of our spring break, Arial and I were able to meet

considerably more people than when we traveled with a larger group of Americans for the second week.

When other backpackers heard our accents, they told us they were surprised Arial and I chose to travel minus the mob, and that they tend to avoid Americans during their travels because, appar-

ently, Americans tend to travel in large, cliquey groups and never venture beyond their own friends. I thought this odd at first because most of the Rollins group traveled in groups of one to a maximum of four for spring break, but later in the trip, I discovered what the other travelers meant.

On Monday, Arial and I went white-water rafting with the same company, Adventure Tours, that we traveled with for the weekend. Starting at six a.m., we boarded a coach for a two-hour drive to the grade four rapids Tully River. This is an entirely new experience for me, and I had absolutely no idea what "grade four rapids" meant, but I felt pretty brave after trying horse-riding for the first time this weekend too, so I figured I would just hope for the best!

Evidently, there are six grades for white-water

rapids, with the sixth being only for the suicidal and the fifth is for the experienced rafter who likes a good challenge. I really wish I had not read that right before getting into the raft...this does not sound like the grade below this is going to mean something to the effect of "for the total beginner who avoids swimming because she hates putting her face under the water."

The next five fantastic hours were spent in a six-person raft with a guide, "Dangerous Dave," traveling down rapids with names like "staircase," "foreplay," "devil's toilet bowl," "killer tide," and other names that I doubt the new Rollins internet censorship police deems acceptable for the online version...

We survived the rafting trip only to collapse into bed to prepare for the next adventure sport day: quad biking.



This did not sound quite as strenuous as the previous day; however, after not driving for several months already, trying to operate an ATV without power steering over sand dunes and navigate through the rocky terrain around the borderline of the rainforest was slightly more challenging than anticipated. Two-hours and several rammed trees later, Arial and I were quite accomplished and unwilling to part with the bikes because we realized we still had another six weeks left until we could drive cars again.

Of course, riding around in coaches for this trip, and even traveling around Sydney by public transportation, has its advantages. Beyond the obvious environmental benefits, there are personal benefits too, including not having to find parking, never having to worry about filling a gas tank or maintaining the car, and also having time to read or sleep while traveling instead of fo-



KARINA MCCABE/The Sandspur

MILD TO WILD: Karina and her friends gear up to go on an authentic Australian Tour!

cusing on the road. I miss driving on the interstate with the windows down and music blaring, but I think I would easily swap that for the convenience of mass public transportation. In our politics and economics class, we debated environmental economics, and one issue discussed suggested the feasibility of funding free public transportation in large cities, such as Orlando. This would alleviate traffic and pollution problems in general, as well as enabling more people access to transportation. I am not entirely sure how this would work, but it is an interesting solution to Orlando's problems.

Speaking of avoiding environmental damage, Arial and I spent the next three days on the tiny, beautiful island of Fitzroy, a national park where the only tourist transportation around the island is by foot, snorkel fin, or kayak. Here, we hiked, sunbathed on almost deserted

beaches, joined a kayaking tour, and Arial also snorkeled (white-water rafting was one thing, but intentionally dunking my head under the water is another) during the daytime. Since the privately owned island is so tiny, with only accommodation, a café, a gift store, and a Tiki bar, everyone on the island gathered at the latter in the evening. This gave us a perfect opportunity to meet tons more people from other countries, including Norway, Wales, the Czech Republic, and even some Australians for a change!

We met a large group of American students traveling together also, but aside from talking to us since we were also from the U.S., they were reluctant to talk to other foreigners. Now we were starting to understand what the people on the first trip meant by generally avoiding American tourists. I think this is definitely a learning experience in itself-to experience local cultures, avoid traveling in large, touring groups, and especially avoid traveling in such a group with people from home.



KARINA MCCABE/The Sandspur

THE PERFECT VIEW: The dock at Fitzroy Port is friendly and welcoming as the group arrives back from their boat ride.



KARINA MCCABE/The Sandspur

HIKING AUSSIE STYLE: Hiking barefoot in the wilderness is just something they have to do.

Another Curse Reversed: White Sox win World Series against Houston Astros

■ Chicago White Sox win first postseason game since 1917 and win World Series.

by Juan Bernal

the sandspur

On September 19th, Ozzie Guillen and the Chicago White Sox were left for dead. They had seen their lead dwindle from 15 games on July 1st to 2 games on September 19. They were facing the prospect of blowing the biggest division lead in baseball history to their division rival Cleveland Indians who at the time was the hottest team in baseball.

On the last two weeks of the season, they were able to clinch the AL Central by sweeping Cleveland on the last week of the season. It was their first playoff berth since 2000, and everyone (including myself) was counting them out of their first round playoff series against the Boston Red Sox.

A little over the month ago, the White Sox faced the very distinct possibility of becoming dramatic chokers. Now they are histrionic champions. After surviving that late season scare, the White Sox pulled the Red Sox script from last season and "reversed a curse."

They won their first postseason since 1917, when there were no radio stations to listen to the World Series on, a postage stamp cost 3 cents and when Babe Ruth still played for the Boston Red Sox.

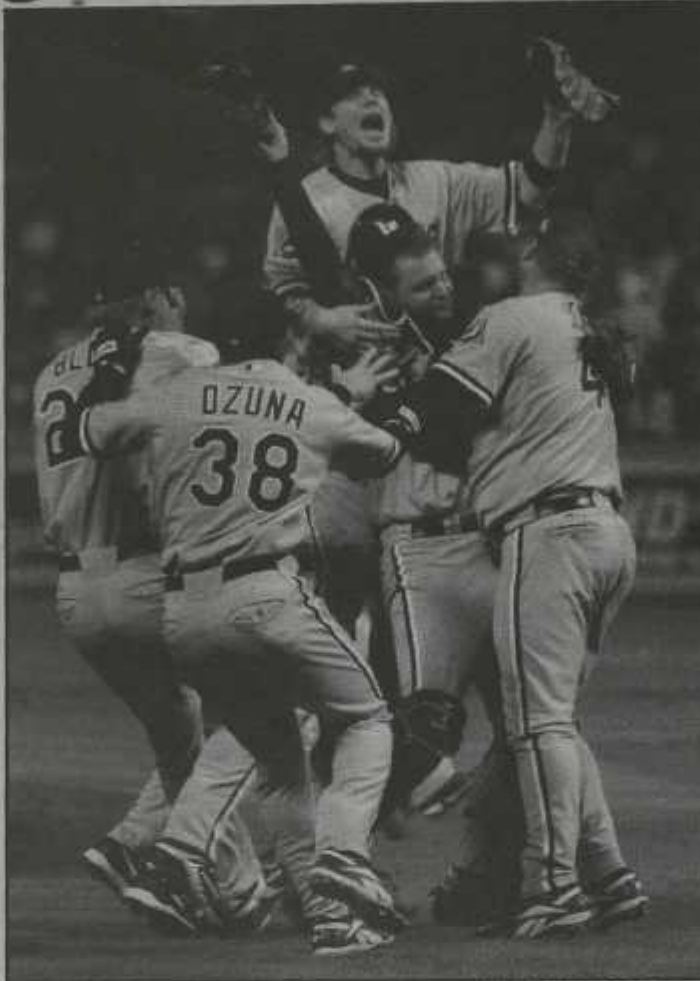
For 88 years, Chicago's southside had languished in anger and frustrations as the

White Sox were unable to win a post-season series much less win a World Series. But the White Sox wouldn't have won the championship without capitalizing off other teams' misfortunes.

Entering the postseason, the White Sox had won five in a row. Most of their everyday players were rested. The Red Sox meanwhile had to wait until the last day to clinch a postseason berth and didn't have their world championship swagger.

The White Sox took the first game 14-2. In the fifth inning of the second game, Red Sox second baseman Tony Graffanino committed an error that could send the Red Sox into 86 more years of peril. With a runner on first, Graffanino had a ball roll through his legs; much like Bill Buckner did in the 1986 World Series.

With runners on first and third, Japanese import, Tadahito Iguchi, smashed a 3 run homer into the left field seats which gave the White Sox a 2-0 series lead. In the seventh inning of Game 3, with the Red Sox down a run, they loaded the bases with nobody out. Manager Ozzie Guillen called on playoff veteran Orlando "El Duque" Hernandez. El Duque was able to force two pop ups and a strike out and the White Sox were on their way to face the Angels in the American League Championship



LOUIS DELUCA / KRT Campus

ANOTHER CURSE BROKEN: The Chicago White Sox celebrate after winning the World Series.

onship

The Anaheim Angels were a tired team heading into Chicago. In the past 72 hours, they played 3 games in three different cities. The White Sox were unable to take advantage of the Halos' misery and they lost their only game of the postseason 3-2 in Game 1.

The next night would be one of the most controversial nights baseball has ever seen. With two outs in the ninth, catcher A.J. Pierzynski swung and missed a strike three. Extra innings, right? Wrong. Thinking that the ball hit the dirt, Pierzynski instinctively ran down to first base and was called safe. The Angels were furious, and after the umpires conferred, the play stood and the inning continued.

Joe Crede then hit the game winning double to tie the series at 1. The White Sox would sweep the next three games in Anaheim behind complete game performances by Jon Garland, Freddy Garcia and Jose Contreras. It was the first such feat in championship series history.

It was onto the World Series and the Houston Astros. The Astros were a team whose road to the World Series was equally as dramatic. They

were led by an outstanding veteran pitching staff. They had ousted the Atlanta Braves in four games, including an 18 inning marathon which the Astros won 6-5. In the NLCS, they dominated the heavily favored Cardinals.

The Astros were the first team from Texas to get to the World Series. It was amazing, considering that on June 1st the Astros were 15-30. Lifelong Astro veterans Jeff Bagwell and Craig Biggio finally got to play in their first World Series.

In Game 1, the White Sox jumped hard on Astro started Roger Clemens. Clemens was ousted after just 2 innings giving up 4 runs and a bad back in the process. The White Sox held on to win 5-3, with most of the scoring

being done in the first four innings.

In Game 2, the lead switched hands frequently. In the bottom of the sixth inning and the Astros up 4-2, Paul Konerko hit a grand slam of Chad Qualls to give the Sox a 6-4 lead. The Astros tied it with 2 on and 2 out in the ninth after Jose Vizcaino singled off flamethrower Bobby Jenks. With one out in the ninth, Scott Podsednick, who had no home runs in the regular season, homered off Astros closer Brad Lidge. The White Sox won 7-6 and with the series heading to Houston, the White Sox were two wins away from the unbelievable.

Game 3 would be the longest game in World Series history lasting almost six hours. In the top of the 14th inning, unsung hero Geoff Blum homered off Astro reliever Ezequiel Astacio. The White Sox added an insurance run and held off a late Astro rally to win 7-5.

In Game 4, Jermaine Dye singled home the only run and Juan Uribe made some superb defensive plays and the White Sox had their first championship in 88 years. Jermaine Dye was named MVP of the World Series batting .438 with 1 HR and 3 RBI's. A big part of this championship run was manager Ozzie Guillen. He mentioned at some points during the season that if the White Sox won the World Series, he'd quit and run for mayor of Chicago. It was the second straight World Series sweep joining the Red Sox's 4-0 sweep of the Cardinals in last season's Series.

Soccer Season Finishes on a High Note

by Angela Gonzalez

the sandspur

Both the men's and women's soccer teams found success on the field over the Halloween weekend. These games were also the season closers for both teams.

On Saturday afternoon the women traveled to Lakeland, Florida to match up against the Florida Southern Moccasins. Also, for four seniors, Whitney Chamberlin, Laura Guild, Jordan Ward and Alexis Sutton, this was their last game.

Florida Southern collected the first goal of the game from the left side of the box

in the 15th minute. Rollins answered back with about 15 minutes left in the first half when Whitney Chamberlin put the ball in from a scramble in front of the Moccasin goal. Then five minutes later, Chamberlin scored again off of a pass from freshman Danielle Martin.

The Tars defense won out over the Moccasins offense only allowing four shots the entire game. The Tars offense also performed well collecting 12 shots for the team. There was no scoring in the second half so the game ended with a score of Rollins with two goals and

Florida Southern with one goal.

Unfortunately for the women, this season wasn't very successful and they end the season in sixth place in the Sunshine State Conference with a Conference record of 3-5-0 and 8-8-0 overall. The women will be back on the playing field again next fall.

The men's team on the other hand, has had a more winning season and has finished out the season in third place in the Sunshine State Conference. They went up against Florida Southern men's team later in the

evening. Senior Ryan Dodds scored first in the 17th minute with a pass from senior Ben Owen.

But the Moccasins sent their highest scoring forward to tie up the game. At the half, the score was tied. The second half initially saw scoring after Jon Gruenewald sent a cross to Chris Cerroni and put the game in Rollins hands.

Then again in 62nd minute, senior Daniell Robertson got the ball in front of Tres Loch who touched the ball into the Moccasin's goal. Obviously feeling the pressure, Florida

Southern put in another goal and attempted to take back control of the game. But shortly after Rollins sealed the game with another Cerroni goal assisted by Robertson again. The match ended and Rollins left victorious.

Once again the Tars led in shots 13 to 7. This game also was the 10th win this season which marks 8 years that the Rollins men have won 10 or more games in a season.

Their final season record is 10-5-0 and 6-2-0 in the Sunshine State Conference.

Ron Artest's Return: What the NBA Needs?

by **Juan Bernal**

the sandspur

You're lying down on top of a scorers' table, trying to calm down after being restrained from a shoving match with the biggest bruiser on your team's biggest rival. You're sitting there laughing the whole thing off with your teammates while everyone finishes restraining everyone. The next thing you know, an unidentified fan throws a beer cup at you? What do you do? Do you sit there and take it and let some dim-witted fan throw a beer cup at you? Or do you do what Ron Artest did, and go after the fan and stick up for yourself?

Resorting to taking the abuse from a fan isn't even an option. In those kinds of situations you're not even thinking about the future or the consequences that may result from fighting. Fighting is about sticking up for yourself.

Sure, all you critics that think Artest should be banned can sit there and argue that he should be banned, and that he is an embarrassment to the league. But that is after the incident. After he was taken from the stands, two fans

tried to fight him and he punched them both. What do you want him to do?

Take cheap shots from fans that had no business being on the floor in the first place. If anything is to blame for the whole incident, it's Detroit's security or lack thereof. They should have never let those fans on the floor and they should have immediately taken the fan who threw the beer into custody.

With Ron Artest making his NBA regular season debut on November 2, in Orlando, everyone will be willing to see whether Artest is a changed man. "Sure he made a mistake. The crap hit the fan with the Detroit incident. He's learned his lesson. I'm sure he won't get himself into trouble," says NBA fanatic Kenny Rowland.

Kenny couldn't be more right about Artest keeping himself out of trouble. Before the Detroit incident he was suspended for a total of twelve games in the 2003-2004 for a variety of incidents that involved flagrant and "dirty" play. After last season's incident, the Pacers struggled as a team. They were considered the Finals favorite out of the Eastern conference. They struggled

to a 44-38 record, and were ousted in the second round by the Detroit Pistons.

This season, Artest has emerged as a possible MVP candidate. That's why the Pacers organization chose to keep him, and not trade him or cut him. He spent most of his extended off-season honing his offensive skills. He also did whatever he could to keep his mind off the Detroit incident and stay focused on his return for the upcoming NBA season.

Michael Jordan likes him, despite the fact that Artest broke his hand. Larry Bird loves him despite the fact that he left the organization he ran in turmoil last season. Ron Artest is the epitome of what should be found in every competitor. He plays hard on every possession of every game; he sacrifices his personal well being for the good of his team and does whatever is necessary for his team to get a W.

Artest is what the NBA needs. Too many players don't play hard at some points in the game. Many players are too offensively oriented. What makes Artest a great player is that he can shut down any player in the NBA on any given night. Furthermore, Artest is one of



FRANK ESPICH / KRT Campus

WE SUPPORT ARTEST: A Pacers fan shows his support for Ron Artest following the Detroit Brawl on November 19, 2004.

the players in the whole league that can change any team's game plan.

The return of Ron Artest is not something for the rest of the NBA or its fans to take lightly. The events of November 19, 2004 are behind him, and he's gotten all of

those negative contraptions out of his mind. He has learned a ton and has even more than that to prove. He has the opportunity to win an NBA. But a large portion of Indiana's title run lays in the phrase: What would Ron do?

Cross Country Team Places Fourth at the Sunshine State Conference Meet

by **Juan Bernal**

the sandspur

The Rollins College men's and women's Cross Country teams both placed fourth out of five teams in the Sunshine State Conference meet at Central Winds Park in Winter Springs on Saturday, October 29th. With the meet pushed back a week because of Hurricane Wilma; the Tars were looking to post solid performances despite the absence of Coach Brad Ash. At 7:15, with the weather nice and in the low 60's, the men cranked it up with their 8K (8,000 meters) race. Florida Southern senior Tyrone Bell would be the story of this match. He took his second consecutive conference crown finishing with a time of 26:21. Junior teammate Eric Walker finished seven seconds behind with a mark of 26:28. As for the Tars, they were led by freshman Rob Hoffman who set the pace with 30:15 and finished 19th overall. Junior Whitney Wismar came 21st

overall finishing eleven seconds behind Hoffman. Sophomore Patrick Flynn, junior Karl Reicken and Freshman John Watson all placed for the Tars. As team the Tars accumulated a total time of 2:39:33, with 115 total team points.

Florida Southern took the title with 17 points. Tampa, Florida Tech placed 2 and 3 respectively and St. Leo finished 5 behind the Tars.

After the men's race concluded, the women's team took the turf to run their 6K (6,000 meters). The story of the race would be Tampa senior Allison Mascas who took her third straight conference title with a time of 21:56. She finished eleven seconds ahead of Florida Southern junior Jael Koech. As for the Tars, they were led by standout runner Kristina Aronson, who very well could win SSC Freshman of the year. She finished 9th overall with a time of 23:59. Sophomore Kristen Hechler

finished 18th overall with a time of 26:47. Others who placed for the Tars were freshman Kelly Rolfes-Haase, Junior Elizabeth Arthur, sophomore Monica Peña and freshman Salem Willis. As a team the Tars totaled a time of 2:14:02 and accumulated 93 team points.

with Florida Southern finishing a close second. Florida Tech finished third and St. Leo finished 5.

"Both the men and women did a great job of fighting through injuries and beating all the other non-scholarship teams. We were excited to find out that stand

ence runner Kristina Aronson qualified to run at regionals in St. Leo," said head coach Brad Ash. Good luck to Kristina as she represents the blue and gold in regionals this coming Saturday.

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Volleyball Team Shifts Momentum in Their Favor During Week of Play

by **Juan Bernal**

the sandspur

The Rollins College Volleyball team clearly had their best week of the season. Coming off a ten day layoff that included their big home match against Tampa, and their road trip to defending national champion Barry postponed, the Tars came in rested and ready to play some volleyball.

The Tars had the chance to build on the momentum that they built in the South Region Tournament and improve on regional (5th in the South) and conference mark (6, heading into the week).

On Tuesday, the Tars hosted the Florida Tech Panthers, who came in ranked 8th in the Sunshine State Conference. This was a huge game for the Tars, who needed a conference win to move up in the standings. To start the match, it was the Panthers who came in the aggressor and took advantage of the Tars slow start.

They won the first set 31-29, despite a strong rally from the Tars late in the game. In the second set the Tars got it together and won the second set 30-26. In the third set the teams split the first 26 points of the game. Then the Tars offense shifted into another gear, and used a 7-1 to dispatch the Panthers 30-23 and take a set lead. In the fourth set, it looked like the Panthers would force this into a winner take all fifth set, taking a 21-11 lead.

With the Tars' backs against the wall, that's when they found their A game. The Tars used their admirable offense and their impenetrable defense to build a 19-9 run and close out the game and match 29-31, 30-26, 30-23 and 30-28. The aforementioned Tars defense was tough as nails racking

up 84 team digs.

They were led by Julia Caner who had 21 digs. Kim Cline and Amy Barlow contributed 20 and 14 digs respectively. Offensively, the Tars had four players in double figures. Amy Barlow and Julia Caner each had 16 digs. Christina Reinders had 15 kills and Lorena Orlandini added 13. Freshman setter Lacey Malarky had 53 assists to pace the Tars offense.

Thursday night the Tars would make the one hour bus ride to Lakeland to face arch-rival Florida Southern. Florida Southern came with a momentum swing that would make famous physicist Isaac Newton jealous.

They were ranked 2nd in the conference, 10th nationally and had a 15 match winning streak. The Tars were looking for some revenge after the Mocs' handed them their worse loss of the season at home on September 21. The Mocs' also had won 19 out of 20 matches against the Tars. At the beginning of the match, the Mocs' raucous crowd was wild and ready for some action.

The Tars would quickly silence that crowd as they opened the match with some positive momentum, something they had struggled to do all season. They took the first set 30-27. In the second set, the Mocs' seemed demoralized from dropping the first set. The Tars took advantage and opened up with a 17-9 lead.

But it would only be a matter of time before the Mocs' got it together. They came back to tie the match at 26. This time opportunity wouldn't fail the Tars as they used a 4-1 run to take the set 30-27. With the Tars up two sets, the Mocs' gave the Tars a run for their money in the 3 set. The two teams traded



Courtesy of RCSID

IN THE ACTION: Alison North, Nikki Swift, Julia Caner, and Kim Kline all do their part to get a win.

points all set long with no team taking a significant lead. With the match tied at 30, the Tars were two points away. Once again, they took advantage of the opportunity. Two dramatic kills later, the Tars had arguably their biggest win in school history.

The win was significant for Tars coach Sindee Snow who is a Florida Southern alumna. The Tars were Julia Caner, who once again had double digits offensively and defensively. She had 14 kills and 11 digs. Kim Cline had 17 digs, and Lorena Orlandini had 11 kills, including the game ending kill.

Fresh off their big victory, the Tars would have to defend their stomping ground on Saturday for their doubleheader against non-conference opponents West Florida Argonauts and Flagler College. In their first match, the Tars faced the Argonauts, in what would turn into an epic knee knocker. The Tars overcame a flat start and won the first game 30-27.

In the second set, they were unable to overcome a huge letdown and the Arg-

onauts were able to take the second set 30-17. Coming out of the halftime locker room, the Tars reverted to their winning ways and took the third set 30-23. In the fourth set the Tars once again found themselves embattled in another tug of war. This time good fortune would not fall in their favor, as the Argonauts ended the fourth set on a 9-4 run and took the game 30-25.

In the high stake fifth set, the Argonauts used momentum they acquired in the fourth set and opened up with a 10-3 lead that had the Tars searching for answers. A late run by the Tars would not be enough and the Argonauts took the set and match 15-12.

The Tars were once again led by Julia Caner who had 21 kills and 10 digs. Offensively, Amy Barlow and Allison North had 14 and 13 kills respectively. Defensively, Kim Cline had 23 digs. Setter Lacey Malarky had another stellar performance pacing the offense with 56 assists. She also played a little defense and had 17 digs.

An hour and a half later,

the Tars would have to resort to splitting the days' matches. Their opponent would be NAIA Flagler College from St. Augustine. The Tars dominated throughout.

Coach Sindee Snow took advantage by resting some of her starters and letting some of her reserves get some well deserved PT (playing time). They cruised 30-25, 30-22, 28-30 and 30-16. Whitney Jones led four Tars with 16 kills. Allison North, Erin Kirkwood and Christina Reinders were also in double figures for the Tars, who as a team had 65 kills. Lacey Malarky had her third game of the week with a double double posting 54 assists and 11 digs.

The Tars improved their overall record to 21-9, and their conference mark to 5-5 which is tied for fourth. The Tars can be found in action this weekend as they host a pair of matches against Eckerd on Friday Nov. 4 and St. Leo on Sat. Nov. 5.

Come support your Tars as they make a final push to try to qualify for the regional tournament which is held November 17-20.

ROLLINS COLLEGE - CAMPUS CALENDAR

Friday 11/4	Saturday 11/5	Sunday 11/6	Monday 11/7	Tuesday 11/8	Wednesday 11/9	Thursday 11/10
Volleyball vs. Eckerd Alford Gym 7pm	Volleyball vs. Leo Alford Gym 7pm			Women's Basketball vs. Seminole Community College Alford Gym 7pm		

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