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The Sandspur

ROLLINS COLLEGE ■ WINTER PARK, FLORIDA

ARTS & ENTERTAINMENT

Sydney White premiered in theaters and featured several scenes from the Rollins College campus.

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OPINIONS

Rollins students go head-to-head over Universal Health Care Issues.

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SPORTS

Balls are bouncing as Rollins College hosts tennis tournament.

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THE STUDENT VOICE OF ROLLINS COLLEGE SINCE 1894

VOL. 114 ISSUE 03

www.thesandspur.org

October 1, 2007

Holocaust Survivor Speaks on Campus

Lindsay Siegel
the sandspur

Thursday September 20th, Elsie Azzinaro, Holocaust survivor, spoke in the Bush Auditorium about her traumatic experience as a teen during World War II.

Elsie Azzinaro was born in 1921 in New York City. Her father was Italian, so during the brim of the war in 1939, at age of 18, her parents returned their family to Italy. During this time as the war was beginning, Elsie and her father were taken away, her mother got to stay because she was a citizen of Italy. Her father and her were separated and taken to different camps. Elsie went to Auschwitz at age twenty-two.

Most people were taken from their jobs, families and life. The Germans "stripped" identities from those they captured, and also took away what they stood for. Cruelty among the prisons was displayed in public view. Authorities would strip a person of their clothing and personal belonging in front of hundreds who stood by and watched. A person's name was taken away and a number was tattooed to their arm. The German's were in control and thus "you become who they want you to be," said Azzinaro.

Elsie was strong and she knew that they could take anything they wanted, but not her faith. And definitely not her future hopes of getting out and reuniting with her family. She kept a prayer book in her clothes and she would pray that one day she would get out of Auschwitz. The certain jobs she had to do were manual labor including tasks such as peeling vegetables in dirty water, saw wood, chop wood and even pave roads. She couldn't even make friends because no one ever talked; "you might know them one day, but the next they might be hauled off and possibly even killed," Azzinaro reflected.

Elsie was finally released and saved from this torture by the Swedish Red Cross. She was hesitant at first to go with them because she was scared she was going to be transferred to another camp or even the gas chambers.

The fact that there are people out there to this day that say the Holocaust never happened inspired Elsie to write her book. "I want this to be told, so it's never forgotten" said Elsie. "People are trying to rewrite history," she also added.

"This happened because of a man with a grudge" said Elsie referring to Hitler. She hasn't forgiven what happened to her during her young



KATHERINE JONES/The Sandspur

MEETING STUDENTS: Elsie Azzinaro took the time to speak to students about the Holocaust and what it was like for her. She also signed books and talked with students.

years, but she is trying to let it go and express it in her writing. She mentioned that she would never go back to Auschwitz because of the pain she endured. If she did go back it she stated that it would probably not be the same because of the changes that have been constructed in the Auschwitz camp. The camp was modified in order to hide what truly happened in that place. Elsie came to Rollins and expressed her feelings and it appeared to be very difficult for her to speak. She had a crackle in her voice that sounded as though she was going to cry. She will never forget what happened to her and her family. She wants to tell everyone what she went through by her writing, so that this awful event never happens again.



LINDSAY SIEGEL/The Sandspur

TRUTH BE TOLD: Azzinaro was eager to tell students her story in order to inform them of what truly happened.



The prayer book was kept in this red purse.

KATHRINE JONES/The Sandspur

PRIVATE THOUGHTS: This diary holds most of the writings Azzinaro kept during her capture.

Mills Peace Sign in Honor of International Day of Peace

Stephanie Ellenburg
the sandspur



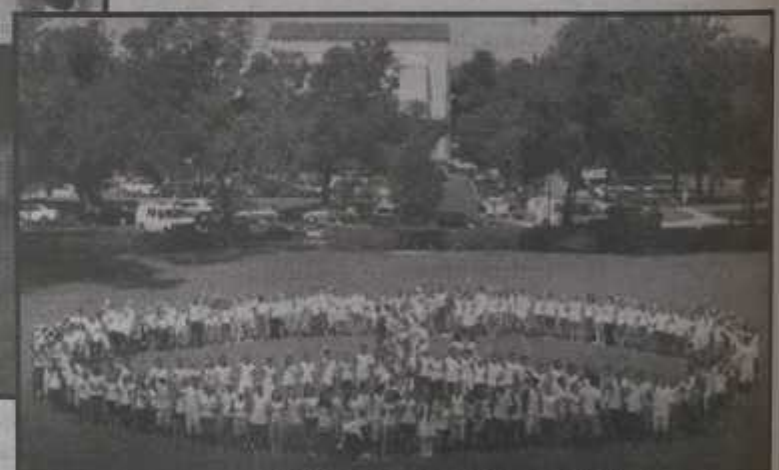
STEPHANIE ELLENBURG/The Sandspur



STEPHANIE ELLENBURG/The Sandspur



STEPHANIE ELLENBURG/The Sandspur



STEPHANIE DUESING/The Sandspur

PEACE: Rollins students get together to form a peace sign on Mills Lawn for the International Day of Peace.

In today's realm, the world is in a critical period of violence. We see crime and hostility all over the news everyday and wish there was something we could do. With endless domestic violence, civil right debates recognized in Louisiana, and the war in Iraq; it's hard to imagine a place where the atmosphere is totally peaceful. It might sound like we're running for Ms. United States of America, but I'm sure an important thing we all want in our lives now is world peace.

On Friday September 21st, Rollins College students, faculty, and staff created a human peace sign on Mills Lawn in honor of the International Day of Peace. More than 200 people participated around noon all dressed in white. The

lawn had strips of white material laid on the ground for people to stand on in preparation to create a giant peace sign. Before everyone gathered on the lawn, IMPACT provided peace buttons and pins available in front of the Mills building. SGA was also handing out plain white t-shirts in front of the campus center and decorating supplies were made available to make the plain shirts more personal. This fun event, like all others around the world, was planned in hopes of everyone leaving more aware of the violence in the world and to be apart of something to promote peace in their community.

The development of the International Day of Peace was by the United Nations Assembly in 1981. This is a worldwide

movement where individuals, organizations and schools gather together on this day for a moment of silence, engage in community service, or in Rollins case, form a peace sign. The goal of this day is to spread awareness of global peace and encourage a day of non-violence throughout the world.

United Nations' Secretary-General Ban Ki-moon rang the Peace Bell at United Nations Headquarters in New York and called for a moment of silence at noon. As quoted on the UN website, the Secretary-General says this day, "[I]t defines our mission. It drives our discourse. And it draws together all of our world wide work, from peacekeeping and preventive diplomacy to promoting human

rights and development." It is on this day that people come together and create a day of peace.

During the peace sign creation at Rollins, Jeremy Tibbetts, an IMPACT leader, stood on the podium to announce there was a picture being taken. He then went on to announce the upcoming Global Peace Film Festival featured the week of September 25th through the 28th. Once the picture was snapped, Dominos delivered a good amount of pizza to this event and then everyone was set out to finish their day of peace elsewhere.

Beyond individual students and staff members coming together, a few RCC classes came to participate in this peace day activity. Among them were Kylene Dey and Carson

Nicely, both peer mentors for their Health and Wellness RCC. Kylene said, "We decided on an RCC class that this was an important event that not only brought the Rollins community together, but also made us apart of the international community. The United Nations nominated this day of peace and encouraged connections all over the world to participate. This focuses on our Rollins College mission statement of becoming global citizens and acting as leaders of a community. As peer mentors, myself and Carson believe this event is perfect for first year students to engage in a cultural experience on the Rollins College campus."

Sick at College...What Next?

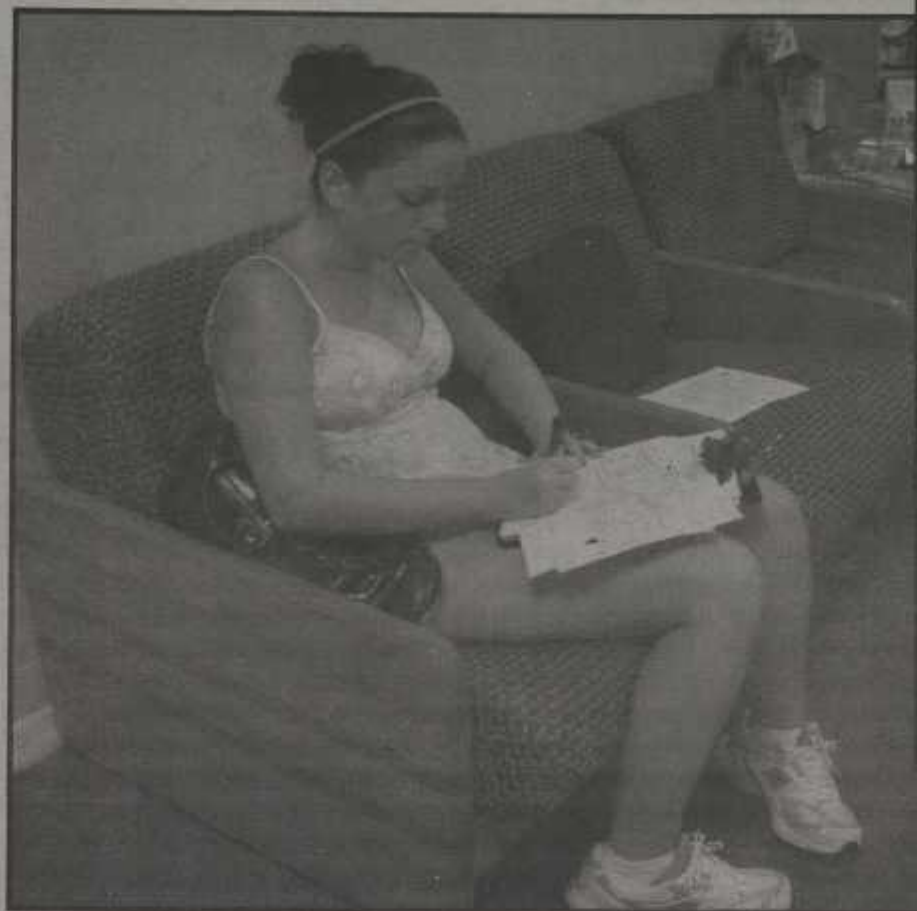
Katherine Jones
the sandspur

We have all heard the sniffing, the sneezing, and the coughing around campus the last couple of weeks. Normally, we associate the common cold with the changing of seasons or an increase of allergens in the air, but the stresses of classes and the new living environment has started to take its toll on some of the students here at Rollins. Don't worry, there are some steps that we can take to decrease the risk of coming down with unwanted symptoms. An interview with Sandra Weisstein, a nurse practitioner at the DuBois Health Center on campus, has provided me with an abundance of information on what illnesses are plaguing the school and methods of illness prevention.

Most of the cases that have come through the DuBois Health Center recently have been stress-related common colds. The cold and flu are viral infections so "antibiotics are not always the answer," says Weisstein. The clinic recommends over-the-counter drugs to weaken symptoms such as a runny nose, headache, cough, and sore throat. If the illness persists for more than two weeks, students should make an appointment at the clinic to see if they have incurred a more serious illness. Common colds can develop into bronchitis and other illnesses that can prolong the sickness if they go untreated for too long.

The flu season is rapidly approaching. The clinic offers a quick flu test as well as flu vaccinations for Rollins students. The \$20 dollar flu shots should be available starting October 16th. I know some of you are saying, "But don't I have a chance of getting the flu virus from the flu shot?" The answer is no. Flu shots only help the body build up antibodies against the virus so that if you come in contact with the flu virus your body will have a way to protect itself. The flu shot is also redesigned each year so that the population is protected from the most common flu virus of the moment. The flu shot does not protect against the bird flu if there were to be an outbreak, but it would definitely aid in fighting the virus. Mrs. Weisstein recommends that each student get a flu shot just to be safe. It's better to stop the virus before it starts.

There are many things that students can do to keep their immune systems strong and healthy. Eating properly and drinking plenty of fluids will provide our bodies with enough vitamins and nutrients to repel illnesses. We need to consume enough carbs and proteins to maintain a healthy diet and build up our immune systems. Getting enough sleep is a major factor when it comes to our health. During our sleep the cells in our bodies repair themselves and create a stronger barrier to fight



off invading microbes. Having good time management skills aids our ability to make sure all of our homework and other tasks are completed so that we can ensure a good night's sleep. Exercising regularly will also boost the immune system and reduce stress, and when stress is reduced the immune system will function properly. Stress has been proven to reduce the efficiency of the immune system. Mrs. Weisstein also recommends that students be responsible with socializing. Partying every night of the week will eventually take its toll on your body.

There are some other precautions that we can take to prevent the spread of germs. Hand wash, hand wash, hand wash! This is the easiest way to stay germ-free. Always wash your hands with soap and water before eating, after going to the restroom, and any other time you feel your hands are dirty. The clinic has also made sure that Purel has been placed in each of the dining facilities of campus for our convenience. Wiping down constantly used surfaces such as door knobs with disinfecting wipes will also help in preventing the spread of germs. All students should know the proper technique for coughing and sneezing. Definitely don't sneeze into the hands. Either cough/sneeze into a tissue or into your sleeves or arm. You can also lower your head to the ground to prevent the spread of microbes. Cold and flu viruses are usually contagious before symptoms appear so always be careful.

As for missing classes when you are sick, most teachers have an attendance policy that is strictly enforced. Only take the day off if you feel that you cannot perform everyday activities without feeling miserable. High fevers usually require more rest. The clinic does not issue absence notes to professors. An absence is based on the honor code, and if you have good communication with your

KATHERINE JONES/The Sandspur

professors about your sickness everything should be fine. A professor can contact the DuBois Health Center and find out whether or not you had visited the clinic. In very severe illnesses the clinic will notify the dean.

As new students and returning students, we are all eating differently, sleeping less, and trying to accomplish more tasks than we were at home last month. It takes some time to adjust to this new environment



where we are all living so close together. Hopefully, with these health pointers and facts we can all take a few more precautions to help stop spread of germs and keep everyone healthy.

**Hours of the DuBois Health Center
(located under Elizabeth Hall)**
Monday-Wednesday 8:00am-noon and 1:00pm-4:30pm
Thursday 9:00 am-12:00 pm and 1:00 pm - 5:30 pm
Friday 8:00 am-12:00 pm and 1:00 pm-3:00 pm
Closed Saturday and Sunday

IN THEATERS EVERYWHERE
**FRIDAY
SEPTEMBER 28**

THE TRUTH WILL SURFACE

WINNER (AFI DALLAS) WINNER (ATLANTIC) WINNER (FT. LAUDERDALE) WINNER (HAWAII)
WINNER (FRANCE) WINNER (TELLURIDE) WINNER (PALM SPRINGS) WINNER (TORONTO) WINNER (NEW YORK)

SHARKWATER

PG PARENTAL GUIDANCE SUGGESTED
SOME MATERIAL MAY BE INAPPROPRIATE FOR CHILDREN
BASED ON R, LANGUAGE, DRUGS, SOME SMOKING, LANGUAGE AND SOME DRUGS

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CLUB SPOTLIGHT

BLIPS Brings a New Approach

Ariane Rosen
the sandspur

There are many different majors that each have its own views and priorities. Can history, philosophy, biology, anthropology and religion all get along? According to the economics department, they can... And they're out to prove it.

The Brown-bag Lunch on Interdisciplinary Perspectives Series (BLIPS) is a brand new series created by the economics department. The series brings together eleven very different faculty members with specialties ranging from physics to philosophy.

This series was over a year in the making and was inspired by a similar series at Cambridge. Professor Kypraios is spearheading the project with the help of Professor Kozel. The plan is to offer students in the Economics in Historical Perspective course an interdisciplinary look into economic behavior.

The professors want to give the students information that they would not normally see in the standard economics curriculum. Not only will these topics all somehow tie together with economics in an innovative way, they will also, according to Professor Kypraios, "tie the world together a little better" for these students.

In order to make this experience possible, Professors Kypraios and Kozel first had to get other members of the faculty involved. Professor Kypraios emailed faculty members who were knowledgeable in relevant fields and asked if they were interested in sharing their knowledge. The speakers were given the freedom to choose the topics they were interested in. It will be the economic teachers' job to relate the talks the information being discussed in class.

I spoke to Professor Levis who will be participating in the lecture series. He explained to me how he got involved: He simply answered the email giving Professor Kypraios several topics he would be willing to talk about. They quickly settled on the "Decline and Rise of the Medieval Towns and Cities." Professor Levis will be discussing the topic from a strictly historical standpoint. None of the professors were asked to tailor their lectures to economic students. Because of this, the lecture series can appeal to everyone. It will give a wealth of information that can be applied in unique and innovative ways to economics and practically all other fields.

The series is arranged in chronological order starting with pre-history and moving through antiquity, medieval times and the enlightenment ending in the 1900s. Both Professors Kypraios and Kozel hope that the series will be a great success that they can repeat again next year. Go out and see what it's all about and don't forget to bring your lunch!

Brushing Literary Journal

Jessica Drew
the sandspur

Brushing Art & Literary Journal is back in action and is looking forward to filling the events calendar with an interminable array of fun events that are guaranteed to get your creative and intellectual juices flowing! Formerly known around campus for being unknown, the all-too-anonymous, under appreciated and underrepresented underdog Brushing is now basking in the sunny and oh-so-inspirational glow of the greatest financial security the magazine has enjoyed in years.

With money in the bank and an editing team who has proven their dedication in spending much of last year forging alliances (including an important friendship with the Kerouac House) and raising \$10,000 in funding, the possibilities for this year's publication seem as endless as the sun is bright. In deference to its self-appointed role as the face of extracurricular literary arts at Rollins College, this year's staff is making preparations to explode with new life and diffuse a sort of cultural renaissance onto the campus and the greater Orlando community. If nothing else, this year is sure to be a much-belated Brushing Art & Literary Journal renaissance!

So what is on the docket so far? TWO publications, for starters!

This semester marks the start of Brushing's first ever Art for Peace initiative. The initiative was conceived in the wake of the UN International Day of Peace, which was celebrated by the community on Sept 21 with the construction of a human peace sign on Mills Lawn.

At midnight on Sept 22, Brushing launched its campus-wide call for submissions to a special peace-themed edition of Brushing to be distributed during the week of Fall semester final exams. In a campus-wide email, step one in Brushing's forthcoming advertising campaign—which is to include commercials produced by Nastassia Alayeto for R-TV, flyers, banners and a kick-off event—2007-2008 Brushing Editor-in-Chief Jessica Drew "invites the entire campus, including faculty, staff and students, to create works of art and literature related to the subject of peace and its many interpretations," and urges "the more collaborative the project the better; any medium will be accepted." Beginning on Nov 1, the submission deadline, the Brushing staff will convene to jury the artistic and literary musings, sending the winning selections to its publisher, Baker Press, to be bound in a special issue.

In addition to all the bragging rights incumbent upon the artists represented in this very special publication, the top entries will be honored by a small donation in their name made to a charity whose mission is analogous with that of the winning piece's message.

Moreover, under the general umbrella of this Art for Peace initiative, Brushing will be hosting poetry readings and guest speakers on subjects relating to social justice, peace, and the art and literary craft. The first notable events will be the Art for Peace kick-off poetry reading during the first week of October (more details to come), participation in the FORUM's Social Justice Week, as well as two upcoming writing marathons, including the highly anticipated 2nd annual marathon conducted in the spirit of National Novel Writing Month, which is currently scheduled for November 18th in TJ's Tutoring Center from 9 a.m. until 4 p.m.

Ladies and gentlemen, I invite you to open your eyes and perk up your ears because Brushing Art & Literary Journal is ready to make some noise to keep the peace!

Homecoming

Ariel Krieger
the sandspur

Homecoming is around the corner, and will prove to be one filled with school spirit and Gilligan's Island. The nautical theme to represent Tommy the Tar and the sailor, pride of the college will be represented the week of Oct. 17.

Color war is to be declared, and every grade each other for the four-way competition of the classes. Each class is assigned a color by the Student Government Association. Freshman are to be wearing green, sophomores are red, juniors are blue and seniors have the honor of wearing gold.

Activities are set up during the day as competition. The first day will be one by the pool. Relay races, belly flop contests, prizes, music, games and food served by our favorite sailor, Popeye.

Oct. 18 will be the Color War Powder Puff Football Gam, followed by the Nighttime Sailor Splash pool party, where each grade will have a different decade to represent. Points will be given to each team and will be decided on how much school spirit represented.

The official grade color day is Oct. 19. The aforementioned colors are to be worn, especially to the First Mates Tailgate and the Homecoming Soccer Game. The night will end at the Gilligan's Island and Sailor Love Boat Dance. All grades are to dress as a sailor, pirate or island creature.

Homecoming is a time to show school spirit, and all classes are encouraged to participate to the fullest extent. For more information, contact a Student Government Officer or go online to the Facebook Event for more information.

Holt News

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Pay Your Dues at An Internship and You Could Land a Job

Jessica Milcetic
mct campus

Internships are one of the best ways for college students to get their foot in the door at a job they hope to pursue after graduation.

For many students, internships provide the chance to show a potential employer what assets they can bring to the company.

With 78 percent of today's college students actively seeking internships, MonsterTRAK, the student division of Monster.com, surveyed employers, students and recent graduates to find out how students can turn their internships into full time jobs.

The survey found that one of the most important things employers look for is relevant job experience. So just having that internship is a huge bonus when it comes to the job market.

Bill Coplin, a professor at Syracuse University in New York and author of the book "25 Ways to Make College Pay Off," (AMACOM, \$14.95) says 65 percent of a company's interns are hired.

But students who can make themselves stand out to an employer, by doing more than just making copies and fetching coffee, are the ones that have the best chance to be offered a full-time position.

"One thing is to always have a positive attitude," says Julie Goldthwait, the vice president and general manager of MonsterTRAK.

No matter what task you have been assigned to do, keep a pleasant demeanor. Interns who make



Courtesy of MCT Campus

TALKING ABOUT LIFE: Making yourself stand out to an employer will likely land you future employment.

copies with smiles on their faces are appreciated much more than those who moan and groan about the work.

Understand you have to pay your dues as an intern, Coplin says.

Offering to make copies or do extra administrative work on the first day is a great way to prove to your manager that you're ready to take on more responsibilities.

If you do small tasks effectively and efficiently, your supervisor will trust you to handle larger jobs.

"You've got two or three months to make a good impression," says Rich Milgram, the CEO of Beyond.com, an online job site.

"Make sure at day one you list out everything you want to accomplish over the [internship]. Make sure you not only set out to achieve that but you demonstrate that you achieve that

along the way. You have to produce results that are noticed."

Many experts suggest looking at the internship as an extended interview.

All of the work you do is on display for your supervisor over the course of the internship.

What you wear, how you act and the quality of work that you do will speak volumes about what kind of employee you will be down the road. Use this to your advantage, Goldthwait says.

Always dress a little bit extra professionally. Be on time, or even a little bit early, and take initiative during the time you are there.

"An intern might not have much experience but their perspective does matter," Goldthwait says. "So if you have some sort of suggestion or comments feel free to speak up and share that. It may lead to a fresh perspective that the manager never really thought of."

Keep track of the jobs you do for the company, Milgram says.

At the end of the summer when you sit down to discuss your internship with your supervisor, you will have plenty of details to show him or her exactly what you did over the summer, what projects you worked on, what results you got and how you most benefited the company.

"That's what will stick with the management team when they evaluate you," he says.

the CAREER COACH

Marian Cacciatore

WHAT ELSE CAN I DO WITH MY MAJOR?

Question:

I am a Psychology major and almost done with my junior year.

Initially I was planning to work on a Masters degree in Counseling when I graduate. However, lately I am having some second thoughts about continuing in the field.

Besides going on for graduate school, what else can I do with a BA in Psychology?

Answer:

It is not unusual for a student to change his/her mind about how to apply their degree.

However, rest assured, the beauty of a Liberal Arts education is the breadth of learning that it provides.

It is designed to prepare graduates for a long, varied life in the world and workplace.

As you continue your research, I want to encourage you to visit the "What Can I do with this Major" on the Rollins College Hamilton Holt Web site.

This section can be found by clicking on the Career Development tab on the Hamilton Holt School home page.

This section provides information on areas of employment, employers, strategies and research links for various college majors: (including Psychology)

The career opportunities for a Psychology major extends well beyond the mental health field.

In addition to human services, Psychology ma-

jors can be found in diverse career paths including Human Resources, Public Relations, Advertising, Marketing, Retail Management and Sales.

How does a Psychology major make the transition to one of these areas? If you are majoring in Psychology and are interested in going into one of these fields it will be critical to develop skills through internships, full/part-time positions or volunteer work.

Some students who earn a BA in Psychology may wish to work in human services without continuing on for graduate school.

These graduates will find that the amount of direct client contact will be limited without a Masters degree.

However, there are human service opportunities including case management and community outreach for those with a BA degree.

The key is to identify those career paths that interest you and then develop a plan to gain the knowledge, skills and abilities needed to successfully achieve your initial career goal.

As always, Career Services are available to assist you in this process. Hamilton Holt students can email me directly at mcacciatore@rollins.edu to schedule a convenient appointment.

Do you have a question for the Career Coach? Contact Marian via email at mcacciatore@rollins.edu OR via phone at 407-647-1386.



Courtesy of MCT Campus

GAZING OUTSIDE: 78 percent of today's college student's actively seek internships through various job search engines, including MonsterTrak.

Communication Majors and Minors

LAMBDA PI ETA



National Communication Honor Society

-Lambda Pi Eta is the national honor society for undergraduate communication majors and minors and membership reflects the attainment of high academic goals.

-Lambda Pi Eta members are recognized at graduation by wearing the gold cords that signify academic achievement and success.

-Lambda Pi Eta is a great networking opportunity for career possibilities and graduate studies after graduation.

-Lambda Pi Eta at Rollins offers opportunities for leadership and participation in social and charitable events.

-Lambda Pi Eta at Rollins let's you decide your level of involvement. There is no time commitment required to join.

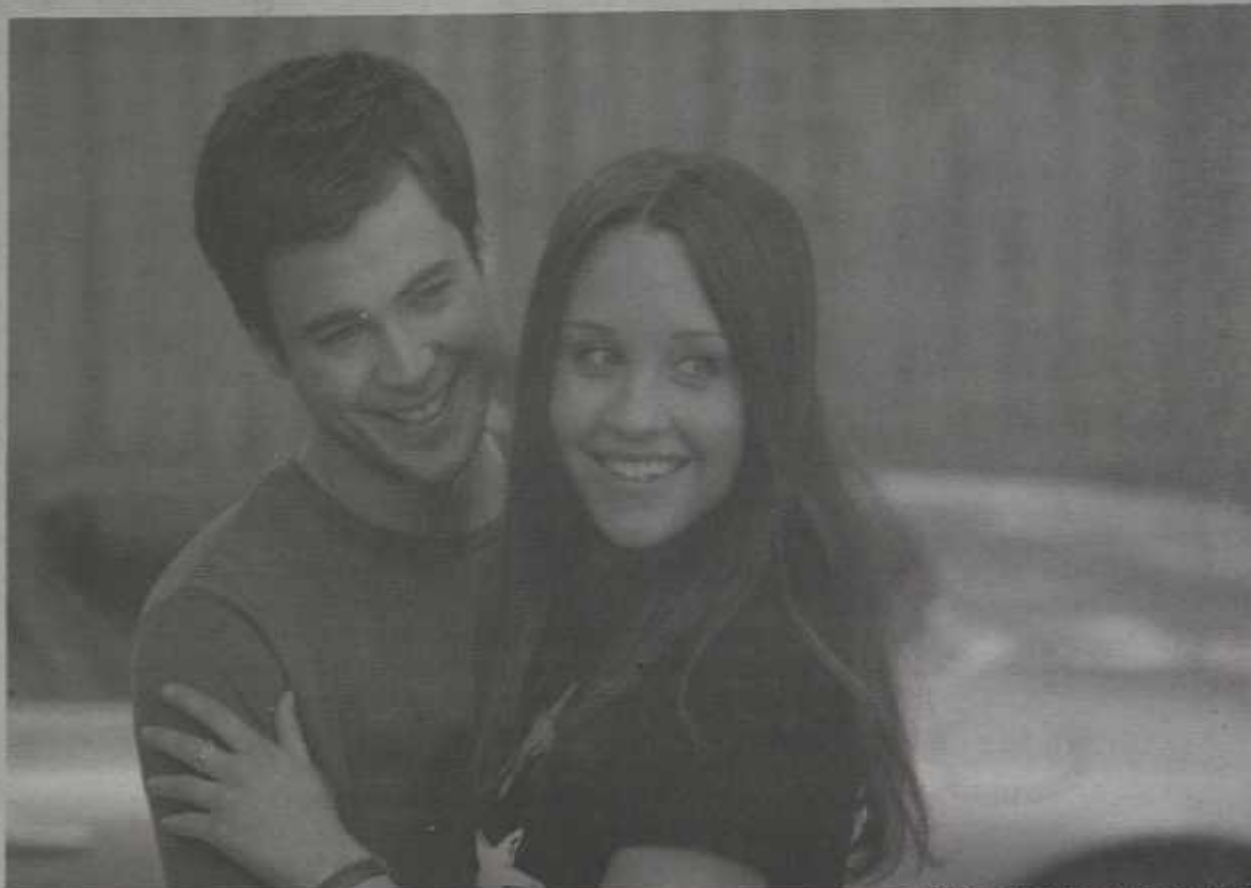
Find out about membership requirements and get an application on the Rollins website at: <http://www.rollins.edu/holt/students/lph.shtml>

Campus Seen on the Silver Screen

Nikki Fiedler
the sandspur

Any student on campus last semester can remember the influx of film crews with their extensive cable lines, camera crews, extras, and barricades around campus making it impossible to get from class to class. Well, finally the fruits of our frustration, and the use of our scenic campus, have been made public on the big screen with the release of "Sydney White," a modern day story of "Snow White and the Seven Dwarves." The movie opened on Sept 21 nationwide.

Sydney White, played by the queen of the teen dramas Amanda Bynes, is the only child of a plumber, whose mother passed away at a young age. As the tomboy Sydney prepares for her first year of college at the picturesque Southern Atlantic University (shot between Rollins College and fraternity row at the University of Central Florida), she anticipates pledg-



NOT THAT HOT: Actress Amanda Bynes clings to what can only be described as "the typical Rollins male."

ing the same sorority as her mother. However, the sisters of Kappa Phi Nu are a far cry from Sydney's construction worker

family. Rachel Witchburn (Sara Paxton), the president of Kappa Phi Nu and the dictator of Greek Row has it out for Sydney

once she discovers her old flame Tyler Prince (Matt Long) and Sydney have been sharing some flirtatious moments. Cast out of

Greek life and therefore out of social status, Sydney moves into a dilapidated house occupied by seven dorks and determines to win the deciding seat in Student Government as a means of overthrowing the "queen," Rachel Witchburn.

This enchanting tale is by far the most entertaining movie Bynes has starred in yet. The cast is both fresh and animated and brings entertainment to the big screen. A few of the seven dorks really steal the show, Jeremy (Adam Hendershott), Terrence (Jeremy Howard) and Lenny (Jack Carpenter). The seven "outcasts" bring a lot of heart, personality and character to the scene. Lauren Leech, one of Sara Paxton's Kappa girls, Katy, and Rollins own, makes her debut as a perfectly coiffed sorority girl who serves as Rachel Witchburn's ring leader. A few other Rollins students appear as extras in the film including seniors Mike Nardelli, Dana Whitten, alum Artie Ahr and Ben Evans. For a teen flick, the movie is delightfully clever and surprisingly funny.

What's Up With Britney Spears?

Rollins Students Speak Their Minds



COURTESY OF ALEA FIGUEROA
Campus celebrity Alea Figueroa feels sorry for Britney Spears.



COURTESY OF RYAN URCH
Actor in Equus, Ryan Urch, is saddened by Britney.

Lindsay Siegel
the sandspur

I surveyed 50 Rollins students, asking them how do they felt about Britney Spears. Here is what you had to say:

Love her 18%

"Hard... I will always love her" - Whitney Brown, Junior

Like her 14%

"I used to love her, but because of her recent actions I don't really like her. But I will still listen to her music." Jessica Hall, Junior

Hate her 16%

"I hate her right now" Sarah McWilliams, Junior

Don't care 30%

"I don't care, I mean it's her life let her live it as she sees fit." Dane Ottum, Senior

Leave her alone 22%

"I think people should just leave that woman alone and let her live her life the way she wants to." Dane Ottum, Senior

Many people I questioned stated that there should be a "feel sorry for her" column.

"I don't hate anyone, but she does make me very sad." Ryan Urch, Junior

"If there was a category for those who feel sorry for her I would check that one but out of the four I would go with don't care. I wish she would go home and start acting like a mom." Alea Figueroa, Senior

"Used to like her, then didn't care, then loved her then hated her, then felt really bad for her in the end." Ana Eligio, Junior



COURTESY OF ANA ELIGIO
Rollins Actress Ana Eligio has had a love-hate relationship with Spears.

Woodcock Lacks Muscle



FLACCID: Billy Bob Thornton charms Susan Sarandon limp while Mr. Woodcock flops at the box office.

Brittany Fornof
the sandspur

The storyline of Mr. Woodcock promises to be an entertaining one: an athletically-inept kid is basically tortured by an abusive gym teacher as a child. He then grows up to live a successful life as a motivation-

al writer only to come home for a visit and find that his worst nightmare is hooking up with his mom.

Despite a clever story line, a trio of well-qualified actors, and chemistry among the characters, the final production was an absolute flop. Sure, the movie had some awesome knee-slapping moments (like when Farley is given mouth to mouth resuscitation by a toothless old man, when he cusses Woodcock out

at the Corn-Cob Festival, and especially when he witnesses an intimate encounter between his mom and Woodcock), but these hilarious moments didn't make up for the cheap production that featured a slightly elevated Napoleon Dynamite set.

Although John Farley (Sean William Scott—who played Bo in *Dukes of Hazard*) has an adorably gorgeous face, seeing the same dorky eyes-wide and mouth-open smile fifty-five

times throughout the 87 minute movie seemed rather redundant. After all, having the same look of child-like astonishment throughout the entire movie regardless of the progression of the plot doesn't help the audience in understanding the character at all. Yes, he's cute, but come on now, let's see a range of emotions play out on his face as the plot develops and approaches the climax.

Also, it's true that the chemistry did exist between Ms. Beverly Farley (Susan Sarandon) and Mr. Woodcock (Billy Bob Thornton). The fact that they were two opposite personalities (doting mom and crazed gym teacher) who were in love was what made the story-line so interesting. However, their success in propagating the plot was sadly overrun by the rest of the overall production.

It would be a dire mistake for me to leave out Farley's maniac publisher (Amy Poehler) who even though she is given minimal screen time, succeeds in stealing the audience with her audacious, rude, and dirty personality. This blonde brat character might be credited with saving this movie from utter helplessness, because at least, she gives a sense of "normalcy" to the movie world, unlike the other sub-character Needleman (Ethan Suplee) who only exists as a blubbing fool who follows Farley around awaiting instruc-

tions and "finding evidence" of Woodcock's infidelity. It should be apparent to everyone, in the first place, that anytime there is a character in a movie who has a name such as Needleman, they probably aren't going to be the most intelligent people on the screen. However, his child-like personality fit in well with the rest of the production; therefore, the actor played the character well, but the character as a part of the production failed to entertain the audience.

Lastly, one of the biggest downfalls of this movie was how darn predictable it was. (Crazed gym teacher, doting mother figure, helpless cute young son mixed in with the discovery of new love, the frustration of old memories, the anger of rivalry, the pain of tried loved, and the combination of it all makes for a promising production that fell short of expectation.) In fact, the plot was so transparent that it took the mystery out of the movie. Therefore, instead of the audience waiting to see what happens in the movie, they were left waiting to see when it happens. If this summary of Mr. Woodcock wasn't clear enough as to whether or not it is worth seeing in theatres, perhaps it would be best if you simply bought yourself a ticket and found out for yourself, because you might enjoy it.

Good Luck Chuck is Good Time Fun

Nikki Fiedler
the sandspur

"Good Luck Chuck's" starting couple, Dane Cook and Jessica Alba, is certainly a promising draw to the romantic comedy out Sept. 21. Most of today's current generation recognizes Dane Cook as a hilarious stand-up comedian bent on making any situation a barrel of laughs with the addition of his outrageous facial expressions.

His costar, Jessica Alba, has been propelled to sex-symbol status by her roles in *"Sin City"* and the *"Fantastic Four,"* and recently gained the title of FHM's "Sexiest Woman Alive". Dan Fogler, a relatively unknown actor, also makes his debut as the bawdy, sex-crazed friend of Dane Cook's character.

Dane Cook is Charlie, a successful dentist, who's rather short list of fears include the fact that he unable to even remotely feel the emotion of love, or even utter the words "I love you," and that he has just realized he may be the victim of an unusual curse: every girl he has a relation with sexually immedi-



Penguin: Once funny comedian, Dan Cook, poses shirtless for a family of miniature penguins.

ately finds her "true love" right after him. Suddenly with this new rumored status of a good luck charm, Chuck is flooded by women requesting a sexual tryst with him in order to find true love.

Chuck's childhood friend, and office-mate doctor next

door, Stu, thinks Chuck has stumbled upon the blessing of every man's dreams, whether the curse indeed be true or just mere coincidence.

However, the seemingly lucky "curse" becomes more of a ball and chain burden when Charlie falls for a very attrac-

tive, yet very clumsy Cam, Jessica Alba's character. He soon realizes that if he becomes in any way intimate with her, he will lose her to the very next guy she meets after him, as the hex dictates. Charlie sets out to break the curse so he can finally be with the one person he has

found he can actually love.

The movie certainly takes advantage of its R rated genre by adding a plethora of raunchy humor, and a few scenes that will make the audience cringe well beyond the film's original PG-13 aim.

However, Cook's character is likeable enough to navigate through some of the over the top, gross out humor to keep the audience focused on the plight of his character and plot of the movie.

The film's entertainment value mostly relies on a combination of Cam's overtly slap stick comedy situations and the effects that these situations end up taking on Chuck. Don't get me wrong, the movie still has enough cheese to squeeze into the romantic comedy genre, but thankfully not enough to make you ask for a bottle of wine to go with it.

Overall, the film is well cast and hilarious — a thankful return from Cook's unfunny turn in *"Waiting."* It is much of a relief that, for once, and maybe just this once, a romantic comedy can be more comedy than romance.

Local Band Spotlight: Send Out Scuds

Colby Loetz
the sandspur

Send out Scuds is a Christian ska band from the Orlando area. They have an upbeat energizing sound and know how to make feel good music that everyone can enjoy. The band is comprised of eight unique members- two guitarists, two trumpet players, one bass player, one drummer, one saxophonist and one trombonist. They bring a fresh sound to the ska scene in an attempt to "renew the way the world perceives the entire Christian rock genre."

Send Out Scuds uses their music to present Christian values in a non-imposing way. According to junior Danny Valverde, who went to high school with the band, "Their music is sick! Every song is different and has a message."

Another fan, freshman Christina Martinez, says that the band changed the way she

thought about Christian music. "After listening to them I realized that there could be good everyday music with a Christian message instead of just gos-

pel style music."

Send out Scuds has a growing fan base among today's youth. The signed by QQ records and is currently re-

recording for their new album, to be released sometime before the New Year. Another local band "Never Ending Story" is working with Send Out Scuds. Some



COURTESY OF MCT CAMPUS

SKA LIVES: Local Ska band Send out Scuds spreads the word through catchy upbeat tunes.

of their new songs can already be heard on the band's website www.myspace.com/sendoutscuds, including "If Scranton Were for Lovers," and "It's 4am and I've put this off for way too long!"

Martinez, who has been following the band for over six months, asserts the band has a pretty powerful stage presence. "They are extremely animated and physically energetic. They were always speaking to the crowd and loved involving them."

A few upcoming shows to look out for include a performance at North Kissimmee Baptist Church on Oct 5th and the Bands for Fans Festival on Oct 14th in Orlando, a two day music festival.

Round About Mediocre Success

Colby Loetz
the sandspur

With a girlish rocker sound, Carina Round attempts to pry into our minds with her emotionally draining and incredibly chilling album *Slow Motion Addict*.

This album is recommended to anyone who needs to wallow in a dark sea of depression in less than an hour. Round is a long ways away from achieving mainstream success found in girl rock by Amy Winehouse or Maja Ivarsson of The Sounds.

The music on *Slow Motion Addict* is packed with abrupt guitar riffs and Round's voice ranging from shrieking high notes to near yelling on her song "Ready to Confess". She does have a wide range in her vocal skills with being able to range from high to low in a short period of time. Round wrote every song on the album, and the vaguely emotional lyrics are a

telltale sign of that. She explains on her website, "I feel that the only way to be taken seriously was if no one understood what the **** I'm saying!"

She claims she was starting to move away from this method of song in *Slow Motion Addict*, it's clear she did not get very far. The album is a plethora of toxic hooks, but upon first listen, it is a bit disturbing.

Round draws inspiration from being an artsy, emotional character who she portrays in her music videos, available to view on her MySpace page, www.myspace.com/carinaround. Songs like "January Heart" do not stand a chance to be a single and released to the general public with lyrics "all these people are just dust/evil puppeteers/evil teras/evil." But she does get personal with "Come To You," which is more innocent and comparatively upbeat. More success can be generated with more delicate words and a more delicate voice.

Hip and Happening: A New Date Place

Ariel Krieger
the sandspur

I am always on the look out for new and exciting things to do to spice up life. Are you looking for a new date place, a place to impress that loved one or electrifying new crush? Well if you are looking for a dash of atmosphere, a splash of the outdoor romantic starlight, and a few cups of delicious fusion food then... undoubtedly you must check out Kata Thai Kitchen & Sushi Bar.

If you dare venture to go to this fabulous haven, located on Morse Blvd. right in Winter Park, then you will surely win the heart of your date! A highly recommended place to sit is out on the patio with the garden patio and lights. A slight humming of eclectic house music will be stirring in the air adding to your night time tang.

The food of this restaurant will stir your taste buds with tremendous spicy flavors of a Thai and Sushi fusion. If you are a fan of a broad selection, again this is the perfect place for you. You are given an infinite selection of sauces whether



COURTESY OF MCT CAMPUS

Cool cats chill at the Kata Thai Kitchen & Sushi Bar.

it is peanut sate sauce, Penang curry, red curry, sweet and sour, or cashew sauce. Then you can choose your favorite meal to be created with your sauce. If you are a vegetarian it can be tofu or grilled vegetables, while if you are a meat lover you can get steak, chicken, or shrimp.

Appetizers are sophisticated choices of ceviche and salads with a Thai essence.

Coconut milk, lemon grass, and curry are blended together magically to produce a menu

like the one at Kata Thai. The presentation will impress you with beautiful glasses, cutlery, and bamboo decorative accents.

Are you ready to soak up the stars and this New Year City Lounge? Want to feel like you are transported to a Bangkok Bar? Its worth it... Kata Thai.

4 star review
Kata Thai Kitchen & Sushi Bar

Dancing with the Stars is back!

Louisa Gibbs
the sandspur

It's that time again; the ABC hit show 'Dancing with the Stars' will be waltzing onto our screens on Sept. 24 at 8pm with as much glitz and glamour as before. The US version of the international show known as 'Strictly Come Dancing', which was originally a UK show, is commencing its fifth series and promises to be the "most surprising and biggest season to date" as quoted by abc.com. Not only is the show competing six ladies and six gentlemen, their largest number of celebrity dancers to date, but during the '3 Night Premiere' the ladies will be competing the first night to strut their heels performing either the Cha-Cha or the Foxtrot to set the standard for the

gentleman, who will be competing the following night, Sept 25 at 8pm. The judges scores will be combined with the public vote to then determine which couple will be the first to leave the competition on Wednesday night. You can vote by calling the phone number representing your favorite couple, via text or online on abc.com. The last series showed a very high level of dancing, considering that the celebrities have little time before the show starts to learn the basics of the dance let alone perform in front of millions of eager viewers every week. The new female celebrities consist of Scary Spice Mel B, 90210 star Jennifer Garth, Emmy Award winner Jane Seymour, Swimsuit model Josie Maran, Cheeta Girl Sabrina Bryan and the family girl Marie Osmond. In the second grouping of males, there are Boxer Floyd Mayweather, model Albert Reed, Mr. Las Vegas Wayne Newton,

Indy Car driver and two time Indianapolis 500 winner Helio Castroneves, Dallas Mavericks owner Mark Cuban and actor Cameron Mathison. Tom Bergeron (known for presenting 'America's Funniest Videos') and Samantha Harris (presenter on 'E! Entertainment') will be presenting the show along with choreographer/director/dancer Carrie Ann Inada, choreographer Bruno Tonioli and Ballroom/Latin Expert Len Goodman, who will be judging the celebrities. With this variety in personalities in the contestants as well as the famous clashes in opinion among the judges; this show is guaranteed to be worth watching. For those of you who are mesmerized by the sheer grace and elegance of the foxtrot, enthralled by the passion in the tango or hypnotized by the Cuban motion of the Cha-Cha - then you are in luck. Jamie Ruiz is the President of the Ballroom Dancing Club at Rollins College

and she is planning a meeting for the club during October, either in the dance studio opposite the gym or using the Annie Russell dance facilities, and she welcomes all levels of dancing to come along and take part. If you have a Facebook account, feel free to join the group online if you are eager be updated with news on the club. Additionally, there are Beginner's ballroom dance classes taught by Stuart Nichols. The students get the chance to compete in a local Ballroom competition. All the competitors from last semester said they really enjoyed the experience, made lots of new friends and many of them are planning on signing up for the intermediate class next semester. So make sure that you're tuned into ABC on Monday night and be prepared for sparkles, glamour and drama.

Comic book movie heroes

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6. The Fantastic 4
\$607,290,873
7. 300
\$454,592,590
8. T. M. Ninja Turtles
\$416,381,410
9. Blade
\$338,605,468
10. Unbreakable
\$248,118,121

NOTE: Worldwide gross figures based on all movie appearances by the character.

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WARNING!

EVENT IS TOO INTENSE FOR YOUNG CHILDREN. PARENTAL DISCRETION IS ADVISED.

Life & Times

EDITOR: AMY IARROBINO
FEATURES@THESANDSPUR.ORG

10



If you ever thought that your dorm was messy, change your standards. *The Sandspur* finds Rollins' messiest dorm in Elizabeth Hall where roommates **Alex Muhoray** and **Paige Sherwood** take their laid-back lifestyle to the next level.

Messiest Room
Champs

Live and Let Live?

Omar Rachid
the sandspur

I conducted a campus-wide search this past week for the messiest room on campus and the winning room defines disorderliness. I was afraid that many people would just throw things on the floor and submit a picture of their messy room; however, there was not an overwhelming response of students. This could either be that most Rollins students do not have messy rooms or that many are afraid to show the filth in which they live.

Every year roommates become a concern, especially to the entering class. For most it will be their first time away from home, and sharing 200 sq. feet with either one or two other people can be challenging at

first. With the residence halls aging and are being remodeled, the college reasoned that if they placed the freshmen class in the newest dorms that would result in clean and well-kept residence halls. I have been blessed with a roommate obsessed with cleanliness, but others were not as lucky. Their names are Paige Sherwood and Alex Muhoray and following is the sad, sad fate of Elizabeth 111.

Both are sophomores in the newly-created Critical Media and Cultural Studies major and have two of the most unique personalities I have ever met.

They both remember when they filled out the survey for their freshman year dorm assignment as "somewhat messy" to not reveal their true ways. One of them acknowledged the fact that "I do laundry whenever I run out of clean underwear... so however long 20-25 pairs of underwear last." What they both laugh at is that every couple of weeks or so

They filled out the survey for their freshman year dorm assignment as "somewhat messy" to not reveal their true ways.

says, "I'm really sorry about my side of the room," then the other will chuckle and say, "psssh, I don't care, look at mine!"

They claim to be the best roommates on campus and

they shared some interesting stories about themselves. Paige loves watching *Sex and the City* because of their wittiness, she later confessed that "like most people, I love Carrie Bradshaw." As to Alex, she wishes she were Pam from *The Office* because she loves Jim, and she loves the show's sarcastic humor. On another note, Paige said that she sometimes wished to have really long arms to be able to turn off the TV from her bed—she admitted that she has been dreaming about this ever since she was a little girl.

Their best memories at Rollins came from orientation week designed by the Explorations office. Alex said that winning dodge ball tournament with her RCC class "Sports Psychology" brought their class closer. Paige's fascination with karaoke singing at O'Boys showed off when she sang "Buttons"

by the Pussycat Dolls with Eric Short. They were roommates back in their freshmen year and decided to room again this year, probably because they felt comfortable with each other's level of cleanliness, or lack thereof.

After having returned to my room, somehow the floor seemed to shine more, my clothes smelled well, and the scent of the air—it was like musk! I really hope you never find yourself in the situation these two sophomores are in: filth beyond scent. Paige Sherwood and Alex Muhoray are Rollins heroes, they were not afraid to show their room in its natural state; moreover they take pride in this laid-back lifestyle. While some cannot even fathom a stain on the floor, these two will take with them a fragrance impregnate in their clothes, the new perfume Elizabeth 111.

Freshman Fall

"One time on the first day of high school, I made a complete and utter fool of myself in front of my entire homeroom class. You see, everyone wants to look spectacular on the first day of school- especially freshman year, so I came in my cute short skirt and heels. I was looking good, and I knew it. However, while I was graciously helping one of my friends hobble to the classroom with her crutches. I somehow managed to slip and fall smack on my butt meanwhile exposing up my skirt to everyone who was there. Needless to say, I was the story of the day among all my peers, and I was definitely noticed- just not in the way that I was hoping for." -Kristin Novach

Men-o-pause

"One time I was in Spain with my mom, and she needed medicine for her menopause. So I had to go to the pharmacy and pick up her necessities. However, it was more than a little uncomfortable when I realized that there was a language barrier, and I had to, to the best of my ability, explain her symptoms to the pharmacist..... Yeah, awkward!" -Stephen Madows

Fabulous

"One time I was at a club with some friends, and we were just sitting there hanging out when two girls came up to us and blurted out, 'We aren't lesbians, ya know....Do you want to dance?'"

Preferring to dance with one of them rather than hear them explain themselves, I rushed to the dance floor and broke out my mad dance moves. After the dance, I returned to my seat only to see the girl striding back over, pointing her finger at me and saying, 'Fabulous- what is your name?....Do you mind if I call you fabulous?' Hmmm what an exciting night that was..."

-Christopher McCauluy

Trippy

"One time I was walking down the street- minding my own business, when suddenly I felt gravity pulling my face towards the concrete. I guess I wasn't paying attention because I somehow managed to trip over a homeless man. I was taken completely off guard and didn't know how to respond when he started cussing at me. So I just walked away."

Nathan Ackley

Steve Miller: Future President

Stephanie Ellenburg
the sandspur

The Sandspur is pleased to announce that Stephen Miller has been chosen to participate in the Center for the Study of the Presidency Fellows. This program has been acknowledged for more than 35 years, and involves a selective procedure that offers 85 undergraduate and graduate students the opportunity to travel to Washington D.C. and learn about leadership and public service hands on. Students are chosen from leading colleges across the country to participate in a year long study of the modern presidency.

As a fellow, Stephen explains, in addition to traveling to D.C. "I will be authoring a research paper to be published. Currently, my research concerns the relationship between presidential pardons and presidential power shifts." An interesting topic for an interesting student here at Rollins College.

If you know Stephen personally, then you know that he prefers to be called Steve; he is majoring in International Relations with a GPA of 3.96, his

resume is filled with outstanding leadership and work experience, and was honored by Central Florida News Channel 13 as "Central Floridian of the Week" in 2006. With his amazing credentials it is no wonder he has been chosen to take part in this once in a lifetime opportunity in Washington D.C.

During his stay in our nation's capital, Steve will attend policy workshops where discussions will be held by scholars on national issues. He will also be looking at events in the current news and discussing the procedures the president would go through and gain knowledge about governance in our American country.

As part of the Student Government Association here at Rollins, Steve has been the College Governance Chairman since 2005, and was in charge of managing student opinions, as well as being a part of "Katrina Relief trips and the inclusion of students on the College's Emergency Operations Committee." His knowledge of authority and control in this position has definitely been apart of what he will be bringing along to the program.

Interesting facts found on

the web site (www.thepresidency.org), the alumni of the Fellows Program, as a result of, became "Capitol Hill and White House staffers, award winning journalists, CEOs of corporations and non-profit organizations, senior military leaders, and university deans and vice-presidents."

These options are open to Steve and anyone else wanting to make a difference in their education, community services, engagement in the college community, and so much more.

Steve Miller said, "I'm very excited to represent Rollins as a Presidential Fellow. I look forward to studying the modern presidency and to networking with students from top colleges across the nation. I view this opportunity as just another example of the great experiences the Rollins' liberal arts education offers to students. I feel that my experience is certainly in line with the College's mission of educating global citizens and responsible leaders. I look forward to my research enhancing our knowledge of the potential that the power of the presidency has on the world."

Lions, Tigers, and Pigs- Oh My!

"One time when I was a young girl, I went to the zoo with my Granny. As we were walking through the exhibits something caught my eye. Now I must admit that I have never had any specific interest in pigs. However, this pair seemed quite interesting. As I walked closer, I realized that they were having sex- and seemed to enjoy it. Oh how they squealed!"

Morgan Frost

Liar, Liar

"One time I was eating out with a bunch of friends, and we were sitting at the table when suddenly, one of the guys next to me starts choking. I must admit that I wasn't the most helpful in this situation, because when I realized he was choking, I darted away from him for fear that he might puke on me. After he was "rescued", I came walking back to the table but didn't want to admit why I had run off so I pretended that I was going to get help."

Anonymous

Shocking

"One time at Rollins freshman orientation, this one girl thought that she got electrocuted because at the same time that she was cleaning out an ice machine someone took a picture and a bright flash filled the room.....(Yeah, it's good that this person goes as anonymous.)"

Travis Ray

Bottomless

"One time I was out on the water, taking in the sun, and enjoying a day of tubing when my bathing suit bottoms managed to completely come off in the water- leaving me half-dressed in the midst of everyone I was hanging out with. First, of course, I was embarrassed, but then looking back I just can't help laughing about it."

Melissa Doerk

Baked or Burnt? Rules for Cooking in the Dorm

Ariane Rosen
the sandspur

Do you wake up every so often to find that your hallway has filled with the awful reek of burnt baked goods? Or do you frequent the kitchen yourself, making meals and desserts for your roommates and friends? Either way, I'm sure you have all seen the ups and downs of cooking in residence halls.

Here are some tips for a successful residence hall cooking experience.

1) Start Simple. Until you get the hang of the kitchen, stick to easy recipes. There is no shame in starting out with break-and-bake cookies. It will help you get used to the oven and the kitchen space without making you overly stressed. Plus, you will still get rewarded with warm, melt-in-your-mouth baked goods. If you slowly work your way up, you'll be happily making full meals in no time, unless of course you become attached to the quick and easy approach.

2) Be Prepared. Make sure you double check that you have everything you need before you make the long trek to the kitchen. Also, have all your ingredients out and ready before you start cooking for an easy and stress-free process. Be sure to allot yourself the plenty of time to cook.

3) Clean. It's common cour-

tesy. You expect to find the kitchen clean when you go to use it so show the same respect to others. If cleaning is the worst part of the cooking experience then try spreading it out.

4) Don't Burn the Food!! Burning food in the kitchen is the easiest way to make enemies in your hall. There are a few ways to avoid burnt food. First of all, don't leave the kitchen area. Leaving the kitchen area makes it very easy to lose track of time. If you have to leave, be sure to set yourself an alarm. This is not your kitchen at home. It may take more or less time for things to cook in these ovens. My advice is: check the food early and often to avoid any mishaps until you have the oven figured out completely. If you do end up burning the food make sure to clean it up thoroughly; you don't want the floor to smell worse than it has to.

5) Bring Friends and Share. Cooking, cleaning, and watching the oven can seem like tedious work. If you take your friends along, it suddenly becomes a fun bonding experience. After all the fun is done you'll also have plenty of people to share the calories with. If you want to earn extra brownie points amongst your fellow residents, share baked goods with whomever you happen to see.

Opinions

EDITOR: TANISHA MATHIS

12 OPINIONS@THESANDSPUR.ORG

Silencing Free Speech or PR Tactics?

Julio Carrion
the sandspur

Some people are very adamant when it comes to doing the things they do, right to the point of what some (or most) would deem foolhardy. Andrew Myers is just that type of person. For those who did not hear the news or saw the videos on the internet he is the University of Florida student who was tasered in front a live student audience and senator John Kerry (D-MA).

The media became aware of the story and the video, dozens of protesters filled the campus calling for the punishment of those involved, police departments across the nation again reviewed their taser procedure, and yet another politically charged incident is propelled into the national spotlight. There was definitely an outcry over such an incident, from around the world as well, and as Myers was released from his overnight stay in jail he basked in the media spotlight that spawned from it.

Was this an example of

excessive police force as many claim, or was it an example of something else? The facts don't change, the guy was tasered in that auditorium and he did spend a night in jail. It is also a fact that being tasered is not a pleasant experience (something that can take down a 200lb linebacker in 2.5 seconds is a very painful experience.)

However, the motives behind the action have to be called into play to form a more complete picture of the puzzle. The motives of the campus security officers, the ones who are under the most fire so far, are not that different from that of other officers. They are charged with keeping the peace and the outer security barrier of the V.I.P. (in this case Kerry), a duty that no one questions.

In the past they have removed, sometimes using force, unruly students or audience members that caused trouble. When it came to this particular case the officers first moved by using verbal warnings to Myers, telling him his time was up and that he should let the other students use the mike. As the event unfolded

the verbal warnings escalated to verbal threats ("if you don't stop your going outside") and culminated when Myers's mike was cut off after he said a profane statement but decided to continue shouting his words.

The final piece for the officers was the physical struggle that took place. Myers is clearly shown pushing the officers away from him and as they surrounded him as he was struggling with kicks and elbow slams. The officers decided to tase him, they tried twice (one misfired so another was fired) and finally subdued him, the whole event was captured by multiple cameras. As a result of the outcry two of the officers were put on paid leave and an investigation has been launched.

For the rest of the pieces of the puzzle we need to take a look at the motives of Myers himself, as he is the cause for the events that transpired. He is a political activist on campus of the left leaning kind and is no stranger to controversy. He is well known for his, at times, incendiary remarks as well as other attention grabbing stunts.

His most well-known up until this point was during the Harry Potter book finale when he bought the book, read the last chapter, then wrote the ending on a board and flashed it on several intersections causing a great outpouring of angst against him. He styles himself much like a self-righteous reporter, seeing his work and purpose as above reproach, and like many of these types he craves the attention. He even handed out the cameras that filmed the event; wanting to make his time on stage was a performance to remember.

Even after the arrest he wanted to make sure that those videos were spread throughout the internet and media. While he had the mike he consciously went over the time limit and continued to ask his questions, questions that while started innocently enough quickly escalated to a profane rhetoric resulting in the mike being shut down. In the scuffle that started when the officers attempted to escort him from the building he pushed, kicked, and elbowed the officers all while pleading that "he did not do anything."

After making a grand show and bruising the officers Myers was finally confronted by the tasers. "Don't tase me please don't tase me bro" he said over again, all while still struggling with the officers. A better move on his part would have been saying "I give up!" and stop kicking the officers in the shins.

What was later learned by the public was his remarks after the incident, he is quoted with saying "I am not mad at any guys, you didn't do anything wrong, you were just trying to do your job." He is also quoted with wanting to know how the incident was being viewed by the media. What was the ultimate motive for this event? What was the point this guy was trying to get across? Many believe he has pulled off one of his greatest attention getting stunts to date, while other contend this is free speech leading to arrest.

We probably won't know the answer until the still smoldering fires of controversy calm down. Who knows, perhaps it was that fire that Myers wanted the most.

The Not-So-Honorable Pledge

Honor is a very important

Daniel Paulling
the sandspur

characteristic here at Rollins College. However, it's also in very short supply. Now, I'm not trying to make any rash generalizations about the students here; I'm just reasoning from the administration's necessity to implement an honor code.

If we truly were well-behaved students, we wouldn't be forced to agree to something that stipulates how ideal students are supposed to

behave. If we truly were well-behaved students, we wouldn't be forced to write something on every assignment we turn in to reconfirm our honor for one more class period.

But I guess we're in need of an honor code.

Now, I understand that there are several good schools with honor codes employed. Stanford, Vanderbilt, and Williams are but a few. These are excellent schools that deserve the utmost respect. It would be excellent if Rollins - obviously the best college in the south, according to US News and World - were considered on the same level as them.

But shouldn't students here

deserve some respect? Why is there a need to treat them as if they are still in high school? The majority of students at Rollins can drive a car, vote, and die in a war. But we need to be reminded that plagiarism is bad every time we turn in an assignment? I don't know about you, but I already knew that.

The honor code has been successful. Several students were caught violating the terms set forth last year. Every critic has to step back and applaud a system that is working, and I do. But was the old system of keeping everything between a teacher and a student not working at all?

How adept has the honor

code been at stopping cheating and how adept will it be at stopping cheating in the future? Students, if they have been cheating in the past in order to keep up with those who don't, will keep cheating. They know that it's wrong, but it sure beats actually studying for a test or doing homework. To think an honor code is going to stop an entire collection of cheaters is just wishful thinking.

So, should we just sit back and let cheaters go unimpeded? Call me naïve, call me wishful, call me whatever, but I just don't think that cheating was such a huge problem on campus to begin with.

Last semester, I wrote a

story for the Sandspur which asked, Is the honor code really working. None of the people interviewed would answer the question of how prevalent they thought cheating occurred on campus. If you're going to implement something major such as an honor code, shouldn't you have a general idea of how many students really are cheating?

Maybe I am just a wishful thinker. Maybe I do underestimate how common cheating is at Rollins and we really do need an honor code. So, shame on all of us.

Want to share your opinion? Send us a Letter to the Editor!

Email: editor@thesandspur.org

DISCLAIMER: THE VIEWS EXPRESSED WITHIN THE OPINIONS SECTION ARE ENTIRELY THE OPINIONS OF THE INDIVIDUAL AUTHORS, AND DO NOT NECESSARILY REFLECT THE VIEWS OF THE SANDSPUR STAFF OR ROLLINS COLLEGE. PLEASE ADDRESS ANY COMMENTS, OPINIONS, RANTS, OR RAVES TO OPINIONS@THESANDSPUR.ORG.

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"Unassuming yet almighty, sharp, and pointed, well rounded yet many-sided, assiduously tenacious, victorious in single combat and therefore without a peer, wonderfully attractive and extensive in circulation; all these will be found upon investigation to be among the extraordinary qualities of *The Sandspur*."

Debating Universal Healthcare in America

Shannon Post
the sandspur

Health insecurity in this country is higher than ever. 45 million Americans lack insurance, including 9 million children. Contrary to popular belief, most of the uninsured are from working families. Given the increasing costs of healthcare it is economically rational for employers to keep part-time workers who do not qualify for benefits or to simply not offer health insurance altogether.

Even those who are insured face shrinking coverage and higher premiums, putting a squeeze on middle class families. Access to quality services is restricted to those who can afford them, leaving tens of millions of Americans without preventative care that would save countless lives and dollars.

The question of universal health care is a moral one. Access to health care should be a basic human right, not a privilege, especially in the wealthiest country in the world. Shamefully, the United States is the only Western country that does not provide health care for all of its citizens. Our per capita expenditures on health care are the highest, yet the quality of care is pitifully low in comparison.

A majority of Americans support universal health care—that is to say, universal access to quality care—yet it has failed to become a reality in Congress.

The leading Democratic presidential hopefuls, Clinton and Obama, offer incremental solutions like tax credits, guar-

anteed eligibility, and portable plans that aim to expand coverage to the uninsured. Edwards' plan goes a step further, creating regional "Health Care Markets" to increase choices and cut costs, and then requires every American to have health insurance in one way or another (making Edwards' plan the only one to reach true universality).

However, these three candidates leave the current private system intact, proposing government intervention to varying degrees. Much like the Republican candidates, who propose minimal government regulation with 'free market' solutions, they offer to put a bandage on a gaping wound.

These candidates reflect the opinions of a majority of Americans who do not favor a government-run health care system. The unfortunate reality is that the stakeholders in the status quo—the providers, insurers, suppliers, and more affluent and healthier Americans—have an enormous influence on the public and political discourse. Plans for national health insurance are attacked in the (allegedly liberal) media and in the centrist political arena.

Democratic presidential hopeful Dennis Kucinich's plan for a universal, single-payer, not-for-profit system is marginalized in mainstream dialogue on the issue because it threatens to dismantle the unequal status quo. His plan is what most people think of when they hear the phrase 'universal healthcare'—a phrase erroneously associated with socialism and 'big government' to scare the public.

The wasteful and ineffi-

cient private, for-profit system is the fundamental problem. While most people associate bureaucracy and government, one-third of the private insurer costs are actually devoted to administrative staffs. Many government-run social service programs are actually incredibly efficient, and there is reason to believe a national health care system would have low overhead costs as well.

Revealing the waste of the current system, pharmaceutical companies spend millions marketing drugs (one-third of their entire budget) and altering existing medicine to maintain profits when generics hit the market. Moreover, both the insurance and pharmaceutical industries spend tens of millions of dollars lobbying Congress and contributing to political campaigns. The savings from the current waste alone would be enough to cover every American at current costs (about \$5,000 per person)—all without raising taxes.

Yet given the vested interests, a government-run health care system will not come to the forefront this election year. John Edwards is the only leading candidate to offer true universal coverage, but nevertheless, he is constrained by campaign contributions and an American public misinformed by those who want to preserve the status quo.

I encourage everyone to question what the mainstream media and politicians tell us about health care. Can a for-profit system—one that answers to shareholders instead of human needs for medical care—truly serve the public interest?

Michael Ballough
the sandspur

Let me begin by saying that every American should be able to access healthcare; there are not people in this country that I would wish sickness on and then deny them medicine. That being said, the government should not be responsible for organizing that healthcare. Yes, the government should always be a watchdog to ensure fair medical practices and yes, the government should have the right to subsidize healthcare for the impoverished, but what the government should not do is impose new taxes aimed at universalizing healthcare or pass legislation mandating that every person get coverage.

Unfortunately, the Democratic presidential hopefuls have highlighted their primary agendas with plans to universalize healthcare and mandate coverage, and because it is such an attractive offer to voters—the voters that Democrats are targeting—people are wildly excited at the prospect. Because lack of healthcare is a large issue in the middle to lower-class, the Democratic plans would be paid for by increased taxes to higher income individuals. This means no tax increases for middle to lower-class families, plus free or subsidized healthcare. For a Democratic voter, this prospect is too good to ignore.

Leading Republican candidates have said little on the subject, but do readily denounce such a radical term as

universal. Republicans instead speak of healthcare reform that would aim to keep the financial responsibility on the individual—where it should be. Rudy Giuliani (R) and Mitt Romney (R) propose tax breaks to help people buy private healthcare if they wish, while John McCain and Fred Thompson do not have plans yet.

Financial responsibility is what this issue inevitably boils down to. The most staunch Republicans and freethinking Democrats would all agree that people deserve to see doctors, but when it comes to who will pay for it the sides differ.

In the long run, a gradual phasing in of tax breaks to help individuals cover healthcare would be the best thing for the health of the country. The funds for Social Security and Medicaid are already stretched to their limits with a growing elderly population, so to add comprehensive healthcare to the things the government pays for will further stress a government with enormous national debt.

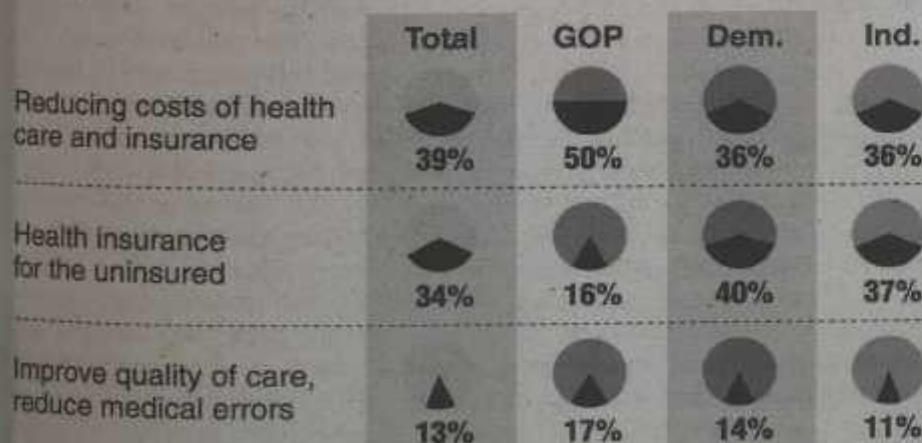
The worst thing about universal healthcare is that Democratic candidates seem to be using it as a means to get primary votes. Because of this, the issue is more of a political ploy than something they actually believe in. How else can you explain the outlandish statement by Democratic frontrunner Hillary Clinton on CNN, "if you are one of the 47 million uninsured...you'll be able to go into the same plan that members of congress have."

Health care and voters

After Iraq, Americans rank health care as a top issue they want presidential candidates to discuss, according to a recent poll.

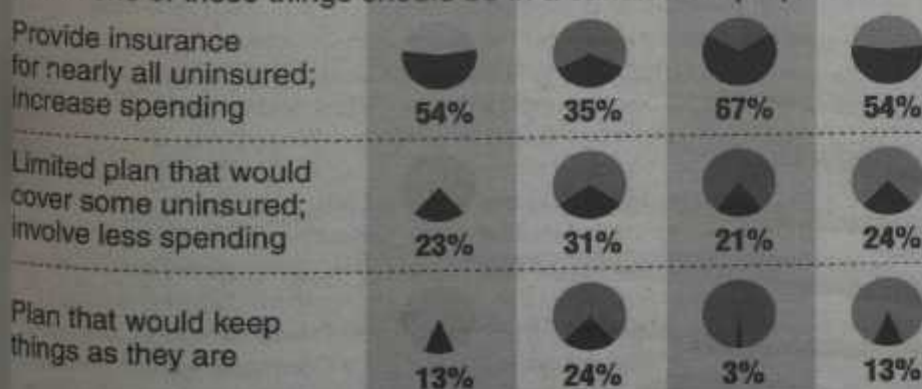
Health care concerns vary by party

Issue you would most like to hear candidates talk about



Candidate health care proposals

Which one of these things should be in a candidate's proposal?



Source: Kaiser Family Foundation poll of 1,500 adults, Aug. 2-8, 2007.
margin of error: +/- 3 percentage points
Graphic: Angela Smith, Judy Treible

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Clinton's health care plan

Highlights of Democratic presidential candidate Hillary Clinton's plan to lower costs and cover the 47 million who are uninsured:

Who's covered	Required of all Americans
Cost	\$110 billion
How to pay for it	End Bush-era tax cuts for those earning more than \$250,000 per year
Plans	Can keep current coverage or use expanded versions of Medicare or federal employees health plan
Employers	Must offer workers insurance or contribute to government-run pool to pay for those not covered
Tax credits	For small businesses to afford to offer workers a plan; for working families to afford premiums
Costs, security	Plan would lower costs by stressing modernization, efficiency; coverage would continue despite job loss, major illness; no discrimination for pre-existing conditions
New taxes	For Americans with incomes above \$250,000 would pay taxes on a portion of generous employer-provided plans

Source: HillaryClinton.com, AP, McClatchy Washington Bureau
Graphic: Lee Hulteng, Judy Treible

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Sports

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EDITOR: DANNY TRAVIS
SPORTS@THESANDSPUR.ORGTars Host Tennis
TournamentKatie Jones
the sandspur

Tennis players from across Florida brought their talent and sportsmanship for the C.L. Varner Memorial Invitation this past weekend. Athletes from the University of Central Florida, Palm Beach Atlantic, Florida Gulf Coast and Florida Southern played in the extreme heat of the tournament, introducing competition and skill for the upcoming season. The new freshman arrivals of the women's tennis team proved to be a dynamic force at the invitational. Freshmen Roshni Luthra and Margaret Junker were the only two members of the Rollins lineup that made it to the finals on Sept. 23. They both played extremely well against fierce competition. The majority of their matches involved challenging girls from the University of Central Florida, a Division I school. A majority of the opponents were also upperclassmen. From the performance of Luthra and Junker, the start of the season began strong.

Luthra took online classes for her high school education through the University of Miami. She did not attend a high school where she could play tennis, but she did attend the Harold Solomon Tennis Institute in Fort Lauderdale. Luthra's tennis instructor was instrumental in establishing contact between Luthra and the women's tennis coach, Beverly Buckley, here at Rollins. "Tennis was a huge part of my decision to come to Rollins." Our strong tennis program has attracted many incredible athletes in the past," Luthra said.

On Sept. 22, Luthra played two singles matches and

one doubles match. She also competed in one doubles match and one singles match on Sept. 23. Roshni beat out tough competition from UCF in her singles matches. She triumphed over Erin Conroy (Florida Southern), Elvira Surrot (UCF), and Kyla McNicol (UCF) in challenging contests. Throughout the weekend she remained undefeated and tied 2-2 with Anne Yakimchenkova (UCF) in the first set of the finals match that ended up being rained out and eventually cancelled. Roshni also made it to the finals in doubles matches with Marnie Mahler, an All-American for the Rollins team. They defeated Hungerford and Conroy of Florida Southern and Belbacha and McNicol of UCF, both with a score of 8-5. They did, however, lose to Serrot and Yakimchenkova of UCF in the finals match with a score of 8-5.

Junker hails from St. Joseph's Academy in St. Louis, Missouri. Rollins' strong psychology department and the reputation of the tennis team finalized her decision on choosing to continue her education at Rollins. Junker played a total of four singles matches, winning three and having her fourth match declared incomplete due to rain. Junker managed to beat Lina Rubiano PBA in the first match and followed up with two more wins against Mai-Han Nguyen of Rollins and Jennifer Carati of UCF. Her final match was against Jenny Frisell of UCF. In doubles, Junker and Sonia Bernal won two consecutive matches, but lost in the finals to Frisell and Carati of UCF with a score of 8-2. "I felt like I played just as I always do, though I starting feeling sore towards the end of the weekend," Junker said.

Two athletes were taken by ambulance to the hospital due to heat related injuries and illness. Many players started cramping at some point during the tournament due to dehydration. Luthra collapsed during one of her matches due to a cramp and was given a three-minute training time, but she still managed to succeed over her opponent.

Both of the freshmen recruits competed well in the finals, but unfortunately the weather did not cooperate. The finals matches were constantly getting postponed due to rain and eventually cancelled and declared "incomplete." Both Luthra and Junker appreciated the support of the community and fellow teammates.



KATIE JONES/the sandspur

BOOM: Margaret Junker serves one right down the throat of her opponent. There were no survivors

Bonds' Ball
Branded for LifeDaniel Paulling
the sandspur

It was a novel idea presented by Marc Ecko. Ecko, the creator of the *ECKO UNLTD. line of clothing, decided to put the fate of Barry Bonds' 756th home run ball, which set the new all-time home run record, in the hands of the voting public. They decided to brand the baseball with an asterisk and send it to the Hall of Fame.

The asterisk is a symbol of Bonds' presumed steroid usage. He has never admitted to knowingly using performance enhancing substances, but leaked grand jury testimony reveals that Bonds said he unknowingly abused them. Furthermore, there have also been multiple questions concerning Barry Bonds' personal trainer, Greg Anderson, and Victor Conte, who Bonds allegedly received performance enhancing substances from.

Ecko won the bidding on Sept. 15 by paying more than \$750,000. Estimates done by auction houses placed the value

of the ball as high as \$600,000. The highest price ever paid for a historic home run ball was the \$3 million dished out by Todd McFarlane for Mark McGwire's 70th home run in 1998. The disproportion in price can be attributed to Bonds' presumed steroid usage and fans' beliefs of Bonds as a surly, selfish player.

Other options for the ball's fate were sending it to the Hall of Fame unblemished and shooting it into space. The former received 34% of the more than 10 million votes, while the latter received 19%. Sending the ball with an asterisk garnered 47% of the votes.

Ecko's idea was not well received by Bonds. The new home run king called Ecko "an idiot."

Matt Murphy, a 21-year-old college student who caught the ball during a layover in San Francisco, sold it after realizing he would not be able to afford the ensuing taxes for keeping it.

His desire was to send the ball to the Hall of Fame without any sort of branding. Ecko wanted to place an asterisk on it.

Ben Padnos purchased Bonds' 755th home run ball, the one that tied Bonds with Hank Aaron for most career home runs, for \$186,750. He is allowing fans to decide whether to save the baseball or destroy it at his website endthedebate.com. The website does not have any information as to when it will release its results.

The home run ball that might receive the most interest in the future is the last of Bonds' hits this season. Bonds' current team, the San Francisco Giants, revealed they will not bring back their slugger next season, and he received little to no interest from other teams when a free agent last offseason. Bonds wants to play one more season, but 2007 may be his last.

The Hall of Fame, located in Cooperstown, NY, previously said they would display the ball even with an asterisk on it. This is still the case.

"We're happy to get it," said Hall of Fame president Don Petersen in an interview with the Associated Press. "We're a nonprofit history museum, and this ball wouldn't be coming to Cooperstown without Marc Ecko buying it from the fan who caught it."

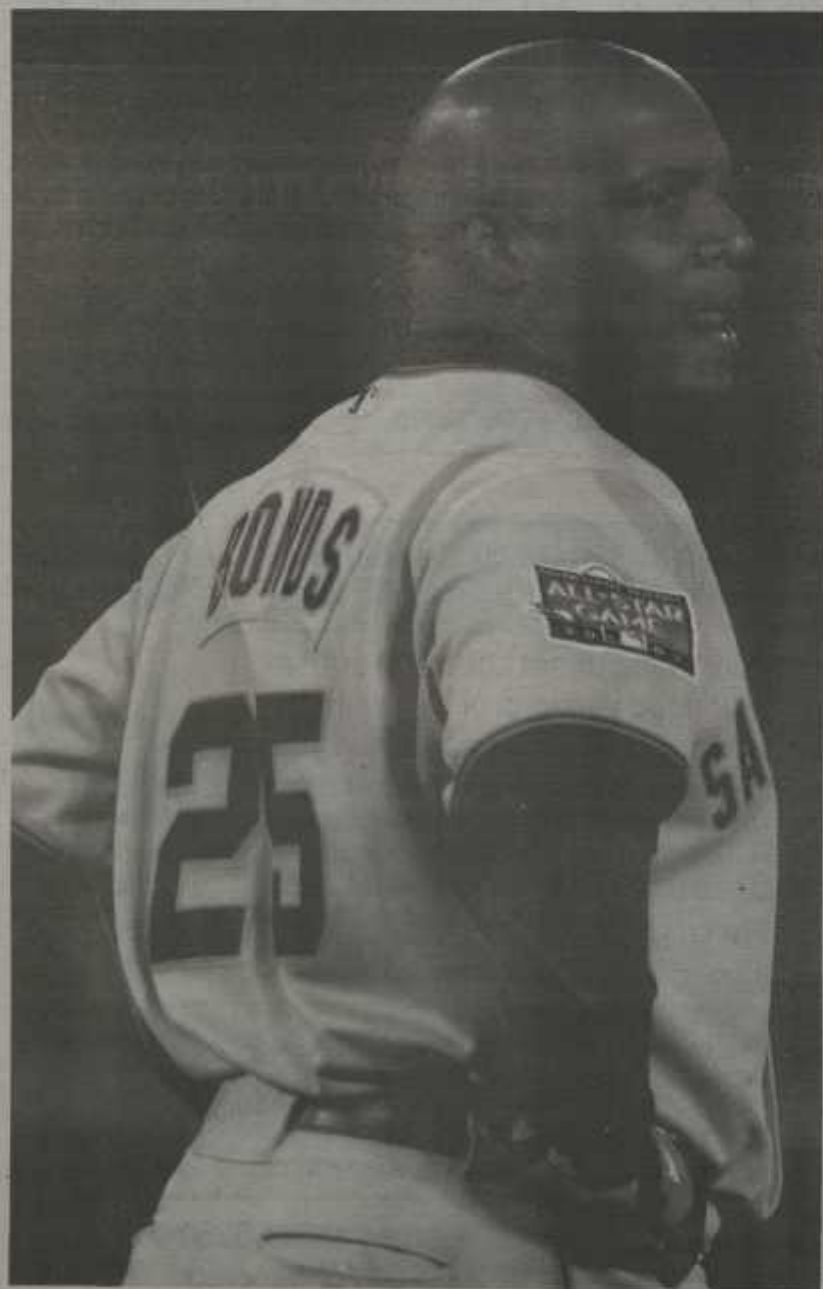


PHOTO COURTESY OF MCT CAMPUS

BRANDED: The ball that Barry Bonds belted out of the park for number 756 will be sent to Cooperstown, branded with an asterisk. This man would never survive under the honor code.

Athlete of the Week

Erica Tibbetts

Omar Rachid
the sandspur

I've never met such a multi-talented person such as Erica Tibbetts. A senior in the Honors Degree Program, she is double-majoring in English and Studio Art—and above all that, she is this week's The Sandspur Athlete of the Week. You have probably seen her around campus; from Out-Reach posters, to Peer Mentoring the Honors RCC Culture Wars, she is a very visible person.

This year, Erica has focused on cross country and crew, although she has played soccer ever since she was five years old. She is on the crew team because she found the combination of a water sport that stressed the skills of concentration and teamwork. It has been a year since she started crew here at Rollins, but she has just started cross country this year after have been running for her personal benefit since she was a freshman in high school. For her first two years at Rollins she played on the soccer team but

later stopped as she found her passion for crew.

She shared an interesting story about her crew competition last May. In the biggest collegiate regatta, Rollins sent a crew team of around 12 students to participate in this four-day competition that took place in Philadelphia after the spring semester session ended. Most schools had teams of 25-30 teammates, and despite the odds, her boat came in 4th out of 42 competing boats. There were nearly 1000 competitors but says that the timing was perfect: school was out so they did not have to deal with the stress of homework, missed exams, etc. They were entirely focused on the competition and their efforts paid off, she expressed her hope to go back this upcoming spring.

To get to know more about Erica, I posed some personal questions she did not mind sharing with The Sandspur. Her favorite TV show was Friends and admitted that she and her roommates will put on the DVD of the tenth season and relish one of the best sitcoms ever to have been shown on TV. Phoebe is the character she would like to be because, "Although she is flaky, she's very smart too." Erica is one of the few people to have answered the question of "which superpower would

you like to have," so stylishly and frankly. It took her a while to figure it out but she finally came up with "timelessness." When asked to expand on that, she expressed her desire to know the future and the past simultaneously. More specifically, she does not want "to be restrained by time" to pursue her life goals. One of her dreams will be met in the near future, as David Beckham is now closer than ever. "I've been obsessed with him for so many years, I have posters of him all around my room, and now that he's here—I've got to go see him." She was referring to how David Beckham transferred from the Real Madrid in Spain to the Los Angeles Galaxy soccer team in a quarter-billion dollar contract.

She has considered coaching as a career, more specifically, coaching either crew or soccer at the collegiate level because she worries she'll miss the excitement once she graduates next May. What I most admire from what I learned from her was her commitment. She's up at the gym every day at seven when the doors open because she voiced her concern that "Athletics is sometimes seen as unnecessary when in reality it teaches time management and discipline."



OMAR RACHID/ the sandspur
TIMELESS EXCELLENCE: Erica Tibbetts will keep on running down her dream, going wherever it leads.

Rollins Lacrosse Supports Our Troops

Yoni Binstock
the sandspur

No matter your view about either the war in Afghanistan and Iraq we can all agree that we want our soldiers to be safe. Here at Rollins, the men's and women's lacrosse teams are fundraising to help out the troops. I had the opportunity to interview freshman men's lacrosse player Louie Thompson to answer all my questions about their fundraising efforts. Louie told me that the charity service they are using to help the troops out is called Adopt-A-Unit. They selected the 504th parachute infantry regiment unit and the 173rd Airborne Battalion Combat Team (ABCT) task force saber unit.

They are collecting money as well as any supplies the troops might need. Some suggested supplies that the troops would need are powdered drink mixes, toothpaste, snack foods, chapstick, hand sanitizer, protein and snack bars, magazines, pain relievers, pen, sunscreen, chewing tobacco, insect repellent, and febreze. A list of other

supplies can be found at <http://news.rollins.edu/07adoptaunit.shtml>

Twice a semester the men's and women teams go out into the Winter Park village and station themselves outside of stores, such as Albertsons Food and Drug and Walgreen stores, so they can ask people going in to buy supplies for the troops. Donation boxes are stationed all around campus, such as Olin Library, Alford Sports Center, Cornell Social Sciences, Crummer School School, Cornell Campus Center, the bookstore, and the Holt School, and in the Winter Park Library and the Winter Park village hall. This fundraising effort is taking place from September 22nd to December 14th. "Our main goal is to help out the troops in Iraq and Afghanistan, as well as promote the new Rollins LAX teams" Louie said to me.

This the first year of both the men's and the women's lacrosse teams, and they are certainly making themselves well known.

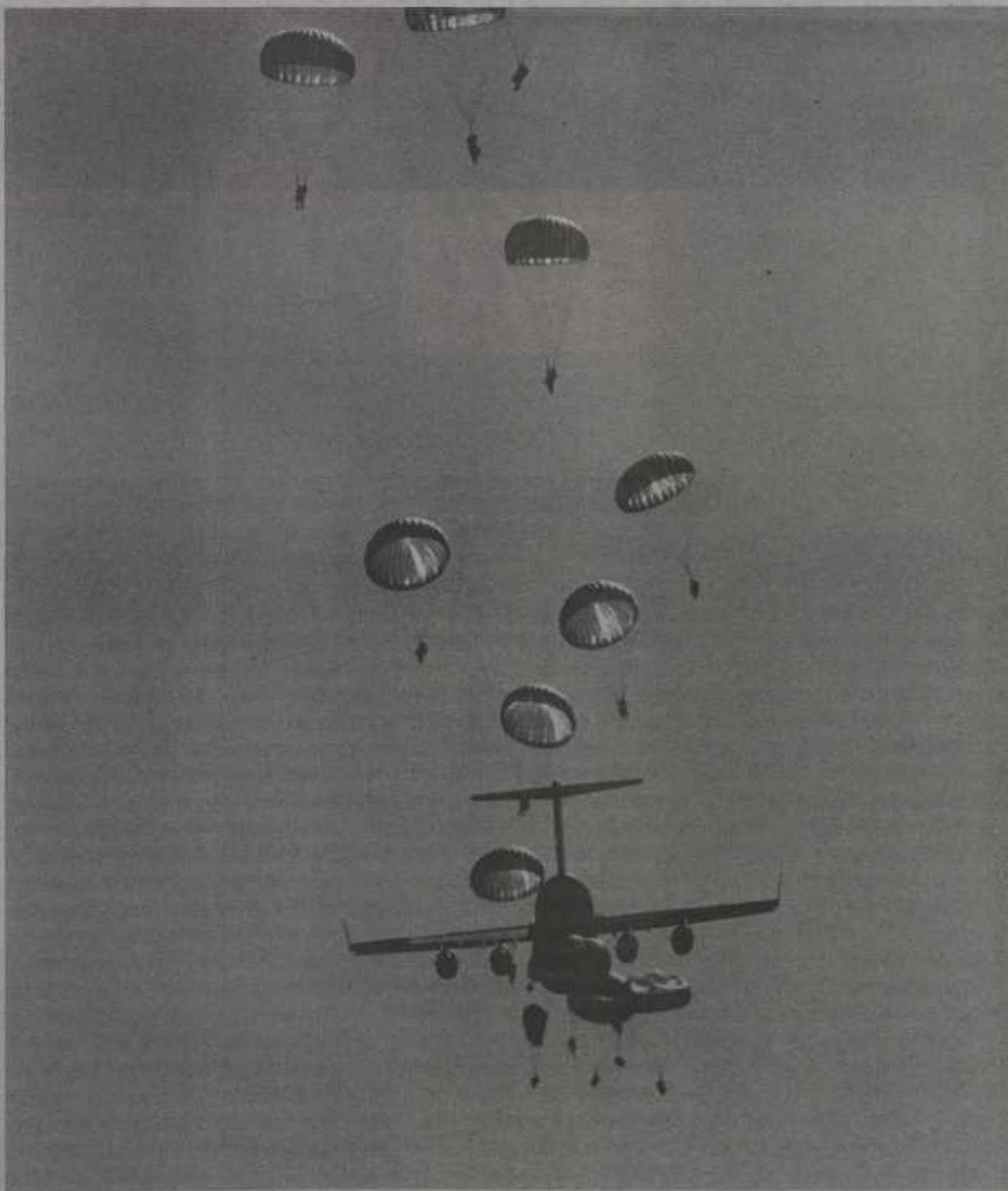


PHOTO COURTESY OF MCT CAMPUS
PARATROOPERS LOVE TARS: The Rollins Lacrosse team is doing their part in supporting our troops, however, they can not fix a broken parachute.

The Hidden Gem of Rollins College: *The Harold & Ted Alfond Sports Center*

Ariel Krieger
the sandspur



MONDAY:

Class: Abs & Core
Time: 5:30 PM
Instructor: David

TUESDAY:

Class: YOGA
Time: 7:00 AM
Instructor: Theresa

Class: Body Works
Time: 5:30 PM
Instructor: Gary

Class: Total Body
Time: 6:30 PM
Instructor: Theresa

Sweat, adrenaline-rush, large screen TV's and the pumping music... why not head to the Alfond Sports Center to tighten up your bod?

One of the greatest things about going to the gym, of course besides working out while staring out at the beautiful Lake Virginia, is all of the wonderful opportunities the gym gives the student body. Sometimes it is hard to push yourself to work out on your own. This could be from lack of motivation, laziness, or simply the idea of not knowing HOW to work out. Well for all of you Rollins students out there who desperately want to hit the gym, but can't seem to figure out what to do there, then you are in luck! Nathan Arowsmith, who is in charge of intramural sports, has set up great group oriented work out classes for everyone to enjoy. These classes vary in their techniques and skill levels and so they are appeal to anyone trying to find a great work out. Every day of the week there are numerous classes taught by motivated and energetic teachers who get you up off of your feet and pumping blood and oxygen through your bodies.

The following is a schedule of classes offered which everyone should definitely check out when you get the chance. All of the classes are located in the dance studio (ROOM 129) right next to the gym.

For all of you who are not interested in work out classes but are still interested in being active, then you are also given the option of getting involved in Intramurals. You are able to play tennis every Wednesday night in 6:00 PM on the tennis courts by the gym. There is also going to be the opportunity to challenge President Duncan in a Ping Pong tournament on October 2nd. If you are more of the Volleyball type then I would highly recommend playing on October 6th, 8th, or the 10th.

Wednesday:

Class: Abs & Core
Time: 5:30 PM
Instructor: David

THURSDAY:

Class: YOGA
Time: 7:00 AM
Instructor: Theresa

Class: Body Works
Time: 5:30 PM
Instructor: Gary

Class: Total Body
Time: 6:30 PM
Instructor: Theresa

Friday: class: Yoga Time: 5:30 PM Instructor: David