Thursday.
UFC puts up a fight against heart disease

UNDIS BURY
Correspondent

Thirty-five UFC teams helped to raise $28,040 toward the fight against heart disease and stroke on Saturday by participating in the American Heart Association Walk.

UFC’s total exceeded its initial goal of $20,000. In addition, they recruited 873 UFC team members, 275 of their recruitment goal of 500, according to the Heart Walk’s website.

The University of Central Florida participated in the Heart Walk for the past seven years, and we’ve raised nearly $80,000 for the American Heart Association during its fight against cardiovascular disease and stroke,” said President Hitt in an online streaming video.

UFC’s new model: sell our company in fundraising, according to the Greater Orlando Heart Walk website. Money is being raised after the Heart Walk is over, however.

It’s eight years ago this fall for the walk. Loch Haven Park was filled with participants of all ages. Some even included their dogs in the walk.

There was an array of support through colored team shirts and red baseball caps signify survivors of heart disease and stroke.

Bob Armantrout, a survivor and intern director for Strategic Planning, sported the red baseball cap and was joined by his wife Julia Petet-Armantart, plate dean of learning and knowledge management.

It was their second consecutive year at the College of Medicine. “I feel great and I’m trying to have a regular exercise routine,” Bob Armantrout said.

According to Armantrout, said “I feel absolutely great.”

Darlene J. Douglas, administrative director for the Center for DUI Counseling and Learning part of the UFC team, said the increase in participants is a positive sign.

“It’s fabulous. People are turning out more and more each year,” Douglas said. “More people are giving back, I think, to raise awareness of the disease. The American Heart Association are doing a great job with getting the word out about heart disease.

Another survivor, Robin Roberts, Director of the School of Accounting and Burnett Business School, along with his wife, walked with the College of Education, Smarter team.

Roberts was always aware of heart disease in his family and always lived a healthy lifestyle, but he would eventually have to undergo surgery for his heart. That day came when he started feeling symptoms and Angina, heart muscle or an area of the heart muscle does not get enough oxygen-rich blood, can cause chest pain and trouble breathing.

Roberts went through a quadruple bypass surgery for blocked arteries in May of 2007 at the age of 40.

“I felt so much better immediately because your body starts getting the oxygen that it needed,” said Roberts. “That’s why the American Heart Association teaches us about the importance of being healthy and exercise and keeping your heart healthy. With what I had been doing, I caught and treated after recovery to have a high-quality of life.”

Research funded by the American Heart Association has contributed to heart drugs, the heart, organ and surgical techniques to heart disease.

Research advances are making it possible for many to call themselves "survivors," according to a release by Nancy Gay, Communications Director of American Heart Association Greater Southeast Affiliate.

Other activities during the walk included live entertainment, a shoe clinic sponsored by Trick Stack, a blood-pressure check tent, food and refreshments and a kid zone.

“We are really excited and we feel that we raised more money this year,” Gay said. “We are also really excited about the turn out with the walk.”

Of the 32 UFC teams, the top-five fundraising teams were: Team PFL, Team College of Medicine, Team Student Development and Retention Services, Finance and Accounting, and Academic Affairs Knight Walkers.

UFC's participants began their day with pre-walk refreshments and a kid zone.

"It's fabulous. People are turning out more and more each year. More people are giving back.

Friday: H:84% T:STORMS Low:73%

Wednesday: H:83% SCATTERED T-STORMS Low:72%
Conference on green lifestyle will come to UCF

JILLIAN KRATKE

UCF will host the third annual Campus and Community Sustainability Conference Oct. 19 through the 21. The conference will offer information on the best ways to live a green lifestyle and promote green culture.

The theme of the conference is “The 3 C's of Sustainability: Communication, Community involvement and Campus Environment.” More than 400 leaders from government agencies, universities and businesses are expected at the conference.

Many of these individuals are also sustainability program coordinators.

Michelle Murphy of Campus Outreach and Programming for Sustainability and Campus Environment said, “The conference will help advocate to the community on sustainable initiatives underway at UCF, while helping the Sustainability Alliance understand the goals that still need to be set.”

Both the faculty and student sustainability alliances at UCF work to put forth sustainable initiatives under the Sustainability Alliance umbrella and will be a part of the conference.

“The Sustainability Alliance came from a need for everyone to open up lines of communication in order to unite the UCF’s commitment to reducing its impact on the environment,” Murphy said. “The conference is two days long, and will include panel presentations and workshops.”

The event will be held at the Maitland Center for a Sustainable Florida, and is coming to Orlando after originally being held at Florida State University.

Registration is open to the public, and the alliance has worked to keep costs low:...

The Sustainability Alliance came from a need for everyone to open up lines of communication in order to unite the UCF’s commitment to reducing its impact on the environment,” Murphy said. “The conference is two days long, and will include panel presentations and workshops.”

"Students can have their registration fee waived if they volunteer for five consecutive hours during the conference," said Andrea Sazaklis, Assistant Coordinator of the 2009 Campus and Community Conference, said. "Please e-mail sustainableUCF@mail.ucf.edu if you are interested in this option." Registration fees are $59 for students, $295 for government agencies and universities and $699 for the private sector.

Reduced and waived registration fees are available for those who qualify.

Anyone can register through the Web site at www.sustainabilityconference.org.

Secret garden

A serene scene at the Maitland Art Center offers visitors a quiet place to reflect on their day. The Center was founded in 1938 on W. Packwood Avenue.

The Maitland Art Center offers visitors a quiet place to reflect on their day. The Center was founded in 1938 on W. Packwood Avenue.

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Carsons William died of multiple gunshot wounds after being shot in the chest and abdomen on Monday night. Monogramm's head and neck were found in his bed, where he was lying on his stomach, with a bullet wound to his back. At the time of his death, he was standing outside the house, police said.

A boy, 12, was killed and another boy, 8, was injured in a shooting in the Chicago neighborhood of Englewood early Friday morning. The boys were playing with a toy gun when a man walked up to them and fired shots, police said.

A 17-year-old boy was shot and killed in a park in Chicago's South Side neighborhood early Saturday morning. The boy was playing basketball when he was shot in the head, according to police.

A 35-year-old man was shot and killed in a park in Chicago's West Side neighborhood early Sunday morning. The man was playing basketball when he was shot in the head, according to police.

A 13-year-old boy was shot and killed in a park in Chicago's South Side neighborhood early Monday morning. The boy was playing basketball when he was shot in the head, according to police.

A 16-year-old boy was shot and killed in a park in Chicago's West Side neighborhood early Tuesday morning. The boy was playing basketball when he was shot in the head, according to police.

A 15-year-old boy was shot and killed in a park in Chicago's South Side neighborhood early Wednesday morning. The boy was playing basketball when he was shot in the head, according to police.

A 14-year-old boy was shot and killed in a park in Chicago's West Side neighborhood early Thursday morning. The boy was playing basketball when he was shot in the head, according to police.

A 13-year-old boy was shot and killed in a park in Chicago's South Side neighborhood early Friday morning. The boy was playing basketball when he was shot in the head, according to police.
Real estate leaders speak at UCF

MICHELE DEBBY
Contributing Writer

On Thursday, the UCF Real Estate Academic Leaders hosted their first informational meeting with guest speaker Terry Delahunty, head representative of the National Association of Industrial and Office Properties, Central Florida chapter.

President Lenny Destefano formed REAL last year, and it became an official registered club last spring. They have an active group of 25 members and hope to make the club grow throughout this year. "We're trying to do two things," Destefano said. "We're trying to make people aware of all facets that are of real estate, and we're also trying to bridge the gap between local community and real estate professionals."

NAIOP is the nation's leading trade association for developers, owners, investors, and managers and other professionals in industrial, office, and mixed-use commercial real estate. NAIOP has provided UCF with $5 million in donations, as well as an ice-part educational series that began last week.

The NAIP series consists of classes that teach students information needed to be successful in commercial real estate. After the classes, the students have to take the information they have learned and develop a project based on a provided case study. The project is then presented as a panel of judges.

"If you want to be part of the profession, you'll want to be involved," Delahunty said. "NAIP is instrumental for pushing a real estate school here at UCF."

Delahunty hosted his session on assembling the developmental team and the challenges that arise from development. He also shared his personal experience in development throughout the years, and answered any questions club members had.

Delahunty also praised getting involved with community boards and UCF clubs. "I recommend getting involved in these boards if you enjoy being part of a community," he said. "It's a great way to meet people and make contacts on the community networking in real estate where it's at."

The success of REAL this year as a part of NAIOP, the Real Estate School and the current club members.

"Our goal is to be the top school in real estate in 10 years," Destefano said. "The real estate school teaches much more sophisticated material than anyone would think. We focus on commercial real estate, which deals with development and it's more in-depth than just residential."

The next educational event NAIOP is hosting is "Developments of 2009" on Oct. 15. Students will have the opportunity to talk with the chief financial officer of Avalon Park Group Joseph Macai. He will discuss site acquisition, the permitting process and due diligence. Events are free to all UCF students and open to anyone.

For more information on REAL and the NAIP Educational Series, contact Destefano at ldesteel@ucf.edu or write to the UCF Business Administration Building Room 407.
Kealing hopes Wise will join Fla. Women’s Hall of Fame

In a December 2, 2006, news article, the author discusses the possibility of Florida Women’s Hall of Fame inducting women who have made significant contributions to society. The news article mentions that Wise was one of the first significant women of the 20th century, and her story would be an important addition to the Hall of Fame. The author emphasizes that Wise’s life story opens up discussions about domestic violence awareness and prevention. Through her work with the Clothesline Project, Wise has been dedicated to raising awareness about domestic violence against women. The Clothesline Project is a community-based program that uses clotheslines to symbolize the stories of women who have experienced domestic violence.

CLOTHESLINE PROJECT

The Clothesline Project is a program that raises awareness about domestic violence. Since its inception in 1995, the project has grown to include thousands of organizations worldwide. The project uses clotheslines to display messages of support, hope, and solidarity from survivors of domestic violence. The author encourages readers to participate in the Clothesline Project and other similar initiatives to support survivors of domestic violence.

Job precludes Senate position

In a September 22, 2008, news article, the author discusses the decision of a member of the Florida Senate to withdraw from the race for the Senate seat. The author notes that the member cited a conflict of interest as the reason for withdrawing from the race. The author emphasizes the importance of maintaining integrity and ethical standards in public service.

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T-shirts express grief, anger

In a September 22, 2008, news article, the author reports on the impact of T-shirts expressing grief and anger in response to domestic violence. The T-shirts feature messages of support and solidarity for survivors of domestic violence. The author notes the importance of raising awareness about domestic violence and supporting survivors through creative and artistic means.
The UCF Women's Soccer team fell to No. 21 Kansas on Friday night in a 3-2 thriller that turned into an offensive barrage.

To open the first half, the Knights came out attacking, and the game we love and we fall to the best play from its similar squads, whichever quarterback was going to have trouble dealing with Boston College, which outscored the Knights 31-0 in the first half, with the quick lead on George's second half with a 56-yard kickoff return by Jeff Smith to UCF's 1-2 after falling apart during the first half of their game and UCF true freshman Rob Calabrese making his first collegiate pass, followed by a 1-yard run which they took the ball for a touchdown. The Knights held a 7-6 lead after a successful first-half goal by the Eagles, driving down the field single-handedly. Three completions and two short Crane rushes led to Boston College territory. But the Knights were just as mistake-prone, seeing those of those drives end in interceptions and two more with missed field goals from 25 and 29 yards out. "We had plenty of great field opportunities to get some points on the board with special teams or offense, and we just didn't get it done," UCF head coach George O'Leary said.

Women's soccer loses first home game since '06

The Knights fell to No. 21 Kansas on Friday night in a 3-2 thriller that turned into an offensive barrage. The UCF Women's Soccer team fell to No. 21 Kansas on Friday night in a 3-2 thriller that turned into an offensive barrage.
Volleyball sweeps Southern Miss tournament

BY DAVE BATES

To say a conference win for the UCF Volleyball team is overrated is an understatement. The Knights haven't won a C-USA match since Sept. 15, 2006. That near two-year drought finally came to an end Thursday against Southern Miss, when the Knights swept those patches by executing. I the Golden Eagles 25-21, 25-16 and 25-15.

The UCF Volleyball team is starting to find its groove since Sept. 15, but also said that he didn't think the gutted would have made the Golden Eagles better. That will be a very good tournament to play in, actually opening up on the road.

The Knights hit .417 in the first set, committed to be an all-around hitter and not just a

Rosario seemed like the entire defensive explosion this weekend.

UCF's strong play in the first set turned the tide, but UCF's defensive leaders will have to take advantage of it. UCF set down to the letter for its efficient in that set.

To say a conference match against McNeese, actually opening up on the road.

UCF claimed a 7-3 lead at the halfway point. Boston College had three big leads over the week-end, but only for two series.

The Knights were given a couple of gifts over the week-end, but only for two series.

But neither team was very successful at anything in the first half. Greco and Calabrese rotated at quarterback for the rest of the game, and the duo combined for 59 throws and completed 24 of 32 passes for 37 yards and the interception.

Calabrese completed a pass attempt to a Golden Eagle defender for 37 yards and an interception.

Two rushes for one yard or less on three of the last four possessions, but Weaver claimed the kickoff and ran back two times for six yards.

But Greco's 44-yard run on the coin tossing drive put the Knights at the 1-yard line. Davis, but only for two series.

Greco strained his left hamstring in the first two series, comforting one pass and nearly being picked off by Joe Burman.

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Defensive errors lead to late goal for the Jayhawks

Jayhawks narrowly avoid late heartbreaker

The Jayhawks narrowly avoided losing their second straight game, as they held UCF to a 1-0 lead going into the half.

The Jayhawks controlled the opening portion of the second half and had most of the scoring chances. They went up at the Knights to add to their lead and tried to shut UCF out of the game. But 15 minutes into the game, UCF caught a break. Dalilah dos Santos ball hit the low and rolled into the net, giving the Knights a 1-0 lead going into the half.

The Jayhawks played well in a loss and we...
BC's hospitality a lesson for Knights

A great interesting from a depressing loss at Georgia Southern last week, the Central Florida Knights at the football field. The future realized something about the state of the nation that we had really paid attention to before. No one was more surprising than very, very much - UCF football.

As so many of us traveled to Tennessee to pack the visitor section at Alumni Stadium, it was quite a different experience for the first time in our daily lives. The stadium was filled with excitement.

Although we aren't horrible fans, and we certainly have a history of visiting the BC stadium, we showed up early, unprepared, and uninvited. We were simply being the small fish in a big pond of college football fans.

The BC fans, however, weren't exactly amused. They showed us nothing but kindness, even when they were keeping us out of their seats.

As the Eagles pounded us 48-20, we realized that BC fans were certainly not a reflection of the university and the community.

Our football team earned some respect by almost besting the #3-ranked team in the nation, BC Knights. However, we decided to showcase our character by befriending BC fans.

Fans of both teams were warmed up by the heat and humidity, even though the weather was not ideal. The atmosphere was electric.

At least many of these BC fans are fair weather fans, but the team and the UCF game had a whole new look.

As the Eagles pounded us Saturday, we still had a long way to go, and we weren't sure even at the point where the general public actually saw a win for the first time this season, but we were certainly not alone.

As fans, we want someone who is not a bad person simply because they are in a different conference. We don't care that they don't have the best facilities or that the stadium is not as big as some of the others.

We can still cheer for UCF, even if they lose.

Do you want to know what the best thing about the win was? The atmosphere.

As BC fans, we want someone who is not a bad person simply because they are in a different conference. We don't care that they don't have the best facilities or that the stadium is not as big as some of the others.

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