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The Nursing Assistant Pocket Guide

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Book Review


The Nursing Assistant’s Pocket Guide provides a well organized and well written overview of reference information for the nursing assistant. The book is conveniently sized, easy to read, and would be a valuable tool to students in the clinical setting.

The text is organized in alphabetical order. The information is condensed and can be quickly read, yet necessary and important points are emphasized. Specific procedures performed by the nursing assistant make up the bulk of the material. Other pieces of valuable information provided include reference charts for: therapeutic diets, normal values for vital signs, types of isolation, systems of the human body, medical specialties, liquid measurement equivalences, and weight equivalences.

The book does not contain objectives, questions, or skill check sheets. It is written as a quick reference handbook. However, faculty members and students may criticize the book for the omission of these items as well as author references.

Strengths of the book include a thorough list of ‘Abbreviations, pictures, examples, and a glossary. The format of the book is easy to read. Nursing assistants would benefit greatly from this book to use as a guide while participating in the clinical component of a Health Occupations Program, and during their nursing career.

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