Prevention and Treatment of Heart Disease

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Video Review

Prevention and Treatment of Heart Disease, W. R. Spence, M. D. Health Edco, Inc., Waco, Texas, Slide and Filmstrip Program.

Prevention and Treatment of Heart Disease is a video presentation related to prevention and treatment of heart disease. The video will assist students in identifying different types of heart disease as well as measures used in the prevention and treatment. The video is divided into three main sections: (a) nine risk factors contributing to heart problems, (b) prevention as a health duty, and (c) arteriosclerosis and its effects on the brain. In addition, the accompanying guide contains a 20 question quiz which may be used as a pre- post-video quiz for student evaluation.

The video begins with a general review of the place coronary heart disease holds in America today. Nine risk factors which may contribute to heart attacks, strokes, senility and other complications of hardening of the arteries are listed. The nine factors are divided into two categories: controllable, or those factors which are within the scope of an individual’s control, and uncontrollable, or those factors which are beyond an individual’s control.

The second section is introduced through the concept of preservation as a health duty. Following this introduction are 24 pictures of actual hearts with different disease processes. The final section of the video briefly addresses arteriosclerosis and its effects on the brain.