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# Health Education Teacher Resource Handbook: A Practical Guide for K-12 Health Education

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Book Review

Health Education Teacher Resource Handbook: A Practical Guide for K-12 Health

Education. Mahoney, Beverly **Saxton**, and Olsen, Larry K., (eds.) **Kraus** International Publications, Millwood, New York, 1993, 435 pp.

The Health Education Teacher Resource Handbook is a practical reference guide that provides teachers and curriculum developers with **background** as well as **current** information on **health** education instruction. The handbook provides initial information for the development or revision of health curriculum, and serves **as** a resource for primary texts and supplementary materials.

The handbook could serve as a resource for **health** occupations education teachers as the chapters begin with an explanation of current trends in education as a whole, and move into specific information on curriculum design and implementation in **health** education. Next, the text provides information on the role of governmental health and education agencies, and on state **level** curriculum guidelines. **Specific** models are described to aid the user in topic integration, **program** assessment, special projects, and funding. Addresses, contact information, and further resources are listed for these agencies and topics.

A strong point is the handbook's acknowledgement of the textbook adoption process that varies among the states. Additional readings are also listed, as well as an index to reviews of these texts and supplemental resources. The handbook is not prescriptive in **nature**; rather, it is a flexible, user-friendly **tool** intended to provide a **general** overview in the **health** curriculum, and possible directions to meet the needs of **specific** programs.

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