**Future ministers can earn master's degree at UCF**

By JAMES COMBS  
Staff Writer

UCF and the Reformed Theological Seminary have agreed on a joint-graduate program involving UCF's master of arts in teaching English to speakers of other languages and the seminary's master of arts in theological studies.

Kathryn Seidel, dean of the College of Arts and Sciences, said the program will begin next fall when the seminary, which is located in Maitland, expands to Oviedo.

The program will allow UCF students to take courses at the seminary. It is an accredited, non-denominational, Protestant seminary that teaches graduate level instruction for people who want to become ministers. It will also allow students of the seminary to earn a master of arts in teaching English to speakers of other languages at UCF.

The idea for this program began when Seidel and Al Mawhinney, dean of the seminary, met after they were called for jury duty.

They began discussing the possibility of forming a relationship between their respective programs.

"I was very interested because we don't have a master's degree in religion at this time," Seidel said. "With an institution like that so close, I thought some of our students would be interested in taking some courses in religion."

Mawhinney told Seidel he and Lake Claire due to opposition from an environmental group.

The Sierra Club became involved after reviewing the proposed master plan amendment from UCF to change the land-use designation of 14 acres of the existing 24.08 acre preserve in the northwest quadrant for a seven-house expansion of Greek housing.

Judith Hancock, chairperson of public lands for the Sierra Club, voiced her objections to the expansion in a letter to the Board of Regents.

We are shocked by this proposal," Hancock wrote. "It has been our belief that the master plan, which was approved by the Board of Regents in 1994, signifies a meaningful level of commitment by the university to protect the unique natural communities which exist in the dedicated conservation areas."

The 1994 master plan designates the 24.08 acres as a preserve and a relocation site for gopher tortoises and Florida mice. The tortoises are listed by the federal government as a 'species of special concern' due to their decreasing population. Hancock said the expansion will also destroy a valuable educational resource.

See UCF, Page 4

**Center shows students stress should not control their lives**

By NICOLE KING  
Staff Writer

UCF's Counseling and Testing Center has begun a stress management group for students. Students will learn specific techniques for dealing with stress and anxiety and will share their concerns with each other.

"One of the main things that we work on is to change negative thinking," said Dr. Michael Burgan, co-leader of the group. "If students are constantly putting themselves down, that becomes a self-fulfilling prophecy. They don't realize that by saying they can't do something makes it more likely to come true."

Burgan said the group focuses largely on having students think about the kind of self-talk they have been using.

"We teach them how to dispute the negative thoughts and turn them into realistic statements and then teach them to police their thoughts and not let themselves go back into that negative atti-

See CENTER, Page 4

**Friends remember one of UCF's first librarians**

By OLIVIA K. CURNOW  
Managing Editor

A mentor. A role model. A friend.

These are the words colleagues used to describe former UCF librarian June Stillman, 68, who was murdered by her 14-year-old neighbor in her Oviedo home March 10.

June worked at the UCF library the day it opened in 1968 until her retirement in December 1996. At her retirement dinner, a microphone was passed around and everyone had a story to tell about June. She was the head reference librarian for most of her career and was responsible for implementing the telephone reference service.

In 1986, she earned a master's degree in English, proving how important pursuing an education was to her. She tried to instill this into those
Seminary to fill need for ministers with advanced education

would be interested in some of his students taking the English courses at UCF.

"The reason is that there are many ministries that send people to other countries and not only do religious work, but they also teach classes in English as a second language," Seidel said.

After that, various people from UCF's foreign language department met with faculty of the seminary. Once they mutually agreed on the program, UCF decided the seminary could include the dual enrollment in its catalog.

Seidel said about 10 students from each institution may participate in the program during the fall 1998 semester. They will be able to complete their studies in a shorter time because both institutions will accept nine credit hours from each other.

Seidel said it will take seminary students two or three years to graduate with their degrees at UCF.

Students who take courses in the seminary will learn about the Hebrew Bible, the New Testament, study of the Gospels, study of ethical and moral behavior from a Christian perspective and study the recent writers on religion. They will also learn the business aspects of being a minister.

Seidel said both UCF and seminary students will benefit from the program.

"I think the seminary students will get a wonderful idea of cross-culturalism," Seidel said. "One of the things that our program does is talks about the cultural differences that occur when you try to teach English to a non-American."

"You're not only teaching a language, but you are a representative of a completely different culture. I think they will get a lot of good information about how to make that a very smooth transition."

"I think UCF students who might have an interest in the ministry would get a good idea if that is what they want to do if they attend the seminary."

The seminary was established seven years ago and now has more than 600 students. Seidel expects the program to grow.

"There is quite a demand for ministers who have an advanced education, and I think that will bring their students to our campus," Seidel said.
Professor gives students an education for the future

By NATALIE NATALE
Staff Writer

Despite his busy teaching schedule, marketing professor Dr. Ronald Rubin still has time to devote to his students and family.

Rubin began teaching at UCF in 1972 when only 5,000 students attended the university.

Rubin teaches more than 10 undergraduate and six graduate courses in marketing.

Rubin earned a bachelor's degree in economics from Queens College of the City University of New York, a master's degree in international business from Wharton School of the University of Pennsylvania and a doctorate in business administration and marketing from the University of Massachusetts.

In 1972, Rubin left Western New England College to become an assistant professor at UCF.

Rubin has been involved with more than 75 UCF-activities and committees during his 26-year teaching career. He is serving as coordinator for the Kappa Tau, the Marketing National Honorary Society, for the sixth consecutive year.


Rubin requires his students to engage in various forms of field research, geographic information systems and spreadsheet analysis. His marketing intelligence classes are teaming up with the hospitality management department to conduct field research at Epcot Center during the spring semester.

Students will participate in a two-hour training session, receive a complimentary lunch and become "secret shoppers" at designated locations throughout the theme park. Students will monitor anything from waiting-line pace, overall cleanliness to "secret shoppers" inside large wine bottles.

Rubin's office hours are Tuesday and Friday from 1:30-2:30 p.m., and Wednesday from 8-9 a.m.

Rubin said, "Only to be certain that they are prepared to enter the competitive world of business that is waiting for them after graduation."

Senior marketing majors Dan Petin and Alex Earhardt said Rubin's classes have taught them practical and effective skills they will use in the future.

Marketing students say Rubin lives up to the reputation of being a tough professor.

"I demand a great deal from my students," Rubin said.

"I learned more useful information from his one note guide than from all of my other classes combined at UCF," Petin said. "Studying for marketing intelligence was lengthy, but the knowledge is something that I would actually be able to use once I graduate."

Earhardt said he became more computer literate after taking a class taught by Rubin.

"Before taking Rubin's class, I did not know finding information on the Internet could be so easy," Earhardt said.

Rubin said he is most proud of his family and professional accomplishments.

He earned the 1995 TIP Award for teaching excellence and the 1995 and 1996 Carl H. Galloway Faculty Performance Award.

Rubin's hobbies are computers, amateur astronomy and watching baseball. He is one of only 600 people in the United States who builds ships inside large wine bottles.

Although he listens to world, oldies and radio and oldies WHOO 990am, Rubin and his wife of 29 years attend the Orlando opera regularly.

Rubin will travel to Brazil in April to host a workshop sponsored by Solomon Brothers.

When asked about his future, Rubin said he is unsure but will take whatever that may come in stride.

"I have no idea," Rubin said. "I take one day at a time."

Rubin's office hours are Tuesday and Thursday in the Business Administration Building. For more information about Rubin contact his web site at http://www.ucf.bus.edu

Organizations kick up their heels to raise funds

By DAWN MYERS
Staff Writer

Kappa Delta will host its annual Sham-Rock project on March 19. All proceeds benefit its national philanthropy, The National Committee to Prevent Child Abuse.

Groups from fraternities, sororities and other clubs and organizations will participate and compete in a dance competition.

For more information contact Kappa Delta.

IN OTHER GREEK NEWS:

- Lambda Theta Phi will hold Lamba Hoop Jam on April 4. This is a three-on-three basketball tournament and it will be held at University High School.

People wishing to enter may sign up by March 26. The cost is $10 per player and all proceeds benefit Spouse and Abuse, Inc.

- March 11 was "One Magic Night" for Alpha Xi Delta and Lambda Chi Alpha.

Alfa Xi's Third Annual Xi-Man competition resulted in raising about $1,600 for the Orlando Magic Youth Foundation. Brian Mciver of Lambda Chi Alpha was chosen as the 1998 Xi-Man.

As Xi-Man, Mciver is the philanthropy representative for Alpha Xi. He will participate in community service projects to benefit Choose Children.

IN REGARDS TO LAST WEEK'S COLUMN:

The article in the March 11 edition of The Central Florida Business was incorrectly reported.

The contact number for Pi Kappa Phi is 275-1579. The fraternity is still conducting meetings and interviews for anyone who is interested in learning more about this colony.

Skateapalooza college tour

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UCF needs governor’s approval to use land

From PAGE 1

"The preserve and long-time teaching area cannot be replacable," Burgan said. "If destroyed, the university will have allowed the loss of a unique and biologically diverse part of the campus that has enriched the lives of numerous students, and which we believed would continue to do so into the future."

Hancock is also concerned about a southern expansion plan by the north entrance to UCF along Alafia Trail. This area is a combination of scrub and xeric oak vegetation communities, Hancock said. It should be recognized that the proposed area is not large enough and too narrow to provide a meaningful habitat for those species.

"The present and future proposed roadways will likely result in mortality to the species," Hancock said, referring to the tortoises.

Robert G. Nave, office of University Support Services, explained in a letter to Pete Newman, director of facilities planning, the Board of Regents’ decision to not proceed with the expansion.

"Since the Sierra Club has expressed an unwillingness to compromise on this matter, I think it is safe to assume that any proposed amendment to the UCF campus master plan which has the effect of authorizing the construction of Greek housing in that portion of the northwest campus presently designated as preservation lands will be decided before the governor and cabinet," Nave said.

UCF cannot build on the land without the approval of the governor and his cabinet. Their approval is necessary for changing the master plan.

"I cannot tell you not to proceed, but I can tell you that I think the governor and cabinet would rule against UCF and in favor of the Sierra Club," Nave wrote to Newman. "I just think the deck is stacked against you on this matter."

The efforts by the Sierra Club has left Lambda Chi Alpha and Alpha Xi Delta without a site for their houses. Also, plans to build a 100-bed Greek lodge that would house small fraternal organizations has been put on hold.

Leaders of the Greek community are disappointed about the situation.

"It's frustrating because it puts a hold on the growth of the Greek community," said Beth Eschholzberg of Alpha Xi Delta. "Our organization has not laid out any other plans to build elsewhere, but we do have faith in our Greek leaders, Eschholzberg said.

"Our chapter is strong enough, we'll work something out," Eschholzberg said.

John Carroll, Lambda Chi Alpha, echoed Eschholzberg's frustration.

"With all the construction on campus, it's unfortunate they are hindering our progress," Carroll said. "I thought that they had done a survey and found that the tortoises were not a factor. It's unfair but that's the way it goes.

"Look at the construction going on around the campus. They're hacking down trees like crazy," Carroll said.

Eschholzberg said she under­stands the decision by the Board of Regents.

"I think the respect for the Sierra Club is understood," she said.

Center provides supportive, non-judgmental environment

From PAGE 1

"Just a change in attitude can reduce a lot of anxiety," Burgan said.

Burgan's colleague, the group, Laura Peddie-Bravo, said students will learn relaxation techniques, self-hypnosis, breathing techniques, visualization and progressive relaxation. Peddie-Bravo said the techniques can apply to every situation.

"Learning ways to cope with stress and anxiety can be helpful in many ways," she said. "Whenever you feel stress, either taking a test, waiting in traffic or at a family function."

Burgan said students should take advantage of the group because not only will professionals be working with the group, but other group members will also share their experiences and offer advice.

"Just knowing that you're not alone at a lot of times makes a big difference," Burgan said.

Peddie-Bravo explained how stress affects people in different ways.

"Sometimes, students do poorly on exams and they don't know why or they feel tense all the time and are unable to relax," Peddie-Bravo said.

This is an opportunity to make a lot better.

The success of how well the techniques work for students depends on whether or not the student wants to change and if they put the time and energy into using the techniques, Peddie-Bravo said.

"When students sincerely want to cope, I've never seen the techniques not decrease stress or anxiety," Peddie-Bravo said.

"We can show students that they are not alone and that there are other people who are struggling with similar issues. It's a supportive and non-judgmental environment for the students."

"Stress is a major component of a college student's life and there is a lot of different sources of stress," Burgan said.

"Of the many things we work with, stress is one that there are a lot of good tools to manage it effectively," Burgan added.

"This is an opportunity to make some great improvements in their lives," Burgan said.

The workshop is offered every Wednesday from 1:30 p.m. to 2:30 p.m. The Counseling and Testing Center also offers groups for eating disorders, personal development and performance enhancement for athletes.
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Former librarian was an inspiration to students

From PAGE 1

around her: family, friends, co-workers and stu­
dents.

“She inspired and nurtured the students,” said
Meg Scharf, head reference librarian who worked
in the same department as June. “One thing that
sticks out is how she was able to convey how
important learning was.”

June was well-known to everyone working at
UCF. Former and current administrators and fac­
tulty attended the funeral held Monday to pay
their respects and offer condolences. St.
Matthew’s Episcopal Church was packed with
people who shared fond memories of June.

“She had a beautiful garden,” said Cynthia
Kisby, online search coordinator at the library.
“Most people don’t make so much beauty out of
dirt and grass. It was really an art. It was like a
painting.”

Meredith Semones described June as a friend
who loved to brag about her two daughters
and three grandsons.

“We shared a lot of personal memories,” Semones said. “She was a compassionate and
loving person.”

Ingrid Hunt, senior library technical assistant,
worked with June in telephone reference. She
said June loved the student assistants. No matter
how many mistakes they made, June insisted that
they make the student assistants.

“She was an example,” Hunt said. “There are
many librarians today that were her assistants.
She always encouraged them to do well.”

June’s work was recognized by even those who
did not work very closely with her.

“She was a role model in her profession for the
other librarians,” said Dean McFall, university
spokesperson.

Scharf said June was lively and vibrant despite
the many years she had seen.

“She was a real Southern lady,” Scharf said.
“She had such dignity and grace. She touched so
many lives.

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“She was a real Southern lady,” Scharf said.
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many lives.

June is remembered by her col­
lleagues as kind, gentle, and loving.

This poem once hung above June
Stillman’s desk, reminding everyone the
importance of their jobs:

The Student is...
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Without them there would be no need for the institution.
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...Not someone to be tolerated so that we can do our
thing.
They are our thing.
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them.
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it.
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SG Productions throws Spring Fling with concerts

By JOHN TURNER
Staff Writer

On April 3, Student Government Productions will feature concerts with groups such as Sister Hazel and House of Dreams. Other groups will play as well including Average Joe, Depa, Gumwrapper Cub and Still Life. At the event, there will be food, games and prizes.

The concert will be located at the Intramural Softball Field, and will be free for UCF students.

The senate also passed bill 30-50, which is an addendum budget of $99,224 that is a replacement from the original 1997-1998 annual budget.

This is the second attempt to pass an addendum budget because the first faced a possible veto by the student body president, Keith McDonald.

The bill will give the senate $160,000. The senate has spent the current fiscal year’s allocation and has $48,000 worth of bills passed, which will come out of the additional allocation.

The senate also added in the addendum budget money to expand the weight room’s operating hours and to add new weight room equipment.

Most of the money in the addendum budget will go to the executive branch, which will receive more than $700,000 to pay for utilities, auxiliary overhead, capital outlay, an SGA UCF entrance sign, as well as the Reflecting Pond and Fountain Expansion Project.

Sen. David Siegel authored the addendum budget.

“The senate focused the addendum budget on providing benefit directly back to individual students,” Siegel said. “It also represents student government’s desire to partner with the UCF administration on beautifying the University of Central Florida campus.”

The bill passed by acclamation from the senate and is awaiting McDonald’s signature.

It was also announced that the activity and service fee committee would hold two more meetings before dissolving for the year.

The recommendations for the fiscal year’s annual budget are expected to arrive to the organization, appropriation and finance committee before March 16 and 20 for possible changes and additions.

“Once again the Student Union did not submit a budget to the committee as required” Siegel said. “The last time they submitted a budget for review was in fiscal year’s 1995-1996 annual budget.”

Sen. Jamie Halscot is concerned that the delay by the Student Union in submitting its budget can cause problems for the senate.

“This most certainly can agitate things once this budget hits the senate floor,” Halscot said. “Every agency of student government submitted a budget to the committee, we are puzzled as to why the Student Union did not do the same.”

Once the budget arrives to the OAF committee, it will be assigned a bill number and will be debated on the senate floor before passing.

IN REGARDS TO LAST WEEK’S SENATE COLUMN:

According to UCF spokesperson Dean McFall, there is no question of where the $189 million from the Capital Improvement Trust Fund will go. The funds will go to a new recreational services building. We regret the error.

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Central Florida Future
Serving UCF since 1968
Muslims hope to end ignorance through education

By LORI CARTER
Staff Writer

The UCF Muslim Association has two main objectives: to give forth the message of Islam in the universities/communities throughout the country and to keep peace within the Muslims and non-Muslims by providing true and correct knowledge of the Muslim culture.

Taimour Raja, vice president of the Muslim Association, said in the past the organization has had focus lectures, which have to do with the religion and race in American society.

One of the lectures focused on the difference between the Muslim religion and the Christian religion.

"We are trying to educate people in general about the Muslims. Education does solve the ignorance through lectures."

— Taimour Raja
Vice president of the Muslim Association

According to Raja, the biggest misconception of the non-Muslim ethnic groups is the women are mistreated because of the clothes they wear and the covering of their hair.

"Islam believe in total respect for the women," Raja said. "Women were given full rights in Islam long before any other country."

According to Musri, the media and the movies portray women (of the Muslim faith) to wear dark clothing, cover their bodies and are mistreated.

"God commands women to be modest and not to show off their bodies," Musri said. "Nuns wear Islamic type clothing. They cover their hair and body too."

UCF student Belinda Long admires the Muslim faith.

"It is a beautiful custom," Long said. "Americans have this belief that it is odd to wear that kind of clothing and cover your hair. It is different cultures what you have been taught to believe in."

"In the west, clothes are designed by men around sexuality," Raja said. "Woman are treated badly here. You don't look at the mind but their body."

UCF student Christopher Johnson said women in America should be more modest, while some women are too modest.

"Personally, there are some women who show too much, which is disrespectful to themselves," Johnson said. "Then there are other women who accentuate their beauty. It all depends on the individual."

The Muslim Association meets every Friday in the Student Center at 1:30 p.m. in Room 221 or 224.

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Program to help students fight their addiction to nicotine

By JENNIFER GASH
Staff Writer

According to the American Cancer Society, 1,200 people die every year from smoking. The UCF Wellness Center in conjunction with the Winter Park Health Foundation is working to decrease this statistic. They plan to offer a smoking cessation program for students during the summer semester at UCF.

The cessation group will be run by Barbara DeVane, a mental health counselor for the Winter Park Health Foundation.

During the meetings, students will work on quitting smoking as well as recognizing the reasons why they smoke.

“Everyone who smokes needs to realize they are really addicted to nicotine,” DeVane said. “But there are other reasons why people smoke. There are other habits associated with smoking.

“I usually smoke after I eat or when I am stuck on a really hard homework problem,” Tran said.

DeVane said she admits the percentage is a little misleading.

“If we went back and talked to the students a year after they attended a cessation group, some might be smoking again,” DeVane said. “The success rate is probably less than 75 percent, but we realize how hard it is to quit smoking and we can help you if you want to stop.”

Although the program consists of group meetings, DeVane works with each individual smoker to determine the best way for them to quit.

Some people find it easier to quit cold turkey, while others gradually taper off the cigarettes,” DeVane said. “It can be scary for someone who has smoked for years to just quit smoking overnight.”

The program will be held one day a week in the late afternoon. It will be conducted for eight to nine weeks in the Wellness Center, Trailer 617.

“If you would like to sign up for the cessation program, call the Wellness Center at 823-5841.”

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UCFthis WEEK

Wednesday 18
Speaker Gayle Beatty, “Business Etiquette for Gentlemen,” Student Union, Cape Florida Ballroom, 3 p.m.
Part-time Job Fair, Student Union, Key West Ballroom, 10 a.m. to 2 p.m.
Music Ensemble Rehearsal Hall, 8 p.m.
Education Showcase, Education Gymnasium, 3 p.m.

Thursday 19
Speaker Sarah Weddington, Student Union, Cape Florida Ballroom, 7 p.m.
Speaker Tobias Wolff, Visual Arts Auditorium, 8 p.m.

Friday 20
The Great American Meat-Out Day
UCF Arena, 8 p.m.

Saturday 21
Miss UCF Pageant, UCF Arena, 8 p.m.

Sunday 22
Double Feature: Grindr 21 and Midnight Cowboy, Student Union, Room 316, 6:30 p.m. and 9 p.m.
Faculty Chamber Music Concert, N. Pogues, Piano Trio, Rehearsal Hall, 3 p.m.

Monday 23
Comedian Elvira Kurt, Student Union, Locos, 8 p.m.
Chuck Shepherd's News of the Weird

LEAD STORIES

• New Scientist magazine announced in January that Australian biologist Roger Shaw has applied for funding from the U.S. National Institutes of Health because he believes he can grow human sperm extraordinarily efficiently inside the testicles of mice by injecting them with human testes cells.

• Henry Ingram Jr. told the Savannah (Ga.) Morning News in February that he intends to bar all northerners from ever setting foot on any part of his recently acquired 1,600 acres along U.S. 17 near Haddenville, S.C., and he recently recorded a doed restriction making that official. The ban applies to members of the "Yankee race" (through birth or at least a year's residence), to anyone named Sherman (after the Union general), and to anyone with a last name that is an anagram of Sherman. Ingram is upset at the recent development of Hilton Head Island and other picturesque vistas in the area.

• The Los Angeles Times reported in January on the unusual, sustained success, in turbulent economic times, of the Cat Theater of Moscow, Russia, whose 300-seat shows remain sold out weeks in advance. Despite conventional wisdom that cats are untrainable, proprietor Yuri Kuklachev has them climbing poles, walking tightropes, pushing toy trains, leapingfrogging over human backs, and balancing atop tiny platforms.

BAD IDEAS

• In January in Zinnowitz, Germany, according to an Associated Press report, two skinned heads in a billiard hall hurled several hours after the robbery. Despite the fact that the girl's hair was captured on full frontal nudity, Judge Pierson said the tapes were not lewd under Virginia law because they portray mere nudity. Pierson was not even persuaded by the fact that, interspersed among the shots of the teenagers, Crad had spliced scenes from hard-core pornographic videos.

• In November, Lenexa, Kan., police chief Ellen Hanson purchased an airline ticket in her name to go to a police conference but had to change plans because of a family illness. Rather than have the department purchase another ticket for her substitute, officer Dawn Layman, Chief Hanson made up an official police ID card with her name and Layman's face, to present to the airline clerk. Someone tipped off the airline on the return trip, and after some heavy explaining, Chief Hanson apologized.

• The Associated Press revealed in November that Bishop Guertin High School in Nashua, N.H., may be violating state law by employing as a teacher a man, Shawn McEnany, 35, who had been convicted and sentenced to 12 years in prison. Under Colorado law, marital misconduct is irrelevant in a divorce, and in this case Jenny happened to be earning more than her husband.

• In September, four special education students in Howe, Okla., filed a lawsuit against the school system, their principal and a teacher for a creative history lesson that turned bad. According to the lawsuit, the kids were forced to portray slaves on a ship, under disgusting circumstances, by being shackled with masking tape, being paddled, and being imprisoned in a feces-smear shower stall (with dirty diapers waved in their faces) to simulate slave-ship stench.

• A 33-year-old man was arrested in Anaheim, Calif., in November and charged with robbing a credit union. He attracted the attention of police officers while walking down a street several hours after the robbery. In the time between the robbery and the arrest, police said, the man had broken into an apartment and taken a business suit for a change of clothes, but for some reason thought that he ought to change his shoes, as well, despite the fact that the shoes he came away wearing were fuzzy pink slippers. Said police Sgt. Joe Vargas, "He couldn't give us a logical reason for wearing the slippers." While the questioning continued, the apartment burglary report came over the radio, mentioning the slippers.

• In November, Ponte Vedra, Fla., Circuit Judge Von Pierson dismissed charges against former high school track coach John W. Crote, 47, who had clandestinely made videotapes of girls in a locker room. Despite the fact that the girls were captured in full frontal nudity, Judge Pierson said the tapes were not lewd under Virginia law because they portray mere nudity. Pierson was not even persuaded by the fact that, interspersed among the shots of the teenagers, Crad had spliced scenes from hard-core pornographic videos.

• In July 1997, the Texas Supreme Court threw out a $7 million lower court judgment for a girl who was born without fingers on her right hand, allegedly due to her mother's having taken the contraceptive morning-sickness drug Bendectin. Depicted, the girl's lawyers filed a motion in November asking the court to reconsider its decision but referring to the justices as "the nine natty professors" and saying they constituted the fourth horseman of the apocalypse (along with Pestilence, Death and Famine). The motion was denied.

UPDATES ON NEWS OF THE WEIRD CHARACTERS

Odeil Shepard (News of the Weird, 1997) was jailed in Chicago in 1997 at age 40 for contempt of court for failing to give the whereabouts of his daughter, Deborah, then 2, in a child-custody dispute (though he has always claimed he knew nothing). He was finally released Jan. 28, 1998, after Deborah's mother passed away, ending the dispute. And a Norwegian astrophysics student, 39 (News of the Weird, 1993), who was first barred from Oslo University at age 22 because he refused to bathe (contending that living a soapless life gave him a deeper understanding of astrology), and who lost several court cases for readmission against the school, filed a lawsuit in January against the Norwegian government in order to place the matter before the European Court of Human Rights.

(Send your Weird News to Chuck Shepherd, P.O. Box 8306, St. Petersburg, Fla. 33738, or Weird@compuserve.com. Chuck Shepherd's latest paperback, "The Concrete Enema and Other News of the Weird Classics," is now available at bookstores everywhere. To order it direct, call 1-800-642-6480 and mention this newspaper. The price is $6.95 plus $2 shipping.)
March 18, 1998

Never know when they might change their minds

BY JASON HEIRONIMUS
Opinion Editor

These days driving around campus seems to be just as dangerous as walking through a minefield. If you have driven through Greek Park lately you know what I mean. Police have decided to take it upon themselves to strictly enforce the speed limit. The speed limit is 25 miles per hour, you go 26 and you just may enjoy a nice little visit from the cops. It seems as though this enforcement is getting a little out of hand. Is it the usual argument: don’t they have anything better to do? I believe that they do but it is just so much easier to park in a lot and wait for an unsuspecting student to come to a rolling stop at a stop sign. It’s like shooting fish in a barrel, it’s just too easy. Of course, however, we make it awfully easy for them. The stretch of road that goes through Greek Park is short, short enough so that going the correct speed limit shouldn’t be that big of a deal. I haven’t timed it yet, but from experience I believe the trip would take the average student about 30 seconds to pass all the Greek houses. 30 seconds! Even I have 30 seconds to spare.

But if you have read the Campus Crime section of the paper you might notice an alarming trend that is taking place on this same stretch of road. Students seem to be taking the challenge of trying to successfully navigate the road early in the morning, or late at night, whenever you prefer, when they have been drinking. Drinking and driving is a ridiculous thing to do in the first place, but doing it on one of the most highly populated roads by police is an entirely different story. Maybe these people don’t understand. The police are not there to offer you another drink at every mile marker, they are there to bust you! There is no other reason. If they didn’t have to be there, they wouldn’t be.

We need to start thinking a little more because it is obvious that there is a block in the thought processes of the students who wish to put their driving records, and their lives, at risk. In last week’s Campus Crime column, out of the twelve reports, five were accounts of students that were arrested for DUI. Who are these people? Have they never seen any cop cars waiting like hunters to pounce on any car that looks suspicious? If these students had not been pulled over for drunk driving then they should have been pulled over for stupidity. Stupidity can be just as dangerous as alcohol when you’re on the road, but combine the two and you’ve got an incredibly dangerous driver, or, in layman’s terms, an idiot. Sober driving on campus is getting pretty exciting itself. While campus growth is a good thing, growing pains are not. Every time another construction site breaks ground, the ability to drive safely around it seems to decline with every passing day. Why is it that UCF in its infinite wisdom has decided to start the Great Construction Race of 1998? Once again, I am happy to see UCF growing as a university, but it seems a bit ridiculous to have to do all this construction at the same time. The students that all this growth is supposed to provide for are struggling to get from point A to point B. It is a miracle that no one has been run over or hit yet.

Speaking of pedestrian collisions, I don’t think there is a safe walker on campus. Crosswalks are meant for people to safely get from one side of the street to another. When a driver sees a pedestrian on the crosswalk that driver is expected to yield to the pedestrian. If you don’t know what yield means, and it seems that many UCF students don’t, it means to give the right of way to the pedestrian. If you don’t know what your vehicle means, and it seems that many UCF students don’t. It means to give the right of way to the pedestrian. If you don’t know what your vehicle means, and it seems that many UCF students don’t. It means to give the right of way to the pedestrian. If you don’t know what yield means, and it seems that many UCF students don’t. It means to give the right of way to the pedestrian.

One of my cohorts, another word that I am sure of its meaning but sure that it fits in this sentence, recently described her story of great adventure trying to cross the road (the sure to insert any jokes about roads and chickens anywhere in this column). She described to me her harrowing experience of correctly trying to use a crosswalk, to walk across the street mind you, and was practically run over by a car who had at first stopped, and then proceeded to drive through her. I am happy to say that she made it through her experience safely, but was the game of chicken, once again, a chicken reference, necessary? People are in a rush after they escape the bonds of classes, and they want to evacuate campus as quick as possible, but I don’t think pedestrian lives should be sacrificed so that you can get home in time to watch Jerry Springer! When I take it upon myself to walk across any street on campus I make sure to follow a few rules:

1. Proceed with extreme caution, for this is like real life Frogger.
2. Keep your eyes open because they aren’t.
3. Always cross with a friend so that you can use your body to cushion the blow if you are hit.
4. Act as if you are walking a tightrope, any loss in balance can mean a fall marks across your face.
5. Always empathetically thank the person that actually stops for you, maybe even with cash, you never know when they might change their mind.

Whether he is driving drunk through Greek Park, driving around campus, or trying to cross the street, campus has become much more dangerous than our UCF forefathers could have ever imagined. All I ask is that people turn off the stupid switch and turn on the smart one so that less students will get DUs on campus and less people will be afraid to cross the street without iron armor draped around their body.
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How about lowering the price for the parking decals!
— Adam Szegbut, Senior, Communication, Sarasota.

Provide more parking spots, that are a bit closer to the buildings. Most of the present parking spaces are just too far to walk and from each day. And also provide more permanent parking spaces, instead of those “beautiful mud and grass” parking areas.
— Andrea Almeida, Senior, Business, Sao Paulo, Brazil.

Have less parking for the faculty, staff and much more for students. And also give some of the closer spaces to students. A final suggestion would be having a tram go to and from the farthest parking spaces. If a church can have a tram, then why not UCF?
— Sarah Cole, Senior, Communication, Orlando.

All of the spaces that have sand or mud need to be filled in with either cement or blacktop. Nobody really likes walking in mud. My main suggestion would be, to have more parking spaces made available.
— Leigh K. Roberts, Senior, Org. Communication, Harriman, TN.

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The good, the bad, and the Wild

By FOREST CRUMPLER
Staff Writer

Last Tuesday, CAB, along with the Network Entertainment Theater (NET), drove UCF students "wild" with a special sneak preview of the new Paramount production "Wild Things." This new program is hopefully going to be a monthly tradition and, except for a few wonderfully timed sound problems and a little bit of bad focusing, the event went off very well. The movie, however, is a completely different story.

"Wild Things" stars Matt Dillon ("Singles"), Neve Campbell ("Scream"), Kevin Bacon ("Sleepers"), and Denise Richards ("Starship Troopers"), and is set in the ultra-rich community of Blue Bay, Florida. As the story begins, we are shown quite bluntly that Blue Bay High School student Kelly Van Ryan (Richards) wants more than just scheduling help from the school's young and handsome guidance counselor, Sam Lombardo (Dillon). After about 15 minutes of pretty boring set-up footage, the plot finally shapes to show us that Sam's life is abruptly turned upside-down when he is accused of raping, not only Kelly, but another girl, Suzie Toller (Campbell), as well. When this happens, Sam is forced to go to sleaze-ball lawyer Ken Bowden, who is played by Bill Murray, for help in cleaning his name. During the trial (which happens to be the funniest scenes in the movie, and that's not saying much) the two girls are exposed as liars, and Sam is set free. The Van Ryans settle for a sum of $8 million to keep the civil suit out of court and Sam is set for life. This is when the movie becomes like a bad card trick, you are amused for a while but eventually you figure out what is coming next. Bacon comes into the scene as suspicious police officer Ray Duquette, who is hell bent on finding out what Lombardo is up to. With his inquiries, the audience is led on a seemingly never ending road of plot twists where deceit and murder are at every stop.

This movie seemed to find every angle that could possibly be put into a movie and just throw it in at some point, and it just became too much. I suppose it wasn't a terrible movie, with a few good plot twists, some original ideas, and some really steamy sex scenes involving multiple cast members. It had a weak beginning, a great middle that kept you thinking too hard to be bored, and an ok ending. I would suggest that, if you are going to go see it, you should come about 20 minutes late and then enjoy from there.

Special to the FUTURE

Denise Richards and Neve Campbell star as two scheming high school students who end up with much more than they bargained for in the mystery thriller "Wild Things."
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Bigger is always better!
There's plenty brewing at Hops

By HENRY SPRINGS  
Staff Writer

Though the concept of the original microbrewery was founded in Europe, it's now possible to sample an import­ed version in most major cities in America. In Orlando our options are far from limited. A fourth Hops restaurant, bar, and brewery, "America's Original Microbrewery Restaurant," just opened at 11448 University Boulevard.

The restaurant has a cozy pub atmosphere. Beer barrels hang over the wet bar. The hardwood floor and chairs are accented by the warm hanging lights. There's an infectious chatter that seems to reflect the pace of the wait staff. Cigarette smoke slowly rises from the wet bar. It seems to be uniquely ventilated, there's no prevailing smell of smoke where I sit. The robust smell of steak, chicken, and perhaps shrimp fills the air.

If you've already decided on one of the four types of home brewed beers to go with, then choosing your meal should be no problem. They include Clearwater Light, a low cal beer; Lightning Bolt Gold, an American lager; Hammerhead, a malt amber ale, and a Brewmaster Special Ale. There are also quite a few imported beers; such as Red, a pale lager, and a stout. While waiting for the food to arrive, I got a chance to see the brewing process they'll take you on a tour or you can closely examine the vats and other equipment from behind the glass. Everything's done on the premises. The grains are even American, shipped from Minnesota, Oregon, Wisconsin, Idaho, and California. Their idea seems to produce a unique flavored beer. The Clearwater Light I sampled was light, mellow, and refreshing. If you're not a big on beer, though, I'm sure the food will satisfy your tastes.

If you're there on a busy or not-so-busy night, it won't take long for you to be served with a smile. I decided to sample the Thai shrimp salad ($7.49). I was pleasantly surprised by the mixture of carrots, lettuce, red cabbage, shrimp, and won tons piquantly seasoned with a spicy peanut sauce. It was spicy as well as sweet and sour. It real­ly brought out the flavor of the shrimp. There are four other salads from which to choose from including southern fried, chicken Caesar, and house. The appetizers are also very different. The ultimate nacho ($5.99) comes warm and comple­te with melted Monterey Jack and cheddar cheeses, fresh tomatoes, ground beef, and fresh jalapenos complete with salsa. The nachos are well seasoned. The beef and salsa weren't overpowering and the cheese just oozed. There are five other appetizers to choose from including Upton pizza, ale peppers, and the increasingly popular Walkerswood shrimp ($6.49). Hops prides itself on "An original, quality dining expe­rience," said Kevin Gudjeko, operating partner for the University Boulevard restaurant. It's truly that. You sit back and relax while you watch the grill as your Brewmaster steak ($11.79), ribs, pork, salmon filet, or filet mignon is completed. The Brewmaster steak is a quality piece of meat seasoned with soy sauce and charcoal grilled like everything else. It's served rare and will more than meet your expectations.

The newest Hops restaurant on University Boulevard features a microbrewery with Hops' own custom made beer.

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LISTEN UP!

BY SHANON WRAY

All Saints

[London Records]

These spunky Spice Girl-like newcomers are climbing the charts with their debut song, "I Know Where It's At," from their first self-titled album. Yes, they do bear a slight resemblance to the Spice Girls in more ways than one. Shaznay—a combination of Jamaican and Barbados backgrounds, Melanie—the English/French girl, and Nicky and Natalie—the Canadians that grew up in New York and London, each bring a different culture twist to their music. Because of this cultural diversity, these ladies not only sound splendid together, but they look well-rounded as well. Their lyrics invite you to listen to their stories about "Bootie Calls," and "Lady Marmalade." I would recommend "Never Ever," it starts out with a single voice rhymin' a sad little tale, then erupts into a flowy En Vogue snappy serenade that is actually very different than what the Spice Girls came up with in their last album. However, All Saints made a sad attempt to copy the Red Hot Chili Peppers' "Under the Bridge" classic. I was not impressed with this. Overall, I can definitely see these ladies doing well for themselves in the future.

I just happened to flip to a random track on this CD and I came to a song titled "Since You Left Me" (hidden track #20). Anyway, it was really kind of funny. Lyrics like "We could go back to my place/ and I could wipe that smile off your face/ for my sanity I think I'll have to gooland as the fat lady sings I hope you know," made me realize that I'm not the only one that thinks this strange-ly. Poddly referred to as sizzle-pop, "Bring Back Joel" has played locally for a while as underground-grunge. Despite the fact that these guys are originally from western Kansas, they seem to have a pretty good grasp of O-town music. It's hard to explain what these guys sound like. One minute it's a slow, guitar solo, then these guys start to head bang. Some of their other tracks, like "Is This Thing On?" and "If I Had a Gun" sound slightly similar to Third Eye Blind when they get going. Then again, songs like "Manifest Destiny" and "Ode to the Unabomber" are in a league of their own. If you don't pick up this CD, you'll have to check out Bring Back Joel downtown. It's definitely worth the trip.

Bring Back Joel

Deep Within the Irrational Behavior Ward

[funny Records]

Kid With Man Head

Flapjack Hairpiece

[Onefoot Records]

Details magazine cited these guys as "like Foo Fighters kid brother going berserk on Christmas morning." I don't know if that would be my exact description, but I would have to say that these guys definitely have energy. These mesh pit extraordinaires have played live throughout the tri-state area of New Jersey, New York, and Pennsylvania, bringing with them devoted followers that can't wait to bust down the doors of the cooperating clubs of the evening. "Change the World," "Red-Eyed," and "Trip or Tie My Shoes" were among my favorites from this album. These guys seem to have an opinion about everything from love to video rental stores, and they sing about just about anything that comes to mind. In just one CD they've covered "You and Me," "Change the World," "Hotel California," and "Cheese Grate Your Face;" basically drugs, sex, power, and a pizza. Sounds like a typical college-student's day. Right? Put some crazy drumming with off the wall lyrics, slap some pancakes on an old guy's head and you've got Kid With Man Head: Of course, this description really doesn't do justice for those who need to bang with the music first. Pick it up.

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COLLEGE PRESS SERVICE

Virginia's Supreme Court ruled Friday that Virginia Tech's student newspaper didn't defame school administrator Sharon Yeagle when it referred to her in print as the "Director of Butt Licking." Student journalists at the "Collegiate Times" are breathing a little easier because of the court's 7-2 decision, but the dispute has reitered the importance of proof-reading before going to press.

"Let's just say they have made some changes so the chances of this happening again aren't so great," said James R. Creekmore, attorney for the student paper. Students said dummy type accidentally made it into print, but Yeagle, assistant to the university's vice president, didn't buy their explanation.

Believing she was the target of a cruel joke, she filed suit against the newspaper for printing the 1996 article. Use of the phrase, she claimed, branded her with a "criminal offense involving moral turpitude under the (state's) sodomy statute." Her attorney, Lisa Ciuffone, also argued that the crude phrase essentially called Yeagle "a brown-noser, an apple polisher and a kiss-ass who shamelessly curry favors for personal and professional gain." To make up for damages done to her professional reputation, Yeagle asked for at least $500,000.

Justices didn't exactly buy Yeagle's story either. They decided the phrase could not be construed as factual information about her job, and there-fore could not injure her professional reputation.

"In this case, 'Director of Butt Licking' is no more than rhetorical hyperbole," Justice Elizabeth Lacy wrote for the court's majority. "It cannot rea-sonably be understood as stating an actual fact about Yeagle's job title or her con-duct."

However, the two dissenting justices — Cynthia Kinser and Lawrence Koontz Jr. — wrote that the title had imputed to Yeagle "an unfitness to per-form the duties of her job (and) a lack of integrity in the perform-ance of such duties."

Despite that criticism, Creekmore said the incident is an unfortunate one that Yeagle "has to move on from and become a little more thick-skinned about." The newspaper's insurance covered most of its legal bills, but it did have to pay $5,000 deductible, Creekmore said.

Freshmen expelled after hanging black mannequin from tree

Administrators at Antioch College in Ohio have expelled four first-year students who admitted to hanging a black mannequin by the neck from a tree on the school's campus.

Students and school officials discussed the Feb. 23 "lynch- ing" this week during a regu-larly scheduled community meeting designed to improve communications on campus. At the gathering, four male stu-dents were admitted responsible for the incident.

One student who attended the meeting said the offenders apologized profusely for their actions and claimed to have pulled the stunt as a joke, not as an expression of racial hatred. About 7 percent of the 500 students on campus are minorities.

"The act of expression and its negative impact on the fabric of our community must be con- sidered separately from the intentions of those making the expression and must be unequivocally condemned," said the college's interim pres-ident, Bob Devine, in a state-ment released Thursday. "This clear violation of community standards requires a swift and unambiguous institutional response that affirms our core values and re-establishes our sense of community standards, safety and well being."

Devine also stated he will recommend that faculty mem-bers make "anti-racism train-ing" a degree requirement.

The students have been ordered to leave campus. School officials are not releas-ing the students' names "out of respect for their privacy," Antioch spokesman Karen Kovach said.

Their dismissal was wel-come news to Laurel Holland, an alumna who has published several books about international racial and ethnic relations. Holland did, how-ever, criticize her alma mater for keeping the students' identi ties a secret.

"I sincerely hope you will not continue to let these boys call men would be too kind) hide behind your pantlegs," she wrote in a letter sent to one school official. "In my state (Washington), they would be up on criminal charges for a hate crime."

Dr. Kevorkian Assists 21-year-old Quadriplegic

DETROIT — A 21-year-old quadriplegic who depended on a ventilator to breathe is appar-ently the latest and youngest person to die with assistance from Dr. Jack Kevorkian.

Roosevelt Dawson died in his mother's apartment Thursday, only hours after he was discharged from a hospital in Grand Rapids, according to news wire reports. An investigator with the Oakland County Medical Examiner's office said Friday that Dawson died by lethal injection and that his death has been ruled a homicide. He declined further comment.

According to the Associated Press, a Michigan probate court denied a request from Michigan State Hospital to hold Dawson involuntarily. The hos-pital wanted the commitment order so that Dawson's attorney, Geoffrey Fieger, intended to seek Dawson's release. Fieger also represents Kevorkian.

In an interview with WJW-AM radio in Detroit, Fieger said Dawson and Kevorkian had talked several times over the last few months.

"I can describe his mood at the end as being virtually ecstatic," Fieger said of Dawson.

The AP also reported that Fieger said Dawson "had the love of his family and made his choice after due deliberation."

Dawson's death and the role Kevorkian is suspected of playing in an alleged case of assisted suicide, "Dawson had a sharp mind and a good sense of humor," Dr. Bill Cunningham, the hospital's chief medical officer told The Grand Rapids Press. "Now there is this cloud over everything."

According to wire reports, Dawson, a student at Oakland University, was planning to study medicine when a viral infection known as transverse myelitis attacked his spinal cord. 13 months ago Doctors said Dawson's condition was likely irreversible. The pro-gnosis promised Dawson to pursue Kevorkian's help, because he said he was unable to lead the life he once had.

Fieger told the Associated Press that Dawson opted to die with Kevorkian's help rather than have the hospital remove life support systems, which would have caused death by suffocation.

Dawson is believed to be the youngest person to die with Kevorkian's services. He was 27-year-old Heidi Asieltine, an AIDS patient whose body was found in a motel outside of Detroit last April.

Students arrested in drug probe

FAYETTEVILLE, Ark. — A six-week, undercover investiga-tion into drug dealing at the University of Arkansas at Fayetteville ended the week of Feb. 22 with the arrests of 14 people, 11 of them students.

Undercover officers with the state's drug task force posed as students and moved into dormitory rooms after campus police officers reported that drug dealing increased in three residen-tial halls last semester. The university's chancellor, John White, approved the investiga-tion, a university spokes-woman said.

Seven of the students arrest-ed live off campus. All of those arrested were given university sanctions, the spokeswoman said.

Charges against the students included delivery, manufactur-ing and possession of mariju-na and psilocybin mushrooms, according to police reports. Five students also were arrest-ed on suspicion of possessing firearms.

During the raid, police seized six marijuana plants, six ounces of marijuana, a quarter of an ounce of mushrooms, $1,903 in cash and two jeep Cherokee recreational vehicles.
Research at home suits mother’s needs

By VICKI DESORMIER
Staff Writer

Lisa Kensington says her computer has been her salvation. The 37-year-old mother of three has been trying to earn her degree for nearly two decades, one class at a time. She has yet to declare a major and has attended six universities.

“But the worst part has been going to the library to do research,” she said. “Especially with kids around.”

Kensington said she has “obviously never been a particularly dedicated student,” but she does try to work hard in each class. She has never been one to blow off an assignment, she said, so she has had to spend many hours amidst the stacks of books, looking up information.

“Until I discovered I could do the same thing from the den on my computer,” she said.

She said doing research on a term paper has become much easier. Her encyclopedias on CD-ROM and her access to the internet have cut the time she spends on campus to a few hours a semester.

“Yeah, I still have to go to the library to look at some books,” she said. “Not everything is online yet. But it’s not so bad. You can figure out what books you need, go down to the library and check them out or copy what you need if they’re reference books.”

The sometimes-English major said she doesn’t even mind doing some research the old-fashioned way, because she knows the “pressure is off.”

She knows she can do most of the work at home. Kensington said the internet has brought her new research assistants as well. “I’ve met other moms on line who are in the same boat as me,” she said. “They’re all frustrated with having to gather the kids up, drag them off to the library and try to babysit and study at the same time.”

She and another mother who is enrolled in classes at Indiana University remembers the library as a great place to meet people when she was younger, but jokes that at her age, she is neither interested in dating young college men, nor are they interested in her.

“So what’s the difference?” she joked. “I might as well do the research at home.”

Kensington said her older daughter loves going to the library to study, but that the other one shares mom’s affinity for researching from home.

“Oh, if the older one is a senior in high school,” she said. “Going to do research at the library involves putting on makeup, doing her hair and getting all dressed up before she goes … how much school work do you think actually gets done there?”

State University found they were taking the same class this semester. While the text is different and the day-to-day assignments are not the same, they have shared information for the research paper each has to write for the end of the semester.

“We e-mail back and forth with online sites that we think might be useful,” Kensington said. “We have built a shared bibliography and stuff like that.”

Kensington said she still writes her own paper and doesn’t rely on other people to do the research. It is more of a “community of support” she has found online with other people who don’t have the time or inclination to go to the library.

“I guess if I was 17, I wouldn’t mind going to the library so much,” she said. “But if I can do my work in my bathroom and ugly slippers and a Coke and a box of cookies at 3 o’clock in the morning, I can do it that way. And if I want a cigarette while I’m browsing through the stacks, there isn’t someone yelling at me to put it out in a public building.”

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Graduating seniors limited on commencement guests

The growing numbers of UCF's graduating class will limit the amount of family and friends who may attend the May commencement ceremony.

For the first time since UCF has held its graduations in the UCF Arena, tickets will be issued to keep crowds within fire code requirements. More than 3,000 students will graduate in four separate ceremonies on May 9 in the 5,000-seat arena.

"Between 500 and 800 graduates will participate in the ceremonies, which means there will be 4,200 to 4,500 guest seats available," said Terry Genovese, director of arena operations. "We will issue each participating graduate the maximum number of tickets consistent with available guest seating."

Students graduating from the colleges of Arts and Sciences and Health and Public Affairs will receive five tickets each. Business Administration and Engineering graduates will receive six tickets and graduates from the College of Education will receive eight.

"This situation demonstrates the need for a larger arena-type facility on the UCF campus," said UCF spokesperson Dean McFall. "Our graduation classes will just grow as the university continues to grow and we surely will need a larger facility if we are to become affiliated with a larger intercollegiate athletic conference."

Tickets will be distributed through the UCF Bookstore at the same time as caps and gowns. Commencement officials said unclaimed tickets (not picked up by May 4) will be available during an "Additional Ticket Pick-Up" period for graduates who need more than their regular allocation.

Tickets will be color-coded by commencement to reduce the chances of a graduate ending up with ones for the wrong graduation. All tickets will be for general admission, so the first to arrive will have the best choice of seats.

In other news:

- The UCF Math Department will host a Math Career Day on April 3. The purpose of it is to inform students of the career opportunities available with a mathematics degree.

- Career Day panelists include Yvette Gordon of See Change International, Candace Hilton, manager of Lockheed Martin, Dr. Bruce Whisler, associate dean of the College of Arts and Sciences, Dr. Cynthia Young, assistant professor of mathematics and research scientist at the Florida Space Institute, and Alvin Aki, senior consultant of Leer and Associates.

- The event will begin with lunch in Phillips Hall, Room 409, at noon. Then, it will be moved to the Education Building, Room 174-A. The panelists will each have a presentation. UCF students, along with high school students from 20 schools in Orange and Seminole counties, are invited to attend.

- Student Government is offering Leadership Scholarships for the 1999-99 academic year. The scholarships are $250 per semester and the deadline to apply is March 20. Students can pick up applications in the Student Affairs office, located in the Administration building, room 282, or in the Student Government office, room 214 in the Student Union.

- UCF will be sponsoring a Health Fair at the UCF Community Nursing Center on March 21 from 10 a.m. to 4 p.m. Students from the nursing programs will be sponsoring activities such as children height and weight checks, hearing tests, eye exams, free blood pressure tests, blood glucose monitoring and fingerprinting by the Coca-Cola Police Department.

Information regarding cancer, breast self-exam, dental care, heart disease, sexually transmitted diseases, child safety, March of Dimes and family planning will also be available. The Nursing Center is located on 928 Mandarin Road and the deadline to apply is March 17.

The Nursing Center is also sponsoring a Health Fair at the UCF Wellness Center on March 21 from 10 a.m. to 4 p.m. The Health Fair will include information about heart disease, sexually transmitted diseases, child safety, March of Dimes and family planning. The Nursing Center is located on 928 Mandarin Road.

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Healthy ideas site brings
good living into focus

By VICKI DESORMIER
Staff Writer

Most college students have a
reputation of not eating much
about the useful stuff we put
into our bodies, but studies
have shown we are not all
health nightmares.

For those who are interested in
living a consistently healthy
lifestyle, Prevention magazine’s
Healthy Ideas website
(http://www.healthyideas.com)
is a great find.

From recipes to chat rooms to
easy-to-read articles that don’t use
a lot of Latin words pulled out of medical
texts, the site is very user
friendly.

The site doesn’t just reheed
the popular magazine, it is fre­quent­ly updated and responds
to the questions and comments
submitted by those who visit the
site.

If you like to cook, there are
more than 300 low-fat recipes
in the current file. The offers­ings change often so be sure to
save the ones you want. It
could be gone next week.
Most of the recipes are easy to make
and inexpensive.

While some of the articles
will be of little or no interest to
many young adults (like the
discussion on when thumb­
sucking should stop), there’s plenty
to keep you interested if
you’re interested in things like
weight loss (as most of us are)
or exercise (as most of us like to
pretend we are).

The bright, easy to navigate
site, is check full of stuff that
will help you live a healthier
lifestyle.

There’s currently an article
about how healthy the prepared
food you can pick up at the deli
in your local supermarket is ... or isn’t. It’ll make you think
twice before you let someone
else prepare that potato salad.

One really cool feature for
those of us who like to plan
ahead is the menu planner. Just
plug in your weight, your
desired weight, your activity
dependent on your gender and
(nearly) instantly you have a
daily menu planner suggested
for you. There are a dozen or
more choices for breakfast,
lunch, dinner and snacks with
calorie amounts in parentheses.
Just add up the calories and
make sure you don’t go over
your limit (they tell you what
your limit should be).

There’s also a food scanner
that will analyze all the food
you eat. You may not want to
know that the large cheese­
burger you had for dinner has
649 calories, 35.3 grams of fat
(12.8 grams of saturated fat),
94 milligrams of cholesterol
and 920 milligrams of sodium
(and much more), but at least it
lets you get a picture of what
you’re eating. You can analyze your whole day (in terms of
food) or just one item.

Check out the site, there are
some fun things to play with
that can offer you an enlighten­
ing view on what you put into
your body and some interesting
articles on how to get them out
and get into your best shape
ever.

Have fun with it. Just for the
health of it.

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websites or newsgroups on
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about them. E-mail me at
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I might review that site in a
Future article.

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By KATHERINE MARTIN
Staff Writer

A first impression lasts seven seconds. So, unless you can showcase your diploma and job experience in those seven seconds, you need to make your image speak for you.

Gayle Beatty, an image consultant certified through the Association of Image Consultants International, addressed a crowd of 50 students about business etiquette and professional image for ladies.

"Most women have no idea what's successful, in either clothes or appearance," Beatty said. "All of us are in sales. We have to sell ourselves."

Beatty covered topics from hairstyles to handshakes and also explained how a person can appear confident.

"The key to making an entrance is to act as if you belong there," she said. "Fake it until you make it."

According to Beatty, many women need to work on their handshakes.

"A handshake is part of your symbol," Beatty said. "When you shake hands, join your hand with their web-to-web and grasp firmly but not too hard and give about two or three pumps up and down."

The audience then proceeded to practice shaking hands and exchanging names with each other.

"I find that you can't get a proper handshake from a man because they are afraid to crush you," said a female student from the audience. "They give me this finger-tip handshake!"

"If someone tries to give you a finger-tip handshake, then help them out and slide your hand in there to make that web-to-web connection," Beatty said. "If they have the bone-crusher handshake, say to them, 'My goodness, that's a very strong handshake.'"

There are other aspects of your image influencing a person's first impression of you.

"Fifty-five percent of your first impression is visual," Beatty said. "That means your hair, your make-up and your clothes. The sound and inflection of your voice is 38 percent, and the last 7 percent are the words you choose in a conversation."

Beatty also gave tips on how to start a professional wardrobe.

"First, she emphasized that you need to have clothes that compliment you. Vertical lines lengthen and slenderize, such as your nose, the hair next to your jowl, rippers and buttons.

Horizontal lines can look as wide as a horizon, she said.

"Never start or stop a horizontal line at a figure challenge," Beatty said. "If your hips are the widest area of your body and your jacket stops at your hips, guess what looks really big?"

"Make sure you can wear an outfit three different ways. Beatty said. This will maximize your wardrobe.

"Use the cost-per-wearing formula when buying clothes."

"You divide the cost of the outfit by how often you think you will wear it," Beatty said. "So if you buy an outfit for $100 and you wear it four times, you just spent $25 per wearing."

"Sleeveless in the workplace never cuts it. It's not formal. Males don't wear sleeveless clothes to work."

"Casual Fridays should never be

"Sleep deprivation, a problem for many students

By ANNE FAWCETT
College Press Service

The people who doze off every day in your 2 p.m. class may not be suffering from boring professors. They may actually be sleep-deprived. New research shows that college students largely make up the sleepiest group in a sleepy nation, risking dangerous academic and social consequences.

Many instructors say symptoms of deprivation — the nodding heads and droopy eyes — typically kick in during afternoons classes. While many professors blame through their lessons as planned, some refuse to teach during high-dozing times.

"What's the use of teaching in a bedroom?" asked James Maas, a psychology professor at Cornell University.

Maas' research on sleep deprivation has found that college students average 6.1 hours of sleep each night — three times less shut-eye than they need and less than the national average of seven hours.

"I describe college students as a group of walking zombies," he said.

While many students behave as if immune to sleep, Maas said they actually need to snooze more than other adults to reach optimum performance. Students should sleep nine hours each day, compared to the eight hours everyone else needs, he said.

"People need more sleep between puberty and age 25 than any other stage of life, except infancy," he added. "College students fit right in there."

Maas and a team of researchers from Stanford University found that only 1 percent of students at Cornell and Stanford said they were fully awake all day, while 25 percent reported that they took daily naps.

"Then there are people like Namita Bhattachar, a doctorate student in marketing at the University of North Carolina at Chapel Hill, who said she doesn't have a set sleep pattern at all."

"Whenever I feel most unproductive, I usually sleep three or four hours and then get up," she said.

"People living in stressful environments who also deprive themselves of sleep — namely college students — risk a wide range of negative side effects," Maas said. Sickness and exaggerated effects from alcohol consumption are among his chief concerns. Research shows the effect one alcoholic drink has on someone who is getting between five and six hours of sleep each night is the equivalent of six drinks consumed by someone who is getting the proper amount of shut-eye.

Maas advises students to establish regular sleeping patterns. If they do, he said they'll likely see their efficiency and grades improve. And they'll feel better, too, he said.

"Everybody can get by for a while, (then) they get sick," Maas said. "Listen in an audiotorium during exams — everyone is coughing."
Motivation is a powerful tool in writing a research paper

By LINDA RAMOS
Staff Writer

Writing can be simply defined as a means to communicate opinions, knowledge and emotions. Writing is truly one of the most important tools in the student's arsenal of skills.

In order to write an effective essay or term/research paper, you need to know the writing assignment’s purpose, plan enough writing time and use a writing method to help start and complete the project.

To assess your writing’s purpose, review the instructor's requirements.

Essays and papers are assigned by instructors to evaluate a student's organization and analytical thinking. Ultimately, the writing assignment is an expression of the student.

The instructor generally provides guidelines to determine the purpose of the paper.

For example, will the paper be informational, research-based, persuasive, narrative or a critique? In order to be motivated to write, select a topic that interests you. Find out how many references are needed, word count and the minimum/maximum length of pages.

Kevin Paul of Study Smarter. Not Harder suggests that the point of identifying a writing assignment's purpose is to boost students' self-confidence.

The earlier you start writing the assignment, the more time you have to research the topic and fully develop a thesis. Marvin and Peter Lounfend, co-authors of College Basics: How to Start Right and Finish Strong, devised a six-week timeframe to complete a writing assignment.

The first two weeks should be scheduled for research. If for some reason your paper does not need extensive research, take these first two weeks and plan the paper's outline.

The third week should be delegated to writing a first draft. Take a break from the writing project during the fourth week.

After the break, your mind will be refreshed and more objective to start the revision process during the fifth week.

Polish the final copy during the sixth week.

The process of actually starting to write can be intimidating, and Carol C. Kanar, The Confident Student, describes steps to make writing more manageable.

First, brainstorm everything you know about the topic by listing what you know and don’t know about it. Spend additional time researching the unclear areas.

Determine who is your writing audience, students or the instructor? Ask yourself, who does this audience want to know about the topic?

Second, draft an outline. Third, develop a thesis (the assignment's main idea reflecting throughout the entire writing project).

Write a brief introductory paragraph based on the thesis. After developing the rest of the paper, you will be able to write a more encompassing introduction.

Using your research, develop the body of the paper with supporting paragraphs and end it with a conclusion. Fourth, evaluate the paper for style, purpose and structure. Revise and edit as appropriate.

The foundation for any good writing is based on motivation, time and following a method from start to finish.

Linda Ramos is associated with Full Student Services (FSS), which provides word processing/typing and research assistance to college students.

Direct all correspondence to FSS, PO Box 62077 Orlando, FL 32762-2077 or 407-525-3392. UNIVERsity of CENTRAL Florida's DISPUTE RESOLUTION SERVICES

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UCF plays 7 games in 7 days

From PAGE 28

run. Junior pitcher Lester Victoria (1-2) earned the win, allowing two runs and four hits over 6.2 innings while striking out four.

After going up 5-0 in the first inning, the Golden Knights failed to score until adding three runs in the eighth.

"That's the thing that kills me about this team," said Coach Jay Bergman. "We just can't buy anybody. You can't give a good team a chance to come back."

In a double-header with Central Michigan University on March 13, the Knights overcame the Chippewas 14-7. Johnson, Croud and Riggs led the offense against CMU. Giving a combined 11-23, the trio accounted for nine runs, two doubles, five RBI and one triple.

Junior outfielder Eris Sneed and sophomore infielder Dustin Brixson also contributed, going 5-12 with two runs, an RBI and a stolen base.

Senior pitcher/outfielder Todd Bellhorn (6-6) earned the win in the first game, allowing four runs, six hits, and five strikeouts over 7.1 innings. Freshman reliever Jason Arnold pitched one and two-thirds innings to earn his fifth save.

Matt Laboyznisky (2-1) got the decision in the late game, giving up seven hits, three runs and striking out six over seven innings, while junior Kevin Gordon earned his second save.

UCF faces its longest consecutive game stretch of season this week. The Knights play the first of three against Western Illinois on March 17 and finish with the last of three against Northwestern on March 23. UCF plays Lehigh on March 20.

Croud said fatigue shouldn't be a factor in the upcoming games.

"Coming out every day and getting up to play seven or eight games in a row, that can be a challenge," Croud said. "Once it starts, I don't think we'll have to worry about any kind of fatigue factor. We've already won eight in a row and who knows, by the end of this, we could win 16 in a row."

The team hopes to keep improving heading into conference play (The TAAC opener is at Florida Atlantic on March 28). Bergman said.

"I think we're getting better," Bergman said. "We're at a time where we have the team in here where we can get a little momentum going."
UCF hopes to fill holes on defense

From PAGE 28

will give us our best offensive line [in years]. We should be able to run behind a line like that, but when you have a quarterback like Daunte Culpepper, you want to put the ball in his hands.

One of the bigger questions heading into camp has been who would replace the departed Brian VanGorder as defensive coordinator. Kruczek has recommended administration hire Gene Chizik, who held the same position at Stephen F. Austin the past two years, as the new coordinator.

"Besides his knowledge of Xs and Os and technique, he has a history in Florida," Kruczek said. "He grew up in Clearwater. He went to the University of Florida. He has a long history in the state. He didn't want to recommend a guy that would jump out of here in two years."

Whoever is named will have a tough job ahead of him. The Knights have lost six starters on defense and getting the replacements ready will be imperative.

Gone are the team's top three defensive ends Jermaine Benoit, Mike Osuna and Jamell McWhorter, who combined for 201 tackles and 17.5 sacks last season. Sophomore Fred Harley, a starter last season at defensive tackle, moves to right end with junior Mary Richardson taking the left side.

With only four sacks between them, the returning linemen will be expected to mature quickly. Georgia Tech transfer Edwin Ferguson, who played linebacker against the Knights in 1996, will play end in pass rushing situations.

"Those guys left pretty big shoes to fill, but we have the talent to meet those expectations the coaches expected from us," Richardson said. "The spring is going to be a battle. I can assure you whoever starts at defensive end will make the position solid."

The other position hurt by graduation is the secondary. The Knights return only senior cornerback Reginald Doster after the loss of safeties Kenton Sickler and Donnell Washington and cornerback Darrell Lattimore.

Senior Deon Porter, who played both linebacker and safety last year, should replace Washington at free safety. Sophomore Damien Demps starts the spring as the first-team free safety. Safety Tyrell Rice and corner Davin Bush, starters in 1996, return after sitting out 1997 with academic ineligibility. Senior corner Paul Miranda, who has been timed with a 4.29-second time in the 40-yard dash, will compete with junior Jeff Fye for the nickel and dime back positions.

"We have, probably, better athletes than the guys who graduated," Kruczek said. "They haven't been in the battle long, however. The key will be how fast they learn the defensive scheme."

UCF has a few injuries heading into practice. First-team linebackers Deaubrey Devine (shoulder) and Mike Palmer (ankle) and Dayton (knee rehab) will likely participate in non-contact drills only.

Gooch, who could be named assistant head coach in the next few days, said the starters' absences will give reserves valuable repetitions in practice. "Those players are not question marks," Gooch said. "Those players can play when healthy, so this is an advantage from a standpoint that guys like Mike Spencer, Tito Rodriguez and Tony Hardman that are going to get a lot of time at

Wide receiver Siaha Burley led UCF with 77 catches for 1,106 yards and seven touchdowns in 1997.
Impressive victory ends perfect week for UCF tennis

By TONY MEJIA
Staff Writer

The men's and women's tennis teams continued winning streaks by defeating TAAC rival Mercer on March 15.

The men 9-5, 1-2 in the TAAC capped their solid play last week with a 6-1 victory, the team's fourth in a row, over the Bears. UCF overwhelmed the Bears in singles play, winning five out of six games and won all three doubles matches.

No. 1 singles player David Winberg improved his record to 13-1 with a 7-5, 6-2 victory over Rafael Comto, Todd Tandjung, Pelle Brunsok, and Pedro Pacheco all earned straight-set wins.

"I think we're doing a good job playing tough matches and practicing hard," Winberg said. "We needed to get our confidence back if we're going to play other teams well. We need to play strong in preparation for tough matches because we know they are coming up."

The men also defeated Bowling Green, 5-2, on March 12 thanks to singles victories from Tandjung, Brunsok, Pacheco and Winberg. Brunsok said the team is performing better after a rocky start.

"Some of us are playing really well, and some of us aren’t playing well at all," Brunsok said. "A few weeks ago I lost a couple of matches in a row, but lately I've been playing better. It's the middle of the season, so hopefully by the time post-season comes around everyone will be playing well."

The women (1-2, 3-0) cruised to a 9-0 victory over Mercer (1-9), the team's seventh-consecutive win. Sophomore Maria Widyadharma (15-5) had the toughest game of the day, outlasting Lisa English in a number one singles match, 6-2, 6-2. Svantesson, Jeannie Christian, Sonja Prokope and Daniela Okal all topped their opponents 6-4, 6-0. Joel Soto-Rosa also prevailed for UCF, beating Melissa Paser 6-0, 6-1.

Wednesday 18

Baseball vs. Western Illinois, UCF Baseball Complex, 3 p.m.

Thursday 19

Baseball vs. Lehigh, UCF Baseball Complex, 7 p.m.

Friday 20

Women’s and men’s tennis vs. Mercer, UCF Tennis Courts, 11 a.m.

Saturday 21

Baseball vs. Northwestern, UCF Baseball Complex, 7 p.m.

Sunday 22

Baseball vs. Northwestern, UCF Baseball Complex, 1 p.m.

Monday 23

Women’s and men’s tennis vs. Florida Atlantic, UCF Tennis Courts, 11 a.m.

Tuesday 24

Women’s tennis, UCF Tennis Courts, 2 p.m.

Wednesday 25

Women’s tennis, UCF Tennis Courts, 11 a.m.

Thursday 26

Women’s tennis, UCF Tennis Courts, 11 a.m.

Friday 27

Women’s tennis, UCF Tennis Courts, 11 a.m.

Saturday 28

Women’s tennis, UCF Tennis Courts, 11 a.m.

Central Florida Future • 26
It was the one who called him and told him he was drafted," said Marilyn Bellhorn, Bellhorn's mother.

Bellhorn played for Athletes in Action in its Baseball Ministry for part of the summer of 1997, Marilyn Bellhorn said. The Baseball Ministry uses baseball as a way to lead people to Christianity, she said.

The MLB draft almost prevented Bellhorn from playing over the summer.

"Todd told the guys at Athletes in Action that he thought he might get drafted," Marilyn Bellhorn said. "He didn't know whether to stay or go, but they eventually influenced him to go.

After his trip, Bellhorn had to choose whether to forgo his senior season or return to UCF. It was a choice Bellhorn had to make on his own.

"He had to make the decision, but we supported him either way he would have went with it," said Ted Bellhorn, Bellhorn's father.

"After being through it once before with Mark (who plays for the Oakland A's), it was a little different. I have always told Todd since he was young that if he was good enough to play there, whether it was Little League, high school, college or the next step, that he would go," Ted Bellhorn said.

So why did Bellhorn spurn a $40,000 signing bonus and return to UCF?

"I love to play the game and also the opportunity to be an [Christian] example to my teammates," said Bellhorn, a born-again Christian who is the president of Campus Crusade for Christ at UCF.

"I'm financially secure as it is and I wasn't in a situation where I needed the money. It's a lot of money up front, but it won't make you happy and it won't take you real far."

By deciding to return, the Giants no longer own Bellhorn's 'draft rights and he can be drafted again this year.

With a .099 ERA and a 6-0 record this season, Bellhorn has caught the eye of scouts from the Boston Red Sox, San Diego Padres, Milwaukee Brewers and New York Mets.

"He's a lefty and he has a good arm, and that's some of the things we look for at the next level," said Jim Gabella, a scout for the Cleveland Indians.

"He was drafted last year and he'll be somewhere next year, too. When you come from a quality program like UCF, you've got a good chance."

Looking back, Bellhorn said he does not regret staying.

"I'm so content with my decision. I'm so glad I came back," he said. "I'm looking forward to this year and if I get another opportunity to sign [with a team], I'll probably take it. I'm more prepared physically and mentally [for the pro level], both on and off the field."
BY DEREK GONSOLIN
Sports Editor

Spring football practice gives younger players a chance to establish themselves months before the season begins. The same can be said for first-time head coaches.

"I'm looking forward to it," said interim coach Mike Kruczek, who spent 13 years as UCF's offensive coordinator before Gene McDowell's resignation on Jan. 20. "It's been two months since [I became head coach] and I'm looking forward to getting back on the field, putting the shots and baseball bat back on and start coaching again."

Kruczek said because of his many years on the coaching staff, his transition to his new position should be smooth. His main worry is how the players will react to his more enthusiastic coaching style compared to McDowell's.

"Gene and I are different, considerably," Kruczek said. "It's not that I'm trying to be deferent. It's just the way I am. I'm a very positive, enthusiastic guy. That's not to say Gene wasn't all the time, it's we just have a different slant on things.

The football team enters spring practice March 18 with many questions the coaching staff hopes to solve by the finale. The Black and Gold game on April 11. Officially, that gives Kruczek 15 days of practice to figure out what his team will look like.

The fissures questions heading into spring practice come from the offense. Led by standout quarterback Daunte Culpepper, UCF returns 10 of 11 starters who finished 1997 11th in passing offense and 26th in total offense. The team's bowl hopes may rest on how many points Culpepper and senior receivers Mark Nonsant and Sahia Burley can put up.

"They should set their goals very lofty as an offense," Kruczek said. "We want to talk about those goals as soon as possible as a unit, so they can think about all offseason after spring to prepare for the season."

Wide receiver should be the team's deepest position. With Nonsant and Burley as the starters, sophomore Charles Lee, who led the team in yards per catch (15.9) and scored six touchdowns last season, will be a lock as the third receiver. Seniors Kenny Clark and Eric Leister will have to beat out 6-foot-2 redshirt freshman Tavarius Davis, who looked good enough in practice to play last year.

The offensive line, which was forced to start freshman center Chris Lorenzo and tackle Freddie Moore, should be a team strength. The only starter lost was Ray Gould.

"We have a very salty offensive line," running backs coach Alan Gooch said. "We have Ryan Gillis coming back and a lot of other seniors like Marcus Jenkins and Cornell Green that decide to attend UCF," Bellhorn said. "Just being able to talk to Coach Bergman and the relationship we had was a big factor."

UCF, was an unscored team meet.

UCF's Jenn Herron placed second in two field events. Her toss of 14.74 seconds. Valerie Beaubrun placed third with a time of 22.34 seconds.

She said several factors helped Bellhorn decide on UCF. "Todd wanted to stay home and he had a tremendous amount of respect for Jay and what he was trying to do at UCF," said Ferrell, who also played for Bergman at Seminole Community College.

"At the time when Todd chose UCF, the school was a pretty good Bellhorn reaping the benefits from decision to stay at UCF

BY JEFF CASE
Staff Writer

UCF coach Jay Bergman didn't need any scouting reports to convince him Todd Bellhorn could handle collegiate baseball.

"I've known Todd since he was about 8-years-old and he is a quality person," said Bergman. "Todd's father and I used to be in a Bible study class together and we were neighbors. The Bellhorns are good, strong people.

Bellhorn, a pitcher/ outfielder and his brother Mark attended Oviedo School, which is about 8-2. Junior shortstop Eric Riggs led UCF, going 2-3 with two runs, two RBI, a double and his fifth home run of the year. Junior catcher Erik Johnson also played well, going 3-4 with two runs, three RBI and his third home-

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UCF takes advantage of homestand, offense extends winning streak to 8

BY JEFF CASE
Staff Writer

The UCF baseball team could be finding its offensive rhythm as it defeated the University of Illinois-Chicago, 20-4, on March 15 for its eighth-consecutive victory.

The Knights' offense has been a major factor in the team's last four wins, as UCF outscored its opposition 42-13.

"Everyone is starting to come around offensively," said outfielder Will Croud. "The other teams are giving us a lot of good pitches to hit, but we're starting to come around."

UCF defeated the University of Miami, Ohio on March 11, 8-2. Junior shortstop Eric Riggs led UCF; going 2-3 with two runs, two RBI, a double and his fifth home run of the year. Junior catcher Erik Johnson also played well, going 3-4 with two runs, three RBI and his third home-

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Junior shortstop Eric Riggs is tied for the team lead in home runs with five.