**Student wins Hollywood Squares**

**AMY PAVUK STAFF WRITER**

Ti'eshia Daniels had a glimpse of stardom in December when she represented UCF in a college edition of Hollywood Squares and won $5,500. Daniels said, "I have never done anything like this before and thought it would be fun to try out." Daniels and a friend woke up early to make the 8 a.m. audition. "We acted so crazy... but I didn't know that's what they were looking for." Besides being interviewed, the students took a test with questions similar to those asked on Hollywood Squares and learned strategies on winning the game.

Daniels said her audition went well, but never thought she would be called back. The show notified Daniels in mid-December and said she had been chosen as a contestant. She flew to Los Angeles for two days of taping, with all expenses paid by Hollywood Squares. "During the taping, I was very, very nervous. They had to being me lots of water."

However, she said all the celebrities were personable and helped ease her nervousness. "During her two days of taping, Daniels met stars like comedians Jackie "The Jokeman" Martling, country singer JoDee Messina, "Who's Line is it Anyway?" star Colin Mochrie and Kermit the Frog.

The second day I went backstage and met Martin Short and Jason Alexander. And, I got to take pictures with everyone."

Daniels competed against students from schools such as Stanford, Ohio State, University of Pittsburgh and University of Seattle. She said there wasn't any...

**DANIELS, Page 7**

**Mathematician scores Navy grant for $280,000**

**LIBBY BAIRD STAFF WRITER**

The Navy's Young Investigator Program awarded UCF's Cynthia Hopen a $280,000 grant over the next three years. Hopen came to UCF in 1997 after earning a doctorate in applied mathematics from the University of Washington located in Seattle. Hopen teaches math at UCF and researches at the Kennedy Space Center and the Air Force Station at Cape Canaveral.

Hopen was one of 26 people select...ed to receive one of the grants, which ranged up to $300,000 from the Office of Naval Research. Her research focuses on improving long-range radar surveillance by ascertain...ing the effects of atmospheric fluctuations on lasers that could be used on naval ships. While Dr. Hopen says she was surprised to receive the grant, she suspects that it has something to do with her last project, which was a different military problem but was based on the same mathematical principles. Her last project lasted from Sept. 1, 1999 to Sept. 1, 2000 and involved a multi-spec-

**LIBBY BAIRD, Page 9**

**Funding levels could mean more cuts**

**DAVID MARSTERS STAFF WRITER**

Hundreds of students have been turned away from UCF intramural sports programs this year, and even more may be told they cannot play next year if funding for the department does not increase.

Intramural sports at UCF are made possible by the department's Other Personnel Services (OPS) budget, which is funded by the Student Activity and Service Fee and pays the temporary student employees who run the intramural programs. Intramural Sports received an OPS budget of $72,000 this year, plus $10,000 from a corporate sponsorship given to UCF by Coca-Cola, but that money has not been enough.

Because of budget limitations, UCF Intramural Sports has had to set a cap for the amount of teams that can play in all 44 of its programs during the 2000-2001 school year. These caps have been affecting large numbers of would-be participants this semester, as a combined 87 teams have been turned away from playing in 4-on-4 Flag Football, 3-on-3 Basketball, Floor Hockey and 2-on-2 Sand Volleyball.

"I had never capped until this year, and there will only be more people turned away now," Intramural Sports Director Jim Wuling said. "We're just not funded at a high enough level to be able to accommodate the number of teams that want to play. I will try to do the most that I can with what I'm given."

The Intramural Sports budget falls under the UCF Recreational Services budget, which had been its own entity up until May of 1999. During that...

**DAVID MARSTERS, Page 6**

**NetLibrary**

*The University of Central Florida's library will make books available online for students*

**DARCY ELENA RODRIGUEZ STAFF WRITER**

If heading to the library is an inconvenient task, there is another way to get that research done. NetLibrary is available to ease stress.

"NetLibrary is a collection of electronic books," said Athena Hoeppner, UCF Reference Librarian. Students are now able to access e-books from a collection of over 15,000 complete titles through the Internet.

E-books are available in a wide range of topics from business to literature. Complete "indexes...NetLibrary, Page 4"
UCF - Students, Staff, Faculty & Alumni Special

3.5% over invoice on new and pre-owned vehicles

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$239 mo/42 mos.*
7 to Choose
*Leases are calculated with $0 total down. Includes 1st payment, 0 sec. deposit, tags, title and license.

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$239 mo/42 mos.*
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http://www.aristocrat.vwdealer.com • see salesperson for details
Spring Break alternatives

MTV has nothing on ghosts, coleslaw wrestling and spelunking.

KATIE GIRAUO
STAFF WRITER

In the grand tradition of a college Spring Break, I've decided that we should all go to Daytona and party our heads off. Sound like a plan? Nah...not to me, either.

For some of us, Daytona just won't cut it. We seek peace. We seek tranquility. We seek affordability and we seek sobriety! In the interest of all these things, and mainly in the interest of variety and a few laughs, I've provided some local Spring Break alternatives mostly outside of Daytona... Square Dancing.

The Shamrock Swing is a square dancing festival being held in Merritt Island, FL Mar. 9-10. Friday early rounds are at 7:30 p.m. and dance at 8 p.m. Saturday there will be square and rounds workshops during the day, early rounds at 7:30 p.m. and dance at 8 p.m.

Tickets are $15 per person. For more information contact Jim and Jan McConnanna at 321-542-2679.

St. Augustine is probably Florida's best-kept secret. It's the oldest city in the United States, and features the oldest masonry fort in the Continental U.S., the Castillo de San Marco, several ghost tours detailing all the haunts of the city, the oldest wooden schoolhouse in the U.S.

and several enchanting tours through this ancient and enduring city. Shops and old homes and churches line the streets, offering history and warmth at every corner. St. Augustine is famous for its bed and breakfasts, as well as other accommodations. Visitors can usually fully "do" St. Augustine in 3-4 days. For more information, visit the St. Augustine web site at http://www.ci.st-augustine.fl.us/.

Did you know?

The student to faculty ratio at UCF is 16 to 1.

The ratio of female students to male students is 53 to 47.

UCF's main campus is 1,445 acres large.

Random Facts of the Week

Lobsters molt 20 to 30 times before reaching the one-pound market size.

Men are six times more likely to be struck by lightning than women.

Goldfish lose their color if they are kept in a dim light or if they are placed in a body of running water, such as a stream. They remain gold when kept in a pond or in a bowl with adequate illumination.

The longest recorded flight of a chicken is 13 seconds.

One in every four Americans has appeared on television.

Slugs have four noses.

Like fingerprints, everyone's tongue print is different.

Corrections and Retraction

1. Last week's article on the Women's Resource Center identifies the women's center as the "Central Florida Women's Resource Center." This should be changed to simply "a women's center." 

2. The article identifies the director of the UCF Women's Studies Office as Dr. Cecilia Milanes Rodriguez. The correct name is Dr. Cecilia Rodriguez Milanes.

3. The article mentions that the women's center "will be" strategicaly located... It should be mentioned that this was at the request of the attendees of the session. Attendees agreed that the center "should be" strategically located, not that it "will be..."

4. The article states that the goal of the Visiting Session was to "develop first-stage plans for a fully functional women's center." It should be stated that the women gathered to "imagine possibilities and goals for a fully functional women's center."

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Fully Furnished 3 and 4 Bedrooms with Individual Leases (you pay for your rent only!)

Plus Much, Much More!
One life...One life...

Officers Denmyy and Johnson were dispatched to Veloria Hall in reference to a drug call. Upon arrival, Johnson claimed he could smell the burning of cannabis coming from one of the rooms.

When they entered the room in question, they saw a plastic sandwich bag containing a green leafy substance on top of a wooden dresser. The officers determined this to be cannabis and read John Widmer, Elizabeth Bergman, Emily Talley and Adagual Kelley were read their Miranda warnings.

Widmer agreed to speak with police and according to the officers, claimed that the drugs were his. Upon a further search of the room, several more drugs, drug paraphernalia and alcohol were found. Widmer was arrested for possession of hashish and cannabis.

Lashinsky then asked him if he had been smoking pot and if any was in his room, to both of which Widmer admitted his true identity.

Take the time to expire.
Ultimate Pi Phi

Secondhand smoke is the third leading cause of preventable death in this country, killing 53,000 nonsmokers in the U.S. each year.

(Americans for Nonsmokers' Rights)

COME TO THE WELLNESS EXPO ON MARCH 7, 2001
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Bring this ad to register for the drawing of a Strike prize pack!

Other Activities Provoked

March 7, 2001 • www.UCFfuture.com

news

NATHAN HOLIC
CONTRIBUTING WRITER

Pi Beta Phi sorority hosted their second annual Rock the Arrow competition this past week, a fund-raising project comprising of two smaller events. Ultimate Pi Phi was the first of the two events, and was held in at Lake Claire. Fraternity and sorority participants competed in a football toss, a tug-of-war, a sack hop, a pie-eating contest and a soccer obstacle course. Pi Kappa Phi fraternity won the overall games competition for Ultimate Pi Phi. The second of the two events for Rock the Arrow was “Say What?” Pi Phi, a lip-sync and dance contest similar to the MTV television show.

Though the events were designed simply as fun competitions, every participating Greek organization worked to raise over 4000 books for Links to Literacy. Through active involvement in literacy programs, Pi Beta Phi seeks to advance their founding purpose of “promoting the happiness of humanity.” All collected books were donated to shelters, public schools, hospitals and family centers.

Sigma Alpha Epsilon fraternity won the overall Rock the Arrow competition, placing first for large fraternities. Phi Delta Theta fraternity won first overall in the small fraternity bracket, and Zeta Tau Alpha sorority won first overall for all sororities. Sigma Alpha Epsilon also won the “Pi Phi Love” award for their enormous contribution of nearly 2000 books to Links to Literacy.

Former Chapter President Selected as Traveling Consultant

Jennifer Smith, a Delta Delta Delta sorority member and senior at the University of Central Florida, was recently selected travel the country as a Field Consultant for the sorority’s International Headquarters. Jennifer will begin in the Fall, making her way from campus to campus, consulting and advising the various Tri-Delta chapters at those schools.

As a student at UCF Jennifer was very involved with Tri-Delta, serving as both Chapter President and as House Manager. Her involvement at the university was also a major factor in her selection as a Field Consultant. Jennifer was an active member of the Student Alumni Ambassadors Council, the Campus Activities Board, Quotes (advertising/public relations organization), the Florida Public Relations Association, Lead Scholars and the national Greek Honor Society, the Order of Omega.

Budge Day Celebrated

The National Panhellenic Council—the governing body of 26 international women’s fraternities, nine of which are represented at UCF—celebrated their National Budge Day on March 5. The day was organized to coincide with National Women’s History Month.

“Over 3 million collegiate and alumnae women belong to fraternal organizations,” said Lisa Bradford, Chairman of the National Panhellenic Council. “National Budge Day gives sorority women of all ages and in all locations a chance to show their Greek pride.” Women across the nation and abroad wore their fraternity badges or letters in honor of the occasion, and many participated in volunteer activities to commemorate over 100 years of community service.

“Our long history of working to better our communities dates back to 1853,” said Bradford. “The essence of many sororities is philanthropic service.”

During the last year, fraternity women at UCF contributed thousands of hours of community service, working to help such philanthropies as the American Cancer Society, the Susan G. Koleman Foundation, the Children’s Miracle Network and the Arnold Palmer Hospital.

Chi Omega Wins Scholarship

Chi Omega sorority member Erica Lonergan surprised even herself at the Feb. 24 UCF Men’s Basketball game against Campbell when she won a full semester’s paid tuition. Picked to participate in a half-time three-point shoot-out earlier in the basketball season, Lonergan made three shots in thirty seconds to advance to the finals. Nailing one three-point shot was enough this last time; Lonergan won the finals and walked out of the UCF Arena with a scholarship for a semester’s tuition.

After this, the corporate ladder will be a piece of [cake].

In the course of facing challenges like this, you’ll learn how to think on your feet. Stay cool under pressure. Take charge. Talk to an Army ROTC rep. You’ll find there’s nothing like a little climbing to help prepare you for getting to the top.

ARMY ROTC Unlike any other college course you can take.

100% Tuition for Grad School Available. Call Major Nick Coddington (407) 823-5383.
Intramural Service Fee Committee, expecting a shortage of funds, asked CLF director Mark Hall to cut the entire CLF budget by 20 percent. Hall said the committee specifically instructed him not to cut any funding to the Student Union’s OPS budget. Thus, other programs had to be cut in larger amounts. Hall said that in that scenario, he will request only $72,000 for Intramural Sports. That is a 35 percent reduction from the $119,000 Intramural Sports originally asked for, significantly more than any other programs provided by Recreational Services. Now, Intramural Sports submits its budget to CLF, which combines budgets from each of its parts and submits a total budget to the Activity and Service Fee Committee. That committee then recommends a budget to SGA, which must be passed for the July 1 beginning of UCF’s fiscal year.

CLF recently submitted its requested budget for the 2001-2002 fiscal year, with Intramural Sports asking for an OPS amount of $119,000. But the Activity and Service Fee Committee, expecting a shortage of funds, asked CLF director Mark Hall to cut the entire CLF budget by 20 percent. Hall said the committee specifically instructed him not to cut any funding to the Student Union’s OPS budget. Thus, other programs had to be cut in larger amounts. Hall said that in that scenario, he will request only $72,000 for Intramural Sports. That is a 35 percent reduction from the $119,000 Intramural Sports originally asked for, significantly more than any other programs provided by Recreational Services. Now, Intramural Sports submits its budget to CLF, which combines budgets from each of its parts and submits a total budget to the Activity and Service Fee Committee. That committee then recommends a budget to SGA, which must be passed for the July 1 beginning of UCF’s fiscal year.

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Station gives students voice

CHRISTIE ZIZO  
STAFF WRITER

The sounds coming from the WNSC studio differ a bit from those coming from UCF's other station, WUCF FM. UCF students who want a change from the jazz sounds of WUCF FM now have an alternative with the school's new student-run radio station.

WNSC (NSC stands for Nicholson School of Communications) broadcasts 24/7 on channel 21 around campus and over the internet at ucf.edu/wnscom. Their purpose is to provide news and entertainment college students will enjoy.

Michelle Botz, at the time a new professor at UCF, pushed to begin a radio station here [in the fall of 1999]," said WNSC station manager and UCF senior Nick LoCicero. "The equipment existed and the line for channel 21 on campus was already dedicated for UCF use. The RTV department already used the line for the Knightly Knows, a student oriented tv news cast, so they decided to open it up for students interested in radio as well.

WNSC has a schedule of different programs and they play everything from Latin to Underground music. They also have sports and entertainment shows, as well as LoCicero's morning show style program "Afternoons and Coffeepoons."

Sophomore Wade Randolph heard about the station through LoCicero, who he had class with. "Whether it's because I enjoy entertaining people or just seeking attention, the field of broadcasting has always attracted me," said Randolph. Randolph runs a variety show on Monday from 11:30 to 12:30 a.m. called "Rock History 101."

"I pick an artist, group, band, etc. and do an hour long history lesson on their life and career with music and narrative. Both RTV majors and non-majors are allowed to sign up, although non-majors must be accompanied in the studio by an RTV major. This allows for variety, because students from many different groups can produce a show and tailor it to their likes.

Sophomore Karen Berlin put in her application to the RTV department and said she would know their decision in March. "Right now I haven't decided exactly what I'm going to do at WNSC," said Berlin. "I'd like to help out with the weekly Radio News Project variety show, as well as work on scheduling, music and programming."

Berlin's father started WVUM, the student station at the University of Miami in 1967. "I've grown up with a radio background, it's become sort of a family legacy," she said. "Once I found out about WNSC I knew I had to get involved at my own university's radio station."

Junior Matthew Smith is a TV production major and hosts a punk and ska band.

"I have my own show on Friday afternoon called "FreeStyleStupid" and it's pretty much going to be about just that, along with playing some ska and punk," said Smith. WNSC also runs a variety show on Tuesdays from 6:30 p.m. - 7 p.m. which includes news, sports, horoscopes, movie reviews and anything else that comes up. "I'm responsible for the "Local 411" [local club scene] segment of the weekly news show," said Smith.

As WNSC gains in publicity and popularity, LoCicero hopes to expand. "I want to expand WNSC into a facility that can be accessed by DJs on a 24-hour basis," said LoCicero. "Right now, it is only during communication building business hours."

Students can check out a complete WNSC program schedule as well as DJ and station info at ucf.edu/wnscom.

Daniels competed against students from Stanford, University of Pittsburgh.

"It was really exciting to win..." - Tiresha Daniels, Student

A particular question that stamped her. "I knew a lot of the questions they asked my opponents, but we just had to agree or disagree with the celebrity. We really had to read the body language." In the final round, Daniels was tied with her opponent. However, she answered the final question correctly and won $5,500.

The show originally aired Feb. 12, and Daniels' friends said she didn't look a bit nervous. "I was embarrassed watching myself on TV. I felt like I was reliving my ner-vousness," she said.

"It was really exciting to win. Once I got there, I was really focused on the game." She added, "I wanted to represent UCF so well, and I was relieved that I did." Daniels said she doesn't know exactly what she will do with the money, but will probably invest it.
Ecstasy use on the rise among college age students

JONATHAN FRIEDMAN
CONTRIBUTING WRITER

There is a drug infiltrating the culture of the youth of America, causing seizures and death in its path. Ecstasy continues to gain popularity at raves among teen-agers and young adults. The dangers of the drug run from side affects, to brain damage to death.

Use of the designer drug called ecstasy has doubled since 1995. Ecstasy seizures have risen from 400,000 tablets seized in 1997 to 9.3 million tablets seized in 2000. Also, emergency room visits for ecstasy related accidents have risen more than 10 times what it had been in 1996.

Ecstasy is a drug called MDMAN(-methyl-3, 4-methylenedioxyamphetamine). The first patent came in 1914 by a German company as an appetite suppressant. In the 1970's psychotherapists used it as an aid to therapy, such as marriage counseling, before it became outlawed in the U.S. in 1987. The ban occurred because of continual abuses of the drug in Europe's and the U.S. nightclub scene.

MDMA in its pure form can produce mild intoxication and hallucinations, a sense of pleasure and feelings of euphoria. There is often an increased sense of sociability or closeness with others, and enhanced communication skills. Ecstasy may also make one feel like they have energy and are full of confidence.

Negative aspects of the drug include sweating, increased blood pressure and heart rate, nausea, grinding of teeth and jaw pain, blurred vision, vomiting or anxiety and panic attacks, and sleeplessness.

Brooke Williams, 21, a senior at the University of Central Florida is a counselor at the Student Health Resource Center. She has counseled many students after they have gotten in trouble with the law from drugs or alcohol.

"I see primarily freshman and sophomores, which is kind of understandable, because people want to experiment when they first get to college," said Williams.

"One of the big problems with ecstasy," Williams explained "is that a lot of times there are a lot of mixed things in it that people don't know about." Williams said that the pill could be cut with substances like LSD, speed, mescaline, heroin, cocaine or ephedrine. The reason for this is that MDMA is expensive and these other ingredients can make the drug cheaper and easier to make...A drug that looks like MDMA that is prevalent at the nightclub scene is called PMA. The drug PMA acts much like MDMA does on the body, but at lower doses. Therefore, the user may take multiple pills, and this can cause death.

PMA increases your body temperature and people's organs and brain can actually begin to cook. One guy that died recently in Orlando had a body temperature of 108 degrees when he was pronounced dead," said Williams.

Williams promotes contacting danc­safe.com to her clients that use ecstasy. Not only is there a lot of information on the recre­ational drug, but there is also something called an ecstasy testing kit. In the kit there is a liquid that when poured on a pill it turns black if it's MDMA, and pink or green for other drugs. Its use is to discern fake pills from real MDMA.

Williams says that people can overheat on both pure ecstasy or cut ecstasy. People at raves don't drink enough water, and usually drink beer which does not hydrate the body properly. People move and dance around a crowded dance club, and they begin to dehydrate. Williams recommends drinking plenty of water and getting plenty of fresh air if you use the drugs at raves.

Williams said she has even heard of people taking the drug as a suppository, because...
Laser system more secure, more difficult to interfere with than conventional radar

FROM PAGE 1

trial imaging laser radar system. Dr. Hopen has been involved in research in her field since 1990.

While the project is a job for a single person, Dr. Hopen plans to keep a graduate student on a $20,000 salary with full tuition waivers for each year of the project's duration.

Hopen said that her husband, a navy pilot and her laser radar system is something that could be used on an aircraft that he flies, which is how she got the idea for the project in the first place. "The reason I was so drawn to it is because it was a real world application that requires my expertise in math," she said.

While conventional radar uses radio frequencies to determine the location of aircraft, Hopen's laser system is more secure and more difficult to intentionally interfere with and detect which, combined with its lower energy usage, makes it a viable system for the Navy's use in identifying oncoming objects.

One potential problem involves the influences the atmosphere may have on the laser system, which is what Hopen will be researching starting May 1. "Probably the toughest part of the problem is the double path monostatic channeling model. There isn't really anything that can't be done."

The best possible outcome would be to determine if a laser-radar system would be practical, and what the atmospheric influences would be.

"I'm hoping to be able to conclusively tell the Navy whether or not a laser system will work for this situation, and if it does what the limitations will be," she said. Hopen said that after the completion of this project, she hopes to continue doing research for the Navy.

Dear Health Nut,

I have been using the Depo-Provera shot as my form of birth control for about eight months. I have had no side effects other than the 20 pounds I have gained since I began using it. I desperately want to lose this weight, but want to do it in a safe and effective way so that it will stay off. I considered taking Metabolife, but I have heard mixed messages about it. What do you think?

Desperate to lose

Dear Desperate to lose,

Unfortunately there is no magic pill to take off the weight you have recently gained. Although some people have had amazing results from using herbal diet pills, such as Metabolife, they are not very safe. Essentially those pills are speed. Although you may have quick results, in the long run it is an ineffective way to diet, not to mention unhealthy.

Weight gain is a side effect of Depo-Provera that 2/3 of it users experience due to either water retention or increase in appetite. But, if women remain active and don't change their diet, it shouldn't be an issue.

According to Dr. Yvonne Thornton, the best way to start losing weight is to write down each and everything you put in your mouth, except for chewing gum. Limit your caloric intake to between 1,200 and 1,400 calories per day. Also, make sure you are drinking at least eight glasses of water a day.

Setting realistic and easily achievable goals is the first step in creating a weight loss plan. The more realistic you are, the more likely you will be to stick with it. So, start by doing some goal setting. The United States Gatesway advises not to lose more than two pounds per week.

You must also begin to make changes in your diet. Make sure you are including at least five fruits and vegetables in your meal plan. Whole grains, low fat dairy products and lean meats important to a balanced diet and are good choices.

Also, make time in your day for physical exercise, even if it is taking the stairs rather than the elevator. Slowly begin to incorporate physical activities until you feel comfortable with more rigorous endeavors.

These are the first baby steps towards your ideal weight. But, it is important to realize that you have to make some lifelong changes in the way you live in order to live a healthy life and to stay the size you want to be.

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You must also begin to make changes in your diet. Make sure you are including at least five fruits and vegetables in your meal plan. Whole grains, low fat dairy products and lean meats important to a balanced diet and are good choices.

Also, make time in your day for physical exercise, even if it is taking the stairs rather than the elevator. Slowly begin to incorporate physical activities until you feel comfortable with more rigorous endeavors.

These are the first baby steps towards your ideal weight. But, it is important to realize that you have to make some lifelong changes in the way you live in order to live a healthy life and to stay the size you want to be.

FROM PAGE 1

Dear Health Nut,

I have been using the Depo-Provera shot as my form of birth control for about eight months. I have had no side effects other than the 20 pounds I have gained since I began using it. I desperately want to lose this weight, but want to do it in a safe and effective way so that it will stay off. I considered taking Metabolife, but I have heard mixed messages about it. What do you think?

Desperate to lose

Dear Desperate to lose,

Unfortunately there is no magic pill to take off the weight you have recently gained. Although some people have had amazing results from using herbal diet pills, such as Metabolife, they are not very safe. Essentially those pills are speed. Although you may have quick results, in the long run it is an ineffective way to diet, not to mention unhealthy.

Weight gain is a side effect of Depo-Provera that 2/3 of it users experience due to either water retention or increase in appetite. But, if women remain active and don't change their diet, it shouldn't be an issue.

According to Dr. Yvonne Thornton, the best way to start losing weight is to write down each and everything you put in your mouth, except for chewing gum. Limit your caloric intake to between 1,200 and 1,400 calories per day. Also, make sure you are drinking at least eight glasses of water a day.

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These are the first baby steps towards your ideal weight. But, it is important to realize that you have to make some lifelong changes in the way you live in order to live a healthy life and to stay the size you want to be.
Women's History Month came from humble start

LIBBY BAIRD
STAFF WRITER

Women's History Month began as just a day celebrating Europe. Europe celebrated their first International Women's Day on Mar. 8, 1911. Around that time, women's suffrage was becoming an issue in Europe as well as in the United States. In 1978, a county in California introduced Women's History Week, which coincided with Women's History Day.

The trend caught on, and soon schools everywhere began to put on programs with the theme 'Women's History Week.' Some of the leaders from the California group presented their idea of a Women's History Week to the Women's Institute at Sarah Lawrence College among others. The participants began to put on programs and everyone involved supported the effort to have Congress legislate a Women's History Week for the nation.

In 1982, their work was rewarded when Congress established National Women's History Week. An organization called the National Women's History Project began to distribute material and put on programs to educate the public about women's history during that week and the rest of the year.

In 1987, the Project succeeded in expanding the week to an entire month. Each year since then, the Congress has issued a resolution for the month with widespread support. One such resolution discussed the influence of women on various aspects of American culture. The President of the United States shows his support by issuing an annual proclamation. In President Clinton's 2000 proclamation, he sang the praises of such historically important women as writer Zora Neale Hurston and Ellen E. Collins, the first African American commander of a space shuttle mission.

The next step in the furthering of women's issues is the progress by the President's Commission on the Celebration of Women in History in America towards the establishment of a National Museum of Women's History, which is expected to be located in Washington, D.C. along with other museums such as the Smithsonian Museum.

The purpose of the month is to educate the public about women's history with the hopes of establishing women's history in school curricula, hence making it impossible to go through a history class without being reminded of women's contributions to American History. The federal government has planned many events for the month of March and encourages all American to celebrate in appropriate ways.

Calendar of Events

"Identity and Home": Interpreted by Central FL Asian American Women: March 1-30 Library Special Collections Room 501

Victim's Services Spring Training. For anybody interested in becoming a volunteer/intern with the Victim Services Unit, or for anyone interested in the field of victim advocacy/victimology: March 2-3 Business Administration Room 289

International Black Woman's Congress Conference. "I Hear Music in the Air": March 3 Holiday Inn Altamonte Springs, FL 8 a.m. - 4 p.m. for more information contact 407-331-5665


to reserve a seat call 823-6502

A Celebration of Women Zeta Phi Beta dinner: March 7 for more information go to www.ladiesofthedove.com

"The Way Home." A discussion with film clips on multiculturalism and lesbianism Co-facilitated by Bette Teller and Diana Mitchell of the Office of Diversity Initiatives: March 22 Visual Arts Building-Room 105 4-5:30 p.m.

Grace Paley, Distinguished Author Free Public Lecture. "Healing Through Color, Sound, Breath and Touch": March 29 UCF Arena 8 p.m.

For more visit the Women's Studies Web site pegasus.cc.ucf.edu/~womens/gzeta_newsletter/march/womenshistorymonth.html

ATTENTION FRESHMEN STUDENTS!

Join the Student Academic Resource Center (SARC), First-Year Advising & Information Services (FY), Academic Services for Student-Athletes (ASSA), and Academic Exploration Program (AEP) in:

College Transition Sessions

College Transition Sessions are being held March 19-21, 2001 to help prepare you in your transition from your first-year advising office to your respective college/school at the end of the spring 2001 semester. In addition, a representative from each college/school will inform you of the resources they have available and address schedule planning concerns for the summer/fall 2001 terms.

TO SIGN UP or if you have any questions, please call or stop by SARC (PH 115) at 407-823-5130. Space is limited.

Academic Support and Advising Programs
Student Development and Enrollment Services

Master Your Destiny

You're closer to getting your bachelor's degree. Are you looking for an edge in achieving your career goals?

Consider the University of South Florida. We offer hundreds of options for graduate students, including master's and doctoral degrees in:

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- Biology
- Business Administration
- Computer Science
- Education
- Engineering
- Fine Arts
- Marine Science
- Medicine
- Nursing
- Public Administration
- Public Health

Another option is USF's graduate certificate programs. From marriage and family therapy to wireless engineering, many of the specialized programs can be completed in as few as five classes. And many certificate courses can be applied toward a master's degree.

Deadline for fall application: June 1
(most programs)

Study in the Tampa Bay area, one of the best locations to live and work in the nation, according to Places Rated Almanac. USF is a Research 1 Institution.

For more information, call toll-free (866) 974-8800, or visit the Web site enroll.usf.edu

University of South Florida
Brain damage and death are effects of MDMA usage

From Page 8

supposedly gets into the user’s bloodstream faster. The pill itself usually has some kind of insignia on the front of it like a McDonald’s sign, Playboy bunny or a snake etc. Williams says this is probably a special symbol for the underground chemist who produces the pill. Prices from the pill range from $10 to $50. A recent survey conducted by the Student Health Resource Center at UCF found that 6 percent of all students at UCF have tried ecstasy or other designer drugs in the last 30 days. In the last year the number is 16 percent of all students. Williams says that 30 percent of those who dropped out of college in 1999 were because of drug addiction. Williams points out that this number is probably low since people tend to keep drug problems secret.

The long-term effects of Ecstasy are brain damage. There are damages to specific nerves in the brain that release serotonin. The brains’ nerve endings branch and regrow abnormally. In turn this causes fewer serotonin transporters. This causes emotions, memory and learning abnormalities.

In July 2001, customs at Los Angeles International Airport seized U.S. record 2.1 million ecstasy pills, with an estimated street value of over $41 million dollars. The suspect Tamer Adel Ibrahim was a jet-setting, high-rolling playboy who bought cocaine from the Mexicans and Colombians and then sold it for big money to the Europeans. He then took those profits to buy millions of ecstasy tablets from the Netherlands, which he in turn sold to the U.S. Ibrahim knew the feds suspected him and he fled first to Mexico and then to Amsterdam where Dutch authorities arrested him as he planned his next big illegal transfer of drugs. Ibrahim is the biggest known alleged wholesaler of ecstasy.

More than 90 percent of ecstasy on the U.S. market comes from the Netherlands and Belgium, although Romania and Poland have recently gotten involved. The tablets are made inside 18-wheeler trucks or floating barges. Although Wheeler says that pure MDMA may not be harmful, it can always affect people differently, depending on their metabolism. A bigger problem happens when the drug is cut with more dangerous drugs. Also, people should use common sense when using drug substances, because overheating is a serious problem that has claimed the lives of two individuals in recent months, according to Williams.
I'm tired of feeling gross. I am tired of exercising (okay, thinking about exercising). I am tired of dieting. I am tired of my prettiest friends not being happy with themselves. I am tired of people being insensitive. I am tired of people poking fun at overweight people. I am tired of having low self esteem. Maybe some of you don't understand this but hold on I will get to my point.

I don't really know when it happened. It was just like barn! It went from this little lose-your-self confidence demon took over my soul. I am now obsessed with how my weight and how I am perceived by others. Why does this happen to so many girls and will it ever stop?

I know to say that it's not fair is really idiotic, but hey it isn't fair. Skinny girls want to gain curves, fat girls want to lose curves, regular girls just want to be perfect. It never ends. I wonder if we never had the media if this ever present craving to be perfect would have occurred. I mean did cave women sit around and look enviously upon each others discerning plus size lips and did they diet by only eating leaves and skipping out on tasty Triceratops meat?

I have some of the most gorgeous girls as friends and they aren't happy just being them either. It seems to get worse when we get together. Besides talking about boys and shopping it seems we turn to talking about losing weight and which methods work the best. Why can't this stop?

I guess I just wish that T.V., movies and magazines were more realistic. Of course they say that stupid line about "Who wants to look at fat unattractive people?" That's not what I am saying, I mean you can't just conveniently ignore the fact that these are people that constantly poke fun at the newscaster or the man on the "Three Stooges" who looks like a cow and is stiff armed at the neck. It is really unfair. It is really intimidating of someone that is not like a cow. I mean, why do they have to make them look like that? At least you can make them look like a cow but not to make them look like that is just so unfair. It is just like barn! It just happened. It was just like barn! It just took over my confidence demon took over my soul.

I am tired of my weight and how I am perceived by others. Why does this happen to so many girls and will it ever stop?

I think people just need to open their eyes and realize that the hobo tube is a load of garbage and trying to be Brittnay Spears is next to impossible. I also think that poking fun at overweight people is just about the meanest thing a person can do. Many people who I love dearly are overweight and they would do anything just to be like anyone. They are still people and they have feelings just like everyone else. So the next time you checkle as someone makes a joke about a fat person think about someone you love who is overweight and imagine that they are you and it might stop.

I don't want my daughters to be as obsessed with their weight and looks as I am. I am seriously thinking of letting them play with Barbies. Hey, maybe that's where it starts. I mean come on all little girls want to be princesses and barbies. Why can't we teach them it's okay have big hips or small breasts? Why didn't anybody teach me?

I think even the stalkers works for this article, because it showed that the president was a human. And don't kid yourself about it happening again.

George Bush has demonstrated that he has not mastered the English language and was not aware of who leaders of the world were. I mean, come on he didn't let him study before they pupped any such questions on him, but still.

My point is this: don't write a paper like the Central Florida Future hashing one of their writers. A newspaper is allowed to allow the opinion, as well as yourself, Les, of' chap. And I am now expressing mine. Reading his Hilarious attack on Giraltos opinions was mind bending and inspired me to get up and respond.

Next time something you read makes you as angry as her article did, maybe you should try some breathing exercises. Don't write the paper and whine for three columns without a real point, just to get steam off your chest.

Keep up the good work, Future. Give me more opinions!

Joe Razzano, Creative Writing Major

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GRAY MATTERS

Chris Zapater
Staff Writer

There is 25 minutes left until class begins, and thank God for that. I have got to pinch a massive loaf, and for a guy my size that is no small task. So I make my way to the bathroom in the Communications building, to the first-class luxury stall in the back (complete with private sink, mirror and toilet). Much to my dismay, the toilet is hermetically sealed in plastic and marked "Out of Order."

I try the next stall and close the door behind me only to discover a sealed in plastic and marked "Out of Order."

As I submerge my hand in the toilet, I notice that the toilet seat is succumbing to gravity. I have to worry about is a seat or the cold, short throne. I am tired of sitting down for extended periods of time. I feel as if I just shook hands with a leper, so state deep off offended Clinton did in eight years? Les, were you validated person?

My point is this; don't write a paper like the Central Florida Future hashing one of their writers. A newspaper is allowed to allow the opinion, as well as yourself, Les, of' chap. And I am now expressing mine. Reading his Hilarious attack on Giraltos opinions was mind bending and inspired me to get up and respond.

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Keep up the good work, Future. Give me more opinions!

Joe Razzano, Creative Writing Major

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Student defends writer

This is a letter in regard to the Feb. 28th issue, concerning the "Letter To The Editor" from Les Carpenter. I think little Les boy needs to calm himself, a little bit instead of completely bashing Katie Giraltos on her views of George Bush. Is Les writing Jay Leo or David Letterman or Saturday Night Live, people that constantly poke fun at the new President?

Giraltos in expressing an opinion which I, for one, think she should be free to express. Les thinks that he is the last line in political discussion, and also feels the need to attack the writers of the Future. George Bush did not, by any means, clean up the election, as we all know that. So don't feed us your lines about what the public wants.

With this country did was choose the President or Board of Regents. Mailed letters must be subject to editing for space and grammar. Published weekly.

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OPINION
The moon. It’s always inspired passion. Now it’s inspired birth control.

Introducing NEW ONCE-A-MONTH Lunelle™ Birth control in sync with the moon and you.

The moon is a source of beauty and emotion. For centuries, our monthly cycle has mirrored the moon’s. Now, for the first time, there’s birth control that’s monthly, not daily: new Lunelle.

An injectable that’s 99% effective without the daily hassle. Lunelle is a combo of hormones that works continuously—all month long. Given on time each month by your doctor, prescription Lunelle gives you birth control that’s 99% effective. That means you get monthly pregnancy protection without the daily hassle—without the daily worry—if taking the Pill. And if you want to get pregnant? Most women get back to ovulating about two to three months after receiving their last injection. Lunelle doesn’t protect against HIV/AIDS or other sexually transmitted diseases.

Hormonal birth control isn’t for everyone. Pregnant women or women with blood clots, chest pain, certain cancers, unexplained vaginal bleeding, or a history of liver disease, stroke, or heart attacks shouldn’t take Lunelle. Serious risks that can be life threatening include blood clots, stroke, and heart attack. And hey, no smoking! It increases these risks, especially if you’re over 35 and smoke 15 or more cigarettes a day.

During the first few months of taking Lunelle, most women have a change in their periods, which may include no bleeding, irregular bleeding, or spotting. This change may continue with use in up to one third of women. In studies, while some women lost weight on Lunelle, the average change was an increase of 4 pounds in the first year. But you should know, some women gained 10 or more pounds in the first year.

So ask your healthcare professional about new Lunelle. Why worry about taking a daily Pill when there’s monthly Lunelle? Birth control inspired by the moon.

Lunelle. In sync with the moon and you.

For more info: www.lunelle.com or 1 877 282-9273

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George W. Bush, unfortunately, speaks again

Bush talks with foot in mouth

After poking fun at his new presidential last week I began looking into some of the other quality things our new chief executive officer has had to say in the past. By the time you finish reading this you will be left asking yourself, "Why am I not the president of the United States?"

Here are a few Bush-isms for you to ponder:

"Higher education is not my priority." - (Quote is from the San Antonio Express-News, 3/29/98)

Is it any wonder Bush would not support higher education? He doesn't want anyone to be smarter than himself. To make sure this doesn't happen he should push for schools to discontinue education after the fifth grade.

"We will promote individual choice. We will rely on private insurance." (Quote is from a Bush speech in Cleveland, 4/1/00)

Bush is basically saying to the elderly: "You're on your own. Have fun hunting down insurance from private companies."

"Uh, I support winning." — (Quote is from CNN, 4/1999)

This was W's bold stand on U.S. involvement in Kosovo. He went on to say: "And uh, the strategy must, America, you're on your own."

"You're on your own."

"And, uh, the strategy must..." — (Quote is from a Bush statement in Florence, S.C. on 1/1/00)

This is a very rare question. Mainly because it is far from being intelligible. The difference between plural and singular escapes our great leader.

"I know how hard it is for you to put food on your family." — (New York Daily News, Feb. 19, 2000)

Yes, you were a small business? I would never have guessed it.

"Will the highways, on the Internet become more full?" — (Quote is from a Bush statement in Concord, N.H. on 1/28/00)

While Gore my not have invented the Internet, it is obvious Bush has never even used the net. He should surf the web and try to locate a speech class.

"Never too old to..." — (A 110 year old man is to be soon be well for the third time. The Saudi Arabian man is dying the knot a woman who is only 50 years old. And you thought daging that guy or girl that was seven years older than you was kind of weird. This guy is more than twice his bride's age. He must have a great personality, because at 110 there aren't many people who are attractive.

Up, up and away

Soon when asked "So now that you've won the Super Bowl, what are you going to do?" people might not be answering that they plan to visit Disney World any longer. The Soviet Union will soon be putting a U.S. civilian into space on what is touted as the first ever tourist in space. The man who will be riding along with the astronauts to the International Space Station has put up $20 million dollars to do so. While this scares me that a tourist will be in space with our new multi-billion dollar space station it seems like Russia may just have the right idea. NASA is now scrapping the X-35 project, which was planned to replace the Space Shuttle. If NASA puts a couple of these tourism into orbit for a couple of spins around the Earth, perhaps they could continue to finance their newest space vehicle.

Some things should just be left alone

Recently, while flipping through the channels this week, I came across a commercial for Lady and the Tramp II. Why? Lady and the Tramp is a classic. That would be like creating a sequel to Sleeping Beauty or Snow White. You just don't do it! I know Disney isn't making the kind of money they used to but that is no excuse.

Classic shows of yesteryear

Just the other day I was realizing how much I miss some of the old TV shows and cartoons of my childhood. See if you remember any of these:

- A-Team (What happened to Mr. T?)
- Saved by the Bell (We had never anything like the Max to hangout at as kids)
- G.I. Joe (The real American hero)

- Love, American Style (Never had so much fun learning. Why can't college be like that?)
- Knight Rider (Talking car. Nuuf said?)
- He-Man (His alter-ego's name was Prince Adam...)

Don't be a loser.

The Central Florida Future and Collegereview.com are offering you the chance to be a winner. Submit your Insipid Thought to ad@ufuture.com and if we run your Insipid Thought along with Adams you will win a College Investor tuition...
Making your vote count

We were interested to see what you thought about an online Internet radio station. We polled you and other students online last week when we asked "Would you listen to a student run Internet radio station?" This is the results of our poll:

YES: 51%
NO: 49%

We want to know what you think. You can let us know by logging on to www.ucffuture.com and participating in the results of our poll:

"Let us know by logging on to www.ucffuture.com and participating in the results of our poll: 'Should there be a student run Internet radio station?' This is the thought about an online Internet radio station. Every week. We want to know what you think."

Political Cartoon

Dirty fair can still bring fun

Adam Shiver

Excited is an understatement when it comes to expressing the way I felt about attending my first ever fair. That's right. I had never been to a fair in my short-lived life until this past weekend. Boy my date and I were in for a surprise though when we stopped off spontaneously at the Seminole County Fair.

"Over there," shouted the grumpy lady hosed in the small ticket booth, as she proceeded to yell at me waving her towards the other end of the fairground. "You can only buy single tickets down THERE!" At any moment I expected explicatives to come bouncing out of her mouth like clowns out of a Volkswagen.

I semi-understood though. She is locked in a small, hot little booth all night putting up with thousands of people. But please, I'm a nice guy, why yell at me for wanting to purchase tickets to your fair?

When we finally found the magical ticket booth where single tickets were sold, we discovered that to ride just one rickety, thrown together, spin till you puke, carnival ride it would cost us nearly $10. So being poor college kids we opted for the free slide ride. Which I might add was quite fun.

We quickly moved on to another fair novelty item I had never had the opportunity to experience-- funnel cake. That was fabulous. The woman who sold us the funnel cake though must have been the ticket vendor's evil twin sister. Since I didn't know anything about funnel cake, my loving date suggested I ask for extra sugar from our faces we proceeded to watch a puppet show. While a cute idea, it held our attention for a total of three minutes. Not exactly high quality stuff.

As we wandered about the grounds we checked out many of the thrill rides, whose only purpose are to make you vomit. They all came with signs reading: "Disassemble fair rides for money." If they are hiring Joe Schmo to take these things down, Ed hate to see who puts them up. Needless to say, after asking three times she finally broke down and gave us two more napkins.

After devouring our funnel cake and wiping the powered sugar from our faces we proceeded to watch a puppet show. While a cute idea, it held our attention for a total of three minutes. Not exactly high quality stuff.

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For more info:
Call Captain Reese at 407/249-5873 or 5874
Email: REESEJL@SMCD.USMC.MIL
Website: WWW.MARINEOFFICER.COM

THE FEW, THE PROUD, THE MARINE OFFICER PROGRAMS!
**Natural Born Derivatives**

**Kristofer Kay**

America, the land to be seen and the home of the craze. That is what writer/director John Herzfeld is preaching atop his semi-shaky soapbox, *15 Minutes*. Andy Warhol summed up the whole matter in his famous quote about fame some time ago, a premonition that sounds even moreacular with each new mid-season replacement in prime time. Fame is this country's collective sin. We are used to watching, but moreover, we (especially this generation) feel as though we need to be seen, and worse yet we could care less about how to achieve notoriety. The recognition of America's ravenous demand for sensationalistic entertainment is an argument long in the tooth that, in an ironic twist, Hollywood still loves to explore. From *Network* to *Natural Born Killers*, the theories pertaining to why our Rupert Murdoch-Republic is wantonly brazenly exploiting the at cost of humiliation and tragedy have occasionally risen only to thunderously fall on prevaricated deaf ears. While we're interested with the particulars of accepted voyeurism, who takes responsibility for it all? Is it the white-collar corporate pimps that provide the endless hours of brain neutralizing programming, or is it the culture who begs for additional episodes and constant updates? Do we even care, or are we too busy trying to watch what will happen next?

This is where Herzfeld tries to step up to the mic, but since he perceived no new alternatives to a topic that we are already cognoscente of, Herzfeld's device of the camcorder as a weapon of destruction is taken directly from older, more provoking films; most notably the cult 1991 French film, *Man Bites Dog*. But since he persuaded Robert DeNiro to act out the lines he wrote, he should at least be able to state his case. High-profile New York City homicide detective, Eddie Flemming (a profligate Deniro) is on the hunt for two Eastern European killers amongst the millions who go about videotaping their crimes of murder and general mayhem. Their warped reasoning is founded on the belief that in this country, guilty can also mean innocent, as long as you have a good excuse. They become byproducts of a place that celebrates violence. After the filmic duo set ablaze an apartment containing two victims, Flemming unwillingly finds himself in a partnership with an arson investigator, Jordy Warsaw (played in a great turn by Edward Burns) to track down the killers. All of this is really exposition behind what Herzfeld laments about how far the media's role will go in apotheosizing criminals as celebrities. He thinks he has made a satire, but in all actuality, hasn't the foggiest clue as to what a real satire is supposed to do. The point he tries to reach, about who and what deserves our attention, is presented but not fleshed out in order for us to form any new opinions. It is a conventional cop thriller, but since it includes The Media as a perpetrator (taking the human form of Kyle Grammer) the picture thinks it is saying something.

It is correct in believing that America is riveting and amoral. Murder and fame are wed in sick cereremonies that take place each time we sit down to channel surf. I like that a filmmaker would want to apostrophize this issue, but at the same time I would have liked the film to keep equilibrium. The scenario dissolves and then dankly remits during its run time; the portrayal of a scandal-plagued society is bantered sublimely about between two characters only to stop abruptly so that more people can die.

We are saturated with trials by talk shows, why not talk about it here? For a film that is concerned with how people respond to fantastic death, it is not particularly worried about it. Herzfeld downplays the role of America's fascination with random violence to show whenever possible the professional lubricated circle of_EXISTS_HERE_ers and criminals. The glaring contraction is that we are all part of the same vicious circle. We're all guilty, but nobody is claiming responsibility.

**Let us entertain you!**

What would you like to see in this section of the Central Florida Future?

The Entertainment Section of The Future welcomes your ideas and story submissions.

Please email Entertainment@UCFfuture.com with your suggestions.
Long-time nerd rock icons Weezer played for a full house last Monday night at the USF Sun Dome in Tampa. Strangely, the high-school gymnasium look of the arena, not to mention the in-your-face security guards, kind of conjured repressed memories of school assemblies and pep rallies. Just when I thought I was going to get a lecture on the dress code, California based power pop band, Ozma took charge of the stage.

Ozma played a short, but rockin’ set of guitar-heavy power pop songs including “Battlescars,” “Natalie Portman” and “Apple Trees.” But the crowd was not nearly as excited as they could have been, and with the exception of a few stray crowd surfers, their disinterest continued through The Get Up Kids' supercharged set. What was going on with everyone? Lead singer Matt Pryor and the rest of the Kids have obviously abandoned their emo roots, and replaced them with hard-hitting pop-punk. They flew through an intense, fast-paced set of songs including “Red Letter Day,” “Don’t Hate Me,” “Anne Arbour,” “Mass Pike” and “Ten Minutes.”

Following the lukewarm reception of the opening acts, as the stage curtains were drawn revealing a mock high-school gymnasium stage (complete with “+w=” basketball hoops and bleachers), the arena floor was packed with screaming Weezer followers. It was pretty breathtaking to see more than 5,000 fists pumping simultaneously during the band’s opening song, “My Name is Jonas.” Frontman Rivers Cuomo delivered in typical shy-boy style, hardly batting an eye when a few fans unexpectedly leapt up from the audience and ran across the stage. In fact, the band made little attempt to interact with the audience at all, which was pretty disappointing. Weezer played several old favorites, like “El Scorcho,” “No One Else” and “The Good Life” before launching into a short set of four new songs: “The Christmas Song,” “Island in the Sun,” “Don’t Let Go” and “Hash Pipe.” The new songs were in Weezer’s patented power-pop style, nothing too different, but they sounded great. It was obvious that the crowd wanted to hear recognizable songs, so it was good that they alternated the old and new. Finally, “In the Garage,” “Say it Ain’t So,” "Buddy Holly" and “Undone” had the crowd going wild, crowd-surfing and moshing on the packed arena floor. Can we say 1994?

Weezer’s setlist totaled 15 songs. Not bad, but definitely not a generous set. Many fans who had traveled to Miami for the previous night’s show complained that their Tampa performance only differed by two songs. And again, the band made no attempts to really connect with the enthusiastic crowds. Although they put on a great-sounding show, it really lacked energy and personality. The band closed the show in grand arena style with anthem-like “Only in Dreams” and “Surf Wax America,” as a giant, light-up “W” beamed from behind, and a shower of red confetti fell from the ceiling. And you thought arena rock was dead.
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More Substance Than Just Water

Kim Lindquist
Staff Writer

This CD is a true musical journey through several stylings of music. One minute it's grinding, sounding like Eddie Vedder, only even angrier. Then next it's melodic with different sounds mixed into the guitar part. In short, To Record Only Water For Ten Days is an eclectic mix of new-agey, mellow rock. The artist responsible for this beautiful work is John Frusciante, guitarist for the Red Hot Chili Peppers. However, his solo work is no new development. His latest album is actually the third solo album he has put out in his musical career.

As told to www.dotmusic.com, Frusciante says, "Being in the Chili Peppers I'm constantly focusing on my guitar playing, but it's a natural function for me to write songs. These songs are written late at night after I've been working on the Chili Peppers. It happens very quickly."

Indeed, songwriting appears to be one of Frusciante's many talents on this album. With lyrics such as "I do dream you... Allow me to believe you are the real me. I see you breathing under water, see you on both sides of a door," taken from "Away," the album features poetic and beautiful words that enhance the extraordinary musicality. Chili Pepper fans, be warned: do not buy this album in the same economic quantity as you do Red Hot Chili Peppers. It is more of a mix of the music from Tori Amos, Moby and Pearl Jam. The voice is a little different, seeming enhanced at times but breathing raw intensity. The album opens with "Going Inside," a fair-paced song with a strong guitar part and little bass. After this comes "Someone's," which utilizes electric components of music. This is an unusual transition, but that's the way the whole album is. Frusciante keeps us interested by his unpredictability: vulnerable and romantic one minute, defensive the next, and downright mad. Perhaps the most impressive song on the album is "The First Season," combining a synthesizer and an acoustic guitar. Frusciante's voice is gentle, providing a backdrop for the music. "Wind Up Space" features strange sound effects and very high vocals, which has such a unique effect that it makes it the black sheep of the album. "Fallout" combines a good beat with Frusciante's melodic side of his voice, as does "Invisible Movement." The album wraps up with "Moments Have You," an optimistic song that features sound effects that sound like jungle noises.

To Record Only Water For Ten Days is a great choice if you're one who gets annoyed when all the songs on an album sound the same. Frusciante doesn't disappoint you on this one, delivering his experimental music with an expert quality.

Grade: A
Imagine you are a famous rock star, and you decide to give up your fame, music and money. For what? Your religion. That's what Yusuf Islam, formerly known as Cat Stevens, did when he converted to the Islamic religion in the late nineteen seventies.

I was yet to be born when he stopped creating his pop records, but he still greatly influenced my life. When I entered high school I was bored of listening to the mass produced pop track was not for me. It was yet to be born when he stopped creating his pop records, but he still greatly influenced my life.

I was, what the purpose of life was and how I felt about spiritual issues. The current spiritual journey to members of the Muslim faith, the man who had written those songs, was that Yusuf was peaceful, blissful even. He seemed calm and sure of who he was and what he believed, while the man who had written the songs had been reflective, searching and filled with confusion.

When Yusuf entered the room and first began speaking, I realized right away that it was the same mild-mannered man who had created the songs I cherished. His gentle cockney accent and humble, laid back manner was evident throughout the speech. He spoke as though he was having a deep conversation with a group of friends, cracking jokes and explaining his spiritual journey through his childhood, in his own words, which was that his songs had come “from a place called hope, where I still live.” As for myself, I’m content, but keeping an open mind, as Yusuf suggested, and am still on my spiritual journey.

The speech had started and people had lined up against the walls, crowding in to witness what many referred to as a historic event. Even before the speech began I was amazed. I've lived all across the United States and attended numerous concerts, conventions and speeches, and rarely have I seen an audience that varied so greatly in where they lived, and their gender, religion and skin color. Despite these great differences, many of us quickly began chatting, all having a shared belief of acceptance of others and keeping an open mind, a belief Yusuf himself highlighted on during the speech. When Yusuf entered the room and first began speaking, I realized right away that it was the same mild mannered man who had created the songs I cherished. His gentle cockney accent and humble, laid back manner was evident throughout the speech. He spoke as though he was having a deep conversation with a group of friends, cracking jokes and explaining his spiritual journey through his childhood, in his own words, which was that his songs had come “from a place called hope, where I still live.” As for myself, I’m content, but keeping an open mind, as Yusuf suggested, and am still on my spiritual journey.

Yusuf stated that tragedies are “opportunities for understanding,” and after contracting tuberculosis his songs, such as “Spain, I'll Do Tonight,” became more reflective and inquisitive, and he began to focus more on his spiritual journey. It was his brother who pointed him in the direction of Islam, by giving him the Qur'an as a gift. By the end of the speech Yusuf realized that the difference between Yusuf Islam and Stevens, the man who had written those songs, was that Yusuf was peaceful, blissful even. He seemed calm and sure of who he was and what he believed, while the man who had written the songs had been reflective, searching and filled with confusion.

After the speech, people were invited to stay after for a question and answer session. Yusuf's reply to the final question, which was regarding what he had to say about the songs that still mean so much to so many, was that his songs had come “from a place called hope, where I still live.” As for myself, I’m content, but keeping an open mind, as Yusuf suggested, and am still on my spiritual journey. And like him, I live in that place called hope.
Some music is traditionally referred to as ‘pop’ — danceable tunes of the era of Frank Sinatra and Michael Jackson. However, today’s music goes without Madonna? What was it like to be a female musician living during that time? The Beatles and The Rolling Stones (among others) are considered to be among the greatest artistic achievements of all time.

What would today’s music sound like without the influence of The Beatles and The Beach Boys? How far would female musicians have been able to go without Madonna? What about Michael Jackson’s influence on pop music in the 1980s? What did the music industry look like in the 1960s and 1970s, and how did it evolve into the popular music we know today? It’s all in this issue of Time Central Florida Future.

**Modern Pop at Its Finest**

**Lisa Cercola | Staff Writer**

Sometimes I think that there is nothing more perfect than a well-crafted pop song. I really appreciate the guitar-heavy sound of some groups, but that doesn’t mean I am without standards. Unfortunately, today’s pop music has become synonymous with marketability, unoriginality and the size of the artist’s ego. It’s part history, part pop culture and part opinion. Open your eyes and ears—you might learn something.

“Modern Pop at Its Finest” is a celebration of popular music, past and present. It’s a tribute to the artists who have shaped the sound of pop over the years. From the doo-wop groups of the 1950s to the pop-punk bands of the 1990s, pop music has evolved and changed over time. But what remains constant is the appeal of a well-crafted pop song.

**Music in the 60s and 70s was written by professional songwriters and performed by vocalists who were backed up by an orchestra or small band. Frank Sinatra is the most popular figure to emerge from this generation, and he managed to make a tremendous 50-year career out of a style of music that didn’t really change much over the course of his life.**

In the 1950s, the pop charts were dominated by doo-wop groups and swing bands. The music was generally slower and more romantic than the high-energy pop of the 1960s. But as rock n’ roll gained popularity, so did pop music. Groups like The Platters, The Drifters, and The Coasters became popular with their doo-wop-style songs.

“Doo-wop is a collaborative effort and it requires producers, songwriters, instrumentalists, and managers. Because of their age, inexperience and lack of artistic control, girl groups were taken very seriously by the music industry, although they broke barriers of gender and race for black women. But girl groups were extremely popular, and groups like The Shangri-Las (“Leader of the Pack”) and The Chiffons (“He’s So Fine”) could sell millions of copies of one hit. The 1960s were pivotal in the development of pop music. British groups like The Beatles, arguably the best pop band ever, invented and then reinvented the way we look at popular music. Meanwhile, The Beach Boys attempted to rival The Beatles, releasing the critically acclaimed albums Pet Sounds and Good Vibrations.”

Motown music was also on the rise, combining R&B with pop melodies. Motown is one of the most influential genres of music, artists like Marvin Gaye, Stevie Wonder, Smokey Robinson and Diana Ross laid the foundations for bands like The Jackson 5 and more modern acts like Prince and Parliament.

Folk acts like The Mamas and The Papas defined the last few years of pop in the late 1960s until being taken over by a more adventurous type of pop.

In the 1970s, the pop charts were dominated by disco and soft rock bands. The music was generally slower and more romantic than the high-energy pop of the 1960s. But as rock n’ roll gained popularity, so did pop music. Groups like The Bee Gees and The Eagles became popular with their pop-rock sound.

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LEAD STORIES
-- In February, the Court of Appeal in Vancouver, British Columbia, began considering Doug Stroud's challenge to his 1996 $75 (USD) speeding ticket, which has so far cost Stroud about $75,000 (USD) in lawyers' fees. The court will preside over his case that the province's system of photographing speeders' cars is unfair. Stroud, who admits he was speeding, told reporters that his wife does not agree that this is a good way to spend the household budget but that, "If I let it go, I wouldn't feel good about that."

-- Isn't It "Kill the Referendum"? In February, according to police in Fayetteville, Ga., after a youth basketball game (7- and 8-year-olds) that featured much bickering by a coach over referee Oliver Lewis "bad calls," the referee pulled out a knife and stabbed the coach. The referee, who by day is a Baptist minister, was arrested; the coach, who by day is a county marshal, needed 17 stitches.

-- According to a February dispatch from an Orlando Sentinel reporter in Sahaba da la Mar, Dominican Republic, 16 people attempting to flee to Puerto Rico in a homemade boat without food or water were found alive after 12 days because one of them, a lactating woman, furnished each one several drops of milk per day (and received drops back, because of the baby's lips). The boat was eventually blown back to shore in the Dominican Republic.

People Different from Us
-- "The final taboo" and "a second coming out" are what John Outcalt, a 42-year-old New York City florist, says (in an Orlando Sentinel dispatch) to his Gays and Encourages gay subculture of men (who the gainers) try to transform-- In December, a parishioner in Dallas recognized his fat, I find it sexy and exciting."

-- It's Not Barre Cox, who had been declared dead 15 years after being reported missing (and who now says he started a new life only because of severe amnesia). And two men who were arrested after having bragged in bars that they had shot Paul Higgs to death were released from jail in Davis, Ill., in December when Higgs was found in Arkansas, unscathed. And Neil Beaton Jr. was reported dead in Anchorage, Alaska, in January, but after his sister started on funeral arrangements, Beaton turned up alive, a look-alike dead man had been carrying Beaton's wallet. And a January suicide-attempting woman in a bathtub was declared dead and spent three hours in a funeral home body bag before her slight movements were detected by a worker (Ashland, Mass.).

Cultural Diversity
-- In January and February, as many as 70 million people journeyed to Uttar Pradesh state in India to celebrate the 43 day-cleaning days of Hindus' Kumbh Mela festival, highlighted by spiritual bathing in a relatively sewage-free part of the confluence of the Ganges and Yamuna rivers. It was reportedly the largest single-purpose gathering in the history of the planet, but controversies included commercialization (Coca-Cola was sold in 115 kiosks at the confluence) and by Bollywood spiritualists Madonna, Sharon Stone, Demi Moore and Richard Gere; and the presence of cars in the rivers as drivers attempted to bless their vehicles against future collisions.

-- A 58-year-old University of Minnesota classics professor named Richard Piero was arrested when 1,000 images of child pornography were allegedly found on his office computer. San Francisco mayor Willie Brown got a restraining order against an Elvis impersonator who had been pestering him for a meeting to discuss how to rid the city of pushers and liberals. A London constable provoked a controversy by urging police forces to dismiss their German shepherd dogs as too soft for modern law enforcement. When his escaped maximum-security Alabama inmates were recaptured, one said the highlight of his brief freedom was the outstanding convenience-store bologna sandwich he ate in Bucktnott, Tenn. (near where I-40 crosses the Tennessee River).
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HOTTE OF THE WEEK

DEAR Sexpert,

I was looking into getting birth control pills. Before I did, I just wanted to know the risks, side effects and benefits. It seems that everyone I talk to has something to say good or bad about the pill. I just want to know the facts.

-Want to be safe, 18

Well, first off there are a couple of different types of pills on the market. Some have progesterone only and some have both estrogen and progesterone. The combination pill that has both hormones is the most commonly used out of these pills. This is the pill I will use to answer your questions. The risks involved with taking the pill can be summed up in the acronym ACHES:

A - Abdominal pain, severe
B - Chest pain, shortness of breath, coughing up blood
C - Chest pain, shortness of breath, coughing up blood
H - Headache, numbness or weakness in arms or legs
E - Eye problems (loss of vision, blurring, flashes of light)
S - Severe leg pain in calf or thigh

These signs, if experienced, should lead you in to seeking medical care as soon as possible. Also there are what are called "high-risk" people who, if having a medical or family history of these things listed, should not take the pill. The conditions are: history of heart attacks, blood clot in legs, lungs and eyes, uncontrolled chest pain, known or suspected breast cancer; or cancer of the cervix, vagina or uterus, unexplained vaginal bleeding, liver tumors or a known or suspected pregnancy.

You can plently see that there are some risks in taking the pill. Here are some common side effects of the pill as well. Most of these side effects are not dangerous and go away with continual use. These side effects are: headaches, most can be relieved by over the counter medicine, weight change, some lose or gain three to four pounds depending on the person, decrease in body and facial hair growth, scnt or change periods, mood swings due to hormones (Vitamins B6 helps with this) or fatigue. You might be wondering "why do people take this pill then? There are so many side effects, never mind!" But the benefits of this pill outweigh, in my opinion, the possible side effects. The benefits are: the pill is 97-99 percent effective (though it doesn't protect you against STDs), it regulates your menstrual cycle, keeping you on a set schedule (instead of once month 28 days, the next 30 days and so on), it lessens the severity of cramps, it decreases the risk of ovarian and endometrial cancer, it decreases blood loss and iron deficiency during menstruation, and prevents PID, a major cause of female infertility.

As you can see, there are risks, there are side effects and there are benefits, but this is true for almost every modern day medicine you take. So, the choice is ultimately yours. The decreased risk of cancer and PID is a wonderful benefit to have, especially when early detection of ovarian cancer is hard to do. I hope I answered any questions you have about the pill. Before you get your prescription make sure to ask your gynecologist any questions that you may have at your exam. Thanks for writing in and remember the choice is yours, make sure you have all the information so you can make the choice that's right for you.
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Shedden and Firby compete in Nebraska, Three school records fall

FROM PAGE 32

Senior William Guerin handed the Golden Knights their third point on the day after rallying to defeat Carl Lumsden at No. 3. Guerin lost the first set, 6-3, before claiming the next two, 7-6 and 7-6. Fellow senior Federico Camacho clinched the match for UCF after a gutsy performance against Chris Stewart in the top slot.

Stewart, a freshman, won the first set, 7-6, broke behind big serves. Camacho won the first set, 7-6, before claiming the next 6-3, before saving two more match points, before saving two on his own. Leading 10-9, Camacho saw a passing shot go wide and the 2000 All-TAAC Honorable Mention performer gave UCF its first victory against Georgia State in over three years.

With the win, the Golden Knights avenged a tough 4-3 loss to the Panthers on Feb. 17 in the final of the Seminole Spring Tournament in Tallahassee, Fla. UCF moves to 6-2 on the season, 3-1 in TAAC play and 2-2 against ranked opponents.

UCF 4, No. 70 Georgia State 3

Singles:
1. Federico Camacho (UCF) def. Chris Stewart (GSU) 6-7, 6-4, 7-6
2. Gabriel Strangberg (UCF) def. Pablo Perez (GSU) 6-1, 6-3
3. William Guerin (UCF) def. Carl Lumsden (GSU) 7-6, 7-6
4. Catalin Buda (UCF) def. Albaro Franco (GSU) 6-4, 6-4

Doubles:
1. Camacho/Guerin (UCF) def. Stewart/Perez Gras (GSU) 8-6
2. Franco/Lumsden (GSU) def. Brud/Sanabria (UCF) 9-8
3. Lacar/Carlos Legaris (GSU) def. Strangberg/Weston (UCF) 8-3

Stewart and Firby compete in Nebraska

Sonja Shedden and LaTricia Firby of the UCF women's track and field team competed at the Nebraska Last Chance Indoor Meet Saturday at the University of Nebraska in an attempt to qualify for the NCAA Championships next weekend.

Although neither qualified, Shedden finished first in the 5,000-meter run in 17:20.45 and third in the 3,000-meter run in 10:18.36, and Firby finished third in the triple jump with a mark of 39' 7.75".

Three school records fall in indoor season finale

The UCF women's track and field team broke three school records and had seven Top 10 finishes at the Nike Fast Times Indoor Meet Feb. 28 at the University of Florida. The Golden Knights competed against a field that included No. 1 South Carolina, No. 5 Florida and No. 9 Appalachian State.

Two-time TAAC Runner of the Year Sonja Shedden continued her dominance of UCF's distance records by running the mile in 5:03.86, breaking the old record by six seconds and finishing seventh. Senior Kellie Mazzotta broke the 55-meter hurdles record with her preliminary time of 8.23 seconds, and went on to place eighth in 8.25 in the finals. Sophomore Kristen Newsome soared to an 11'11" (3.63m) height in the pole vault for 15th place, setting a personal best by three inches and a school record by 1.25 inches.

In jumping events, LaTricia Firby finished fourth in the triple jump with a mark of 38' 6.50" (11.78m). Jamie Perez tied for fifth in the high jump at 5'12.5" (1.54m), and Jamie Prew tied for sixth in the high jump at 5'12.1" (1.56m).
Kristy Shonka
STAFF WRITER

The UCF football team's spring scrimmage last Saturday highlighted the Golden Knight passing game, just as any fan would expect. What they wouldn't expect, however, is from being a wide receiver. He is a 6-foot-3, 265-pound tight end from Tallahassee, UCF, a team that has rarely thrown to tight ends in the past, now has a talented duo at the position in Gaines and MARIO JACKSON.

Gaines graduated from Florida High School in 1999 and signed with Alabama. Unable to meet initial eligibility requirements, he did not enroll there. Gaines came to UCF in January of 2000, but was unable to participate last season because of NCAA eligibility requirements.

In high school, Gaines showed the type of versatility that made him a top recruit. He was able to play six positions—tight end, linebacker, kicker, punter, backup quarterback, and offensive tackle. He made 20 receptions for 335 yards and nine touchdowns as a senior and had 110 tackles. He was named first-team All-Big Bend and All-State as a junior and a senior and was named to the Florida Super 24 Team as a senior.

Gaines said that while he has been out of football for three years, he is getting back into the swing of things and is not taking it for granted. He is looking for himself and Jackson to be major contributors next year.

"If we run the ball, we will win games," said Gaines. "That starts with blocking. If we can't block, we can't win. It starts off with me and Mario. I think, If we get together with our linemen and blow people off the ball nobody's going to stop us.

"We've already got one of the top passing attacks in the nation. If we go ahead and get it together and blow people off the ball and get at least 100 yards rushing, we're going to win games."

Gaines hopes that an improved running game will open a major conference's eyes to the Golden Knights.

A win over Clemson, which Gaines is predicting, in the first game of the season would definitely help get a conference's attention.

"I'm saying it right now, we're going to get that victory," said Gaines. "We worked too hard and woke up too early in the morn-

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Campbell and Georgia State are tournament favorites

FROM PAGE 36

aging 74.9 points a night and outscored opponents by a league-best 12.3 margin. The Panthers shot 45 percent from the field, while opponents shot 40.1 percent. GSU out-rebounded its opponents by 6.3 a game, finishing second in the TAAC.

The Panthers’ losses were to Campbell once and twice to Stetson. Georgia State split its series with No. 1 seed Campbell and a rematch in the championship game could spell revenge for GSU, who was upset by the second-seeded Camels last year.

3. Stetson (21-6, 13-5 TAAC)

The Hatters have four players who averaged double figures during the regular season. Cher Dyson averaged 12.6 points, 3.1 assists, and conference-best 3.62 steals per game. Amy White scored 10.4 points and grabbed 6.6 rebounds each game and Audry Kull averaged 12 points a game. Linda Palonen and Kira McWaine. McWaine had 5.22 assists per game. The Hatters open the tournament against the Golden Knights who was upset by the second-seeded Camels last year.

4. Jacksonville University (13-14, 9-9 TAAC)

The Jaguars are led by senior forward Khalisah Galloway, one of the Golden Knights’ best post players. The Jaguars are tournament favorites.

Golden Knights are led by Adrienne Billings and Nicole Dunson, along with senior LaToya Graham and junior Lanetra Cooks. Billings was the leading scorer for UCF, averaging 9.37 points a game. She finished 10th in the TAAC, grabbing 6.5 rebounds a game. Dunson was the third-leading scorer on the team, averaging 8.19 points a game. She also shot 33.1 percent from the three-point line, placing her fifth in the conference.

Cooks came on strong at the end of the season, finishing with an average of 8.82 points per game. A majority of her points came from behind the arc, where she shot 47.1 percent, third best in the TAAC. Graham averaged 8.04 points and 6 rebounds a game. Point guard Yvette Ash directed the Golden Knight offense, dishing out 2.44 assists a game.

UCF led the TAAC in three-point shooting percentage with a 33.7 percent average. Out-rebounded opponents by 3.1 boards a game, but was outscored by 6.1 points a game. The Golden Knights were the worst in the TAAC in free throw shooting, only hitting 59 percent of their free throws. This could spell trouble in a close game when every free throw could be the difference in the ball game.

The Golden Knights will take on Stetson to begin the tournament.

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Old Guns shoot down BCM for Volleyball Rec Title

Marc Guile led the way for the Old Guns as they knocked off BCM in the Recreational Volleyball Finals in two games, 25-16, 25-19.

“We used to be the Young Guns, but now we’re the Old Guns,” said Guile, referring to his 1994 championship with his younger teammates. The game was close at times, but BCM could not recover from a late run that ended the match in the second game. Rick Falco, Ryan Kratz and Rob Kantor also led the Guns to victory.

The Old Guns went undefeated on the season, posting a 10-0 record.

Monroe & Clark defeats Lambda Chi Alpha for Competitive Championship

Monroe & Clark needed three sets, but got the victory over Lambda Chi Alpha to take home the Men’s Competitive Volleyball Title. Lambda Chi Alpha jumped out early taking the first game 25-20, but could not hold on, dropping the final two games 25-16, and 15-10. Scott Bray led the way with great play to help secure the win.

“We knew we had more intensity after losing the first game,” said Bray, “We came together and finally played as a unit.”

Monroe & Clark finished the year with a 7-3 record.

Lowballers edge F.O.B. in Coed Finals

The Lowballers pulled out a close victory over F.O.B. for the Coed Volleyball Championship in what was a very evenly matched finals. A big 12-2 run by the Lowballers in the second set helped spark the victory as they won in straight games 25-21, 25-20.

“We finally played a good team and it was a great match-up,” said Brian Aurich, a member of the Lowballers. “We came back when we were down in the second game and pulled off a great win for our team.”

The Lowballers finished the season with an 8-1 record.

Pi Beta Phi defends title with convincing win over K Some A

Kati Maczuk dominated with 9 kills alone in the second game, as Pi Beta Phi won its second straight Women’s Volleyball Championship 25-13, 25-13 over K Some A.

“We have a stronger team this year,” said Maczuk. “We became better throughout the season and learned how to work off each other more every game.”

It was a strong offensive and defensive effort for Pi Beta Phi, never showing signs of folding. They ended the year with a perfect 9-0 record.
Offensive duo combines for 126 yards and three touchdowns

The UCF football team concludes its 2001 spring practice this week.

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Quarterback Brandon Sunner transferred to UCF from Ga. Tech this year. He will have to sit out the 2001 season to comply with NCAA rules. Sunner, who participated in the NFL Scouting Combine last weekend, was in attendance at Saturday's scrimmage. Clark said he thinks he made up for an injury-filled senior season with a good combine workout.

"I feel like I went out there and showed my talents to the best of my ability and showed a lot of people that I can do a lot of stuff that they didn't get to see during the season because of injuries." Clark said. "My size and speed are definitely going to move me up because that's what they are looking for." Because the NFL combine can make or break a players' draft chances, many players get very nervous during the event. But not Clark, who spent last summer working out with his cousin Daunte Culpepper and Minnesota Vikings wide receivers Cris Carter and Randy Moss. "I was pretty relaxed," Clark said. "I wasn't pressured so much because I've been around so much. I'm pretty cool when it comes to things like that. I look everything in stride and made the most of it." Clark said he ran the 40-yard dash between 4.4 and 4.46 seconds, depending on which stop-watch he looked at. He said a number of scouts were very complimentary of his performance. Clark says he ran the 40-yard dash during the spring event, combining first and second-team play. "We're here to get ready for a season next year that's going to be very, very tough and I think we're getting that accomplished," he said.

Pass Happy. As expected, Kruczek focused mainly on the passing game during the scrimmage this year. According to Kruczek, Haynes' performance was all the more impressive considering he hasn't played competitive football since 1998, his senior year of high school. Haynes had the best day of any of UCF's running backs, carrying the ball six times for 67 yards. He scored two touchdowns, including a 48-yarder in which he broke a number of tackles and then outran the Golden Knight secondary to the end zone. Haynes is one of five UCF players who are allowed to practice only on Saturdays because of academic probation.

Haynes' performance was all the more impressive considering he hasn't played competitive football since 1998, his senior year of high school. According to Kruczek, Haynes' performance was all the more impressive considering he hasn't played competitive football since 1998, his senior year of high school. Haynes had the best day of any of UCF's running backs, carrying the ball six times for 67 yards. He scored two touchdowns, including a 48-yarder in which he broke a number of tackles and then outran the Golden Knight secondary to the end zone. Haynes is one of five UCF players who are allowed to practice only on Saturdays because of academic probation.

"I'm pleasedly surprised that Brian's played very well the last two weeks. Of course, he gets all the reps during the week," Clark said. He added that Brian's played very well the last two weeks. Of course, he gets all the reps during the week. Clark said both have done a good job this spring of learning the system. "I think Terrance Bell has come in and done a remarkable job learning the defense and being productive," he said. "First of all, you've got to learn to feel comfortable with it before you can be productive so you're not thinking on every snap. I think that Carlos has done a pretty good job also. They're both going to be productive with us." Injury Report: Several players sat out the scrimmage due to injury, including OL Norm Lewis (sprained knee), DE Wanzell Underwood (neck stinger), DB Deshawn Williams (hip) and DB Atari Bigby (shoulder). UCF suffered only a few minor injuries during the scrimmage, including LB Antoine Poe (foot), LB Elliot Shorter (ankle) and DT Larry Brown (ankle). "We should be OK," Head Trainer Kevin Mercuri said. "There's a couple of other bumps and bruises that we'll find out tomorrow, but nothing serious. No different than any other year," Kruczek said. "It just gets back down to continuous repetitions of technique and scheme, that's all the spring is. We'll scrimmage up a bunch, finish up next Friday at home and go on Spring Break."
UCF sweeps double-header against St. Joseph's

The No. 13 UCF Golden Knights bounced out 31 hits accounting for 30 runs, hammering visiting St. Joseph's 21-3 in the first game and 9-2 in the second game of a doubleheader at Jay Bergman Field last Saturday.

Mike Fox (Coral Springs/Douglas) highlighted the first game posting a 4-for-4 performance with three RBIs, three runs scored and a double. The Golden Knights (12-4) scored two runs in the second inning as St. Joseph's (1-6) didn't fare much better in the second game, losing 9-2, but managing to breakup the shutout in the top of the seventh. Jason Arnold (4-0) threw six solid innings in the second game, matching Pope's performance with two hits and seven strikeouts, but in 65 pitches. Abe Gonzalez surrendered two two-out runs in the ninth inning to Pace Bradshaw, on a two-RBI single to right-centerfield.

Wayne Summers was the star of the second game for UCF, coming up a home run short of the cycle. However, Summers still went 4-for-5 at the plate with three RBIs, two runs, a triple, double and stolen base. Jeremy Kurella went 3-for-4 with a two-run home run in the third inning. This was the 24th time a UCF team had scored 20 or more runs in a game. The last time was Feb. 12 of last season, when the Golden Knights shutout Western Carolina 21-0 at Tinker Field. Sunday's series finale was rained out and rescheduled for Mar. 5. The 13th-ranked Golden Knights will finish their week with a Tuesday night matchup against Central Michigan, then a three-game series, Thursday through Saturday, against Western Illinois.

Pope earns National and TAAC honors

UCF starting pitcher Justin Pope was awarded the Collegiate Baseball National Pitcher-of-the-Week and also claimed the Trans America Athletic Conference honor last week for his effort in UCF's recent sweep of Alabama.

The junior right-hander threw a complete game effort in a 5-1 win over then 11th-ranked Alabama. In the game, Pope scattered seven hits over nine innings, yielding one unearned run while striking out 13 versus two walks.

Pope is the first UCF pitcher to ever win the Collegiate Baseball weekly award. This season, the Golden Knights entire weekend rotation has dominated the TAAC Pitcher-of-the-Week honors by taking three of the four awards so far. Jason Arnold (2-3) and Brad Busbin (2-12) were the other recipients from UCF.

Pope last won the TAAC award during the 1999 season when he won for the week of April 19 after shutting out Stetson University 17-0 in another complete game effort.

This is the first time UCF has recorded three TAAC pitcher awards in one season.

The Golden Knights are currently ranked No. 13 in Baseball America, No. 15 in Collegiate Baseball and No. 16 in USA Today/ESPN Coaches Poll.

Doubles pair ranked No. 49 in latest poll

UCF's women's tennis senior and junior combination of Sonja Prokopec and Marike Gunawan moved into the 49th spot as announced by the Intercollegiate Tennis Association (ITA) on Feb. 26. Prokopec and Gunawan have combined for a 6-2 record, including a 3-2 mark against opponents from ranked teams.

The 53rd-ranked Golden Knights were set to play No. 62 Old Dominion at the UCF Tennis Complex on Mar. 4, but the match was cancelled due to weather. Whether the match will be rescheduled is yet to be determined.

Men's tennis beats No. 70 Georgia State

The UCF men's tennis team defeated three-time defending Trans America Athletic Conference champion Georgia State 4-3 Mar. 3 at the SportsLife Tennis Center.

The Panthers, ranked No. 70 in the latest Intercollegiate Tennis Association poll, claimed an early 1-0 lead after grabbing the doubles point in dramatic fashion. Fernando Damus and Albano Franco rallied to beat UCF's freshman and sophomore duo of Catalin Brada and August Basabrieta 9-8 in the No. 2 slot for the decisive win.

In singles action, Golden Knight freshmen Brada and Gabriel Strangberg gave UCF a quick 2-1 lead. Bradu dismissed Franco, 6-4, 6-4, at No. 4 for his fifth victory on the year, and Strangberg dominated Pablo Perez Gras, a 2000 All-TAAC performer, 6-1, 6-3, at No. 2. With his victory, Strangberg improved to 6-1 in the dual match season.

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Joey Graham led UCF with 21 points in loss to TSU

From Page 36
fell short this year, making
their exit in the second round.
Following ten straight losses to
end the regular season, UCF
bounced back in a major way
rolling over Jacksonville State
100-57 in the first round. The
last time the Golden Knights
scored 100 points in a game
was Dec. 10, 1999, against
Flagler.

Three UCF players scored in
double figures in the game.
Freshman Kevin Lee led UCF
with 15 points, while class-
mate Joey Graham and senior
Inyo Cee each added 14
points. The Golden Knights hit
14 three-pointers and UCF
Head Coach Kirk Spencer used
his entire bench with 13 of 14
players scoring.

With the win, UCF
advanced to the quarterfinals
where it played No. 2 seed,
Troy State. The Trojans had
never won a post-season game

in the eight years since it
moved up to Division I, but
that streak ended against UCF.
The Golden Knights were
only down by
one point against Jacksonville State
at the locker room, but were
outscored 53-33 in the second
half, and

The Golden Knights were
unquestionably the better team.
The Panthers were the preseason
favourites to win the confer-
ence, and proved voters right

with an 8-23 record.
The Georgia State
Panthers were the preseason
favourites to win the confer-
ence, and proved voters right

Saturday, winning the tourna-
ment and advancing to the
NCAA Tournament.
As the No. 1 seed, the

Driscell became the only sec-
ond head coach in NCAA his-
tory to take four Division I
teams to the NCAA Tournament.
Prior to Georgia State, Driscell
got to the Big

Dance with Maryland, Old
Dominion and Davidson
College.

Troy State made it to the
championship game for the
first time in school history by
way of UCF and Stetson, who

went scoreless the rest of the
game and lost 66-56.

The victory put Georgia
State in the championship
game against Troy State, where it proved why it was a
No. 1 seed. Before a national

televised audience on ESPN,
the Panthers beat the Trojans
79-55.

Freshman guard Kevin Lee led UCF with 15 points against Jacksonville in the
first round of the NCAA Tournament.

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Women's Basketball Notebook

Redshirt freshman Alex Haynes was a definite bright spot in Orlando, redshirted last season for the Golden Knights on account of an injured hip pointer. Although he may not have been quite as visible as his high schools, Coach Gail Strieglar was proud of the way he led the team and hung in and pulled out the victory. "We stuck it out, and we won when we had to," said Strieglar. "We put forth the effort to do it."

Thursday, UCF hosted Samford in a game that saw the Bulldogs pull out to an early 5-0 lead. Lauren Cooks hit back-to-back three-pointers for the Golden Knights to put them up 6-5. The lead changed hands throughout the rest of the first half, but with 6:00 left Erin Paige hit a jump shot to give UCF a one-point lead and it held on to lead to the half. The Golden Knights went into the locker room with a 30-23 lead following a three-pointer by Adrienne Billings that beat the buzzer.

The Golden Knights would lead by as many as 18 in the second half and the Bulldogs were unable to get any closer than seven as UCF won 64-54. Billings and Cooks led the Golden Knights with 11 points each. Strieglar said the key to the win was hard work and a little bit of fun. "The kids came out and played hard the whole night," said Strieglar. "It was one of the most fun games we've had in a long time. The kids were all excited about it. They were excited about all the things going on out on the court. When those things happen it's very contagious."

Haynes looking to earn starting running back job

Haynes played in both the spring football scrimmage. The tailback rushed for 67 yards on six carries, including touchdown runs of eight and 48 yards. "He's a very physical runner, has good speed, and is hard to bring down," said assistant head coach/running backs coach Alan Gooch. "That's a great combination for a back."

Haynes needed to play well to stay competitive with sophomore Corey Baker, who has had an impressive spring. While Baker has been doing well in practice, Haynes has not had a chance to impress. Due to academics, Haynes is only allowed to compete on Saturday's spring game. "It's been tough on me, but grades come first," said Haynes.

Haynes played in both the Florida-Georgia and Florida-California All-Star Games, was named All-State and All-Metro twice, and earned Super Prep All-America honors as a senior. He was also named to the Florida Super 85, Super Prep Top 35 and Bill Buchalter's Super 27 team. "He's confirming what we thought about him coming out of high school," said Gooch. "We're very happy about that."

If Haynes can continue to mature and improve upon what he did on Saturday, UCF will have a dangerous running game to go with their potent passing attack.

“Just try to go hard for as long as I can and help the team out because coach told me that we needed me," said Paige. She played for 17 minutes on Mar. 3 against Jacksonville State. She scored six points, grabbed seven boards, had one assist, a block and a steal.

Graham grabs 500th rebound

With 10:29 left in Thursday's game against Samford, senior forward LaToya Graham grabbed the 500th rebound of her career. Graham finished her career in ninth place on the UCF career rebound list with 511.

In her last regular season game as Golden Knight, Graham finished with five points, seven rebounds and three steals.

Strieglar was impressed by the contributions Graham has made in her career as a Golden Knight. "I've only been able to see two years of her career, but anybody who's scored over 800 points and gotten over 500 rebounds has been a major contributor to the wins that she's helped build here," said Strieglar. Graham said she enjoyed her time at UCF but is looking forward to the future.

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LONGWOOD
UCF Head Coach Mike Kruczek didn't give a name to Saturday's scrimmage at the Citrus Bowl, but he might as well have called it "The Gaines and Haynes Show."

Tight end Michael Gaines and running back Alex Haynes, who both sat out the 2000 football season, put on a show at the scrimmage, making convincing arguments that they will be impact players for UCF in the fall. The two combined for 126 yards of total offense and three touchdowns.

Gaines scored the first touchdown of the scrimmage on a 30-yard reception from quarterback Joe Marotti. Haynes, however, had the bigger day. He rushed for 90 yards on 10 attempts and scored twice. He also caught a 30-yard TD pass from Marotti. Gaines and Haynes were the only ones in the scrimmage to score.

With two key wins to close out the regular season, the UCF women's basketball team heads into the Trans America Athletic Conference Tournament right about where the preseason polls predicted. The preseason coaches' poll picked the Golden Knights to finish fifth in the conference, while the media chose them to finish seventh. UCF goes into the TAAC Championships as the No. 6 seed.

The Golden Knights get the added advantage of home court, as the tournament will be played Mar. 7-10 at the UCF Arena, with the winner receiving an automatic berth to the NCAA Tournament. All 10 TAAC teams play in the tournament. Here is a preview of the top six.

1. Campbell (20-6, 16-2 TAAC)
The Camels are led by junior April Cromartie and senior Sara Moore. Cromartie finished the regular season as the TAAC's second-leading scorer, averaging 16 points a game. She also shot a staggering 55.6 percent from the field to lead the conference. She averaged 8.3 rebounds per game, third in the conference. Moore was 10th in the TAAC averaging 11.4 points a game.

Crystal Clary averaged 11.7 points and 9.3 rebounds a game for Campbell and shot 55.1 percent from the floor. Janice Washington averaged 4.81 assists a game and led the conference with a 2.05 assist to turnover ratio.

The Camels only allowed opponents to score 61.6 points, compared to the 71.2 points it scored a game. Campbell out-shot its opponents 45.9 percent to 40.6 percent and out-rebounded them by an 8.1 margin.

The Camels come into the tournament as the defending champions, having defeated Georgia State last year in the championship game, and are the favorites to capture their second consecutive title. Georgia State and Troy State are the only teams to beat Campbell this year. The Camels lost to Georgia State on Feb. 17, 74-65, and on Mar. 3 lost to TSU 71-65.

2. Georgia State (21-6, 15-3 TAAC)
The Panthers are led by the conference's leading scorer, Leslie McEnrath. She averaged 19.7 points and 8 rebounds a game during the regular season. Evita Rogers finished third in the TAAC, scoring 15.1 points a game. She also averaged 6.7 rebounds a contest.

Marcia Maddox was first in the conference in scoring with 6.63 assists a game and second with a 1.92 assist to turnover ratio.

Georgia State followed Campbell last season in the TAAC Tournament, and this year the Golden Knights enter this weekend's TAAC tournament as a two-game winning streak. Below: Sophomore Erin Paige returned from injury last week and could be a key contributor for the Golden Knights at the conference tournament.