Pay as you print
CHARLES MAIER
STAFF WRITER

Be prepared to pay.
That's the new rule of thumb at all
Academic Computing Services labs on cam-
pus. Starting this month, students will have
to pay for copies at the ACS labs.

Paying for copies is necessary to cut
down on waste and help defray some of
the costs of printing, said Yasmine Brandy, man-
age of the ACS labs.

Paper and printer support in the cam-

The volume of printing has also risen.
Joel Hartman, vice provost of informa-
tion and technology resources, told The Future
in a previous article, "Many faculty mem-
bers now place course materials online," Hartman said. "Students end up printing
these materials in the labs."

To reduce the tremendous volume of
printing, students will be required to pay 5
cents each for black-and-white copies and
75 cents for color copies using their student
identification cards.

All printers are equipped with card
readers that work similar to the readers on
campus vending machines. Printing prices
are comparable with prices at Kinko's in
Waterford Lakes, where black-and-white copies are 8 cents each and color copies are
75 cents each.

The charges should cover the $320,000
in paper and printing supplies and any
extra money will be used to purchase new
equipment for the labs. The ACS labs are
located in the Classroom 1 Building, the
Business Administration Building and the
CCS Building.

Spring break
bargains can
come at a price
RACHEL ZALL
STAFF WRITER

Spring break tempts many students to
get wild and crazy in places they've never
been. However, for some such as sopho-
more Jordana Labson, 20, those plans do
do not always work out as hoped.

Labson was sold on the idea of a spring-break getaway in the Bahamas
when a student approached her and her
friends in the Student Union.

"He was promoting a package for a
four-night, five-day stay in Nassau," Labson said. "The price was great, too,$450 for the whole trip, including all our
food and alcohol, as well as the hotel.
Besides, it was for Nassau. Wouldn't

GAY RIGHTS: Citizens rally for gay rights protections in the city of Orlando.

The year in review

In the past year, UCF's community has
seen the city divide on gay rights issues,
students suffer through a semester of
delays in financial aid checks; our president
earn a $93,000 raise; and a legal studies
professor battle the university to keep her
job.

Other stories made headlines as well
that were less hard-hitting and generally
ridiculous, absurd and sometimes pointless. Students complained
of infections after wading through
the Reflecting Pond during UCF's annual Spirit
Splash homecoming event, a student was
apprehended by police officers for stripping
his clothes off in a retention pond and UCF
trustees accepted a $600,000 endowment
to study the sources of greed.

The following stories are in no particu-
lar order and were judged by the staff of
The Future to be the top stories that
shaped the year of 2002 at UCF and within
Orlando.

Please see Top on A-3
2003 New Beetle GL
Lease for $229 per month + monthly tax for 48 months
*Leases are calculated with $0 total down, includes 1st payment, $0 sec. deposit, tags, title and license. See sales person for details.
17" Alloys, ABS, Keyless Entry, Alarm and much more
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+ 4 yrs 50,000 Mile bumper-to-bumper warranty
+ $5 yr 60,000 Mile Powertrain Warranty

2003 All New GTI
Lease for $269 per month + monthly tax for 48 months
*Leases are calculated with $0 total down, includes 1st payment, $0 sec. deposit, tags, title and license. See sales person for details.
17" Alloys, Side Airbags, ABS, Keyless Entry, Alarm and much more
+ 4 yrs 50,000 Mile bumper-to-bumper warranty
+ $5 yr 60,000 Mile Powertrain Warranty

2003 All New Passat GL
Lease for $297 per month + monthly tax for 48 months
*Leases are calculated with $0 total down, includes 1st payment, $0 sec. deposit, tags, title and license. See sales person for details.
Side Airbags, ABS, Keyless Entry, Alarm and much more
+ 4 yrs 50,000 Mile bumper-to-bumper warranty
+ $5 yr 60,000 Mile Powertrain Warranty

2003 Golf GL
Lease for $217 per month + monthly tax for 48 months
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Blender-napper charged

UCF police arrested Jason M. Johns on charges of felony murder, possession, cultivation of marijuana and 18 rounds of possessing drug paraphernalia.

Officer Mark Jenkins and Cpl. Dave Demannity initially visit Johns’ dorm room to retrieve a blender that another student claimed Johns took without permission. Inside his apartment, Jenkins and Demann see a beige flowerpot with soil, seeds and growing plants next to Johns’ bed. Johns tells officers he is growing flowers for his girlfriend.

Johns gives police permission to search his belongings and Jenkins and Demann see a purple Crown Royal bag, a metal container with several Vicks inhalers, a pill bottle, Visine bottle, baby pacifier, a straw cut down to approximately 2.5 inches and a small metal cylinder in a blue plastic container holding two pills, three cigarette plastic wrappers and several empty straws.

Jenkins and Demann also find a red pill container with white residue that Johns said he used to crush Xanax that he obtained through the straw. Johns tells police the pacifiers and Vicks inhalers are commonly used with Zantac and admits he uses the metal container; a waterproof match holder, to hold his drugs. He tells the officers he removes the tobacco out of the e with and uses them to smoke marijuana. Johns later shows them that the plant in the flowerpot is marijuana.

Officers also find a red pill container containing a 2-inch-long straw and a sandwich bag containing 8 orange nickel bags.

\[...\]

\[...\]

\[...\]

\[...\]

\[...\]
Battling terrorism from campus

From Page A-3

attracts a record number of females into a field that was once male-dominated.

In May, the program's popularity at UCF, the department complained there is a shortage of professors — four faculty members to serve 600 students.

Voters restructure universities

On Nov. 5, Floridians vote for a new structure in higher education just one year after Gov. Jeb Bush abolished the Board of Regents and appoints local governing boards for each of the state's 11 public universities.

The new Amendment 11, which creates a statewide governing board to oversee each university's board of trustees, was a bitterly debated issue among politicians, university presidents, faculty and trustees with misinformation from both sides.

Florida voters end the debate on Election Day and decide a constitutionally protected Board of Governors would best serve Florida's universities.

The new amendment protects universities from interference from any legislature. 

Supporters of Amendment 11 (also known as the Graham amendment, for U.S. Sen. Bob Graham, the former Florida governor who proposed the change) believe the measure will remove political meddling that occurred under the old system.

While several trustees and university presidents oppose the amendment, claiming the new amendment would weaken the trustees' authority to pass university policies, most expect little change since Bush will remain in power for at least another term.

Bush has the power to appoint 14 of the 17 members to the Board of Governors.

The new structure becomes effective Jan. 1.

Bush, McBride draw out activists

UCF witnesses its first political rally in recent memory as gubernatorial candidates Jeb Bush and Bill McBride spar through a final debate before Election Day.

"We the People," organized by the Progressive Council of UCF, spotlights a variety of campus, local and political groups and promotes general activism while advocating the candidates' own liberal political message.

Organizations such as Greenpeace, NORML, The Wildlife Advocacy Project, Rock the Vote, the American Civil Liberties Union and the National Organization for Women also participate in the political rally to educate people about issues they say that politicians overlook.

Inside the Student Union, Bush and McBride participate in that evening's televised debate, but the limited seating excludes most of the general public and media, who are made to watch it on TV monitors from elsewhere.

UCF battles bio-terrorism

A clinic in Orlando recruits UCF students to test whether a new smallpox vaccine might provide an effective defense against a bio-terrorism attack that would unleash the lethal disease.

The Orlando Clinical Research Center pays many individuals, including several UCF students, who are willing to be infected with vaccines and submit to a six-week observation period.

A researcher from the Orlando Clinical Research Center

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 Voting blunders, bloopers

Lake-Pickett residents challenged the Board of Trustees' decision to purchase lakeside land for a new women's rowing facility.

"From Page A-4"

Center said college students were targeted to participate because they tend to need the money and have time during the extended trial to come into the clinic between classes for observation.

Smallpox — a once widespread, often fatal viral disease — posed a health threat in the 1960s, when it killed one out of three people who contracted the virus. The virus today is known to exist only in laboratories in Atlanta and Moscow, but bio-terrorism experts fear that some nations may have the virus and might use it as a biological weapon.

In an effort to battle another form of chemical warfare, UCF professor Henry Daniell makes a breakthrough in science to combat anthrax using a tobacco plant.

The bio-molecular researcher discovers the tobacco plant process can produce billions of units of the anthrax vaccine and is also completely free of the lethal factor found in the commercial vaccine.

Greeks parade their protest

The sororities donate a six-acre plot of land beside Lake Pickett and construct a new facility for the women's rowing team. Their protest is to be reconsidered by the university.

Costly speaker bows out

Liberal activist and film maker Michael Moore canceled his scheduled appearance at UCF after the student senate designated $20,000 to bring the speaker to the campus. Moore's appearance again in a second vote.

Presidents in disagreement

University of Florida President Charles Young threatens to bow out of an organization that the Florida's 11 public university presidents to together.

UCF professors and students do not support the proposed grading scale, charging the system is inconsistent because some professors use the scale while others do not.

An SGA survey indicates that 80 percent of student prefer a plus-minus system.

Pluses more than pluses

UCF's Faculty Senate realizes to make a decision this spring whether to fully implement or eliminate a plus-minus grading system that many students complain blurs their grade point averages.

UCF's Office of Academic Affairs will compare grade point averages from fall 2001 and 2002 to those of fall 2000 to determine if and how the plus-minus grading system diminishes student grade point averages.

The majority of UCF professors and students do not support the proposed grading scale, charging the system is inconsistent because some professors use the scale while others do not.

An SGA survey indicates that 80 percent of students prefer a plus-minus system.

Election blunders return

Voting glitches plagued Florida polling precincts during September primary elections even after the 2000 presidential election debacle spurred costly reforms in the state's voting procedures.

Orange County officials have asked thousands of ballots that are rejected by optical scanners, and some voting precincts in South Florida open three hours late. Democratic primary candidates Janet Reno and Bill McBride narrowed the last tally.

McBride claimed the Democratic nomination two days to coordinate the visit with the Bush-McBride debate. But in an e-mail, he says he never agreed to the appearance, and personal matters prevent him from accepting the invitation. He also expresses shock over the fee that his agent, Lisa Bransdorf, had charged the Progressive Council.

Focus on Resolution.

Mediation is a private, voluntary, decision-making process in which one or more impartial persons, the mediator(s), assist people, organizations, and communities in conflict to work toward a solution of goals. This service is available to the University community and is encouraged for those who have been unsuccessful in resolving their differences.

University of Central Florida's Dispute Resolution Services

For information or an appointment call 823-3477 or stop by the Student Resource Center Room 140 Monday - Friday 8am - 5pm.

http://pegasus.ce.ucf.edu/~drs
Center security at students' fingertips

FROM PAGE A-6

In Orange County, voters also approve a half-cent sales tax to generate $727 million to construct new schools. The Orange County sales tax will rise to 6.5 percent beginning Jan. 7.

Protestors in China arrested

Beijing, China.--A dozen antigovernment protestors in the Chinese capital were arrested on Sunday in a peaceful demonstration lands scan system, after their participation in a demonstration in Beijing.

The four joined other protestors of Falun Gong in Tianamen Square to requires students to key the UCF. They blame arrest Policing of fraternities, sororities and student leaders.

Vending victims awarded

FROM PAGE A-3

Award for catching a fugitive

UCF police arrest George Delisle after four Building Service employees catch him tampering with a vending machine.

Delisle is charged with felony counts of burglary for a string of 15 reported vending machine burglaries. Police discover he is a fugitive of justice wanted on an out-of-state warrant for violation of probation.

Business Services and the UCF police surprise Luz Quintana, Felicito Rodriguez, Cindy Snyder and Blanca Zollina with cash awards and certificates of merit for their help in capturing Delisle.

The employees took action before the police could post flyers about an award for Delisle's capture.

Pena blames arrest on police harassment

Student Body President Marco Pena leads in Orange County Jail after UCF police arrest him for disorderly conduct.

The arrest occurs after an fraternity recruitment concludes for the evening.

Pena, 22, a member of the Sigma Alpha Epsilon fraternity, is arrested outside the SAE fraternity house after Pena reportedly attempts to interfere with UCF officers who are conducting a traffic stop in the fraternity house's parking lot.

Pena denies that he is drunk, but admits he was at a bar earlier in the evening. Pena calls the incident an example of excessive policing of fraternity members.

Car chase leaves officer hurt

An officer is hurt after four teenagers flee from UCF police in a late-night chase.

Marvin Lewis Curry, 15, and Terry Davis, 16, are arrested on felony charges following the chase. Two other suspects, both juveniles, are arrested on misdemeanor charges.

The chase begins after Officer Gerald Ermert attempts to stop the vehicle the teenagers are driving. They speed up running through five stop signs and a red light.

Davis begins to drive southbound in the northbound lane of Alafaya Trail during the chase and crosses the raised median and strikes Officer James Mapgan's patrol car.

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*$199 for those enrolled in concurrent test prep classes

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Or, call (407) 882-0260 for additional information.
Spring break is an easy time to get taken

From Page A-1

want to go? As spring break approaches, such all-inclusive package deals sound enticing to those who are making last-minute plans. But the deals can be deceiving. Students might pay a fat fee up front for their vacation, only to find out these packages don’t cover everything they promise or otherwise make places, such as hotels, sound better than they are.

Indeed, when Lauren reached Nassau, site of her spring break trip, she was shocked at the hotel was not. Not only did she have to check into a tiny room with two other people, but there was no air conditioning and the bathroom was leaking. “The hotel was right outside the ‘red light district,’ and that part of the city smelled terrible as well,” Palito said. “Every night we would have dinner at the hotel, it was a mystery food and every course looked like a heap of crap on a plate.”

Although Palito said her trip overall was a great experience, her hotel was not. Not only did she have to squeeze into a tiny room with two other people, but there was no air conditioning and the bathroom was leaking. “It was disgusting,” she said. “Every night we would have dinner at the hotel, it was a mystery food and every course looked like a heap of crap on a plate. It was disgusting.”

Although Palito will stay close to home and spend spring break on the Fort Lauderdale beach this year, she is now aware of what to do if she books another trip out of the country or state.

“Things are not always what they are expected to be,” Palito said. “You just have to look into things carefully before you decide to go, and get help from reliable travel agents and parents.”

Sophomore Jessica Paulson, 19, could have used that advice. Last year Paulson won a spring break trip for what she thought was an all-inclusive stay in the Bahamas. The trip was for four days and was supposed to include the hotel, airline and food, she said. “The trip ended up not including my airline, but I decided to go anyway,” Paulson said. “When I arrived at the Bahamas, I realized my hotel wasn’t really near anything fun, it was ran down, and it top it off, I ended up having to pay my own way. The only good thing that came out of my ‘vacation’ is, now at least I know how to tell if I am being scammed or not.”

Labson has learned the same thing, “I plan on going to the Keys this year with some of my close friends,” she said. “And we’re planning it ourselves this time.”

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Officers invade local nightclub

FROM PAGE A-7

Doris then crams her ear into a utility pole and five teenagers flee from the ear into the woods.

Four of the five suspects are apprehended and police discover the ear the teenagers were driving in was a stolen vehicle.

Oub best no surprise to many

Four bartenders are arrested at Headlightz nightclub along with four patrons who are caught dealing illegal drugs. Additionally, agents purchase marijuana and cocaine four times within a two-hour time span immediately preceding the arrests of Michael C. Green, 19, Eric J. Houx, 25; and Carlino Johnson, 28, who all sold marijuana to agents, while Patrick Kinbrugh, 36, sold cocaine to the agents.

The Sheriff's Office, the Florida Division of Alcohol, Tobacco, and Prohibition Enforcement, and the City of Lake Worth Police Department show up, as police pursue the apartment complex's retention pond.

Over 200 residents surround the retention pond for nearly two and a half hours to watch Edwin Salazar taunt police, sing songs and strip clothes off.

Negotiators, Orange County and the UCP Police Department set up, as well as fire rescue and EMT personnel, to coax him out of the water.

The large crowd mills around and even sets up lawn chairs, while some attempt to catch the action on film and video.

Eventually police shoot Salazar with a taser, grab him, and safely get him out of the water.

The bull shark is the second most aggressive shark that lives in United States waters, according to researchers.

Pond pursuit ends safely

Police apprehend a student at Jefferson Commons apartments for jumping naked in the apartment complex's retention pond.

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Rehabilitating reality for disabled students

CHRISTINE DELLERT
STAFF WRITER

At the age of three, Junior Antoine suffered from a papillo-ma-derived tumor on his throat and fell into a coma for three months. With a predicted 25 percent chance of survival, Junior awoke as a silent quadriplegic, paralyzed from the neck down. Even after eight years of physical therapy and 10 surgeries, Junior Antoine, now 21, was regaining his strength and keeping a smile on his face. "He enjoys going out to eat and to church," said his mother, Marie Antoine, an employee of the Orange County Public Schools (OCPS). "He loves his television and radio."

Having survived the therapy and surgeries doesn't mean things will get easier for Junior. According to the Florida Alliance for Assistive Services and Technology, Junior's future could present even more challenges in his life. Florida has the third largest amount of people with disabilities in the country and over 70 percent of this minority are less employed or not employed at all.

Students and professors from UCF are working alongside Orange County school officials in hopes of changing these statistics, one person at a time. Increased funding from the National Science Foundation (NSF) has brought about a series of student-designed rehabilitative devices that will allow severely disabled high school graduates to get jobs.

Three years ago, a partnership between UCF and OCPS emerged to create a post-high school transition program for Orange County high school graduates with disabilities. The purpose was to create a transition unit for housing, leisure and employment. Paul Odhem, an administrator for the program, said, "For the past two years, Ted Conway, associate professor of mechanical engineering, and aerospace engineering, as well as the director of the biomedical engineering program, has formed a stronger bond between UCF and OCPS. Conway, who has cerebral palsy, a disorder usually caused by brain damage occurring at or before birth and marked by muscular impairment, is working to establish a Rehabilitation Engineering Research Center at UCF."

"There seems to be a great momentum to get biomedical and rehabilitation engineering on this campus," Conway said.

Conway is convinced that due to Orlando's central location, the advanced research center is a practical reality. With a pilot program now in place, Conway has secured a five-year grant of $825,000 from the NSF for undergraduate rehabilitation design.

Senior design students use the funding for a variety of engineering projects. Several devices being constructed include a non-jamming paper shredder, a single-button operated scanning machine to check out library books and a customized head switch attached to a copier for Junior Antoine.

Senior Nicholas Krauss and two other students in his design class were funded $800 to construct the head-switch operated copier. Their main goal is to create a machine that Junior can manipulate without assistance. "We are trying to get him out into the competitive world and one of the ways we can do that is through designing this machine," Krauss said.

"Our partnership with the College of Engineering is so critically important for the transition program," Odhem said. "This program ultimately deals with [the students'] gaining employment. Now these students who are disabled can perform clerical work from a power wheelchair."

Marie Antoine appreciates the efforts that OCPS and UCF are taking to help her son. "I have continued support from UCF, OCPS and NSF," Conway foresees the establishment of a graduate biomedical and rehabilitative engineering program by 2004 and an undergraduate degree program by 2007.

"My wish for my son is to see him out doing something instead of staying home all day after he graduates from the transition program (next year)," she said. "I want him to be happy in his adult life."

Students infected by Homecoming spirit

FROM PAGE A-10

Fraternities duke it out

The Orange County Sheriff's Office arrests Delta Upsilon fraternity president Chris Turner after he physically threatens members of Phi Delta Theta fraternity.

Turner is charged with battery and home invasion after he breaks into the off-campus house of Delta Theta and wraps his arms around the neck of Justin Key, president of Phi Delta Theta.

Turner and his fraternity brothers attacked the Phi Delta Theta member because they were upset about the outcome of Homecoming activities.

Spirit rash

Students complain about insect and illness after spending the afternoon wading through UCF's Reflecting Pond for the annual Spirit Splash Homecoming rally.

The event once voted "best university tradition" in the state by Southwestern Student Services Corporation®

Students complained of illnesses after swimming in the Reflecting Pond during UCF's annual Spirit Splash.

Florida Defender magazine listed students with bacterial eye infections and flu-like symptoms.

Some students claimed they saw dogs wading and moss pads floating in the pond during the festivities.

UCF officials deny that the pond was the cause of students' illnesses and say the chlorinated pool is equipped with an intricate filtration system to keep the pond germ-free.

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Our Stance: Setting sights on improvements solutions

American involvement in Vietnam and racial segregation in the U.S.
Campuses serve as venues for dissenting speech. UCF students should take note of the world in which they live, and speak out about it. With more free speech zones on campus
the administration's treatment of Diane Sudia and the shortage of full-time, tenured professors.
No not only do students demand answers to their questions, but they also demand the right answers.

Financial aid
After last semester's financial aid fiasco, students want to know whether they will again have to wait months to receive their financial aid. Too many students had to wait far too long to get their money. Hopefully UCF made the necessary adjustments and preparations to prevent a repeat of last semester's shortcomings.

Students should receive their money within the first few weeks of the semester such as tuition, textbooks, rent and food, they should not have to wait, and short-term loans are not the answer.

Gay rights
The question of whether President Hitt should include sexual orientation in UCF's anti-discrimination policy requires little debate. Hitt did not want to take a stand on this issue until he saw how the issue played out in Orlando. Now that the city has passed the resolution adding sexual orientation to the list of protected classes, UCF and Hitt should immediately follow suit.

Hitt can help UCF grow by banning discrimination of all kinds and protecting all people.

Whether the need for such protection exists does not matter: No one, regardless of his or her background, should face discrimination for any reason. Including sexual orientation with race, religion, national origin, etc. will ensure that no one does.

UCF will attract more progressive-minded students and faculty by establishing itself as a progressive university that treats all people equally. On the note of progressiveness, UCF deserves more political activism. Activism

At universities have traditionally served as hotbeds of political activism. In the 1960s, college students across the country protested
Doc's advice: walk off whatever ails you

MENTAL DOODLES

Christopher Arnold
STAFF WRITER

The ER is el closed. Well, one year has ended and another begins. A new semester is starting and students are returning from their wintry respite. And though we were not within the halls of education for this brief time, we nonetheless continued to learn. I learned, for instance, that I'd probably make a pretty good doctor, after all.

In West Virginia, at least. How did I come across this little pearl of wisdom? Could it be all those episodes of "ER" and "Scrubs" I incessantly watch? Partial.

But more simply put, I am a simple man who has long subscribed to the universal remedy of "walking off" whatever ails you. Apparently I am not alone in adopting this theory — so does a group of West Virginia surgeons who recently walked off their jobs in protest of rising malpractice insurance costs.

In all seriousness, what these doctors have done, it seems, is take a page right out of a Hollywood script. Some say that the premiums are too expensive and the doctors are unable to pay for their malpractice insurance.

Further exacerbating the situation is that there is little in the ways of an insurance market in West Virginia. Very few of the carriers who are licensed to offer malpractice insurance actually do so — a result of the apparent ease with which one can file a malpractice suit in that state — another reason surgeons are isolating as a cause of the walkout. So, in a nutshell, if I've kept my scooooooonted accurately, we have been monopozy on malpractice insurance by the state causing extremely high costs and curbed by easy-to-file malpractice suits.

Throw into the mix a legislature that seems to have been dragging its heels to find a solution, and you seem to have a recipe for disaster. The only thing I can say with any certainty on this is: if you live in West Virginia and you need a surgeon, I hope you're on the border and can slip into a neighboring state.

But what of the patients during all of this? Doctors say they will not be able to run their practices if they cannot afford the insurance, rationalizing their walkout through the reasoning that whether they stayed or walked, patient care would still suffer. Such logic might be valid, but more readily it seems only to ease the spirits of the participating surgeons.

One doctor taking part in this demonstration, Robert Zaleski, was reported on CNN.com saying, "I would certainly jump in front of a bus if I could continue to serve my patients as I have for 25 years." If the quality of Dr. Zaleski's care over the last 25 years is truly equivalent to a doctor who has just been pried off the grill of a Greylound, then I can begin to understand why all of the malpractice suits have been filed.

As for the state's role in this, they claim to have been delivering a number of solutions long before the mention of a walkout. If they've been discussing the problem for so long, then perhaps this will finally prompt them to stop talking and start acting.

It's hard to support a walkout that so directly affects the injured that most need those doctors. However, if the state has taken too long to take the necessary action, then the burden of this should fall equally upon its shoulders.

However, since the issues at hand are malpractice lawsuits, and since more resolution to be drafted must undoubtedly be found, it will be interesting to see who patients can sue when this is all said and done.

Now, if you'll excuse me, I need to flip through the warranty and pursue this medical career more thoroughly.

Paging Dr. Arnold, paging Dr. Arnold. Yeah, that sounds nice.

Columnist Christopher Arnold can be reached at chris@sunfuture.com.

Memo to cloners: Best beware Eve of Destruction

Gene Weingarten
CONTRIBUTING WRITER

Memo To: Brightly Bobolice, Scientific Director, Conrad Int.
From: God

Congratulations! Now that creating human life in any other way is illegal, I want to wish you, er, Godspeed.

You are new to this thing, however, and I should warn you that even my early efforts were not without mishap. For example, for a long time after the Creation, what with all the begattings, I plumed forget to make females. This proved very unfair to Eve. Indeed, some of My minor design flaws are with you still — nipples on men, hair in the ears, cellulite, etc. And even now, just when I think I've got the big recipe down pat, every so often the assembly coughs out a Michael Jackson. My point is, be careful out there.

I know you Raelsians don't believe in Me, but I'm all right with that. I am not a petty

PLease see God's on A-18

Adopt these Three Laws of Cloning

From Page 16

Roman Catholic Church's official statement against cloning, based on the belief that it disfracts from a higher human procession and of the conjugal union.

The same sentiment is also found in a Sunni Muslim cleric's demand that "science must be regulated by firm laws to preserve humanity and its dignity.

The reality is that clones will be no more alike than twins raised in separate environments, and no one is suggesting that twins do not have rights or dignity, or that cloning should be banned.

In the interest of assuaging these and other fears, I propose the Three Laws of Cloning:

A human clone is a human being no less unique in his or her personhood than an identical twin.

A human clone is a human being with all the rights and privileges that accompany this legal and moral status.

A human clone is a human being to be accorded the dignity and respect due any member of our species.

Instead of restricting or banning cloning, I propose that we adopt the Three Laws of Cloning.

The soul of science is found in extraordinary thought and creative experiment, not in restrictive fear and prohibitive measures. For science to progress it must be given the opportunities to succeed or fail. Let's run the cloning experiment and see what happens.

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God’s message about clones

FROM PAGE 17

God. Whatisermame didn’t believe in Me, either. Madalyn Murray O’Hair. And she did swell, at least until she ran into all that unpleasantness, being whacked by buck-toothed extortionists, buried in a shallow grave and whatnot.

Anyway, at this time of your great triumph, I have some thoughts. I hope you will accept them in the spirit they are offered.


2. Everyone appears terribly concerned that the Raelians are, by most available evidence, gibbering nutcakes. Frankly, this doesn’t bother Me all that much. Many important scientific advances were made by people who held highly unconventional views, such as Galileo.

3. Responsible scientists seem to feel that DNA technology has not progressed to the point where humans can be safely cloned without severe risks to their health and happiness. The implications of this—that rogue scientists might place innocents in terrible jeopardy for their own self-aggrandizement—are not unduly troubling to Me. Many important historical figures placed their own ambitions ahead of humane concerns and had long and prosperous lives, such as Mussolini, prior to the time his head was on a pole.

4. Some people worry that widespread public fear over many of these things will stop important research into cloning for organ transplantation and other legitimate purposes. This should not be your concern. A scientist need not be held responsible for consequences of his work, even those that might be foreseen. No retribution is exacted. It is mere coincidence that Ascanio Sobrero, who invented nitroglycerin, wound up being hideously scarred when it exploded in his face.

5. I suspect it is by design that this birth coincides almost precisely with the birthday of the man said to be My only begotten son. Indeed, the Raelian creed suggests that it was through alien aggrandizement—precisely with the birthday of the man said to be My only begotten son. Indeed, the Raelian creed suggests that it was through alien aggrandizement—

6. Responsible scientists are held responsible for consequences of their work, even those that might be foreseen. No retribution is exacted. It is mere coincidence that Ascanio Sobrero, who invented nitroglycerin, wound up being hideously scarred when it exploded in his face.

7. I suspect it is by design that this birth coincides almost precisely with the birthday of the man said to be My only begotten son. Indeed, the Raelian creed suggests that it was through alien aggrandizement—

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Fighting fat with diet fads

Nutritionists nix new year’s quick weight-loss resolutions

LINDA H. LAMB
KNIGHT RIDER

Lisa Lockaby knew she had a serious sleep problem the day she closed off her bank’s drive-through window.

“I put my money in and I just closed my eyes for a minute,” Lockaby, 43, of Irmo, S.C. said. But it took only seconds for her to fall asleep, and she hadn’t put her Honda in “park.”

“I started rolling back,” she said. “There was a guy alongside me who beeped his horn and saved me. It scared me to death.”

Scared, stressed-out and just plain drowsy, Americans are increasingly seeking help when they have trouble getting, staying or staying asleep.

They’re tired of being tired. They’re sick of watching inches roll in the middle of the night. They’re hearing about ailments such as obstructive sleep apnea — which was robbing Lockaby of her rest — and learning about new solutions.

They are getting help at sleep clinics such as SleepMed, the largest sleep company in the nation. Started in Columbia, S.C. in 1994, it had 32 sleep labs in 1998 and conducted 7,000 sleep studies a year. Now it has 114 sleep labs doing 45,000 sleep studies a year.

Those kinds of numbers have medical accountants wide awake.

“It is a market that is underserved,” said Ken McManus, administrator of Columbia’s CarolinTherapy Centers.

There are several reasons so many people are having dreams of sleep.

Sleep specialists around the country saw an increase in activity-related sleep problems after last year’s terrorist attacks. And aging and obesity contribute to sleep difficulties, so more are cropping up in a population that’s getting older and fatter.

Obesity in all age groups contributes to an increase in snoring, formerly most typical in middle-aged men.

Though perhaps 70 percent of sleep-disorder patients are dragged there by spouses concerned about their snoring, safety is a concern as well. The National Sleep Foundation says drowsy driving is a serious health problem, especially among all workers.

A 2001 survey found that half of American adults admitted to driving while drowsy during the past year, and one in five young males said they had fallen asleep behind the wheel. The National Highway Traffic Safety Administration estimates that sleep-related vehicle wrecks cause at least 1,500 fatalities a year.

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Dr. Nhung Tran
UFC Student Health Services

I have a friend that was recently told she might have an eating disorder. Please tell me more about these disorders.

Eating disorders are illnesses that demonstrate disturbances in eating behaviors with a broad range of symptoms such as obsession with weight gain and body image distortion. To correct these perceived deficiencies these persons diet, or binge and purge, even when their mental and physical health suffer.

The National Institute of Mental Health estimates that eating disorders affect more than five million Americans a year. The prevalence ratio male to female varies from 1:6 to 1:10.

Eating disorders have multiple causes: family problems, major life transitions, stress, social and romantic conflicts, failure at work and any sexual or physical trauma could all set off the condition. In addition, half of the patients suffering eating disorders have been diagnosed with depression and/or anxiety.

Generally there are three types of eating disorders: anorexia nervosa, bulimia nervosa and binge eating disorders.

Patients with anorexia nervosa starve themselves by dramatically cutting down their food/calorie intake and run the risk of causing significant physical disturbances related to low immunity to infections, heart problems and brittle or weak bones.

Patients with bulimia nervosa have recurrent periods of binge eating and because of fear of weight gain they purge by using methods such as vomiting intentionally, taking laxatives or compulsively exercising. Bulimics suffer severe dental, throat and intestinal problems.

Since eating disorders have multiple causes, the diagnosis can only be assessed by a health professional that can perform a psychological and medical evaluation. The goals of treatment consist of psychotherapy, medication and nutritional counseling.

At UCF Student Health Services, eating disorder patients are handled by a team that includes psychologists, primary care providers and dietitians. The most common stumbling block for successful treatment is denial by the patient afflicted with the problem. This denial sometimes persists for years. The percentage of recovery is modest. Therefore the earlier the diagnosis is made; the better chance the disorder can be successfully controlled.

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Behavior modification key for weight loss

From Page B-1

high fat intake, which increases heart disease," Cervero said. "Even skinny people can die of high cholesterol."

Fad diets such as the cabbage soup diet (consisting of nothing except you-can-eat cabbage soup for seven days) and the Hollywood Grapefruit Diet (made up of grapefruit and lettuce) work because they restrict calorie intake. "You lose weight only because of the severe lack of calories," Cervero said. "Unfortunately, these diets aren't realistic for life because they cannot be maintained."

Senior Angela Watson, 21, turned to a fat diet that emphasizes a balanced diet. Watson said she has lost 15 pounds on Barry Sears' "The Zone" diet in the past two months. "The Zone" focuses on maintaining an appropriate balance of fat, carbohydrates and proteins to stabilize the body's insulin.

"It's cool, but it's a lot of work," Watson said. "I spend a long time measuring out the appropriate portions of my meals each day and I have to calculate everything if I go to a restaurant. I love the results, but it's a big pain."

Other diets supposedly help people lose weight by eating according to blood type. Freshman Melinda Flower, 18, said her mom provided a book that classifies your dietary needs by blood type. Cervero and Dibiase said that no scientific evidence suggests that blood type has anything to do with what a person should and should not eat.

For others, diet supplements and shakes, although inferior to balanced diets, have become popular. Ephedra-laced diet supplements such as Metaboloid, also a big part of the student-diet craze, can cause more harm than good. By raising a person's heart rate, the drug reduces appetite and helps the body to burn more calories than it takes in.

Ephedra can be a very potent fat-burner, but it can be deadly if abused," Cervero said. "I'm pretty sure it will be made illegal sometime in the near future."

The Slim-Fast regime of drinking two meal-replacement shakes and eating one balanced meal per day remains an ever-popular diet. Cervero commented that although meal-replacement shakes can be healthy, the high sugar content of the Slim-Fast brand makes the shake an unhealthy meal replacement.

Dibiase added that by replacing a meal with a shake, dieters deny themselves the essential nutrients found in foods like fruits and vegetables.

"Even if a shake is fortified with vitamins, it will never be as healthy as a balanced meal," Dibiase said.

Both Cervero and UCF health center provider Edie Paizl declared Weight Watchers one of the healthiest diets on the market. While some fad diets are expensive, the Weight Watchers plan is healthy because it follows the American Diabetes Association's nutritional guidelines.

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Drowsy driving serious concern

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Scientists still don’t know exactly why or how, but sleep sort of recharges your body’s batteries. Your brain needs the “down time” and so does your cardiovascular system. Long-term sleep deprivation leads to problems that may include memory lapses, depression, irritability and impaired work performance.

Most adults need about eight hours of sleep a night. McLain said. Some have more and a few blessed souls do well on much less.

McLain said the latest theory about sleep focuses on two factors. The first, Process S, is a hormonal process in which your need for sleep increases as the day goes on. First thing in the morning your Process S level might be 1, by noon it might be 10 and by 9 p.m. it might be 15.

The other factor is circadian rhythm, which is controlled in the hypothalamus and related to body temperature. Your body cycles through periods of alertness and sleepiness. Usually alertness peaks in the morning, dips in the afternoon, rises in the evening and dips again about 11 p.m.

Your circadian rhythm is self-imposed. When people find themselves drowsy during the day, the most frequent cause is self-imposed sleep deprivation, McLain said.

But daytime sleepiness also can be a sign of apnea, in which people stop breathing for several seconds. Most common is obstructive sleep apnea. Less common is central apnea, which is nerve-related and may be linked to sudden infant death syndrome.

Obstructive sleep apnea is the most frequent problem that shows up in sleep studies. If it is detected, the patient is awakened and connected to a CPAP machine, for “continuous positive airway pressure.” With air supplied through a mask, this device can help apnea sufferers get a good night’s rest.

“There’s nothing romantic about putting on that mask and going to sleep at night,” said Lockothy. Her husband, Mike, teaches her about having a Darth Vader persona after dark.

But she said the teasing and the initial discomfort were worth it when she regained her energy and no longer had to struggle to stay awake.

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January 8 and 9: Bboy (open jam)
January 11: Kim Jiminez, Chris, David Gallagher (acoustic)
Weight Watchers wins in weight war

FROM PAGE B-4

"Weight Watchers educates people about nutrition and the combination of a healthy diet and exercise," Pazir said. "It represents a change of lifestyle rather than a change of diet."

Cervero stressed that moderation and balance are the key components in adjusting one's lifestyle to keeping physically fit. "Anything that restricts you from having any one type of food is bad because we need the nutrients that come from every food group," he said. "Balance is essential to every diet, and we should all focus less on losing weight and more on achieving a healthier lifestyle."

Many diets suggest "tricks" for eating less, such as drinking a glass of water before meals, eating only while seated or putting the fork down between bites. "Those tricks are ridiculous," Dibiase said. "The healthiest way can be as simple as eating with a friend, because you take your time and realize the natural stopping point of becoming comfortably full without overeating."

As for the latest crazy diet trend, the sex diet (which can be found at http://thesexdiet.com) is designed for couples in committed relationships. The couple must go through the program together and are encouraged to use detailed sexual fantasies as their motivation and reward system for achieving their personal weight loss goals.

"A stressful life often leads people to overindulge on their favorite foods, so by increasing your physical activity, you can decrease stress-induced overeating."

Turner doesn't discourage the diet either. "I'll put my stamp on that one."

But does it work? Find out what eight UCF students think about the sex diet when they share their personal experiences in next Monday's issue of The Future.
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Welcome Back
from the Office of Student Activities

UPCOMING ACTIVITIES

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Wed Jan 8
6 pm  CAB meet and greet, SU Pegasus Ballroom

Sat Jan 11
9 pm  Late Knights, SU
9 pm  EKCEL Welcome Back Social, SU

Mon Jan 13
8 pm  Avant Garde Speaker Dr. Ronald Eaglin on Adventure racing, SU Key West 218A

Tue Jan 14
10 am - 4 pm  Club Showcase, SU South Patio
1:30 pm - 2:30 pm  Knights of the Round Table meeting, SU Egmont Key
7:30 pm  Intro to EKCEL, SU Egmont Key 224
9 pm  CAB Cinema "The Good Girl," Cape Florida Ballroom 316

Fri Jan 17
5 pm  Spring Registration Deadline for clubs; forms due in the Office of Student Activities

Sat Jan 18
8 am  VUCF Ripple Effect. Carpool in front of Millican Hall at 7:15 am

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Happy New Year and Welcome Back to UCF!

We hope you are ready for another action-packed semester from the Office of Student Activities! Once again, the Campus Activities Board will be scheduling top-notch entertainment, Volunteer UCF will be offering chances for all of us to make a difference, EKCEL will be training new leaders and teaching valuable skills, and the Clubs and Organizations will be providing opportunities for leadership and involvement. And if you missed it in the Fall, you cannot afford to miss our newest event, Late Knights, full of fun, games, prizes, and food. So, welcome back to UCF (or welcome to UCF if you're one of our new students). We hope you will Get Involved!

For more info on any of these events contact the Office of Student Activities, Rm. 206 in the SU, or call 407.823.6471

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WOMEN'S BASKETBALL NOTEBOOK

Allen setting team pace

CHRIS BERNHARDT, Staff Writer

Off to an unexpected slow start, the Golden Knights are in need of something positive. They need look no further than Tahira Allen. The emergence of the second-year forward remains a bright spot for UCF. Prior to the semester break she twice posted career-highs in scoring and didn’t bother slowing down for the holiday season.

While the rest of the school went on break, Allen took a firm grip over the starting power forward spot and averaged 14.4 points and 9.4 rebounds in five games. She scored a career-high 14 rebounds in a Dec. 11 loss to Florida and a career-high 20 points to go along with 12 rebounds for her first career double-double in a Dec. 19 win over Detroit. Just prior to that she was named Atlantic Sun Player of the Week.

For the season Allen stands as the only Golden Knight averaging double figures in scoring. At 12.4 points per game, she averages nearly five points more than second-leading scorer Marvelous Washington (7.5). Allen was named Atlantic Sun Player of the Week.

The men’s basketball team beat FAU without starting point guard Al Miller, who has been suspended indefinitely from the team.

Knights continue surprising season

UCF upsets defending champs FAU 80-69

Junior forward Geron Lunnis registered his first double-double Saturday with 12 points and 10 rebounds.

Roberts gets closer with each swat

Sophomore center Ali Roberts continues her remarkably quick trip up the UCF career blocks list. After blocking 70 shots in her initial collegiate season, she stood just 18 short of Meg Schuler’s career record of 88.

So far this year Roberts has 13, putting her second on the all-time list with 91 and meaning a new record could get set anytime during the next few games.

Please see Freshman on B-16

Kruczek interviews, men's basketball beats a Top 25 opponent

A look at what took place over the semester break

KRISTY SHONKA

UCF baseball coach Mike Kruczek was a finalist for head coaching jobs at the University of Kentucky and Louisville over the semester break. Louisville hired Auburn offensive coordinator Bob Petrino and Kruczek withdrew his name from consideration for the Kentucky job. "I am committed to continuing the building process at UCF," Kruczek said. "I have a lot of time and effort invested in the UCF program and feel I have unfinished business."

Kruczek hired Rich Brooks, who has coached at Oregon and the St. Louis Rams.

Senior Ray Abellard continued to be the Knights’ offensive star. Ed Dotson said. "It was the first conference game of the season and the team struggled to hit a shot and the Knights hit just 32.1 percent of their shots in the half. Dotson, second on the team to Abellard in scoring, found his rhythm offensively in the second half. He hit five of his last seven shots and finished with 13 first-half points, but the rest of the team struggled to hit a shot and the Knights hit just 32.1 percent of their shots in the half."

The men’s basketball team beat FAU without starting point guard Al Miller, who has been suspended indefinitely from the team.

Kruczek finished his fifth season at UCF with a 7-5 record, including a 6-2 record in the Knights’ first season as part of the Mid-American Conference. He has a 33-23 record as head coach at UCF.

Top 25 win highlights men's basketball team's December

Over the semester break the UCF men’s basketball team hosted a nationally-ranked opponent for the first time, but that

Please see Baseball on B-14
Speraw able to find depth without Miller

FROM PAGE B-12

19 points and eight rebounds.

"Coach told me to show down and that's what I did in the second half. Things opened up for me, and I began to see the floor a lot better," Dobson said. "It was just patience that really helped me out."

Dexter Lyons, who got in at point-guard for the Knights to open the game after a 20-10 run, Lyons played a career-high 36 minutes and grabbed 10 rebounds to go with his 12 points for his first double-double. Bukanowsky, a 6-foot-9 center had 10 points, including two-of-three shooting from 3-point range in 16 minutes. Lindbeck played 23 minutes, including a stretch where he filled in for Dobson, who went out briefly with an ankle injury. Lindbeck had six points and hit three of four free throws in the final minute of the game.

"It was good to see these guys step up, especially when Marius got in foul trouble and Raymond hurt his ankle," UCF Coach Kirk Speraw said.

The Knights will need similar contributions today as they hit the road to play Kansas State at 5 p.m. The Wildcats are 8-4 and are on a six-game winning streak. Three of the Knights four losses on the season have come on the road.

The Knights, play Kansas State on the road today.

Senior Ray Abellard led all players with 20 points Saturday against Florida Atlantic University.

---

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Baseball team garners preseason rankings

FROM PAGE B-12

first wasn't enough for the Knights, UCF ran away with an 82-64 win over then No. 25 College of Charleston, for the program's first win over a ranked opponent.

Forward Ed Dotson scored a game-high 18 points as the Knights handed the Cougars their biggest defeat since a December 1999 loss to Princeton. UCF went 5-3 in the month of December. The Knights started off the semester break with a 55-54 loss to Florida A&M on Dec. 8 in Tallahassee, but rebounded with the win over the College of Charleston. UCF split a two-game road trip with a 58-63 loss to Tennessee-Martin on Dec. 15 and a 99-83 win over Chicago State on Dec. 18th.

The Knights wrapped up a late rally by Florida Gulf Coast on Dec. 21 for a 68-63 win at the UCF Arena. UCF's leading scorer, Ray Abellard, did not play in the game. The University of Miami beat the Knights Dec. 27, 62-54, at the UCF Arena. An announced crowd of 2,428 marked the largest audience for a basketball game at the arena since Miami last came to town in 1999. Abellard scored 26 points in the Knights' 64-55 win over The Citadel on Dec. 30.

Women's basketball team struggles through break

The UCF women's basketball team brought some steep competition to Orlando in December and was only able to walk out with one win, a 61-48 victory over Detroit on Dec. 19. The Knights got the month started by welcoming back former Orlando Miracle Coach Carolyn Peck when the Florida Gators came to the arena. UF beat the Knights 72-48 Dec. 11. Georgia Tech finished a tightly contested game on a 12-7 run to hand UCF a 62-59 loss back on Dec. 15. After beating Detroit, the Knights fell to Mississippi State 81-30 on Dec. 20. The Bulldogs were ranked 14th in the nation at the time. The Knights wrapped up December with a 54-53 loss to Lipscomb on New Year's Eve. Lipscomb hit a juniper with six seconds left in the game for the win.

UCF baseball ranked in preseason polls

Baseball America and Collegiate Baseball News both have the UCF baseball team ranked in their preseason polls. The Golden Knights were ranked 26th by Collegiate Baseball News in their Top 40 Preseason Polls. Atlantic Sun opponents

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Claudia Johnson leads all freshmen, averaging 4.7 points a game.

**Freshman shines at point guard**

FROM PAGE B-12

**Struggles continue for Scala**

Still recovering from off-season back surgery, guard Jessica Scala's shooting woes continue. One of the top shooters in the A-Sun last season, her field goal percentage has dipped to 33 percent and 29 percent from behind the arc.

At one point during the break it looked like she might snap out of it, hitting 7-of-13 shots over a two game stretch against Georgia Tech and Detroit. But she regressed in the following two games, going 3-of-13. For the five games she shot just 36 percent from the field, she did hit a decent 33 percent from three-point land, despite a 0-for-4 against Mississippi State.

On the bright side she does lead the Golden Knights with 17 steals.

**Shayla shines**

Over the course of the preseason, true freshman Shayla Smith has impressed Jacksonville Atlantic Sun fans and thus far this season:

- Point guard job
- Enough to win the starting job
- Shows flashes during the first game
- Does nothing to relinquish it.

The product of Camden County High School in Kingsland, Ga., Smith has started eight of UCF's 10 games including all five over the break. Though her offense and shooting haven't quite come around (3.9 points per game, 29 percent from the field), she leads the team with 17 steals.

**Around the A-Sun**

For the second straight week, Georgia State forward/center Evita Rogers garnered Player of the Week honors. The other winners thus far this season: Jacksonville State forward Shantika Freeman, Jacksonville forward Kat Sanyo and UCF's Allen.
Volleyball finished 22-13

Florida Atlantic was ranked No. 21 and Stetson earned the No. 32 spot. In Baseball America's preseason Top 50, the Knights earned the 39th spot, while Stetson will start the season at No. 18 and Florida Atlantic is No. 24. UCF is ranked behind the Hatters and Owls despite winning its second consecutive A-Sun Championship last season.

Juniors outside hitter Leyre Sante (center) finished leading the volleyball team in kills and service aces.

UF ends UCF's volleyball season

The Golden Knights earned a spot in the NCAA Tournament by winning their second consecutive A-Sun Championship, but failed to get past the first round for the second year in a row. The Florida Gators defeated the Knights 3-0 on Dec. 6. UF advanced as far as the semifinals of the tournament, losing to top-seeded Southern California. The Knights finished the year 22-13.

Junior outside hitter Leyre Santaella Sante earned yet another honor Dec. 12 when she was named honorable mention selection to the American Volleyball Association All-South Region team. Sante ended the season as the team leader in kills (610) and service aces (54). She ranks fourth at UCF in kills with 1,497 and fifth in single-season history with 610 kills.
Dotson, Abellard lead offensive attack

The UCF men's basketball team compiled a 5-2 record over the break, including its first-ever win over a ranked opponent (No. 25 College of Charleston), and its first conference win of the season against defending Atlantic Sun champs FAU.

The Golden Knights also hosted Miami for the first time since 1999 (a 62-51 loss), and got off to their best start under Coach Kirk Speraw at 9-4. Ray Abellard leads the Knights' offensive attack, averaging 18.9 points per game, and Ed Dotson is not far behind, averaging 13.6 points per game.

Dotson has provided the Knights with an intimidating presence in the paint as well, averaging six rebounds per game. Roberto Morestin and Marius Boyd are not far behind in rebounding, with 5.8 and 5.5 per game, respectively. UCF has dominated almost all of its opponents on the boards, out-rebounding all but two teams and tying another in the paint advantage. After a short road trip in which UCF will play Kansas State, Iowa State, and Mercer, the Knights return home Jan. 18 to play conference foe Stetson. Tipoff is scheduled for 12 p.m. and the game will be televised on the Sunshine Network.

Ray Abellard (above) is UCF's next consistent scorer with 16.9 points a game. Ed Dotson (right) averages 13.6 points a contest.
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