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Pay as you print

CHERISH MAIER
STAFF WRITER

Be prepared to pay. That's the new rule of thumb at all Academic Computing Services labs on campus. Starting this month, students will have to pay for copies at the ACS labs.

Paying for copies is necessary to cut down on waste and help defer some of the costs of printing, said Yasmine Brisky, manager of the ACS labs.

Paper and printer support in the campus computer labs costs about $829,000, according to ACS reports, and paper costs increase about 10 percent annually.

The volume of printing has also risen, Joel Hartman, vice provost of Nassau, said. "Many faculty members now place course materials online," Hartman said. "Students end up printing these materials in the labs."

To reduce the tremendous volume of printing, students will be required to pay 5 cents each for black-and-white copies and 75 cents for color copies using their student identification cards.

All printers are equipped with card readers that work similar to the readers on campus vending machines. Printing prices are comparable with prices at Kinko's in Waterford Lakes, where black-and-white copies are 8 cents each and color copies are 75 cents each.

The charges should cover the $230,000 in paper and printing supplies and any extra money will be used to purchase new equipment for the labs. The ACS labs are located in the Classroom 1 Building, the Business Administration Building and the CCS Building.

Spring break bargains can come at a price

RACHEL ZALL
STAFF WRITER

Spring break tempts many students to get wild and crazy in places they've never been. However, for some such as Sophomore Jordana Labson, 20, those plans do not always work out as hoped.

Labson was sold on the idea of a spring-break getaway in the Bahamas when a student approached her and her friends in the Student Union.

"He was promoting a package for a four-night, five-day stay in Nassau," Labson said. "The price was great, too, $450 for the whole trip, including all our food and alcohol, as well as the hotel. Besides, it was for Nassau. Who wouldn't go?"

GAY RIGHTS: Citizens rally for gay rights protections in the city of Orlando.

The year in review

COMPILED BY KRISTA ZILLIZI

In the past year, UCF's community has seen the city divide over gay rights issues, students suffer through a semester of delays in financial aid checks, our president earn a $93,000 raise and a legal studies professor battle the university to keep her job.

Other stories made headlines that were less hard-hitting and generally ridiculous, absurd and sometimes pointless. Students complained of infections after wading through the Reflecting Pond during UCF's annual Spirit Splash homecoming event, a student was apprehended by police officers for stripping his clothes off in a retention pond and UCF trustees accepted a $600,000 endowment to study the sources of greed.

The following stories are in no particular order and were judged by the staff of "The Future" to be the top stories that shaped the year of 2002 at UCF and within Orlando.

Inside

UCF FACT

A new traffic signal is now operational at the intersection of Dubsdread and Williston roads.

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Blender-napper charged

UCF police arrest Jason M. Johns on charges of felony marijuana possession, felony cultivation of cannabis and 18 counts of possessing drug paraphernalia.

Officer Marco Jenkins and Cpl. Dale Denman initially visit Johns’ dorm room to retrieve a blender that another student claimed Johns took without permission.

Inside his apartment, Jenkins and Denman discover a boogie flowerpot with soil, seeds and growing plants next to Johns’ bed. Johns tells officers he is growing flowers for his girlfriend.

Johns gives police permission to search his belongings and Jenkins and Denman discover a purple Crown Royal bag with a container holding several Vick's inhalers, a pill bottle, Visine bottle, baby pacifier, a straw cut down to approximately 2.5 inches and a small metal cylinder, a blue plastic container holding two pills, three cigarette plastic wrappers and several ashtrays.

Jenkins and Denman also find a red pill crusher with white residue that Johns said he used to crush Xanax that he swallows through the straw. Johns tells police the pacifiers and Vick's inhalers are commonly used with Ecstasy and admits he uses the metal container; a waterproof matches holder; to hold his ass. He tells the officers he removes the tobacco out of the cigars and uses them to smoke marijuana. Johns later admits that the plant in the flowerpot is marijuana.

Officers also find a red pill crusher containing a 2-inch long straw and a sandwich bag containing 8 orange nickel bags.

Anger mismanagement

UCF police charge John Edward Jacobsen, 19, with felony counts of throwing a deadly missile at a person and aggravated battery after he throws a beer bottle through Chrisitne Alynn Johnson’s apartment window while she is sleeping in her bed.

Nervous and upset, Jacobsen calls police and tells them she thinks Jacobsen targeted her for his rage. While she thought she told housing officials he was drinking and smoking marijuana, Jacobsen instantaneouslyJohnson’s roommate and tells her to destroy the beer bottle he threw at Johnson because his fingerprints are on it.

Kicks aren’t for cops

Police arrest Andrew John Oddell, 20, for possession of marijuana, possession of a credit card identification, disorderly intoxication and driving with a valid license after he presents a false ID to get a wristband at a Kappa Sigma fraternity party.

Oddell, where he went to school and where he was from, and Oddell gives several conflicting responses. When police ask him how much money he has, he replies, and refuses to follow instructions. Oddell kicks an officer in the right arm when he attempts to remove something from Oddell’s pockets. In custody, Oddell tells police, “you aren’t like Hollins [College] security.”

Strangest stories of last year

FROM PAGE A-4

Top events that shaped 2002

First UCF Rhodes Scholar

With an announcement last month, UCF senior Tyler Fishber becomes the university’s first Rhodes Scholar.

The English literature major is named one of 32 national winners of the scholarship, which pays for two years of education at Oxford University in England. Nearly 1,000 students from 341 colleges and universities apply for the award from around the nation.

Days later he is also accepted to the doctoral program in literature at Cambridge University which he will postpone until he finishes Oxford.

Floral Douglas next fall after he receives his bachelor’s degree in Spanish this spring at UCF.

Hitt’s raise pushes him to the top

UCF’s Board of Trustees vote to give President John H. Hitt a $100,000 raise, boosting Hitt’s annual salary to $260,000. Trustees approve Hitt’s raise to make Hitt’s salary more competitive with other schools after a consulting company determines that Hitt’s salary was far below the national average.

In addition to his raise, Hitt receives several perks such as a life house on campus, a car, a country club membership and $31,989 for health, long-term disability and retirement. He also receives $32,550 of deferred compensation from the UCF Foundation.

Hitt’s raise is the first of a three-year plan to increase presidents for state universities in Florida. Following his raise, University of Florida president Charles Long received a 16.7 percent raise to bring him to $310,000, which is still below the national average.

President Judy Gollshaft’s 37

President John Hitt a $93,000 raise, boosting Hitt’s annual salary to $295,000. Trustees approve Hitt’s raise 9-2 to make Hitt’s salary the second highest-paid president.

Strapped students missing their aid

Students find themselves penniless for the semester after software errors delay students’ financial aid checks.

The delay, a result of the university’s switch to a new program called PeopleSoft, stalls student’s financial aid information and delays assistance checks until nearly the end of the semester.

Financial aid, the last department at UCF to switch to the new program, initially had the software error and information that would allow student’s financial aid to run.

In the meantime, students apply for several short-term loans throughout the semester while financial aid sorts through software errors.

UCF’s gay community unprotected

Orlando City Council members debate whether not to add sexual orientation to the city’s list of protected classes and finally approve the measure 4-3.

At UCF, President Hitt does not take any action to add an anti-discrimination clause to the university’s protection policy until UCF’s gay community can provide evidence of discrimination. While UCF does not condone sexual discrimination, according to a statement that university officials plan to post on UCF’s Web site, UCF does not intend to create a formal anti-discrimination policy.

The city’s new ordinance, which prohibits gays, lesbians and transgender people from job, housing and service discrimination, does not benefit UCF’s gay community — the new law does not breach the boundaries of the campus, and universities are immune to city laws because they are state operations.

Professor sues university to keep job

Legal studies professor Diane Sudia continues to threaten UCF administrators and faculty members with lawsuits to keep her job after she received a notice of termination this summer just before she would have achieved tenured status.

Specifically, Sudia is suing the university for an illegal termination procedure.

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100 KAPLAU CFR RUN PANO

Students make several visits to financial aid offices to inquire about their delayed assistance checks as stated above. Meanwhile, UCF’s borrowing forecast program, Jil, draws an increasing number of students who are fans of “GTV 13.”

“Tremendous-proof professors like Sudia must receive a notice of termination at least one year before a professor’s contract expires, Sudia’s contract expires April 2003, which makes her notice of termination four months short of the required notice she should have received. In addition, the university’s decision to fire her a regulatory measure — its response to a discrimination appeal she filed with President Hitt against Bernard McCarthy, chairman of the Criminal Justice & Legal Studies Department, alleging ongoing discrimination from faculty members.

The case propels students he rally behind her by creating “Save Diane” T-shirts petitioning for signatures and appearing on radio talk shows to inform the professor. The student senate passes a resolution that opposes the university’s decision to fire her. In the meantime, faculty members within UCF’s Legal Studies Department remain close-lipped about her case.

Forensics program booms

The popularity of the crime forensics drama “CSI” on television networks has motivated several numbers of students to enroll in the forensics programs at UCF. The program grows to 400 students over 28 years and offers students two tracks in analytical science and Forensic Biochemistry.

While “CSI” is further from reality than most students think, the show’s popularity draws "prospective students to the schools. Students who have achieved tenured status after he received a notice of termination this summer just before she would have achieved tenured status. Specifically, Sudia is suing the university for an illegal termination procedure.
Battling terrorism from campus

FROM PAGE A-3

attracts a record number of females into a field that was once male-dominated.

In the wake of the program's popularity at UCF, the department complaints there is a shortage of professors — four faculty members to service 600 students.

Voters restructure universities

On Nov. 3, Floridians vote for a new structure in higher education just one year after Gov. Jeb Bush abolishes the Board of Regents and appoints local governing boards for each of the state's 11 public universities.

The new Amendment 11, which creates a statewide governing board to oversee each university's board of trustees, was a bitterly debated issue among politicians, university presidents, faculty and trustees with misinformation from both sides.

Florida voters end the debate on Election Day and decide a constitutionally protected Board of Governors would best serve Florida's universities.

The new amendment protects universities from interference from any legislature. Supporters of Amendment 11 (also known as the Graham amendment, for U.S. Sen. Bob Graham, the former Florida governor who proposed the change) believe the measure will remove political meddling that occurred under the old system.

While several trustees and university presidents oppose the amendment, claiming the new amendment would weaken the trustees' authority to pass university policies, most expect little change since Bush will remain in power for another term.

Bush has the power to appoint 14 of the 17 members to the Board of Governors. The new structure becomes effective Jan. 7.

Bush, McBride draw out activists

UCF witnesses its first political rally in recent memory as gubernatorial candidates Jeb Bush and Bill McBride spar through a final debate before Election Day.

"We the People," organized by the Progressive Council of UCF, spotlights a variety of campus, local and political groups and promotes general activism while advocating the council's own liberal political message.

Organizations such as Greenpeace, NORML, The Wildlife Advocacy Project, Rock the Vote, the American Civil Liberties Union and the National Organization for Women also participate in the political rally to educate people about issues they say that politicians overlook.

Inside the Student Union, Bush and McBride participate in that evening's televised debate, but the limited seating excludes most of the general public and media, who are made to watch it on TV monitors from elsewhere.

UCF battles bio-terrorism

A clinic in Orlando recruits UCF students to test whether a new smallpox vaccine might provide an effective defense against a bio-terrorism attack that would unleash the deadly disease.

The Orlando Clinical Research Center pays many individuals, including several UCF students, who are willing to be infected with vaccines and submit to a six-week observation period.

A researcher from the Orlando Clinical Research Center
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(Located at the Student Health Center)

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(UCF-MEDS)
Voting blunders, bloopers

From Page A-4

Center said college students were targeted to participate because they tend to need the money and have time during the extended trial to come into the clinic between classes for observation.

Smallpox — a once wide-spread, often fatal viral disease — posed a health threat in the 1960s, when it killed one out of three people who contracted the virus. The virus today is known to exist only in laboratories in Atlanta and Moscow, but bio-terrorism experts fear that some nations may have the virus and might use it as a biological weapon.

In an effort to battle another form of chemical warfare, UCF professor Henry Daniell makes a breakthrough in sciences to combat anthrax using a tobacco plant. The bio-molecular researcher discovers the tobacco plant process can produce billions of units of the vaccine virus and is also completely free of the lethal factor found in the commercial vaccine.

Greeks parade their protest

An unlikely community decides to pull eight of their floats from the Homecoming parade for the first time in UCF history in an effort to halt two new changes to the Golden Rule.

They opposed raising the minimum grade point average requirement for student leaders from 2.3 to a 2.5 and a policy that would allow university administrators to discipline an entire student organization if several of its members decide to misbehave together.

UCF officials argue that the group responsibility policy is necessary to address matters of student misconduct that have been increasing in number over the past two years, particularly within Greek organizations. They also deem the new grade point average a necessity for the future.

Both pass despite their protests and become effective this month.

The 17 fraternities and nine sororities donate $1019 that they would have spent on the float to the homeless Ronald McDonald House.

Tensions stir with neighbors

UCF's Board of Trustees approves a move to purchase a six-acre plot of land beside Lake Pickett and construct a new facility for the university's rowing teams.

Lake-Pickett residents challenged the Board of Trustees' decision to purchase lakeside land for a new women's rowing team.

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The New UCF

Lake Pickett residents challenged the Board of Trustees' decision to purchase lakeside land for a new women's rowing team.

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The New UCF
Center security at students’ fingertips

FROM PAGE A-6

In Orange County voters also approve a half-cent sales tax to generate $27 billion to construct new schools. The Orange County sales tax will rise to 6.5 percent beginning Jan. 7.

Protestors in China arrested

Beijing, China, reports that a member of the Falun Gong group on Feb. 14 in Tianamen Square to requires students to key the finger-scan system which appears on their student identification card as aingerprint.

New recreation center opens

UCF opens its new $14.5 million center featuring 94 state-of-the-art machines including treadmills, bikes, machines, stair climbers and elliptical trainers. It also holds 60 fitness classes per week, a 41-foot climbing wall, a four-court gym and a three-lane track. The Wellness Center offers nutrition services, suggestions for stress management, fitness consultants and a fitness resources library.

People with doctoral degrees earn an average of $2.2 million more than those with only bachelor’s degrees

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UCF Brevard: January 14 – March 4
UCF Research Pavilion: January 16 – March 6

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UCF Research Pavilion: January 13 – March 10
UCF Research Pavilion: January 15 – March 5

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People with professional degrees earn an average of $2.2 million more than those with only bachelor’s degrees
Spring break is an easy time to get taken

10 ways to avoid being scammed:

- Do your own background check. Be sure the people you’re dealing
  with are legitimate. Ask about the company history and have the
  contact person be on the line for the duration of your interaction. You can also check
  with your local Better Business Bureau or2 travel agency offering their services and purchase
  travel insurance.
- More importantly, students should be sure they have an approx-
  imate travel expense covering cost of living expenses and flights.

- Get everything in writing, before you pay a deposit, get all
  the details in writing, including the name of your agency and hotel along
  with the prices and conditions of your trip. Make sure you have rates and dates,
  including everything related changes that the company anticipates.
- Know the law, about airline rights. Report any transportation,
  delays often occur under different rules than those traditionally
  accorded in-flight delays. Students can avoid delays by obtaining
  updated schedules at the airport. Be sure to adopt drastic travel
  plans in as much as 14 hours with reconfirmed reservations or alternative trans-
  portation. Check the normal to see if the driver will cover any costs incurred
  by flights,
- Get a written receipt, give the travel agent the information to
  make sure they have a positive experience. Legally, if the
  company does not refund your deposit,
- Protect yourself from fraudulent damage charges by filling out
  forms, many students are never informed before they book a hotel.

- Ask for a referral from someone who has worked
  for the agency and get referrals

- Travel agencies often operate under different rules than
  traditional successful deals. Students can avoid scams by
  obtaining updated schedules at the airport.

- Make sure you have a telephone and address
  phone book to make sure they

- Student who signed up for a
  travel package had a lot of stipulations
  attached.

“Every night
  through a travel agent,” Palito said.

- “I always wanted to go out of the
country and experience different
  cultures, and I figured Paris would
  be the perfect place to go for a
  week.”

- Although Palito said her trip
  overall was a great experience, her
  hotel was not. Not only did she have
  to squeeze into a tiny room with
  two other people, but there was no
  air conditioning and the bathroom
  was leaking.

- The hotel was right outside the
  ‘red light district, and that part of
  the city smelled terrible as well,”
  Palito said. “Every night we had
  dinner at the hotel, it was a mystery
  food and every course looked like a
  heap of crap on a plate. It was dis-
  gusting.”

- Although Palito will stay close to
  home and spend spring break on
  the Fort Lauderdale beach this
  year, she is now aware of what to do
  outside this year.

- “I was a little bit of a commuter
  traveler,” Palito said. “I always
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  year, she is now aware of what to do
  outside this year.

“Things are not always what
  they are expected to be,” Palito said.

“Just have to look into things
  carefully before you decide to
  go, and get help from reliable
  travel agents and parents.”

Sophomore Jessica Paulison,
  19, could have used that advice.

Last year Palison went on a spring
  break trip for what she thought was
  an all-inclusive stay in the
  Bahamas. The trip was for four
  days and was supposed to include
  the hotel, airfare and food, she said.

“The trip ended up not includ-
  ing my airfare, but I decided to go
  anyway,” Paulison said. “When I
  arrived at the Bahamas, I realized
  my hotel wasn’t really near any-
  thing fun, it was run down, and to
  top it off, I ended up having to
  pay my own way. The only good thing
  that came out of my ‘vacation’ is,
  now at least I know how to tell if I’m
  being scammed or not.”

Labson has learned the same
  thing, “I plan on going to the Keys
  this year with some of my close
  friends,” she said. “And we’re plan-
  ning it ourselves this time.”

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Officers invade local nightclub

FROM PAGE A-7

Devising then stashes his car into a utility pole and five teenagers flee from the car into the woods.

Four of the five suspects are apprehended and police discover the car the teenagers were driving in a stolen vehicle.

Club bust no surprise to many

Four bartenders are arrested at Headlightz nightclub along with four patrons who are caught dealing illegal drugs. Undercover agents purchase marijuana and cocaine four times within a two-hour time span immediately preceding the arrests of Michael C. Green, 19, Eric J. Hoax, 25, and Carlito Johnson, 28, who all sold marijuana to agents, while Patrick Kimbrough, 35, sold cocaine to the agents.

The Sheriff’s Office, the Florida Division of Alcohol-Beverages and Tobacco, the Metropolitan Bureau of Investigation and the Florida Department of Law Enforcement raided the bar after documenting 21 illegal drug deals within the establishment between drug dealers and undercover agents since June 2001.

Police say the nightclub is repeatedly the site of drug use and dealing, and undercover agents have arrested 15 suspects since last year for selling marijuana, cocaine, ecstasy or alcohol there illegally.

Bartenders Rebecca Lockworth, 22, Shanny Pelon, 21; Nicole Andrews, 21; and Meghan Henriques, 21, were charged with misdemeanor dealing and released on bail.

Shark makes its point

Junior Dylan Seigal is attacked by a bull shark while surfing on Satellite Beach with friends.

The 20-year-old receives 15 stitches on the inside of his right foot after he jumps off his surfboard and his foot lands right inside a bull shark’s mouth. Seigal blames himself for the incident because he listened to his friend’s advice to get out of the water.

The bull shark is the second most aggressive shark that lives in United States waters, according to researchers.

Pond pursuit ends safely

Police apprehend a student at UCF’s Commons apartment complex for jumping into the apartment complex’s retention pond.

Over 200 residents surrounded the retention pond for nearly two hours to watch Edwin Salazar taunt police, sing songs and strip his clothes off.

Negotiators, Orange County and the UCP Police Department show up, as well as fire-rescue and EMT personnel, to coax him out of the water.

The large crowd mills around and even sets up lawn chairs, while some attempt to catch the action on film and video.

Eventually police shoot Salazar with a taser and he jumps off his car, which was a stolen vehicle, to escape.

Seigal blames himself for the incident because he taunted his bull, which was a stolen vehicle, after romping naked in a retention pond at Jefferson Commons apartment complex.

Your Community Features

- Sparkling pool and heated spa
- Health and fitness center
- Executive business center
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S.G.A. Presidential Elections

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https://:connect.ucf.edu

Petition Pick-up: Jan. 20-30th (9am - 5pm)

Declaration of Candidacy: Jan. 27 - 30th (9am - 5pm)

Active Campaigning: Feb. 10 - 19th (Beginning at 9am)

Candidate Forum: Feb. 13 (12 - 2pm, infront of the Student Union)

Elections: Feb. 17th - 19th (Online voting ends @ 5:00pm Feb. 19th)

Run-off Elections: Feb. 24 - 26th (online- if necessary) Online voting ends at 5:00pm
JANUARY IS CERVICAL CANCER MONTH
CERVICAL CANCER IS EASILY TREATED THROUGH EARLY DETECTION

WHAT IS YOUR RISK?
Each person you have sex with increases your risk of developing cervical cancer; because their sexual history could include HPV, the virus that can lead to cancer.

WHAT CAN YOU DO?
Get annual pap smears.
Abstinent women have fewer infections.
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Learn about HPV.
Know your HIV status.

CERVICAL CANCER IS ONE OF THE MOST TREATABLE CANCERS

A SIMPLE PAP TEST CAN IDENTIFY ABNORMAL CELLS. IT IS THE EASIEST CANCER TO SCREEN FOR IN WOMEN.

CERVICAL CANCER IS A TOTALLY CURABLE CANCER IF CAUGHT EARLY.

HPV CAUSES 95% OF CERVICAL CANCERS AND CONDOMS DO NOT TOTALLY PREVENT THE SPREAD.

WOMEN 18 TO 64 YEARS OF AGE EXPERIENCE 60% OF CERVICAL CANCER DISEASE.

UNIVERSITY OF CENTRAL FLORIDA

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Division of Student Development and Enrollment Services
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Email: www.shs.ucf.edu

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This coupon entitles you to a $1.00 off for a pap smear.
Offer good January 1, 2003 through June 30, 2003
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- Park in any student lot
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- Have a cool UCF sticker or hang tag on your vehicle

Daily permits available in yellow boxes. Permits also available for motorcyclists.

Where are we located?

- Decal sales offices located at the South and West parking garages.
- Day permit sales office located in visitor's Kiosk across from Millican Hall.

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\[\pi + \text{CAKE} = \text{DESSERT} \quad \text{at } \$0\]

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Just show us your valid student ID card, and we'll give you a FREE DESSERT with the purchase of a gourmet salad over $4.00 or hearty stacked sandwich.

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Limit one per customer per visit, please.

CRISPERS

WE'RE RIGHT AROUND THE CORNER!

Crispers is now open at 436 & University and Alafya Trail, which means delicious, healthy food is right around the corner...and it's fast! Plus, we're opening more new locations all the time. Eat in...take out...whatever; just visit us today, and you can tell your Mom you're eating right!

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Crispers has been a central Florida sensation for over 13 years, now in Orlando with new locations opening all the time. Know why folks like us so much? Because we're the healthy, delicious, quick alternative to fast food. All our gourmet salads, tempting soups, and stacked sandwiches (on all kinds of special breads) are made fresh every single day.

And our desserts are absolutely outrageous...creamy cheesecakes, rich layer cakes, cookies, and brownies. Be sure to try a sundae or milkshake made with our own Crispers Extremely Premium ice cream.

There really is life after pizza. Give us a try.

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There really is life after pizza. Give us a try.
Rehabilitating reality for disabled students

CHRIStINE DELLERT
STAFF WRITER

At the age of three, Junior Antoine suffered from a papillo-ma-induced tumor on his throat and fell into a coma for three months. With a predicted 25 percent chance of survival, Junior woke as a silent quadriplegic, paralyzed from the neck down. Even after eight years of physical therapy and 10 surgeries, Junior's core, now 21, has regained his strength and keeps a smile on his face.

"He enjoys going out to eat and to church," said his mother, Marie Antoine, an employee of the Orange County Public Schools (OCPS). "He loves his television and radio." Having survived the therapy and surgeries doesn't mean things will get easier for Junior. According to the Florida Alliance for Assistive Services and Technology, Junior's future could present even more challenges in his life. Florida has the third largest amount of people with disabilities in the country and over 70 percent of this minority are hardily employed or not employed at all.

Students and professionals from UCF are working alongside Orange County school officials in hopes of changing these statistics, one person at a time. Increased funding from the National Science Foundation (NSF) has brought about a series of student-designed rehabilitative devices that will allow severely disabled high school graduates to get jobs.

Three years ago, a partnership between UCF and OCPS emerged to create a post-high school transition program for Orange County high school graduates with disabilities. The purpose was to create a transition unit for housing, leisure and employment. Paul Odhem, an administrator for the program, said.

For the past two years, Ted Conway, associate professor of mechanical, materials and aerospace engineering, as well as the director of the biomedical engineering program, has formed a stronger bond between UCF and OCPS. Conway, who has cerebral palsy, a disorder usually caused by brain damage occurring at or before birth and marked by muscular impairment, is working to establish a Rehabilitation Engineering Research Center at UCF.

"There seems to be a great momentum to get biomedical and rehabilitation engineering on this campus," Conway said. "UCF is interested in that due to Orlando's central location, and advanced research center is an industry reality. With a pilot program now in place, UCF has secured a five-year grant of $132,000 from the NSF for graduate rehabilitation engineering designs. Senior design students use the funding for a variety of engineering projects. Several devices being constructed include a non-jamming paper shredder, a single-button operated scanning machine to check out library books, and a customized head switch attached to a copier for Junior Antoine. Senior Nicholas Knauss and two other students in his design class were funded $400 to construct the head-switch operated copier. Their main goal is to create a machine that Junior can manipulate without assistance.

"We are trying to get him out into the competitive world and one of the ways we can do that is through designing this machine," Knauss said.

Working together with other departments helps pool the collective strengths of many different people.

"Our partnership with the College of Engineering is so critically important for the transition program," Odhem said. "This program ultimately deals with (the student) gaining employment. Now these students who are disabled can perform clerical work from a power wheelchair.

"Marie Antoine appreciates the efforts that OCF and UCF are taking to help her son. With continued support from UCF OCPS and NSF, Conway foresees the establishment of a graduate Biomedical Engineering Rehabilitation Program in 2004 and an undergraduate degree program by 2007."

"My wish for my son is to see him out doing something instead of staying home all day after he graduates from the transition program," Marie said. "I want him to be happy in his adult life."
Our stance:

Setting sights on improvements solutions

A

s students begin a new semester, sev-

eral issues linger around the universi-
	y. Will students receive their financial aid on time? Will President John Hitt follow Orlando's lead regarding equal protec-

tion for gays at UCF? Will the administration solve the semester of the tormented plight of full-time, tenured professors?

Not only do students demand answers to

these questions, but they also demand the

right answers.

Financial aid

After last semester's financial aid fiasco, students want to know whether they will

again have to wait months to receive their financial aid. Too many students had to wait for far too long to get their money. Hitt did not want to take a stand on this issue until he saw how the issue played out in the first few weeks of the semester.

With financial aid within the first few weeks of the semester, students can adjust and prepare to prevent a repeat of last semester's shortcomings. Students should receive their financial aid on time. They conduct research, write papers, attend conferences and generally advance the reputation of a university. They also have protection against untimely dismissal.

UCF's treatment of Sudia, for example, represents the wrong approach. Sudia, a legal studies professor who remains very popular with students, applied for tenured status last summer, which would have given her job security. Instead, UCF has tried to fire her. Sudia has advanced UCF's recognition around the country as the leader of its top-ranked Trial Team, yet the university wants to get rid of her.

UCF students deserve to learn from full-
time professors like Sudia more and from adjunct professors less. While adjuncts do a good job, students pay too much to get a second-rate education.

The shortage of full-time, tenured professors creates problems for students. The shortage of professors means fewer available courses for students, who often cannot get into the courses they need to graduate. Additionally the available courses often have more students. Students tend to learn better in smaller courses than in larger ones.

Tough road ahead

UCF and its students face a turbulent semester that will determine whether the university moves in the future. Hitt, recently rewarded with a hefty raise for his efforts, and the rest of the administration need to demonstrate their leadership and make the right decisions.

If it makes those decisions, UCF can establish itself as a first-rate university.
Doc’s advice: walk off whatever ails you

MENTAL DOODLES

Christopher Arnold
Staff Writer

The ER is, er, closed.
Well, one year has ended and another begins. A new semester is starting and students are returning from their wintry respite. And though we were not within the halls of education for this brief time, we nonetheless continued to learn.

I learned, for instance, that I’d probably make a pretty good doctor after all.

In West Virginia, at least.
How did I come across this little pearl of wisdom? Could it be all those episodes of “ER” and “Scrubs,” I incessantly watch? Partly.

But more specifically, I am a simple man who has long subscribed to the universal remedy of “walking off” whatever ails you. Apparently I am not alone in adopting this theory — so does a group of West Virginia surgeons who recently walked off their jobs in protest of rising malpractice insurance costs.

In all seriousness, what these doctors have done, it seems, is take a page right out of a Hollywood script. Some say that the premiums are too expensive and the doctors are unable to pay for their malpractice insurance.

Further exacerbating the situation is that there is little in the ways of an insurance market in West Virginia. Very few of the carriers who are licensed to offer malpractice insurance actually do so — a result of the apparent ease with which one can file a malpractice suit in that state — another reason surgeons are insisting as a cause of the walkout.

So, in a nutshell, if I kept my swooned on accurately, we have been monopolized on malpractice insurance by the state causing extremely high costs and curbed by easy-to-file malpractice suits.

Throw into the mix a legislator that seems to have been dragging its heels to find a solution, and you seem to have a recipe for disaster.

The only thing I can say with any certainty on this is: if you live in West Virginia and you need a surgeon, I hope you’re on the border and can slip into a neighboring state.

But what of the patients during all this? Doctors say, they will not be able to run their practices if they cannot afford the insurance, rationalizing their walkout through the reasoning that whether they stayed or walked, patient care would still suffer. Such logic might be valid, but more readily it seems only to ease the spirits of the participating surgeons.

One doctor taking part in this demonstration, Robert Zaleski, was reported on CNN.com saying, “I would certainly jump in front of a bus if I could continue to serve my patients as I have for 25 years.”

If the quality of Dr. Zaleski’s care over the last 25 years is truly equivalent to a doctor who has just been paid off the stall of a Greyhound, then I can begin to understand why all of the malpractice suits have been filed.

As for the state’s role in this, they claim to have been deliberating a number of solutions long before the mention of a walkout. If they’ve been discussing the problem for so long, then perhaps this will finally prompt them to stop talking and start acting.

It’s hard to support a walkout that so directly affects the injured that most need these doctors. However, if the state has taken too long to take the necessary action, then the burden of this should fall equally upon its shoulders.

However, since the issues at hand are malpractice lawsuits, and since any resolution to be drafted must undoubtedly

miscalculated.

...for science to progress...

Mental Doodles

Christopher Arnold

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God's message about clones

FROM PAGE 17

God. Whatsername didn't believe in Me, either. Madalyn Murray O'Hair. And she did swell, at least until she ran into all that unpleasantness, being whacked by buck-toothed extortionists, buried in a shallow grave and what not.

Anyway, at this time of your great triumph, I have some thoughts. I hope you will accept them in the spirit they are offered.


2. Everyone appears terribly concerned that the Raelians are, by most available evidence, gibbering nutcakes. Frankly, this doesn't bother Me all that much. Many important scientific advances were made by people who held highly unconventional views, such as Galileo. And he did fine, until the whole torture thing.

3. Responsible scientists seem to feel that DNA technology has not progressed to the point where humans can be safely cloned without severe risks to their health and happiness. The implications of this—that rogue scientists might place innocents in terrible jeopardy for their own self-aggrandizement—are not unduly troubling to Me. Many important historical figures placed their own ambitions ahead of humane concerns and had long and prosperous lives, such as Mussolini, prior to the time his head was on a pole.

4. Some people worry that widespread public fear over many of this will stop important research into cloning for organ transplantation and other legitimate purposes. This should not be your concern. A scientist need not be held responsible for consequences of his work, even those that might be foreseen. No retribution is exacted. It is mere coincidence that Ascanio Sobrero, who invented nitroglycerin, wound up being hideously scarred when it exploded in his face.

5. I suspect it is by design that this birth coincides almost precisely with the birthday of the man said to be My only begotten son. Indeed, the Raelian creed suggests that it was through alien cloning that Jesus was resurrected: I am not offended by this, but, for the record, you are wrong. Without getting into the merits of conflicting theologies, I feel I should point out that it seems apparent to many that He died for your sins and was resurrected by Me for your salvation, and, indeed, will be coming back.

He'll have a clipboard, if you get My drift.

Welcome back!

We would like to wish you all the best of luck for the Spring 2003 Semester.

We would also like to remind you that REACH Peer Education still has all of the resources you could possibly want for college health issues like drugs, alcohol, safer sex, HIV/AIDS, steroids, etc. We are also providing Orasure HIV testing for $10 (by appointment only). In fact, there really isn't anything we don't do.

To make an HIV Testing appointment, or if you have any questions, call (407)-823-5457, or stop by Trailer 617 next to CREOL.
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- By Fax: (407) 447-0506
- By Email: classifieds@UCFuture.com

**By Personal:** University Court, Suite 115
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**How to Place an Ad**

- 8 pm, Fri. for Mon. Issue
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**Deadline**

- 2 issues (1 week): $9 per wk
- 8 issues (4 weeks): $8 per wk
- 24 issues (12 weeks): $7 per wk

**Charges listed above include an ad of up to five lines, 35 characters per line.**

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January 6, 2003

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Fighting fat with diet fads
Nutritionists nix new year's quick weight-loss resolutions

LINDA H. LAMB
KNIIGHT READER

Linda Lockaby knew she had a serious sleep problem the day she drove off the road and hit a tree near her home in Columbia.

"I put my money in and I just closed my eyes for a minute," Lockaby, 45, of Irmo, S.C., said. But it took only seconds for her to fall asleep, and she didn't even put her hands in the "park." I started rolling back," she said. "There was a guy alongside me who beeped his horn and saved me. It scared me to death.

Scared, stressed-out and just plain drowsy, Americans are waking up to the problem of getting enough sleep, and they're getting help at sleep labs doing studies a year. Now; it has 114 sleep labs doing studies a year.

"There was a guy who beeped his horn and saved me," Lockaby said. "I closed my eyes for a minute and when I opened them, I was in the middle of the street." She said she had been drowsy, and it was the first time in 15 years she had been involved in an accident.

She is one of the millions of Americans who have trouble getting, staying and waking up during the day. In fact, 34,000 people are killed and 50,000 injured in crashes caused by driver drowsiness.

Lockaby said she was drowsy behind the wheel because she had been up all night with a sick child. She said she had been up all night with a sick child, and she had been drowsy behind the wheel because she had been up all night with a sick child.

"It's a market that is underserved," said Ken McMinn, administrator of Columbia's Carolinian Therapy Centers. There are several reasons as many people are having dreams of sleep.

Sleep specialists around the country saw an increase in obesity-related sleep problems after last year's terrorist attacks. And aging and obesity contribute to sleep difficulties, so more are cropping up in a population that's getting older and fatter.

Obesity in all age groups contributes to an increase in cancer, formerly most typical in middle-aged men. Though perhaps 70 percent of sleep-lab patients are drowsy, there are a high percentage of people who are finding sleep difficult.

Obesity is a serious sleep problem the day after you've eaten a lot and you've been on your feet all day. It's a market that is underserved." McMinn said. "People are just plain tired of watching infomercials and commercials about new weight-loss programs.

"I'm really motivated at first, but the crowd usually fizzles out within weeks," said Wellness Center graduate assistant Beth Dibiase. "Everyone's really motivated at first, but the crowd usually fizzles out within weeks," said Wellness Center graduate assistant Beth Dibiase. "Everyone's really motivated at first, but the crowd usually fizzles out within weeks," said Wellness Center graduate assistant Beth Dibiase.

"There is a lack of information on how to deal with sleep problems," McMinn said. "People are just plain tired of watching infomercials and commercials about new weight-loss programs.

"Why would you want to lose weight the right way when you could lose the same amount in half the time by just cutting out carbs for a few weeks?" said senior fitness attendant Chris Turner, referring to the Atkins diet, which restricts carbohydrate intake. "I've been on [the Atkins diet] myself and dropped 15 to 20 pounds in a month. It's the easiest way to prepare for spring break.

"While high-protein diets (such as Atkins, Sugar Busters and Protein Power) may seem like a quick fix, Dibiase warned that high-protein intake can rob bones of calcium, a nutrient necessary for preventing osteoporosis. She also said it that since the Atkins diet is low in fruit and vegetables, it puts people at a greater risk for cancer, fainting spells and bad breath.

Registered dietitian Jeff Cervero, who owns Total Fitness of Orlando, also discourages high-protein diets. "Thats that are high in protein automatically have a..."
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I have a friend that was recently told she might have an eating disorder. Please tell me more about these disorders.

Eating disorders are illnesses that demonstrate disturbances in eating behaviors with a broad range of symptoms such as obsession with weight gain and body image distortion. To correct these perceived deficiencies these persons diet, or binge and purge, even when their mental and physical health suffer.

The National Institute of Mental Health estimates that eating disorders affect more than five million Americans a year. The prevalence ratio male to female varies from 1:6 to 1:10.

Eating disorders have multiple causes: family problems, major life transitions, stress, social and romantic conflicts, failure at work and any sexual or physical trauma could all set off the condition. In addition, half of the patients suffering eating disorders have been diagnosed with depression and/or anxiety.

Generally there are three types of eating disorders:

1. Anorexia nervosa
2. Bulimia nervosa
3. Binge eating disorder

Patients with anorexia nervosa starve themselves by dramatically cutting down their food/calorie intake and run the risk of causing significant physical disturbances related to low immunity to infections, heart problems and brittle or weak bones.

Patients with bulimia nervosa have recurrent periods of binge eating and because of fear of weight gain they purge by using methods such as vomiting intentionally, taking laxatives or compulsively exercising. Bulimics suffer severe dental, throat and intestinal problems.

Since eating disorders have multiple causes, the diagnosis can only be assessed by a health professional that can perform a psychological and medical evaluation. The goals of treatment consist of psychotherapy, medication and nutritional counseling.

At UCF Student Health Services, eating disorder patients are handled by a team that includes psychologists, primary care providers and dietitians. The most common stumbling block for successful treatment is denial by the patient afflicted with the problem. This denial sometimes persists for years. The percentage of recovery is modest. Therefore the earlier the diagnosis is made; the better chance the disorder can be successfully controlled.
Behavior modification key for weight loss

FROM PAGE B-3

high fat intake, which increases heart disease," Cervero said. "Even skinny people can die of high cholesterol."

"Fad diets such as the cabbage soup diet (consisting of nothing except all-you-can-eat cabbage soup for seven days) and the Hollywood Grapefruit Diet (made up of grapefruit and lettuce) are marketed because they restrict calorie intake. "You lose weight only because of the severe lack of calories," Cervero said. "Unfortunately, these diets aren't realistic for life because they cannot be maintained."

Senior Angela Watson, 21, turned to a fad diet that emphasizes a balanced diet. Watson said she has lost 18 pounds on Barry Sears' "The Zone." She said the diet focuses on an appropriate balance of fat, carbohydrates and protein to stabilize the body's insulin.

"It's cool, but it's a lot of work," Watson said. "I spend a long time measuring out the appropriate portions of my meals each day, and I have to calculate everything. I love the results, but it's a big pain."

Other diets supposedly help people lose weight by eating according to blood type. Freshman Melinda Flower, 18, said her mom owns by the Eat Right 4 Your Type diet, a book that classifies your dietary needs by your blood type. However, while this may work if a person genuinely likes the healthy food choices that match his or her blood type, Cervero and Dibiase said that no scientific evidence suggests that blood type has anything to do with what a person should and should not eat.

For others, diet supplements and shakes, although inferior to balanced diets, have become popular. Ephedra-laced diet supplements such as Metabolife, also a big part of the student-diet craze, can cause more harm than good. By raising a person's heart rate, the drug reduces appetite and helps the body to burn more calories than it takes in.

"Ephedra can be a very potent fat-burner, but it can be deadly if abused," Cervero said. "I'm pretty sure it will be made illegal sometime in the near future."

The Slim-Fast regime of drinking two meal-replacement shakes and eating one balanced meal per day remains an over-popular diet. Cervero commented that although meal-replacement shakes can be healthy, the high sugar content of the Slim-Fast brand makes the shake an unhealthy meal replacement.

Dibiase added that by replacing a meal with a shake, dieters deny themselves the essential nutrients found in foods like fruits and vegetables.

"Even if a shake is fortified with vitamins, it will never be as healthy as a balanced, low-fat meal," Dibiase said.

Both Cervero and UCF health center provider Edalah Paez declared Weight Watchers one of the healthiest diets on the market. While sometimes on the expensive side, the Weight Watchers plan is healthy because it follows the American Diabetes Association's nutritional guidelines.

Sears' "The Zone" focuses an appropriate balance of fat, carbohydrates and protein to stabilize the body's insulin.

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Drowsy driving serious concern

requires sleep. It wants it, loves it.

Scientists still don't know exactly why or how, but sleep sort of exchanges your body's batteries. Your brain needs the "down time" and so does your cardiovascular system. Long-term sleep deprivation leads to problems that can include memory lapses, depression, irritability and impaired work performance.

Most adults need about eight hours of sleep a night. McLain said. Some people and a few blessed souls do well on much less.

McLain said the latest theory about sleep focuses on two factors. The first, Process S, is a hormonal process in which your need for sleep increases as the day goes on. First thing in the morning your Process S level might be 1; by noon it might be 10 and by 9 p.m. it might be 15.

The other factor is circadian rhythm, which is controlled in the hypothalamus and related to body temperature. Your body cycles through periods of alertness and sleepiness. Usually, alertness peaks in the morning, dips in the afternoon, spikes in the evening and dips again about 11 p.m.

The ideal sleep scenario is this: Your bedtime coincides with the point at which your Process S level is high and your circadian rhythm is at its late-day low. But things like stress, pain and caffeine can interfere, and so can your personal rhythm.

"Everybody's wired differently," McLain said.

There are more than 80 sleep disorders, some of them quite bizarre.

In Kleine-Levin syndrome (aka Rulip Van Winkle syndrome), people will go for weeks on end without falling asleep, only to awaken for days or even weeks. In narcolepsy, people can fall asleep suddenly anytime, anywhere.

Then there are the narcoleptics. Sounds like the name of a rock band, but they really are animals under study at Stanford University. They have cataplexy, falling asleep suddenly when excited. Stiffness lasting time is exciting for a dog, not a human.

known to fall asleep and miss so many words, they don't. But by far the most common sleep problems are insomnia and obstructive sleep apnea.

Almost everyone will experience insomnia at some point in life. It means trouble falling or staying asleep.

Ninety percent of insomnia cases are temporary, McLain said, as in most cases of post-Sept. 11 anxiety. For the one person in six with chronic insomnia, there can be an underlying medical problem, such as angina (coronary pain), reflux disease or drugs.

The other insomniacs either have a mood disorder, such as anxiety or depression, or have what McLain called a psychological problem, such as a "learned response" to sleeping in their own bed.

Sleep specialists treat insomnia with relaxation therapy and better "sleep hygiene" practices. This includes tactics such as modifi- ing nighttime consumption or the time of day you exercise.

When people find themselves drowsy during the day, the most frequent cause is self-imposed sleep deprivation, McLain said.

But daytime sleepiness also can be a sign of apnea, in which people stop breathing for several seconds. Most common is obstructive sleep apnea. Less common is central apnea, which is unresponsive and may be linked to sudden infant death syndrome.

Obstructive sleep apnea is the most frequent problem that shows up in sleep studies. If it is detected, the patient is awakened and connected to a CPAP machine, for "continuous positive airway pressure." With air supplied through a mask, this device can help apnea sufferers get a good night's rest.

"There's nothing romantic about putting on that mask and going to sleep at night," said Looksbury. "Your husband, Mike, teases her about having a Darth Vader persona after dark."

But she said the teasing and the initial discomfort were worth it when she repaired her energy and no longer had to struggle to stay awake.

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Weight Watchers wins in weight war

FROM PAGE B-4

"Weight Watchers educates people about nutrition and the combination of a healthy diet and exercise," Pazir said. "It represents a change of lifestyle rather than a change of diet."

Cervero stressed that moderation and balance are the key components in adjusting one's lifestyle to maintaining physical fitness. "Anything that restricts you from having any one type of food is bad because we need the nutrients that come from every food group," he said. "Balance is essential to every diet, and we should aim for a lower intake of weight and more on achieving a healthier lifestyle."

Many diets suggest "tricks" for eating less, such as drinking a glass of water before meals, eating only while seated or putting the fork down between bites. "Those tricks are ridiculous," Dibiase said. "The healthiest way can be as simple as eating with a friend, because you take your time and realize the natural stopping point of becoming comfortably full without overeating."

As for the latest crazy diet trend, the sex diet (which can be found at http://thesexdiet.com) is designed for couples in committed relationships. The couples must go through the program together and are encouraged to use their sexual fantasies as their motivation and reward system for achieving their personal weight loss goals.

So is the sex diet legit? Cervero isn't necessarily opposed to it. "A stressful life often leads people to overindulge on their favorite foods, so by increasing your physical activity, you can decrease stress-induced overeating."

Turner doesn't discourage the diet either. "I'll put my stamp on that one."

But does it work? Find out what eight UCF students think about the sex diet when they share their personal experiences in next Monday's issue of The Future.
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Mon Jan 6
VUCF Clothing Drive (through 1-24-03). Boxes located in the Student Union and in the breezeway near the UCF Bookstore.

Wed Jan 8
6 pm CAB meet and greet, SU Pegasus Ballroom

Sat Jan 11
9 pm Late Knights, SU
9 pm EKCEL Welcome Back Social, SU

Mon Jan 13
8 pm Avant Garde Speaker Dr. Ronald Eaglin on Adventure racing, SU Key West 218A

Tue Jan 14
10 am - 4 pm Club Showcase, SU South Patio
1:30 pm - 2:30 pm Knights of the Round Table meeting, SU Egmont Key
7:30 pm Intro to EKCEL, SU Egmont Key 224
9 pm CAB Cinema "The Good Girl," Cape Florida Ballroom 316

Fri Jan 17
5 pm Spring Registration Deadline for clubs; forms due in the Office of Student Activities

Sat Jan 18
8 am VUCF Ripple Effect. Carpool in front of Millican Hall at 7:15 am

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We hope you are ready for another action-packed semester from the Office of Student Activities! Once again, the Campus Activities Board will be scheduling top-notch entertainment. Volunteer UCF will be offering chances for all of us to make a difference. EKCEL will be training new leaders and teaching valuable skills, and the Clubs and Organizations will be providing opportunities for leadership and involvement. And if you missed it in the Fall, you cannot afford to miss our newest event, Late Knights, full of free fun, games, prizes, and food. So, welcome back to UCF (or welcome to UCF if you're one of our new students). We hope you will Get Involved!

For more info on any of these events contact the Office of Student Activities, Room 206 in the SU, or call 407.823.6471

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Allen setting team pace

Chris Bernhardt
STAFF WRITER

Off to an unexpected slow start, the Golden Knights are in need of something positive. They need look no further than Takira Allen. The emergence of the second-year forward remains a bright spot for UCF. Prior to the semester break she twice posted career-highs in scoring and didn’t bother slowing down for the holiday season.

While the rest of the school went on break, Allen took a firm grip over the starting power forward spot and averaged 14.4 points and 9.4 rebounds in five games. She scored a career-high 14 rebounds in a Dec. 11 loss to Florida and a career-high 20 points to go along with 12 rebounds for her first career double-double in a Dec. 19 win over Detroit. Just prior to that she was named Atlantic Sun Player of the Week.

For the season Allen stands as the only Golden Knight averaging double figures in scoring. At 12.4 points per game, she is the only Marvelous Washington (7.5) and the only Golden Knight averaging double figures in scoring.

The emergence of second-year forward Kristy Shonka on the all-conference team went along with the starting power forward spot and averaged 14.4 points and 9.4 rebounds in five games. She scored a career-high 14 rebounds in a Dec. 11 loss to Florida and a career-high 20 points to go along with 12 rebounds for her first career double-double in a Dec. 19 win over Detroit. Just prior to that she was named Atlantic Sun Player of the Week.

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Kruczek interviews, men’s basketball beats a Top 25 opponent

Kristy Shonka
STAFF WRITER

Kruczek is earning interest
UCF football coach Mike Kruczek was a finalist for head coaching jobs at the University of Kentucky and Louisville over the semester break. Louisville hired Auburn offensive coordinator Bob Petrino and Kruczek withdrew his name from consideration from the Kentucky job.

“I am committed to continuing the building process at UCF,” Kruczek said. “I have a lot of time and effort invested in the UCF program and feel I have unfinished business.”

Kruczek, who has coached at Oregon and the St. Louis Rams, finished his fifth season at UCF with a 7-5 record, including a 6-2 record in the Knights’ first season in part of the Mid-American Conference. He has a 33-25 record as head coach at UCF.

Top 25 win highlights men’s basketball team’s December
Over the semester break, the UCF men’s basketball team hosted a nationally ranked opponent for the first time, but that didn’t stop them from getting the win.

The year in review:

The year in review:

UCF men's basketball team beat FAU without starting point guard Al Miller, who has been suspended indefinitely from the team.

The mon's basketball team beat FAU without starting point guard Al Miller, who has been suspended indefinitely from the team.

Please see Baseball on B-14
Senior Ray Abellard led all players with 20 points Saturday against Florida Atlantic University.

Speraw able to find depth without Miller

FROM PAGE B-12

19 points and eight rebounds.

"Coach told me to slow down and that's what I did in the second half. Things opened up for me, and I began to see the floor a lot better," Dotson said. "It was just patience that really helped me out."

Tyrone Lyons, who got in the start in place of Miller, found his shot in the second half after missing three shots in the first 20 minutes.

In the second half the Knights took better care of the ball and knocked down the open shot. UCF turned the ball over seven times in the second half after making 11 in the opening half, and hit 50 percent of its shots.

The Knights opened up a 10-point lead with three minutes left in the game after a 20-10 run, Lyons had seven of his 12 points during that run. Free throws down the stretch by Lyons and freshmen Will Bakanowsky and Troy Lindbeck sealed the victory for UCF.

Senior Marius Boyd, UCF's defensive stopper, filled in at point-guard for the Knights, a somewhat unfamiliar role.

"It was a little different," Boyd said. "I haven't played the point guard spot since high school."

He added that it would take some time to get adjusted to the change, but he does have some help. Abellard and Lindbeck handled point-guard duties while Boyd was in foul trouble.

Newcomers Lyons, Bakanowsky and Lindbeck all saw significant minutes in the game, showing depth that wasn't expected of this team.

"We definitely have depth now," Boyd said. "It's time for those players to come in and shine."

Lyons played a career-high 36 minutes and grabbed 10 rebounds to go with his 12 points for his first double-double. Bakanowsky, a 6-foot-9 center, had 10 points, including two-of-three shooting from 3-point range in 16 minutes. Lindbeck played 35 minutes, including a stretch where he filled in for Abellard, who went out briefly with an ankle injury. Lindbeck had six points and hit three of four free throws in the final minute of the game.

"It was good to see these guys step up, especially when Marius got in foul trouble and Raymond hurt his ankle," UCF Coach Kirk Speraw said.

The Knights will need similar contributions today as they hit the road to play Kansas State at 5 p.m. The Wildcats are 8-4 and are on a six-game winning streak. Three of the Knights four losses on the season have come on the road.
Baseball team garners preseason rankings

FROM PAGE B-12
first wasn't enough for the Knights. UCF ran away with an 82-64 win over then No. 25 College of Charleston, for the program's first win over a ranked opponent.

UCF went 5-3 in the month of December. The Knights started off the semester break with a 58-53 loss to Florida A&M on Dec. 8 in Tallahassee, but rebounded with the win over College of Charleston. UCF split a two-game road trip with a 58-63 loss to Tennessee-Martin on Dec. 15 and a 99-83 win over Chicago State on Dec. 18th.

The Knights held off a late rally by Florida Gulf Coast on Dec. 21 for a 68-63 win at the UCF Arena. UCF's leading scorer, Ray Abellard, did not play in the game. The University of Miami beat the Knights Dec. 27, 62-51, at the UCF Arena. An announced crowd of 2,428 marked the largest audience for a basketball game at the arena since Miami last came to town in 1999.

Abellard scored 26 points in the Knights' 64-55 win over The Citadel on Dec. 30.

Women's basketball team struggles through break

The UCF women's basketball team brought some steep competition to Orlando in December and was only able to walk out with one win, a 61-48 victory over Detroit on Dec. 19. The Knights got the month started by welcoming back former Orlando Miracle Coach Carolyn Peck when the Florida Gators came to the arena. UF beat the Knights 72-48 Dec. 11.

Georgia Tech finished a tightly contested game on a 12-7 run to hand UCF a 62-58 loss back on Dec. 15. After beating Detroit, the Knights fell to Mississippi State 81-30 on Dec. 20. The Bulldogs were ranked 14th in the nation at the time. The Knights wrapped up December with a 54-53 loss to Lipscomb on New Year's Eve. Lipscomb hit a jumper with six seconds left in the game for the win.

UCF baseball ranked in preseason polls

Baseball America and Collegiate Baseball News both have the UCF baseball team ranked in their preseason polls. The Golden Knights were ranked 26th by Collegiate Baseball News in their Top 40 Preseason Polls.

Please see Volleyball on B-17
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Claudia Johnson leads all freshmen, averaging 4.7 points a game.

Freshman shines at point guard

FROM PAGE B-12

Struggles continue for Scala
Still recovering from offseason back surgery, guard Jessica Scala’s shooting woes continue. One of the top shooters in the A-Sun last season, her field goal percentage has dipped to 33 percent and 29 percent from behind the arc.

At one point during the break it looked like she might snap out of it, hitting 7-of-13 shots over a two game stretch against Georgia Tech and Detroit. But she regressed in the following two games, going 3-of-12. For the five games she shot just 36 percent from the field. She did hit a decent 33 percent from three-point land, despite a 0-for-4 against Mississippi State.

On the bright side she does lead the Golden Knights with 17 steals.

Shayla shines
Over the course of the preseason, true freshman Shayla Smith impressed enough to win the starting point guard job. So far she has done nothing to reli-

quish it.

The product of Camden County High School in Kingsland, Ga., Smith has started eight of UCF’s 10 games including all five over the break. Though her offense and shooting haven’t quite come around (39 points per game, 29 percent from the field), she leads the team with 33 assists. In addition she has turned the ball over just 15 times, not a bad ratio for a first-year player.

Etc.
In UCF’s lone December win, 61-46 over Detroit, Paige scored 20 points and grabbed 10 boards for a double-double. It was the sixth time in the senior’s four-year career that she had accomplished the feat.

Around the A-Sun
For the second straight week, Georgia State forward center Evita Rogers garnered Player of the Week honors. The other winners thus far this season: Jacksonville State forward Shanika Freeman, Jacksonville forward Kat Sungu and UCF’s Allen.
Volleyball finished 22-13

The Golden Knights earned a spot in the NCAA Tournament by winning their second consecutive A-Sun Championship, but fell to get past the first round for the second year in a row. The Florida Gators defeated the Knights 5-4 on Dec. 6. UF advanced as far as the semifinals of the tournament, losing to top-seeded Southern California. The Knights finished the year 22-13.

Junior outside hitter Leyre Santaella Sante earned yet another honor Dec. 12 when she was named an honorable mention selection to the American Volleyball Association All-South Region team. Sante ended the season as the team leader in kills (610) and service aces (34). She ranks fourth at UCF in kills with 1,497 and fifth in single-season history with 610 kills.

FROM PAGE B-14

UF ends UCF’s volleyball season

UF ends UCF’s volleyball season

Florida Atlantic was ranked No. 21 and Stetson earned the No. 32 spot. In Baseball America’s preseason Top 50, the Knights earned the 39th spot, while Stetson will start the season at No. 18 and Florida Atlantic is No. 24. UCF is ranked behind the Hatters and Owls despite winning its second consecutive A-Sun Championship last season.
Dotson, Abellard lead offensive attack

The UCF men's basketball team compiled a 5-2 record over the break, including its first-ever win over a ranked opponent (No. 25 College of Charleston), and its first conference win of the season against defending Atlantic Sun champs FAU.

The Golden Knights also hosted Miami for the first time since 1999 (a 62-51 loss), and got off to their best start under Coach Kirk Speraw at 9-4. Ray Abellard leads the Knights' offensive attack, averaging 18.9 points per game, and Ed Dotson is not far behind, averaging 13.6 points per game.

Dotson has provided the Knights with an intimidating presence in the paint as well, averaging six rebounds per game. Roberto Morestin and Marius Boyd are not far behind in rebounding, with 5.8 and 5.5 per game, respectively. UCF has dominated almost all of its opponents on the boards, out-rebounding all but two teams and tying another.

The Golden Knights finished the break with a 5-1 home record, turning the UCF Arena into a definite home-court advantage. After a short road trip in which UCF will play Kansas State, Texas State, and Mercer, the Knights return home Jan. 18 to play conference foe Stetson. Tipoff is scheduled for 12 p.m. and the game will be televised on the Sunshine Network.

Ray Abellard (above) is UCF's next consistent scorer with 18.9 points a game. Ed Dotson (right) averages 13.6 points a contest.
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