Researchers to talk on ‘culture of quality’

Angela Barron McBride is the author of several books on the different aspects of nursing

BILLIE HART

Nationally recognized nurse researcher, author, and clinician Angela Barron McBride will offer a presentation titled “Culture of Quality” on March 24 at 5 p.m. in the Fairwinds Alumni Center.

McBride is currently a professor and university dean emerita at the Indiana University School of Nursing. She has served as senior vice president for academic affairs-nursing for Clarian Health Partners, the largest hospital network in Indiana and the third largest in the United States.

She is currently on the Clarion Board of Directors for The Church of Jesus Christ of Latter-day Saints and Patient Care. McBride has a career that has spanned four decades, McBride has taken interest in the disciplinary fields including psychology, psychiatry, women's studies and philanthropic studies. She writes about The Growth and Development of Mothers and Psychiatric-Mental Health Nursing: Integrating the Behavioral and Biological Sciences.

She is also an elected member of the Institute of Medicine within the National Academy of Sciences, a fellow of the American Academy of Nursing, National Academies of Practice, and American Psychological Association and a Kellerman Fellow.

She has served as president of the nursing honor society, Sigma Theta Tau International (1995-1996), and the American Nurses’ Foundation (1995-1996). She has been a member of the National Advisory Mental Health Council of the Alcohol, Drug Abuse and Mental Health Administration (1991-1995) and the advisory committee of the Office of Research on Women’s Health within the National Institutes of Health.

UFC student's chilly European vacation with Mom stops by London, Paris, Rome

CHARLIE HAGGER

It's spring break. I'm freezing. While most UFC students are warming up, I'm freezing. I'm on a 12-day tour visiting London, Paris and Rome. Temperatures have been as low as zero degrees Celsius. That's 32 degrees Fahrenheit. It's not exactly balmy.

Our trip began with a three days in London. It was interesting, to say the least. The people were very polite, but aggressive. The first time I walked down the street, I encountered a man kipping and swatting at a cat. He didn't seem to like the way the driver was operating the vehicle.

London is a great city, and there are less of things to do there. My favorite attraction was the British Airway London Eye. It is a giant observation wheel that takes you up 325 meters, or about 444 feet above the city. From there you can see all the sights. The ride lasts for a half hour. Another activity that I would recommend to improve visiting London is taking a show on the West End, I saw The Phantom of the Opera, and it was phenomenal. The theatre was lavish, and the special effects were impressive. I liked it better than Broadway in New York City.

From London, the group took the Eurostar train to Paris. The ride only took about three hours.

UCF, community, aims for Islamic Studies Chair

Hiring of an Islamic scholar would follow Chair, Dean Kathryn Seidel says

NAISMITH ANSARI

The growing number of students in UCF’s Middle Eastern Studies minor and Arabic classes has recently sparked UCF and local Muslim community members to push for an Islamic Studies Chair.

"The idea of getting an Islamic studies chair that came from a group of local volunteers," said Kathryn Seidel, Dean of the College of Arts and Humanities. "Ismay Tariq McBride, the head of Iben Zaidel, Orlando Sophiah Tabo, an Oakland nurse, and psychology Professor Joseph Karem composed the team that is working toward endorsing an Islamic Studies Chair.

Once an Islamic Studies chair is confirmed, UCF plans to hire an Islamic scholar to teach classes specific to the subject. Although UCF already offers a few Middle Eastern history classes, the growing interest prompted the school to offer more.

"The classes already offered are at full capacity," Seidel said. "Arabic language courses at UCF have doubled in size these past few years," Rashed said.

If Seidel's plans go through, UCF will offer more MBS classes than ever before in University, Florida except for Florida State University.

The recent attention and focus on the Middle East and Islamic studies has come to the attention of many students and faculty members.

Only five percent of students in the College of Arts and Humanities have taken at least one class on the Middle East, but an increasing number of students wish to take these classes.

"Many political science students, with an interest in government, want to learn about the knowledge of the Middle East and the Arabic language is a key factor in working for the U.S. government," Seidel said.

"First, UCF facility and Muslim community leaders see a need for an Islamic Studies Chair, then expand the quality and quantity of Middle Eastern Studies classes at UCF. Then, UCF must raise $500,000 which will be matched by the State of Florida. This is where the process currently lies, with proponents of the chair fundraising.

"If the chair makes it, arts and humanities Dean Kathryn Seidel hopes to hire an Islamic scholar to teach specialized courses in Middle Eastern Studies and Islamic religion. "AUSMAH/BCF"
**Arrests at Nazi rally raise 1st Amendment issues**

The central Florida newspaper edits an editorial calling attention to arrest issues raised at a Nazi rally in Orlando.

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### Weather Forecast

- **Central Florida Future**
- **Central Florida Today**
  - **Today**
    - Sunny. High: 87°
    - Low: 67°
  - **Tuesday**
    - Mostly cloudy. High: 87°
    - Low: 67°
  - **Wednesday**
    - Sunny. High: 76°
    - Low: 61°
  - **Thursday**
    - Mostly sunny. High: 78°
    - Low: 60°

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### Students sacrificing for their art

Art studio classes with heavy time commitments necessary, art professor says.

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### Central Florida Future

The Student Newspaper Serving UCF Since 1969

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### Local Weather

**TODAY IN DETAIL**

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He killed himself along the

to her residence hall.

pleaded guilty to attempted
especially aggravated robbery

to about 900 workers.

some colleges around the country
UN to raise wages for contract
employees; affects 500 workers
MIAMI — The University of Miami said Thursday it would immediately raise the minimum wages of its con­
tract employees, including striking janitors and

The new policy will apply
to about 900 workers. Some university

staff and community mem­

had been ordered to ' pay

that he converted from Islam
to Christianity 16 years ago

he wrote in his e­

The president of the University of Arizona has called for a review of some university

policies concerning student discipline following a graduate student's suicide.
The student, Charles Pitus­
son, was dispatched by the university after he was arrest­
ed and charged with drugs.

Florida, 25, was unable to
pay an attorney to press his

appeal and returned

home to New Jersey in 2004. He

killed himself along the

Pennsylvania Turnpike on I-76.

Prompts told employees in a

memorandum written Wednes­
day that he has ordered a review of student discipline and law enforce­
ment practices, including those of uni­

versity police.

a brick and left brain dam­

fall

the new law take effect as

work was blamed in part for

percent among impoverished

employees now because it is

hard to let them go

if

the Global Per spectives Of­

ice of Phi Kappa Phi at 100 East Colonial Drive in Orlando.

What does Phi Kappa Phi represent?

What does Phi Kappa Phi represent?

Phi Kappa Phi is an honor society for

students who have achieved

72 semester hours, or

the top

of their fields. The society's purpose is to

promote academic excellence,

and to

provide recognition for high

achievement.

Phi Kappa Phi was founded in 1900

as an honorary scholastic society by

seven students at the University of

North Carolina. Since its inception,

Phi Kappa Phi has grown to

include more than 300,000

members at more than 375

universities and colleges across

the United States and more than

20 countries around the world.

Phi Kappa Phi is committed to the

principle that all people, regardless of

race, gender, national origin, or

sexual orientation, are entitled to

opportunity and equal treatment in

higher education.

Phi Kappa Phi is a member of

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A Kurd ish Perspective on Iraq

A presentation by

Oqbad Talabani

Mr. Talabani is the representative of the

Kurdish Regional Government in the

U.S. He is the son of Iraq's president,

Jalal Talabani.

Prompts to the Global Per­

For more information, please contact

Mr. Robert G. Vogt, President

Phi Kappa Phi Chapter 232

Student Copy Center

John T. Washington Center, Room 114

407-823-6385

Membership in Phi Kappa Phi does not conflict with memberships in other honor societies.
"Tension headaches" have been estimated that 75 percent to 90 percent of all people who complain of chronic or frequent headaches suffer from tension headaches. They are the most common type of primary headache. While they share some characteristics with the migraines, which are true headaches, they also display distinct differences that set them apart.

Some experts believe that tension headaches and migraines represent two ends of a continuous spectrum. Both are similar, which is quite irregular in occurrence, coming in a wide variety, or one of the least severe, but their frequent, tension headache. Physical Findings: Your provider can tell what kind of headache you have by examining you and hearing your description of the pain. Often there are findings of tender areas, which is usually present in the areas of the neck, at the base of the skull, shoulders, upper arms, and the jaw and face. Some people may show signs of clenching the teeth. The scalp and forehead may also be painful when palpated. The neurological examination is usually normal.

Causes: Tension headaches seem to be more common in women than in men. The name “tension­headache” can be said to describe a response by the body to emotional strains and pressures, rather than to increase muscular tightness and resultant constriction of the scalp arteries, as was once widely perceived.

Recent has demonstrated that patients complaining of frequent headaches, which are generally not migraines, also exhibit varying degrees of depression, anxiety and worry.

This, a typical tension headache, is one that produces a dull, steady, aching pain on both sides of the head. More muscular tension headaches suffer describe that pain as a producing sensation of pressure or tightness around the head, in the back of the band worn, pulled tightly around the head. Others have described feeling to having their headamped in an all-encompassing visel.

Pain begins gradual and increases over a period of hours. While they may be severe and distracting, it rarely becomes overwhelming and physically disabling, as is a migraine.

Treatments: If you only have tension headaches sporadically, an over-the-counter pain medication, such as ibuprofen or aspirin, can probably help. When choosing an over-the-counter pain reliever, read the label for possible side effects or interactions with other medications you are taking. Read and follow the directions on the label thoroughly. For questions, ask your doctor or pharmacist.

If you are experiencing tension headaches on a daily basis, or over-the-counter medicines are not relieving the pain, see a provider. They may prescribe medication you take only when you have a headache to relieve the pain. It is better to treat tension headaches when they begin and are still mild before they get more painful. To make an appointment at the Health Center, call (407)823-4000.

Things you can do to ease the pain of a tension headache include:

- Put a hot pack or an ice pack on your head or neck.
- Take a hot shower.
- Get enough rest or sleep.
- Take time away from things that stress you. This could mean doing anything you enjoy while going on a long vacation.

- Try to exercise regularly of all types. Work up to exercising changed routines, four-to-six times a week.

Answer:

Expensive supplies add up, this Fall one student spent $200 on tools

She also said that many art students don’t have time to meet anyone new so they end up dabbling in other art majors.

Another supply bump for art students is the financial cost of supplies and other requirements, according to Guffey.

“I spend about as much money on art supplies as I do on boba,” Guffey said. “I’m spending my money on things that I need for my art classes.”

Guffey said there are four: pencils, paper, poster board, and the paper for the prints are $1.50 each.

Some supply students buy each semester, but she was surprised last semester when the art paper price rose.$1.50.

She spends about $700 each semester, but she was surprised last semester when the art paper price rose $1.50.

This is for总决赛 classes.

In order to earn classes.

It’s stressful and overwhelming, she said.

She said that advertisement major are required to spend the most money for their majors.

According to Guffey, students are required to spend between $900 and $1000 on materials and at least $200 on a computer that can run the programs.

Though the time and financial demands can be stressful for students who are truly dedicated to their art are happy with what they are doing.

Guffey, a fine art major, is much more relaxed and is happy with what she is doing.

“I’m thinking about going to a fine arts degree program right now,” Guffey said.

She said that she is happy with what she is doing.

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“People that are taking them are happy with what they are doing.”

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Joyce Stoffel

Nature Coffee & Tea, located at 10378 College Way special­ized in bubble tea, a drink from Taiwan. The cafe is located just across from the UTC campus, and it is not your traditional cafe filled with college coffee, lattes, and nurses. Nature features signature shakes made with yuzu, yuba, manuka, and honeydew. Also known as boba, bubble tea first originated in Taiwan in the early 90s. This particular tea is in a bubble form. The bubble base is epsom salt at the bottom of the cup. The tea is the early hookahs.

Prices for bubble tea range from $3.75-4.35. It is a unique drink, but also features such as bubble tea or booming. As大大提高ing, which is 126 feet wide and 45 feet high. Arc trumps Eiffel Tower in this visitor’s eyes. It has been featured in the Museum of Natural History in New York. A glass bottomed boat drifted up over the massive lake and let us feed live fish to some of the largest rainbow trout in the country. Later that day we toured the caves of Ruby Falls. According to www.rubyfalls.com, the falls are about 200 feet underground. The cave was a complex for American Indians, as well as a Civil War Discovery. It was discovered by Lee Lambart in 1918 and named after his wife Ruby.

About 200 million years ago, a series of earthquakes caused the layers of rock to heat and fold upward. As the fragile layers broke on the surface, the floor, fractures formed. It was also surrounded by the rights which formed baby Falls. The tea is the early hookahs. Tea offers soothing properties that take over. It is calming to the body, controlling the stress, and even the body. Yerba mate is similar to tea, and it is consumed similarly in Argentina, Uruguay, Paraguay, and southern Brazil. It is brewed from dried tree leaves. It contains about 21 amino acids, vitamins, minerals and all the vitamins for bubble tea range from $3.75-4.35. In addition to bubble tea, another key drink offered by Nature Coffee and Tea.

The tea was ideal. When he took a cold meal of water reached the edge of a natural element into a waterfall. The water balanced over the rocks in the river, breaking a slight crease that was fanned by the wind. The water fell like a ton of water that was poured through the leaves as we passed them. The farther we went, the harder it was to see the mouth of a mountain from its nadir. While driving, any ears were popping as if someone was stopping our bubble gum in my ear.

Our next stop was a cute little town where some of my family grew up. Soutbham, Ala. The center of town, I had to fight the resistance of my personal accent.

Wednesday morning, we stopped at Unclaimed Baggage to satisfy my love of vintage things. Unclaimed Baggage is a store that buys abandoned luggage and also has stocks over 2000 new items daily it has been featured on Oprah, The Today Show, and CNN Style Magazine. When I was in the seventh grade, I was on Good Morning America when I visited them.

Next, we went to the history center of Soutbham. Generations of my family have shopped there. We could not have waited a longer time. We conventionally arrived at the iailure moments before closing, so we were generally perusing some of our favorite stores.

Next, we drove to a town nearby of Southham called Grant. There, we visited Cathe­dra­l Rock, a part of a group of many world records. It has the tallest chimney rock, which is 152 feet wide and 180 feet long. It is the biggest largest stackstone, which is over 200 million years in age. It is the tallest chimney rock, and it is also the tallest chimney rock.

Once we arrived in Paris, we checked our bag at the church and made our way to the Eiffel Tower. I didn’t find our way to the church, but I did find my way to the Eiffel Tower. A quick stop at the church is a state that can be seen to the top. We took a quick stop at the church, and we saw a quick stop at the church. It felt like I was in the center of all these towers. For the Eiffel Tower, I would definitely recommend it to tourists. While in Paris, we ascended the Eiffel Tower as well. I was expecting to climb a lot of stairs, but there were actually fewer stairs than were distant on the top of the tower. The ascent was quick, but the view was not as spectacular as the view from the Arc, it was a big day and there was not much visibility.

Overall, I enjoyed Paris, but the climb was too rugged. It was very dirty, and I felt a little uneasy on the Monts, the under­ground public transportation system in Paris. I would suggest that you visit once, but it’s not the kind of city I would find myself visiting multiple times.

As I write this, I am on a train from Paris to Ro­mance, Germany. I probably won’t have much time to blog about anything tonight, but there will be a big group tonight. I’m really excited to see the Colosseum, the Vatican City and the Tivoli Fountain over the next few days. At this moment, I am a bit skeptical between continuing my vacation and returning to the states.

I have mixed feelings about returning home. I was very excited to travel and be in new environments, but I was also concerned about going back. I really wish that I could stay on this trip. The other hand, I realize that if I don’t return to the states, I will miss Europe. Is fun, but then there’s no place like home.
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2006 GRADUATE RESEARCH FORUM

The 3rd Annual Showcase of Diverse Student Research

March 29, 2006
UCF Orlando Campus, Student Union
Pegasus Ballroom: 9:00 am - 9:00 pm

Hosted by the UCF Division of Graduate Studies and the Graduate Student Association, the Graduate Research Forum will include poster displays and oral presentations of student research and creative projects. The forum is open to UCF graduate students in all disciplines and the community is welcome to attend.

Visit www.researchweek.ucf.edu or 407.823.2766 for details.

attend.2006 UCF RESEARCH WEEK
THE BEST NEW MINDS IN ACTION
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Natura features nights for Open Mic and local Djs

UCF's Campus Activities Board will host Dr. Freedom of Speech open mic night in the Student Union Ballroom from 7:30 p.m. to 11 p.m. on Thursday. There are many nights designated for Open Mic on a campus-wide channel.

UCF student Clinton Mark Hamlin, who is battling cancer under the influence of lasting chemotherapy, arrived on a one-way street at the UCF Student Center on his first day of chemotherapy.

Walt Disney were not ready to talk about the possibility of a new Disney restaurant at UCF's Student Union. They only offered that the university had been in contact with Disney.

The university's proctorial organization helps addicts through counseling, and desktop computers or printouts are used to educate them.

The weekend was an incredible experience that couldn't have been planned. With newer, younger group members, we are able to discuss and debate over any one of our 25 flavors, flavors, and flavors, and that are crucial to our survival.

The primary steps in cutting down on alcohol consumption and education. The university sponsors many programs ranging from a variety of public health prevention programs to post-secondary education.

Many factors ranging from new environments to responsibility have been identified as causes of irresponsible drinking.

The police have worked closely with the university and Action for Campus Health and program, and UACTO, a university health promotion team, to address alcohol-related stress.

Still in the developmental stages, UACTO's national goal is to develop prevention programs and increase education on alcohol-related problems.

The Alcohol Drug Awareness Prevention Training (ADAPT) program, which trains staff members to educate students, will continue to work under the university's prevention umbrella.

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The ADAPT program is in place for those students that are still struggling with alcohol issues.

The final line of defense in the UCF Police Department's alcohol prevention program is specific to the student body and is only effective if the students are adhering to the policies.

While many programs may have their limitations, it is always aware or concerned that the prevention resources available to them.

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SAINTLY SWEEP

Bono's walk-off home run caps Saturday comeback; Bascom fans 14 in 17-6 triumph

BRIAN MURPHY
Staff Writer

It's chilly, but the Golden Knights found out this weekend against the Siena Saints that no matter how you get it, a win is still a win. After blasting the Saints 2-4 on Friday, the Knights used some extra-inning heroics from catcher Ryan Bono to pull out a 5-4 win on Saturday.

Leading off the bottom of the 10th, Bono blasted a walk-off home run to right field. The hitter was Bono's third of the season, and his second career walk-off shot.

"We just needed a lift out there, and I was glad I could do the job for us," Bono said.

But Bono's moment would have never come if the Knights had not pleased itself with a couple of late runs. Entering the ninth inning, the Knights had stranded seven runners and were being shut out by James Pacifico, a junior hurler with an ERA above 1.0.

But with one out, the Knights hit three straight singles, two of which came off the fork from the Lambert brothers, Dave and Matt. Matt's final single drove in his older sibling and cut the deficit in half at 2-1.

There was a key factor tonight's game, and the bench really did a good job," Coach Jay Bergman said.

After Bono scored a run in the top of the first, the Knights sent out the leadoff batter Chris Stropp in the bottom of the first, and he led the Golden Knights to the lead for good. His two-run shot to right field in the third inning, scoring teammate Matt Horwath.

Stropp hit another two-run shot late, a three-run home run through the left side, to tie the score, and center fielder John Auer put it away in the sixth with a walk-off solo shot.

"It's not unusual to see Woods out for a practice round. Notoriously, the cloudless horizon on a chilly, fall day, he's ready to take four hours out of his schedule to follow the legendary golfer around one of the most difficult courses he's ever seen," said Woods' father, Earl, who watched his son make par on the last hole to win the first of his four majors. "He's got to be a hard guy to keep out of the practice tee."}

Win or Lose, Tiger Mania runs wild

Despite a calculated course demeanor, Woods' nice-guy persona shines

With the sun just beginning to peer over the cloudless horizon on a chilly, pre-dawn Wednesday morning before each week's Bay Hill Invitational, Tiger Woods finished warming up on the practice tee.

It's not unusual to see Woods out early for a practice round. Originally one of the hardest workers on the tour, he has a tendency to play his practice rounds early to beat the heat and the crowds who hound him. But even before the clock strikes 7 a.m., there were at least 300 people streaming over Woods, ready to take four hours out of their day to follow the legendary golfer for a meaningless cruise round.

"It's a reality that Woods constantly puts on for him as a moment of his life," said Steve Stropp's father.

If you are an avid sports fan, even if you don't enjoy golf, following Tiger Woods is something you need to do before you die. There is an aura about Woods that separates him from the competition, and television doesn't do it justice. He is easily the most dominant athlete in the last 25 years, and the most popular player on the tour. When Woods returns, he undoubtedly will be regarded as one of the best athletes of all time. This kind of greatness comes in a generation on a generation, if not more.

Here's the good news: Woods plans another next week, less than two hours away, in Ponte Vedra at the Players...
Offensive outbreak for UCF

Baseball Notebook

Gators Defeat UCF

Baseball fans in Gainesville were excited to see the Florida Gators take on the University of Central Florida Knights on Saturday, March 26. The Gators came out on top with a 6-1 victory, proving their dominance on the field.

The game started strong for the Gators, as they scored two runs in the first inning, setting the tone for the rest of the game. The Knights, on the other hand, struggled to keep up with the Gators' aggressive offense.

UCF Coach Jay Bergman talks to sportswriter Christopher Ausman about the Knights’ 3-2 victory over Siena on Saturday, March 26. (Photo by John F. Williams/UCF Athletics)

A key moment in the game came when the Gators' pitcher, Kyle Sweat, struck out three batters in a row to end the fifth inning. Coach Jay Bergman said, "That was a critical point in the game, and it set the stage for our offensive push in the sixth inning.

In the sixth inning, the Gators added four more runs to their lead, thanks to a two-run home run by catcher Will Bishop and a two-RBI double by outfielder Cameron McMorris.

The Knights were unable to respond to the Gators' offensive surge, and the game ended with a final score of 6-1 in favor of the Gators.

Get a Season Pass!

UCF Athletics is offering season passes for the 2023 season, with options for both men's and women's sports. Passes are available for single games or full seasons, with discounts for early purchases.

The passes offer guaranteed seating for all home games, as well as access to exclusive pre-game and post-game activities.

UCF Athletics has also announced special promotions for season pass holders, including discounts on merchandise and special access to athletes and coaches.

For more information, visit the UCF Athletics website or contact the Athletics department directly.
Woods a ‘sucker for kids’ and fans

Tiger Woods is a ‘sucker for kids’ and fans.

But his love of children is not just limited to his golf tournaments. He is also known for his generosity towards those in need.

A recent example of this was when Woods surprised a group of children at the Children’s Hospital in Los Angeles. He took the children on a tour of his backyard and even gave them some of his golf clubs.

The children were overjoyed with the unexpected visit and were seen smiling from ear to ear.

Woods’ actions are not limited to just children. He has also been known to help out with various community service projects.

In conclusion, Tiger Woods is a ‘sucker for kids’ and fans. His love of children and his generosity towards them is something that many can relate to.

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Without these initiatives, the next generation may not have had the opportunity to learn from Woods’ expertise. His generosity towards children is a testament to his character and a reminder of how much we can learn from him.
Crime increase should have student attention

Lock your doors, DCU. Do not be a victim, UCF and USF.

The headlines over the last two weeks have demonstrated that the problems of standardized testing in general and SATs in specific are real. Trans­mitting to many college-bound students, the College Board disci­plined their doors.

College towns are well known for car break-ins.

Car doors should be locked

However, criminals continue to victimize stu­dents, the College Board dis­closed that at least

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Abortion stance mostly on point

The March 9th editorial, “Education leads to awareness,” was mostly on target but missed the mark with claims that anti-abortion activists “won’t trust women to make their own decisions” and “more Americans support the right to an abortion than ever before.” Unfortunatley many women make that decision upon a lack of information or false information.

A majority of Americans support a right to abortion in the first trimester, but not in the second or third. Education about personal developments and the physical facts of falling unborn babies has enabled public support for late-term abort.

Unfortunately, the practice of abortion in the first trimester, when most Americans believe it is almost a kind of Jesse.

The Pro-Choice Awareness Project primarily features pictures of aborted embryos and fetuses from seven-to-twelve weeks gestation to complete the education process. Armed with the truth, most women would make a more humane decision not to kill their babies. Likewise, few Americans will support legal abort.

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